

The 2010 APF/AAPF Texas Classic

April 24, 2010



- MEET DIRECTOR:** Greg and Heather Tillinghast, TX APF State Chairs
apftexas@yahoo.com; 940.783.3002 (Greg) or 940.783.1468 (Heather)
- SANCTIONED BY:** APF/WPC
- EVENT LOCATION:** **Norris Conference Center:** 2525 West Anderson Lane, #365; Austin, TX 78757
www.norriscenter.com
- HOTEL:** **Northcross Suites Hotel:** 7685 Northcross Drive; Austin, TX 78757
512.452.9391 or 800.851.9111; www.northcrosssuites.com
** Mention "APF Texas" and get a special rate.
- ELIGIBILITY:** Lifters must be an APF and/or AAPF registered athlete. You can get a membership online at www.worldpowerliftingcongress.com or at weigh-ins. Memberships are \$15 for high school students, \$30 for APF or AAPF cards, and \$40 for combination APF/AAPF card.
- WEIGH-IN:** Friday, April 23, 2010: 10:00 a.m. - 1:00 p.m. and 5:00 p.m. – 8:00 p.m.
Northcross Suites Hotel – specific location will be determined that day.
- Saturday, April 24, 2010: 7:00 a.m. – 9:00 a.m.
Norris Conference Center
- EVENT:** **MANDATORY RULES BRIEFING: Saturday, April 24, 2010, at 9:00 a.m.**
- Lifting starts Saturday, April 24, 2010, at 10:00 a.m.**
- UNIFORM:** One piece lifting suit or wrestling suit is MANDATORY.
- AAPF LIFTERS:** 10% of AAPF lifters will be drug tested at the meet. All tests will be paid for and provided by the meet directors.
- CONTEST LIFTS:** Full Meet (Squat/Bench/Deadlift), Bench Only and Deadlift Only
- ENTRY FEE:** Meet entry fee is \$75 if postmarked prior to or on the **DEADLINE, April 14, 2010**. If postmarked after April 14, 2010, there's an addition \$25 late fee. Additional divisions are \$50 each. **Cash, certified check or money order only, please.** Make checks payable to **HEATHER TILLINGHAST**.

Please note: LIMITED TO THE FIRST 100 LIFTERS WITH COMPLETED ENTRY FORMS

