

2015 APF Gulf Coast Powerlifting Meet

April 25th 2015



- MEET DIRECTOR:** Rick Lawrence 1-727-376-1707 www.worldpowerliftingcongress.com
7336 Astor Drive, New Port Richey FL 34652
- EVENT LOCATION:** Refuge Church, 3565 Universal Plaza, New Port Richey, FL 34652
- HOTEL:** Magnus Inn, 5015 US Hwy 19, New Port Richey, FL 34652
1-727-849-8551 \$50 night and up, mention powerlifting for discount
- ELIGIBILITY:** Open to APF registered athletes. All athletes are required to have a valid membership card and must show it at weigh-in. If you fail to bring it you will be required to purchase one onsite for \$30.
- WEIGH-IN:** Gulf Coast Barbell, 3539 Universal Plaza, New Port Richey, FL 34652
24 hour weigh in rule will apply.
- | | | |
|----------------------------------|-----------------|-------------------|
| Friday, April 24 th | 10:00 am – noon | 4:00 pm – 6:00 pm |
| Saturday, April 25 th | 8:00 – 9:00 am | |
- EVENT START TIME:** **Saturday, April 25th 10:00 am MANDATORY RULES MEETING 9:00 am**
- UNIFORM:** Mandatory - Must have one piece lifting suit or wrestling suit. Raw only Singlet, Belt & wrist wraps allowed no knee wraps or knee supports. Equipped see www.worldpowerliftingcongress.com for rules
- CONTEST LIFTS:** Full Meet (Squat/Bench/Deadlift) & Bench Only & Deadlift Only
- ENTRY FEE:** Entry fee for the full meet, bench only or deadlift only meet is \$65 if received prior to April 5th. Additional divisions are \$25 each. There will be a \$40 charge for all team entries. Team lists must be presented to the meet director before weigh-in begins.
- The entry fee must accompany this entry form and be received no later than April 5th. **NO REFUNDS.** *Limit to first 65 entries.*
No sign ups the day of the meet.
- Registrations received after April 5th that are accepted will be at a \$30 late fee.
- AWARDS:** Full Meet/Bench Meet/Deadlift Meet
- Awards 1st-3rd in each weight class/age group
- Team Award – 1st Place only which will be given to the best team
Must pre-register prior to deadline

Return Entry Form to: Rick Lawrence, 7336 Astor Drive, New Port Richey, FL 34652 (727)376-1707

2015 APF Raw Gulf Coast Powerlifting Meet

April 25th 2015

Please Print Legibly

Full Name: _____ Gender (circle one) Male Female

Age _____ Date of Birth _____ e-mail _____

Address _____

City _____ State _____ Zip Code _____

Home Phone _____ work or cell _____

Circle all that applies

<u>Event Entered:</u>	Full Meet	Bench only	Deadlift only
<u>Category:</u>	Multi Ply	Single Ply	Raw (singlet, belt, wrist waps)
<u>Division Entered:</u>	Open:		
	Junior:	20-23	
	Teen:	13-15	16-17 18-19
	Masters:	40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80-84	

<u>Weight Class:</u>	Women:	97	105	114	123	132	148	165	181	198	Unl
	Men:	114	123	132	148	165	181	198	220	242	275 308 SHW

Awards are guaranteed to those who pre-register only

Fees & Payment:

Make checks payable to: Rick Lawrence

Late fee after 4/5/15 \$30 \$ _____

Entry fee \$65 \$ _____

Additional Division - \$25 \$ _____

TOTAL DUE \$ _____

Paid: Cash Check

In consideration of the acceptance of this entry, I hereby for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages I may have against the APF, Rick Lawrence, Gulf Coast Barbell, Refuge Church, their representatives, successors, and assigns for any and all injuries or bodily harm that I might suffer while competing at the 2015 APF Gulf Coast Powerlifting Meet, April 25th 2015.

Signature

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