

17-Sep-16 2XL Introduction to Powerlifting-Kg Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCl
Karen Ferrero	47	F_OR_APF	46.05	48	1.2156	47.5	52.5	-57.5	52.5	37.5	-42.5	42.5	42.5	95	75	80	-87.5	80	175	212.73	230.17386	1-F_OR_APF-48
Wendy Shadbar	42	F_OR_APF	82.25	82.5	0.7877	57.5	67.5	75	75	35	40	45	45	120	75	80	85	85	205	161.4785	164.70807	1-F_OR_APF-82.5
Jacqueline Dildine	27	F_OR_APF	95.8	SHW	0.7279	137.5	145	150	150	85	-97.5	-102.5	85	235	137.5	-157.5	-160	137.5	372.5	271.14275	0	1-F_OR_APF-SHW
Ricky Nguyen	21	M_OCR_APF	59.4	60	0.8411	97.5	105	112.5	112.5	67.5	72.5	-82.5	72.5	185	125	142.5	157.5	157.5	342.5	288.05962	0	1-M_OCR_APF-60
Mackenzie Mickel	23	M_OCR_APF	82.2	82.5	0.6462	140	-150	150	150	95	-100	105	105	255	162.5	175	182.5	182.5	437.5	282.69062	0	1-M_OCR_APF-82.5
Clay Ladd	39	M_OCR_APF	87.55	90	0.6214	75	92.5	110	110	57.5	67.5	-72.5	67.5	177.5	75	102.5	120	120	297.5	184.85162	0	1-M_OCR_APF-90
Zoby Boghani	25	M_OCR_APF	104	110	0.5726	195	210	-217.5	210	130	135	145	145	355	207.5	217.5	227.5	227.5	582.5	333.51037	0	1-M_OCR_APF-110
Wiley Creal	37	M_OCR_APF	108	110	0.5655	-165	165	-185	165	160	167.5	175	175	340	175	185	-227.5	185	525	296.8875	0	2-M_OCR_APF-110
Ryan Erb	28	M_OR_APF	71.5	75	0.7141	137.5	145	150	150	105	115	-122.5	115	265	145	160	182.5	182.5	447.5	319.53737	0	1-M_OR_APF-75
Nathan Luedtke	42	M_OR_APF	82.45	82.5	0.6446	-147.5	155	175	175	125	137.5	-150	137.5	312.5	150	175	190	190	502.5	323.9115	330.38973	1-M_OR_APF-82.5
Jeff Pietka	56	M_OR_APF	99.5	100	0.5826	-115	115	125	125	92.5	102.5	-107.5	102.5	227.5	142.5	152.5	160	160	387.5	225.73812	281.26970	1-M_OR_APF-100
Floyd Yager	49	M_OR_APF	127.3	140	0.543	175	190	200	200	125	130	135	135	335	195	212.5	220	220	555	301.365	335.41924	1-M_OR_APF-140

2XL Introduction to Powerlifting-Lb Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCl
Karen Ferrero	47	F_OR_APF	46.05	48	1.2156	104.72	115.74	-126.76	115.74	82.673	-93.696	93.696	93.696	209.44	165.35	176.37	-192.9	176.37	385.805	212.73	230.17386	1-F_OR_APF-48
Wendy Shadbar	42	F_OR_APF	82.25	82.5	0.7877	126.76	148.81	165.35	165.35	77.161	88.184	99.207	99.207	264.55	165.35	176.37	187.39	187.39	451.943	161.4785	164.70807	1-F_OR_APF-82.5
Jacqueline Dildine	27	F_OR_APF	95.8	SHW	0.7279	303.13	319.67	330.69	330.69	187.39	-214.95	-225.97	187.39	518.08	303.13	-347.22	-352.74	303.13	821.2135	271.14275	0	1-F_OR_APF-SHW
Ricky Nguyen	21	M_OCR_APF	59.4	60	0.8411	214.95	231.48	248.02	248.02	148.81	159.83	-181.88	159.83	407.85	275.58	314.16	347.22	347.22	755.0755	288.05962	0	1-M_OCR_APF-60
Mackenzie Mickel	23	M_OCR_APF	82.2	82.5	0.6462	308.64	-330.69	330.69	330.69	209.44	-220.46	231.48	231.48	562.17	358.25	385.81	402.34	402.34	964.5125	282.69062	0	1-M_OCR_APF-82.5
Clay Ladd	39	M_OCR_APF	87.55	90	0.6214	165.35	203.93	242.51	242.51	126.76	148.81	-159.83	148.81	391.32	165.35	225.97	264.55	264.55	655.8685	184.85162	0	1-M_OCR_APF-90
Zoby Boghani	25	M_OCR_APF	104	110	0.5726	429.9	462.97	-479.5	462.97	286.6	297.62	319.67	319.67	782.63	457.45	479.5	501.55	501.55	1284.1795	333.51037	0	1-M_OCR_APF-110
Wiley Creal	37	M_OCR_APF	108	110	0.5655	-363.76	363.76	-407.85	363.76	352.74	369.27	385.81	385.81	749.56	385.81	407.85	-501.55	407.85	1157.415	296.8875	0	2-M_OCR_APF-110
Ryan Erb	28	M_OR_APF	71.5	75	0.7141	303.13	319.67	330.69	330.69	231.48	253.53	-270.06	253.53	584.22	319.67	352.74	402.34	402.34	986.5585	5	0	1-M_OR_APF-75
Nathan Luedtke	42	M_OR_APF	82.45	82.5	0.6446	-325.18	341.71	385.81	385.81	275.58	303.13	-330.69	303.13	688.94	330.69	385.81	418.87	418.87	1107.8115	323.9115	330.38973	1-M_OR_APF-82.5
Jeff Pietka	56	M_OR_APF	99.5	100	0.5826	-253.53	253.53	275.58	275.58	203.93	225.97	-236.99	225.97	501.55	314.16	336.2	352.74	352.74	854.2825	225.73812	281.26970	1-M_OR_APF-100
Floyd Yager	49	M_OR_APF	127.3	140	0.543	385.81	418.87	440.92	440.92	275.58	286.6	297.62	297.62	738.54	429.9	468.48	485.01	485.01	1223.553	301.365	335.41924	1-M_OR_APF-140