

**GOODSON AUTO GROUP Presents
2009 APF/AAPF SPACE CITY OPEN
August 29, 2009**



- MEET DIRECTOR:** Tiny Meeker: 832.423.7662
pmtiny705@aol.com
- APF STATE CHAIRS:** Greg Tillinghast: 940.783.3002
Heather Tillinghast: 940.783.1468
apftexas@yahoo.com
- EVENT LOCATION:** **Humble Civic Center**; 8233 Will Clayton Boulevard, Humble, TX 77338; <http://humblecc.com>
- HOTELS:** **Fairfield Inn**; 20525 Hwy 59 North, Humble, TX 77338; 281.540.3311
** Mention APF/Tiny Meeker to get the discounted rate. If you need additional hotel information, please call Tiny Meeker.
- ELIGIBILITY:** Lifters must be an APF and/or AAPF registered athlete. NEW MEMBERSHIP APPLICATIONS AND RENEWALS WILL BE HANDLED AT WEIGH-INS. Memberships are \$15 for high school students, \$30 for APF or AAPF cards, and \$40 for combination APF/AAPF card.
- WEIGH-IN:** **Friday, August 28, 2009: 10:00 a.m. – 12:00 p.m. and 1:00 p.m. – 6:00 p.m., OR
Saturday, August 29, 2009: 7:00 a.m. – 8:00 a.m.**
- 24 hour weigh-in rule will apply. All weigh-ins will be held at Humble Civic Center. Please, be sure to be at weigh-ins before the close time. If you have questions, need directions or may be a little late, please call Tiny Meeker at 832.423.7662.
- EVENT:** **MANDATORY RULES BRIEFING: Saturday, August 29, 2009, at 8:45 a.m.**
** If you miss the rules briefing, you do so at your own risk. No additional, special or private rules briefings will occur.
- 2009 APF/AAPF SPACE CITY OPEN: Saturday, August 29, 2009, at 9:00 a.m.**
- Admission fee for spectators: \$5 for adults; \$3 for students
- UNIFORM:** One piece lifting suit or wrestling suit is MANDATORY.
- CONTEST LIFTS:** Full Meet (Squat/Bench/Deadlift), Bench Only and Deadlift Only
** APF/WPC Rulebook: www.worldpowerliftingcongress.com/WPC%20Rule%20Book%20Website.doc
- ENTRY FEE:** The **ENTRY FEE** for **APF** is \$60 for adults and \$45 for teens (up to 19 years of age) \$45. Entry fee for **AAPF** is \$70 for adults and \$50 for teens (up to 19 years of age). 10% of AAPF lifters will be drug tested at the meet. All tests will be paid for and provided by the meet director. If you'd like to enter into **ADDITIONAL DIVISIONS**, it is \$40 for adults and \$30 for teens (up to 19 years of age) for both APF and AAPF. **Entry form DEADLINE is Saturday, August 8, 2009.** If after this date, there's an addition \$25 late fee. Please Fed-Ex any late entries. **Cash or money orders only**; no personal checks, please. Money orders are to be made payable to **TINY MEEKER**.
- AWARDS:** 1st, 2nd and 3rd places for each weight class in each division, as well as Best Lifter awards.

Please note: LIMITED TO THE FIRST 100 LIFTERS WITH COMPLETED ENTRY FORMS

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Please Print Legibly

Full name: _____ Sex (circle one): Male Female
 Age _____ Date of Birth _____ e-mail _____
 Address _____
 City _____ State _____ Zip Code _____
 Phone Number _____ Alternate Phone Number _____
 Current APF card (circle one): No Yes If so, card number is _____

APF/AAPF (circle one): APF AAPF
Event Entered (circle all that apply): Full Meet Bench Only Deadlift Only
Equiped/Raw (circle one): Equiped Raw (belt only, no wraps)
Division Entered (circle all that apply): Novice/Below Class I
 Open
 Teen: 13-15 16-17 18-19
 Junior: 20-23
 Submaster: 33-39
 Master: 40-44 45-49 50-54 55-59 60-64 65-69 70-74
 75-79 80+
Weight Class (circle one): Women: 97 105 114 123 132 148 165 181 198 198+
 Men: 114 123 132 148 165 181 198 220 242 275 308 308+

Fees & Payment: Entry fee: **APF** – Adults \$60, Teens \$45 / **AAPF** – Adults \$70, Teens \$50: _____

CASH OR MONEY ORDERS ONLY, PLEASE If **after Saturday, August 8, 2009**, late fee \$25: _____
 No personal checks please.

Additional divisions: Adults \$40, Teens \$30: _____

Make checks or money orders out to:
TINY MEEKER

TOTAL DUE: _____

ATHLETIC RELEASE: When you sign, legal rights will be surrendered! I HEREBY, for myself and my heirs release any and all rights/claims for damages or injuries I may have against APF/AAPF, Texas APF, Tiny Meeker, Rocky McCullough, Goodson Honda, City of Humble, Humble Civic Center, Tiny Meeker's Power Station and any and all participating sponsors, supporters, referees, spotters-loaders, or any other authorized meet personal as a result of my traveling to, participating in, or traveling from this APF/AAPF contest. I make this release and waiver claim with full knowledge of the hazards and inherent risks associated with the above mentioned competition. I expressly assume the risk of injury if using the thumb-less or "suicide" bench press grip and of any and all property damage/loss. Moreover, I agree that any testing method, which Tiny Meeker uses to detect the presence of strength-inducing drugs, shall be conclusive.

 Print Full Name

 Lifter's signature
 (Parent must sign if Lifter is under 18 years of age)

Return Entry Form and Fee to: **TINY MEEKER**
18031 OVERLOOK PARK COURT
HUMBLE, TX 77346

Please note: LIMITED TO THE FIRST 100 LIFTERS WITH COMPLETED ENTRY FORMS