

09-Feb-15 SD State APF Meet 2015 - Full Power - Kg Results

Name	Age	Div	BWt (Lb)	WCIs (Lb)	Glossbrenner	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCI	Team
Aaron Rice	25	M-O	238.5	242	0.5652	192.5	212.5	227.5	227.5	125	137.5	147.5	147.5	375	180	202.5	210	210	585	330.642	0	3-M-O-242	APF
Aaron Worlie	23	M-O	270.5	275	0.5481	257.5	262.5	272.5	272.5	157.5	175	182.5	182.5	455	-300	305	317.5	317.5	772.5	423.40725	0	2-M-O-275	AAPF
Abe Weins	28	M-O	220	220	0.5818	255	-277.5	-277.5	255	172.5	185	192.5	192.5	447.5	285	307.5	-315	307.5	755	439.259	0	2-M-O-220	AAPF
Adam Huber	25	M-O	194	198	0.6197	127.5	142.5	157.5	157.5	82.5	97.5	-110	97.5	255	122.5	-167.5	122.5	377.5	233.93675	0	4-M-O-198	AAPF	
Andrew Priebe	37	M-O	159.5	165	0.7079	225	237.5	247.5	247.5	150	160	-167.5	160	407.5	-220	232.5	-240	232.5	640	453.056	0	2-M-O-165	AAPF
Ashleigh Hoff	28	F1	165	165	0.8376	125	-145	-145	125	52.5	57.5	62.5	62.5	187.5	147.5	155	-167.5	155	342.5	286.878	0	1-F1-165	APF
Benjamin Peightal	38	M-O	233.5	242	0.5699	160	175	-197.5	175	120	132.5	-140	132.5	307.5	205	230	-252.5	230	537.5	306.29437	0	4-M-O-242	APF
Brian Erickson	43	M-O	185	198	0.6403	237.5	-260	-272.5	237.5	145	160	-170	160	397.5	195	215	227.5	227.5	625	400.15625	412.56109	2-M-O-198	APF
Caitlin Holmstrom	29	F1	203.5	SHW	0.7394	110	120	-122.5	120	67.5	-72.5	72.5	72.5	192.5	145	160	-165	160	352.5	260.62087	0	2-F1-SHW	AAPF
Charlotte Kotnour	51	F1	231.5	SHW	0.7027	92.5	105	-110	105	52.5	60	-70	60	165	110	-125	-125	110	275	193.2425	221.64914	4-F1-SHW	AAPF
Cody Jenks	27	M-O	197	198	0.6142	155	170	177.5	177.5	130	-140	-142.5	130	307.5	200	217.5	227.5	227.5	535	328.57025	0	3-M-O-198	AAPF
Cody Treft	23	M-O	214.5	220	0.5883	235	247.5	260	260	170	177.5	182.5	182.5	442.5	-302.5	315	330	330	772.5	454.42312	0	1-M-O-220	APF
Cory Campbell	25	M-O	164	165	0.6927	242.5	255	267.5	267.5	165	180	190	190	457.5	237.5	247.5	255	255	712.5	493.51312	0	1-M-O-165	APF
Forrest Betschart	31	M-O	239	242	0.5649	160	180	-205	180	125	135	-145	135	315	182.5	205	-227.5	205	520	293.722	0	5-M-O-242	APF
Henry Lytle	47	M-O	317.5	SHW	0.5278	142.5	160	-175	160	145	155	167.5	167.5	327.5	207.5	227.5	232.5	232.5	560	295.54	319.77428	2-M-O-SHW	APF
Jacqueline Geppert	38	F1	154.5	165	0.8756	110	117.5	-117.5	117.5	72.5	77.5	-80	77.5	195	122.5	132.5	142.5	142.5	337.5	295.515	0	2-F1-165	AAPF
James Leonhardt	36	M-O	162.5	165	0.6976	130	137.5	145	145	120	132.5	-137.5	132.5	277.5	165	180	187.5	187.5	465	324.36075	0	3-M-O-165	AAPF
Jason White	28	M-O	178	181	0.654	160	175	-187.5	175	132.5	142.5	-147.5	142.5	317.5	207.5	220	-227.5	220	537.5	351.525	0	1-M-O-181	AAPF
Jessica Lindsley	35	F1	195.5	198	0.7535	60	70	80	80	37.5	47.5	55	55	135	65	90	110	110	245	184.6075	0	1-F1-198	AAPF
Jessie Rush	31	F1	125.5	132	1.0306	-90	90	-100	90	45	-50	-55	45	135	90	100	110	110	245	252.497	0	1-F1-132	APF
Justen Frank	39	M-O	229	242	0.5738	-287.5	287.5	307.5	307.5	-240	240	-250	240	547.5	237.5	250	-260	250	797.5	457.56562	0	1-M-O-242	AAPF
Kat Colson	64	F1	174.5	181	0.8069				0				0	0				0	0	0	0	0	AAPF
Kelie Willson	37	F1	146	148	0.9135	92.5	97.5	100	100	52.5	-57.5	57.5	57.5	157.5	97.5	102.5	110	110	267.5	244.34787	0	2-F1-148	APF
Lynn Jones	52	F1	155	165	0.8739	70	77.5	-82.5	77.5	42.5	-50	-50	42.5	120	110	120	-125	120	240	209.724	244.32846	3-F1-165	AAPF
Matt Graber	31	M-O	195	198	0.6177	-272.5	272.5	295	295	152.5	165	-182.5	165	460	220	242.5	-272.5	242.5	702.5	433.93425	0	1-M-O-198	AAPF
Matt Thompson	35	M-O	220	220	0.5818	175	185	-195	185	137.5	147.5	160	160	345	207.5	227.5	250	250	595	346.171	0	3-M-O-220	APF
Nate McLaughlin	23	M-O	291	308	0.5384	265	285	300	300	175	185	-195	185	485	247.5	272.5	287.5	287.5	772.5	415.87537	0	1-M-O-308	AAPF
Patrick Elkin	30	M-O	240	242	0.5648	155	170	182.5	182.5	117.5	127.5	-137.5	127.5	310	192.5	202.5	-210	202.5	512.5	289.43437	0	6-M-O-242	APF
Phillip Schmidt	25	M-O	269.5	275	0.5487	185	-207.5	207.5	207.5	142.5	147.5	-155	147.5	355	185	200	220	220	575	315.47375	0	3-M-O-275	APF
Robert Fuller	44	M-O	313	SHW	0.5294	240	255	265	265	150	160	167.5	167.5	432.5	267.5	277.5	287.5	287.5	720	381.168	397.55822	1-M-O-SHW	AAPF
Rock Hayford	15	M-O	129	132	0.8538	92.5	95	97.5	97.5	55	-60	62.5	62.5	160	127.5	-142.5	142.5	142.5	302.5	258.2745	304.76391	1-M-O-132	AAPF
Rodney Wasche	31	M-O	251	275	0.558	307.5	320	-327.5	320	-215	215	-227.5	215	535	307.5	-320	-320	307.5	842.5	470.07287	0	1-M-O-275	APF
Rosemary Squillace	22	F1	147	148	0.9081	105	112.5	125	125	72.5	82.5	-92.5	82.5	207.5	120	140	147.5	147.5	355	322.35775	325.58132	1-F1-148	AAPF
Sara Hill	38	F1	219.5	SHW	0.717	97.5	107.5	-130	107.5	57.5	70	-82.5	70	177.5	97.5	117.5	130	130	307.5	220.4775	0	3-F1-SHW	AAPF
Sean Clymer	26	M-O	220	220	0.5818	-325	-325	-330	0	-220	-220		0	0	272.5			0	0	0	0	0	APF
Shari Lindsley	32	F1	305.5	SHW	0.6558	125	150	-175	150	60	75	85	85	235	100	137.5	-167.5	137.5	372.5	244.2855	0	1-F1-SHW	AAPF
Stacy Hayford	32	F1	128.5	132	1.0107	82.5	-95	-100	82.5	42.5	50	-52.5	50	132.5	100	110	-117.5	110	242.5	245.09475	0	2-F1-132	AAPF
Tabor Martin	25	M-O	236	242	0.5671	215	227.5	237.5	237.5	132.5	140	-147.5	140	377.5	262.5	280	287.5	287.5	665	377.1215	0	2-M-O-242	APF
Tyson Lytle	16	M-O	303.5	308	0.5331	-190	207.5	227.5	227.5	167.5	185	-195	185	412.5	205	232.5	252.5	252.5	665	354.47825	400.56042	2-M-O-308	APF

SD State APF Meet 2015 - Full Power - Lb Results

Name	Age	Div	BWt (Lb)	WCIs (Lb)	Glossbrenner	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCI	Team
Aaron Rice	25	M-O	238.5	242	0.5652	424.39	468.48	501.55	501.55	275.58	303.13	325.18	325.18	826.73	396.83	446.43	462.97	462.97	1289.691	330.642	0	3-M-O-242	APF
Aaron Worlie	23	M-O	270.5	275	0.5481	567.68	578.71	600.75	600.75	347.22	385.81	402.34	402.34	1003.1	-661.38	672.4	699.96	699.96	1703.0535	423.40725	0	2-M-O-275	AAPF
Abe Weins	28	M-O	220	220	0.5818	562.17	-611.78	-611.78	562.17	380.29	407.85	424.39	424.39	986.56	628.31	677.91	-694.45	677.91	1664.473	439.259	0	2-M-O-220	AAPF
Adam Huber	25	M-O	194	198	0.6197	281.09	314.16	347.22	347.22	181.88	214.95	-242.51	214.95	562.17	270.06	-369.27	-369.27	270.06	832.2365	233.93675	0	4-M-O-198	AAPF
Andrew Priebe	37	M-O	159.5	165	0.7079	496.04	523.59	545.64	545.64	330.69	352.74	-369.27	352.74	898.37	-485.01	512.57	-529.1	512.57	1410.944	453.056	0	2-M-O-165	AAPF
Ashleigh Hoff	28	F1	165	165	0.8376	275.58	-319.67	-319.67	275.58	115.74	126.76	137.79	137.79	413.36	325.18	341.71	-369.27	341.71	755.0755	286.878	0	1-F1-165	APF
Benjamin Peightal	38	M-O	233.5	242	0.5699	352.74	385.81	-435.41	385.81	264.55	292.11	-308.64	292.11	677.91	451.94	507.06	-556.68	507.06	1184.9725	306.29437	0	4-M-O-242	APF
Brian Erickson	43	M-O	185	198	0.6403	523.59	-573.2	-600.75	523.59	319.67	352.74	-374.78	352.74	876.33	429.9	473.99	501.55	501.55	1377.875	400.15625	412.56109	2-M-O-198	APF
Caitlin Holmstrom	29	F1	203.5	SHW	0.7394	242.51	264.55	-270.06	264.55	148.81	-159.83	159.83	159.83	424.39	319.67	352.74	-363.76	352.74	777.1215	260.62087	0	2-F1-SHW	AAPF
Charlotte Kotnour	51	F1	231.5	SHW	0.7027	203.98	231.48	-242.51	231.48	115.74	132.28	-154.32	132.28	363.76	242.51	-275.58	-275.58	242.51	606.265	193.2425	221.64914	4-F1-SHW	AAPF
Cody Jenks	27	M-O	197	198	0.6142	341.71	374.78	391.32	391.32	286.6	-308.64	-314.16	286.6	677.91	440.92	479.5	501.55	501.55	1179.461	328.57025	0	3-M-O-198	AAPF
Cody Treft	23	M-O	214.5	220	0.5883	518.08	545.64	573.2	573.2	374.78	391.32	402.34	402.34	975.54	-666.89	694.45	727.52	727.52	1703.0535	454.42312	0	1-M-O-220	APF
Cory Campbell	25	M-O	164	165	0.6927	534.62	562.17	589.73	589.73	363.76	396.83	418.87	418.87	1008.6	523.59	545.64	562.17	562.17	1570.7775	493.51312	0	1-M-O-165	APF
Forrest Betschart	31	M-O	239	242	0.5649	352.74	396.83	-451.94	396.83	275.58	297.62	-319.67	297.62										

09-Feb-15		SD State APF Meet 2015 - Bench Only - Kg Results												
Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Coeff Score	Age & Coeff	PI-Div-WtCI	Team	
Ashleigh Hoff	28	F1	165	165	0.8376	52.5	57.5	62.5	62.5	52.35	0	1-F1-165	APF	
Bradley Slining	40	M-O	313.5	SHW	0.5293	-287.5	287.5	300	300	158.79	158.79	1-M-O-SHW	APF	
Chad Liedtke	49	M-O	318.5	SHW	0.5274	142.5	152.5	157.5	157.5	83.057625	92.443136	2-M-O-SHW	APF	
Jessica Lindsley	35	F1	195.5	198	0.7535	37.5	47.5	55	55	41.4425	0	1-F1-198	AAPF	
Luke Uribe	34	M-O	239	242	0.5649	217.5	237.5	-250	237.5	134.15187	0	1-M-O-242	APF	
Michael Kotnour	51	M-O	252	275	0.557	162.5	-170	-170	162.5	90.5125	103.81783	2-M-O-275	AAPF	
Rodney Wasche	31	M-O	251	275	0.558	-215	215	-227.5	215	119.95925	0	1-M-O-275	APF	
Shari Lindsley	32	F1	305.5	SHW	0.6558	60	75	85	85	55.743	0	1-F1-SHW	AAPF	
Shawn Frankl	37	M-O	217	220	0.5854	217.5	237.5	-250	237.5	139.02062	0	1-M-O-220	APF	
		SD State APF Meet 2015 - Bench Only - Lb Results												
Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Coeff Score	Age & Coeff	PI-Div-WtCI	Team	
Ashleigh Hoff	28	F1	165	165	0.8376	115.74	126.76	137.79	137.7875	52.35	0	1-F1-165	APF	
Bradley Slining	40	M-O	313.5	SHW	0.5293	-633.82	633.82	661.38	661.38	158.79	158.79	1-M-O-SHW	APF	
Chad Liedtke	49	M-O	318.5	SHW	0.5274	314.16	336.2	347.22	347.2245	83.057625	92.443136	2-M-O-SHW	APF	
Jessica Lindsley	35	F1	195.5	198	0.7535	82.673	104.72	121.25	121.253	41.4425	0	1-F1-198	AAPF	
Luke Uribe	34	M-O	239	242	0.5649	479.5	523.59	-551.15	523.5925	134.15187	0	1-M-O-242	APF	
Michael Kotnour	51	M-O	252	275	0.557	358.25	-374.78	-374.78	358.2475	90.5125	103.81783	2-M-O-275	AAPF	
Rodney Wasche	31	M-O	251	275	0.558	-473.99	473.99	-501.55	473.989	119.95925	0	1-M-O-275	APF	
Shari Lindsley	32	F1	305.5	SHW	0.6558	132.28	165.35	187.39	187.391	55.743	0	1-F1-SHW	AAPF	
Shawn Frankl	37	M-O	217	220	0.5854	479.5	523.59	-551.15	523.5925	139.02062	0	1-M-O-220	APF	

09-Feb-15	SD State APF Meet 2015 - Deadlift Only - Kg Results												
Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Coeff Score	Age & Coeff	PI-Div-WtCl	Team
Ambre Tarpley		F1	277.5	SHW	0.67065	200	217.5	-227.5	217.5	145.866375	0	1-F1-SHW	APF
Ashleigh Hoff	28	F1	165	165	0.8376	147.5	155	-167.5	155	129.828	0	1-F1-165	APF
Jerry Adkins	40	M-O	247.5	275	0.5594	185	207.5	227.5	227.5	127.2635	127.2635	2-M-O-275	AAPF
Jesse Tetreaut	39	M-O	237	242	0.5663	272.5			0	0	0	0	APF
Jessica Lindsley	35	F1	195.5	198	0.7535	65	90	110	110	82.885	0	1-F1-198	AAPF
Rodney Wasche	31	M-O	251	275	0.55795	307.5	-320	-320	307.5	171.569625	0	1-M-O-275	APF
Shari Lindsley	32	F1	305.5	SHW	0.6558	100	137.5	-167.5	137.5	90.1725	0	2-F1-SHW	AAPF
Will Hayford	40	M-O	193	198	0.62175	262.5	275	282.5	282.5	175.644375	175.644375	1-M-O-198	APF
SD State APF Meet 2015 - Deadlift Only - Lb Results													
Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Coeff Score	Age & Coeff	PI-Div-WtCl	Team
Ambre Tarpley		F1	277.5	SHW	0.67065	440.92	479.5005	-501.5465	479.5005	145.866375	0	1-F1-SHW	APF
Ashleigh Hoff	28	F1	165	165	0.8376	325.1785	341.713	-369.2705	341.713	129.828	0	1-F1-165	APF
Jerry Adkins	40	M-O	247.5	275	0.5594	407.851	457.4545	501.5465	501.5465	127.2635	127.2635	2-M-O-275	AAPF
Jesse Tetreaut	39	M-O	237	242	0.5663	600.7535	0	0	0	0	0	0	APF
Jessica Lindsley	35	F1	195.5	198	0.7535	143.299	198.414	242.506	242.506	82.885	0	1-F1-198	AAPF
Rodney Wasche	31	M-O	251	275	0.55795	677.9145	-705.472	-705.472	677.9145	171.569625	0	1-M-O-275	APF
Shari Lindsley	32	F1	305.5	SHW	0.6558	220.46	303.1325	-369.2705	303.1325	90.1725	0	2-F1-SHW	AAPF
Will Hayford	40	M-O	193	198	0.62175	578.7075	606.265	622.7995	622.7995	175.644375	175.644375	1-M-O-198	APF