

25 MAR 2017 WPC EQ Powerlifting Finnish Nationals-Kg Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenne r	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCI	Team
Minna Kousa	39	F-O	73.4	75	0.84835	190	205	-215		205	107.5	115	-120		115	320	150	165	170		170	490	415.6915	0	1-F-O-75	
Vesa Nissilä	54	M-M3	110.9	125	0.5618	-250	250	270		270	165	175	185		185	455	205	-225	225		225	680	382.024	459.956896	1-M-M3-125	
Pasi Koukkula	45	M-M2	87.8	90	0.6205	200	0	0		200	135	145	0		145	345	265	290.5	-300		290.5	635.5	394.32775	416.0157763	1-M-M2-90	
Antti Hämäläinen	43	M-M1	90	90	0.61185	290	-310	-310		290	185	-200	-200		185	475	270	290	-305		290	765	468.06525	482.5752728	1-M-M1-90	
Jonne Fränttilä	29	M-O	67.3	67.5	0.75035	230	245	255		255	170	180	-190		180	435	200	215	230		230	665	498.98275	0	1-M-O-67.5	
Janne Nissilä	25	M-O	90	90	0.61185	235	-255	267.5		267.5	185	-200	-200		185	452.5	220	-247.5	-247.5		220	672.5	411.469125	0	1-M-O-90	
Oskari Lehtinen	27	M-O	99.5	100	0.58255	415	435	-450		435	-300	300	0		300	735	310	330	-335		330	1065	620.41575	0	1-M-O-100	
Jani Lantinen	30	M-O	93.2	100	0.60065	375	400	-420		400	-260	260	-270		300	660	310	340	-350		340	1000	600.65	0	2-M-O-100	
Pauli Rahkonen	30	M-O	124.1	125	0.5465	400	420	440		440	330	345	0		345	785	-315	315	335		335	1120	612.08	0	1-M-O-125	

25 MAR 2017 WPC RAW Powerlifting Finnish Nationals-Kg Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenne r	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCI	Team
Outi Myllykoski	26	F-O-R	59.9	60	0.9889	95	-102.5	107.5		107.5	72.5	80	-82.5		80	187.5	110	115	122.5		122.5	310	306.559	0	1-F-O-R-60	
Raimo Sjögren	72	M-M7-R	101.6	110	0.5776	120	130	140		140	70	75	-80		75	215	140	155	170		170	385	222.376	382.041968	1-M-M7-R-110	
Billy Haavisto	51	M-M3-R	113	125	0.55855	210	230	-240		230	180	192.5 WR	0		192.5 WR	422.5	270	275	0		275	697.5 WR	389.588625	446.8581529	1-M-M3-R-125	
Iipo Liikala	41	M-M1-R	95.9	100	0.59375	200	222.5	-230		222.5	150	162.5	165		165	387.5	280	295	302.5		302.5	690	409.6875	413.784375	1-M-M1-R-100	
Eemeli Salomäki	29	M-O-R	73.2	75	0.70115	110	125	-140		125	110	-125	-125		110	235	120	0	0		120	355	248.90825	0	1-M-O-R-75	
Juha Inkinen	35	M-O-R	81.1	82.5	0.65185	155	-160	-160		155	90	100	-105		100	255	160	170	180		180	435	283.55475	0	1-M-O-R-82.5	
Jani Soironen	32	M-O-R	95.1	100	0.5946	220	235	-242.5		235	145	-150	0		145	380	260	280	-292.5		280	660	392.436	0	1-M-O-R-100	
Petteri Ahola	31	M-O-R	107.8	110	0.5658	230	250	265		265	180	200	210		210	475	280	300	310		310	785	444.153	0	1-M-O-R-110	
Juuso Paunonen	31	M-O-R	108.7	110	0.5644	192.5	212.5	-232.5		212.5	157.5	167.5	-177.5		167.5	380	222.5	242.5	262.5		262.5	642.5	362.627	0	2-M-O-R-110	
Vesa Vesterinen	31	M-O-R	117.3	125	0.55375	200	220	0		220	200	210	0		210	430	250	270	0		270	700	387.625	0	1-M-O-R-125	

25 MAR 2017 WPC RAW Classic Powerlifting Finnish Nationals-Kg Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenne r	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCI	Team
Leena Stälstedt (master)	48	F-M2-R-C	79.9	82.5	0.8024	110	125	-135		125	80	85	-90		85	210	120	140	140		150	360 WR	288.864	316.883808	1-F-M2-R-C-82.5	
Jonna Korta	22	F-J-R-C	66.9	67.5	0.90595	125	130	135	-140	135	75	-80	80		80	215	130	140	145		145	360	326.142	0	1-F-J-R-C-67.5	
Mia Keränen	22	F-J-R-C	88.9	90	0.7526	165	175	185 WR		185	82.5	90 WR	-92.5		90	275	165	-175	175 WR		175 WR	450 WR	338.67	0	1-F-J-R-C-90	
Vanessa Torres	30	F-O-R-C	55.7	56	1.0484	120	-135	140		140	90	95 WR	-97.5		95	235	145	155	167.5	-170	167.5	421.981	0	1-F-O-R-C-56		
Minna Ilmolahti	33	F-O-R-C	60.7	67.5	0.97845	85	90	-95		90	52.5	-57.5	-57.5		52.5	142.5	120	-127.5	-127.5		120	262.5	256.843125	0	1-F-O-R-C-67.5	
Anna Khudayarov	29	F-O-R-C	80.4	82.5	0.79925	212.5	232.5	242.5 WR	-251	242.5	120	132.5	140 WR	-145	140	382.5	220	232.5 WR	-240		232.5	615 WR	491.53875	0	1-F-O-R-C-82.5	
Leena Stälstedt (open)	48	F-O-R-C	79.9	82.5	0.8024	110	125	-135		125	80	85	-90		85	210	120	140	150		150	360	288.864	316.883808	1-F-O-R-C-82.5	
Viho Määttä	64	M-M5-R-C	93.9	100	0.60005	160	170	180 WR		180	115	120	125 WR		125	305	190	200	210 WR		210	515 WR	309.02575	448.0873375	1-M-M5-R-C-100	
Ari Salmi	45	M-M2-R-C	85.9	90	0.63095	150	160	-170		160	100	110 WR	-120		110	270	150	160	170		170	440	277.618	292.88699	1-M-M2-R-C-90	
Raimo Hiisio	48	M-M2-R-C	120.1	125	0.55085	-220	230	240		240	160	-170	170		170	410	220	230	245		245	655	360.80675	395.8050048	1-M-M2-R-C-125	
Petri Salonen	41	M-M1-R-C	109.8	110	0.56275	210	225 WR	0		225	180 WR	-190	0		180	405	250	265	0		265	670 WR	377.0425	380.812925	1-M-M1-R-C-110	
Vaino Kivistö	19	M-T3-R-C	77.4	82.5	0.67305	190	-205	205		205	130	0	0		130	335	200	0	0		200	535	360.08175	0	1-M-T3-R-C-82.5	
Jukka Matikainen	22	M-J-R-C	90	90	0.61185	150	-160	165		165	100	105	110		110	275	160	180	200		200	475	290.62875	0	1-M-J-R-C-90	
Toopi Inanen	21	M-J-R-C	88	90	0.6197	240	255	-262.5		255	160	165	-170		165	420	-255	-265	-265		0	0	0	0	0	0
Pentti Luukkonen (junior)	21	M-J-R-C	100	100	0.5813	-240	-260	262.5		262.5	150	-160	-160		150	412.5	245	-260	260		260	672.5	390.92425	0	1-M-J-R-C-100	
Simo Mäkelä	29	M-O-R-C	72.5	75	0.7064	150	180	-200		180	90	-100	0		90	270	200	215	0		215	485	342.604	0	1-M-O-R-C-75	
Henri Vautio	30	M-O-R-C	80.7	82.5	0.654	205	220	232.5		232.5	130	140	-145		140	372.5	205	230	250 WR		250	622.5	407.115	0	1-M-O-R-C-82.5	
Santeri Asikainen	25	M-O-R-C	82.2	82.5	0.64615	180	192.5	200		200	155	165	-170		165	365	190	210	225		225	590	381.2285	0	2-M-O-R-C-82.5	
Teemu Laakkonen	30	M-O-R-C	89.5	90	0.61375	280	300 WR	0		300	150	160	-170		160	460	280	300 WR	-315		300	760 WR	466.45	0	1-M-O-R-C-90	
Samppa Nyman	34	M-O-R-C	89	90	0.6157	235	255	265		265	150	155	162.5		162.5	427.5	240	260	272.5		272.5	700	430.99	0	2-M-O-R-C-90	
Pentti Luukkonen (open)	21	M-O-R-C	100	100	0.5813	-240	-260	262.5		262.5	150	-160	-160		150	412.5	245	-260	260		260	672.5	390.92425	0	1-M-O-R-C-100	
Mika Kallio	30	M-O-R-C	91.9	100	0.60685	220	230	-240		230	160	165	-170		165	395	220	240	260		260	655	397.48675	0	2-M-O-R-C-100	
Vesa Taavitsainen	32	M-O-R-C	94.2	100	0.5974	180	200	210		210	150	160	-165		160	370	-260	275	-285		275	645	385.323	0	3-M-O-R-C-100	
Jouko Laine	32	M-O-R-C	95.4	100	0.59375	170	180	185		185	115	120	125		125	310	190	200	210		210	520	308.75	0	4-M-O-R-C-100	
Eduard Khanjan	31	M-O-R-C	108.4	110	0.56485	380	400 WR	-410		400	210	-217.5	0		210	610	320	-340	-342.5		320	930	525.3105	0	1-M-O-R-C-110	
Ville Suominen	34	M-O-R-C	107.9	110	0.5664	310	330	-335		330	175	180	185		185	515	305	315	320		320	835	472.944			

Aimo Mursu	74	M-M7-R	81.7	82.5	0.6487	160	175	185 WR	185	120.0095	215.4170	1-M-M7-R-82.5	
Rane Ovaska	56	M-M4-R	81	82.5	0.65235	200	215	-222.5	215	140.2552	174.7580	1-M-M4-R-82.5	
Jere Marttila	55	M-M4-R	96.7	100	0.58995	170	190	200	200	117.99	144.5377	1-M-M4-R-100	
Petri Mäkinen	53	M-M3-R	89.3	90	0.61455	150	160	165	165	101.4007	120.0584	1-M-M3-R-90	
Billy Haavisto	51	M-M3-R	113.6	125	0.55785	265	-277.5	0	265	147.8302	169.5612	1-M-M3-R-125	
Antti Lamponen	50	M-M3-R	120.3	125	0.55065	230	250	260	260	143.169	161.7809	2-M-M3-R-125	
Mikko Mäntymäki (master)	45	M-M2-R	98.9	100	0.58535	235	250	-262.5	250	146.3375	154.3860	1-M-M2-R-100	
Ahti Korkea	47	M-M2-R	100.6	110	0.57985	200	240	265	273	153.6602	166.2603	1-M-M2-R-110	
Jyrki Virtanen	43	M-M1-R	91	100	0.6082	190	210	-225	210	127.722	131.6813	1-M-M1-R-100	
Pasi Mehtälä	43	M-M1-R	134.1	140	0.53635	240	250	262.5	270	262.5	140.7918	145.1564	1-M-M1-R-140
Miiko Kyöttinen	20	M-J-R	93	100	0.6013	-200	225	250	250	150.325	0	1-M-J-R-100	
Kalle Ryhtä	39	M-O-R	49.2	52	1.0287	100	105	110	110	113.157	0	1-M-O-R-52	
Ilkka Mäkelä	33	M-O-R	89.7	90	0.613	245	260	-275	260	159.38	0	1-M-O-R-90	
Janne Rissanen	31	M-O-R	92.2	100	0.604	302.5	315	-322.5	315	190.26	0	1-M-O-R-100	
Mikko Mäntymäki (open)	45	M-O-R	98.9	100	0.58535	235	250	-262.5	250	146.3375	154.3860	2-M-O-R-100	
Eduard Khanjyan	31	M-O-R	113.5	125	0.55795	325	-342.5	0	325	181.3337	0	1-M-O-R-125	
Tero Vuorio	36	M-O-R	123.9	125	0.5474	200	230	240	240	131.376	0	2-M-O-R-125	