

APF Raw National Championships May 5-7 2017 Lake Buena Vista FL

Name	Age	Div	BWt (Kg)	WCIs (Kg)	Glossbreaker	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Coeff Score	Age & Coeff	PI-Div-WtCI
Carol Krochmal	59	F_MR_4_APF	46.6	48	1.2058	45	47.5	50	52.5	50	60.29	79.28135	1-F_MR_4_APF-48
Reba Shinn	16	F_TR_2_APF	50.3	52	1.137	52.5	57.5	-60		57.5	65.3775	0	1-F_TR_2_APF-52
Ashley Crawford	29	F_OR_APF	73.85	75	0.84445	90	0	0		90	76.0005	0	1-F_OR_APF-75
Ronald Crawford	83	M_MR_9_APF	52.5	56	0.95625	57.5	60	-65		60	57.375	117.61875	1-M_MR_9_APF-56
Leon Barry	76	M_MR_8_APF	95.5	100	0.59345	115	125	-137.5		125	74.18125	139.164025	1-M_MR_8_APF-100
Lee Lichte	72	M_MR_7_APF	81.5	82.5	0.64975	117.5	122.5	-128		122.5	79.59437	136.7431363	1-M_MR_7_APF-82.5
Richard Bretz	68	M_MR_6_APF	94.2	100	0.5974	127.5	-160	-160		127.5	76.1685	120.041556	1-M_MR_6_APF-100
Dan Martin	60	M_MR_5_APF	98	100	0.58635	145	160	-170		160	93.816	125.71344	1-M_MR_5_APF-100
Dennis Alba	55	M_MR_4_APF	73.15	75	0.70115	132.5	145	147.5	150	147.5	103.4196	126.6890406	1-M_MR_4_APF-75
Scott Wilson	55	M_MR_4_APF	73.95	75	0.69545	90	-97.5	-97.5		90	62.5905	76.6733625	2-M_MR_4_APF-75
Wally Stamper	55	M_MR_4_APF	99.4	100	0.5828	165	-177.5	177.5		177.5	103.447	126.722575	1-M_MR_4_APF-100
Mike Guerra	50	M_MR_3_APF	73.6	75	0.6983	92.5	0	0		92.5	64.59275	72.989075	1-M_MR_3_APF-75
Brian Burritt	50	M_MR_3_APF	83.4	90	0.64015	-177.5	177.5	-190		177.5	113.0200	128.3980863	1-M_MR_3_APF-90
Don Waltz	54	M_MR_3_APF	95.2	100	0.5943	110	115	-120		115	68.3445	82.286778	1-M_MR_3_APF-100
Kent Spires	46	M_MR_2_APF	90	90	0.61185	190	197.5	205		205	125.4292	133.958439	1-M_MR_2_APF-90
Dickie Spiroff	47	M_MR_2_APF	103	110	0.5746	190	197.5	205		205	117.793	127.452026	1-M_MR_2_APF-110
Martin "Bo" Green	49	M_MR_2_APF	108.45	110	0.5647	182.5	-190	-190		182.5	103.0577	114.7032758	2-M_MR_2_APF-110
Josh Turner	33	M_SR_APF	66.7	67.5	0.7561	102.5	112.5	125	-133	125	94.5125	0	1-M_SR_APF-67.5
Willis Blackwell	38	M_SR_APF	99.4	100	0.5828	147.5	-155	155		155	90.334	0	1-M_SR_APF-100
Brandon McKnight	19	M_TR_3_APF	91.8	100	0.60535	-192.5	-192.5	192.5	-203	192.5	116.5298	0	1-M_TR_3_APF-100
Monouq Parks	40	M_OR_APF	79.35	82.5	0.6612	182.5	-187.5	-187.5		182.5	120.669	120.669	1-M_OR_APF-82.5
Kent Spires 2	46	M_OR_APF	90	90	0.61185	190	197.5	205		205	125.4292	133.958439	1-M_OR_APF-90
Brian Burritt 2	50	M_OR_APF	83.4	90	0.64015	-177.5	177.5	-190		177.5	113.6266	128.3980863	2-M_OR_APF-90

APF Raw Nationals-Lb Results

Name	Age	Div	BWt (Kg)	WCIs (Kg)	Glossbreaker	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Coeff Score	Age & Coeff	PI-Div-WtCI
Carol Krochmal	59	F_MR_4_APF	46.6	48	1.2058	99.207	104.7185	110.23	115.7415	110.23	60.29	79.28135	1-F_MR_4_APF-48
Reba Shinn	16	F_TR_2_APF	50.3	52	1.137	115.7415	126.7645	-132.276	0	126.7645	65.3775	0	1-F_TR_2_APF-52
Ashley Crawford	29	F_OR_APF	73.85	75	0.84445	198.414	0	0	0	198.414	76.0005	0	1-F_OR_APF-75
Ronald Crawford	83	M_MR_9_APF	52.5	56	0.95625	126.7645	132.276	-143.299	0	132.276	57.375	117.61875	1-M_MR_9_APF-56
Leon Barry	76	M_MR_8_APF	95.5	100	0.59345	253.529	275.575	-303.133	0	275.575	74.18125	139.164025	1-M_MR_8_APF-100
Lee Lichte	72	M_MR_7_APF	81.5	82.5	0.64975	259.0405	270.0635	-282.189	0	270.0635	79.59437	136.7431363	1-M_MR_7_APF-82.5
Richard Bretz	68	M_MR_6_APF	94.2	100	0.5974	281.0865	-352.736	-352.736	0	281.0865	76.1685	120.041556	1-M_MR_6_APF-100
Dan Martin	60	M_MR_5_APF	98	100	0.58635	319.667	352.736	-374.782	0	352.736	93.816	125.71344	1-M_MR_5_APF-100
Dennis Alba	55	M_MR_4_APF	73.15	75	0.70115	292.1095	319.667	325.1785	330.69	325.1785	103.4196	126.6890406	1-M_MR_4_APF-75
Scott Wilson	55	M_MR_4_APF	73.95	75	0.69545	198.414	-214.949	-214.949	0	198.414	62.5905	76.6733625	2-M_MR_4_APF-75
Wally Stamper	55	M_MR_4_APF	99.4	100	0.5828	363.759	-391.317	391.3165	0	391.3165	103.447	126.722575	1-M_MR_4_APF-100
Mike Guerra	50	M_MR_3_APF	73.6	75	0.6983	203.9255	0	0	0	203.9255	64.59275	72.989075	1-M_MR_3_APF-75
Brian Burritt	50	M_MR_3_APF	83.4	90	0.64015	-391.317	391.3165	-418.874	0	391.3165	113.0200	128.3980863	1-M_MR_3_APF-90
Don Waltz	54	M_MR_3_APF	95.2	100	0.5943	242.506	253.529	-264.552	0	253.529	68.3445	82.286778	1-M_MR_3_APF-100
Kent Spires	46	M_MR_2_APF	90	90	0.61185	418.874	435.4085	451.943	0	451.943	125.4292	133.958439	1-M_MR_2_APF-90
Dickie Spiroff	47	M_MR_2_APF	103	110	0.5746	418.874	435.4085	451.943	0	451.943	117.793	127.452026	1-M_MR_2_APF-110
Martin "Bo" Green	49	M_MR_2_APF	108.45	110	0.5647	402.3395	-418.874	-418.874	0	402.3395	103.0577	114.7032758	2-M_MR_2_APF-110
Josh Turner	33	M_SR_APF	66.7	67.5	0.7561	225.9715	248.0175	275.575	-293.212	275.575	94.5125	0	1-M_SR_APF-67.5
Willis Blackwell	38	M_SR_APF	99.4	100	0.5828	325.1785	-341.713	341.713	0	341.713	90.334	0	1-M_SR_APF-100
Brandon McKnight	19	M_TR_3_APF	91.8	100	0.60535	-424.386	-424.386	424.3855	-447.534	424.3855	116.5298	0	1-M_TR_3_APF-100
Monouq Parks	40	M_OR_APF	79.35	82.5	0.6612	402.3395	-413.363	-413.363	0	402.3395	120.669	120.669	1-M_OR_APF-82.5
Kent Spires 2	46	M_OR_APF	90	90	0.61185	418.874	435.4085	451.943	0	451.943	125.4292	133.958439	1-M_OR_APF-90
Brian Burritt 2	50	M_OR_APF	83.4	90	0.64015	-391.317	391.3165	-418.874	0	391.3165	113.6266	128.3980863	2-M_OR_APF-90

Name	Age	Div	BWt (Kg)	WCIs (Kg)	Glossbreaker	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Coeff Score	Age & Coeff	PI-Div-WtCI
Ashley Crawford	29	F_OR_APF	73.85	75	0.84445	185	200	-213	0	200	168.89	0	1-F_OR_APF-75
Lee Lichte	72	M_MR_7_APF	81.5	82.5	0.64975	165	175	185.5	190	185.5	25	207.0681778	1-M_MR_7_APF-82.5
Terry Cruce	60	M_MR_5_APF	75.6	82.5	0.68445	200	210	-215	0	210	143.7345	192.60423	1-M_MR_5_APF-82.5
Willis Blackwell	38	M_SR_APF	99.4	100	0.5828	230	247.5	-255	0	247.5	144.243	0	1-M_SR_APF-100

APF Raw Nationals-Lb Results

Name	Age	Div	BWt (Kg)	WCIs (Kg)	Glossbreaker	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Coeff Score	Age & Coeff	PI-Div-WtCI
Ashley Crawford	29	F_OR_APF	73.85	75	0.84445	407.851	440.92	-469.58	0	440.92	168.89	0	1-F_OR_APF-75
Lee Lichte	72	M_MR_7_APF	81.5	82.5	0.64975	363.759	385.805	408.9533	418.874	408.9533	25	207.0681778	1-M_MR_7_APF-82.5
Terry Cruce	60	M_MR_5_APF	75.6	82.5	0.68445	440.92	462.966	-473.989	0	462.966	143.7345	192.60423	1-M_MR_5_APF-82.5
Willis Blackwell	38	M_SR_APF	99.4	100	0.5828	507.058	545.6385	-562.173	0	545.6385	144.243	0	1-M_SR_APF-100

Name	Age	Div	BWt (Kg)	WCIs (Kg)	Glossbreaker	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Coeff Score	Age & Coeff	PI-Div-WtCI
Yvette Fox	58	F_MR_4_APF	58	60	1.0149	100	112.5	125	0	125	126.8625	163.7794875	1-F_MR_4_APF-60

APF Raw Nationals-Lb Results

Name	Age	Div	BWt (Kg)	WCIs (Kg)	Glossbreaker	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Coeff Score	Age & Coeff	PI-Div-WtCI
Yvette Fox	58	F_MR_4_APF	58	60	1.0149	220.46	248.0175	275.575	0	275.575	126.8625	163.7794875	1-F_MR_4_APF-60

Name	Age	Div	BWt (Kg)	WCIs (Kg)	Glossbreaker	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCI		
Kelley Collier	68	M_MR_6_APF	81.85	82.5	0.6504	140	147.5	155	0	155	97.5	-105	105	0	105	260	-185	0	0	0	0	0	0	0	0	0	
William Vanderstine	65	M_MR_6_APF	85.3	90	0.63125	242.506	-259.041	-259.041	0	242.506	248.0175	-259.0405	-259.0405	0	248.0175	490.5235	380.2935	396.828	-424.386	0	0	396.828	887.3515	254.0781	376.0356	1-M_MR_6_APF-90	
Steve Kyllis	64	M_MR_5_APF	88.9	90	0.61815	-200	-200	-200	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Greg Ripley	56	M_MR_4_APF	80.75	82.5	0.65345	160	-175	183	0	183	112.5	122.5	133	137.5	133	316	102.5	0	0	0	0	102.5	418.5	273.4688	340.7421	1-M_MR_4_APF-82.5	
Terry Lane Jacobs	55	M_MR_4_APF	95.2	100	0.5943	185	227.5	240	0	240	125	137.5	142.5	0	142.5	382.5	227.5	-250	-250	0	0	227.5	610	362.523	75	1-M_MR_4_APF-100	
Dennis Affinati	53	M_MR_3_APF	94.35	100	0.59675	165	185	187.5	0	187.5	120	125	127.5	0	127.5	315	185	-200	200	0	0	200	515	307.3262	363.8742	1-M_MR_3_APF-100	
David Earp	53	M_MR_3_APF	126.35	140	0.54395	205	230	237.5	0	237.5	145	162.5	172														