

# Amateur American Powerlifting Federation

## AAPF

**Purpose:** To bring Amateur (drug tested) lifting to a venue that is already established with the Powerlifting community so that all lifters may compete on the same platform.

The AAPF is a branch of the APF. It is governed by the rules and by-laws of the APF. Judges and Officials of both branches are the same.

**Dues:** Same as the APF, to be paid to the APF home office.

**Rules & by-laws:** Governed by the rules of the APF on a National level and by the Amateur World Powerlifting Congress a branch of the World Powerlifting Congress on an International level.

**Equipment:** Same rules apply as far as the amount of layers, fabric and length of wraps, etc.

**Testing Procedures:** The lifters in this division will be strictly drug tested. The lifter will have the opportunity to change their classification up until weigh-ins. After that point they will lift in the division that they originally marked on their application. Divisions for National and World Competitions may not be changed after application is received. All testing will be done on a random basis. The amount of lifters that will be tested will be on sliding scale basis depending on the amount of entries in the Amateur division.

Example:	0 -10	1 lifter
	11-20	2 lifters
	21-30	3 lifters
	31-40	4 lifters
	41-50	5 lifters

Anything above 51 lifters will be 10%

The normal method of securing tests could be used where the lifters are just randomly tested or at the discretion of the meet promoter. The one thing that must be strictly adhered to is that we do the testing in a correct chain of order and that all specimens are handled as such.

Amateur lifters who are tested and are found to be using Anabolic Steroids will be banned from competing in the AAPF ever again. At that point the lifter will have to compete in the APF Professional Division. Any AAPF Sanctioned events where testing is not done, the contest will be considered APF Sanctioned only and the meet promoter will not be allowed to sanction AAPF. All testing are done through the APF/AAPF Headquarters and proper procedure must be followed. Contact APF Office for testing kits and procedure.

505 Westgate Drive, Aurora, IL 60506 (630) 896-7309 1-866-389-4744

# Testing Directions

1. Follow the directions on the Reference Guide Forensic Drug Testing Custody and Control Form as they are specified. **For Patient ID on seal please put lifter's name.**
2. You may have the donor handle the specimen. After collection and under your observation you can have the donor put the label on the bottle, then apply the initialed seal, put the specimen in the small plastic bag then in the large plastic bag.
3. **Send copy 1 of 3 in to the lab with specimen, send copy 2 pink form to the APF Office, 505 Westgate Drive, Aurora, IL 60506, give copy 3 yellow form to the donor.**
4. Place copy 1 in the box with the specimen sealed in large plastic bag. Place plastic bag in box and place box in Fed Ex prepaid shipping bag or shipping box.
5. Mail specimen to Redwood Toxicology use the FedEx overnight delivery label that is provided.
6. **Send a check payable to APF for \$59.00 per test.**
7. Make sure the lifter signs the AAPF Anabolic Drug Test Waiver form and return that to the AAPF Office with copy 2 and payment.

Should you have any questions please feel free to contact the APF/AAPF Headquarters at 1-866-389-4744.