

APF, AAPP, AWPFF "Best Lifter" formula: (LT) * (GBC) = (PN) APF Master's Formula: (LT) * (GBC) * (MAM) = (PN)
 (LT) = Lifter's Total (GBC) = Glosbrenner Bodyweight Coefficient (PN) = Product Number (MAM) = Master's Age Multiple

November 4, 2012 Westbrook, Maine

2.2046

Morning Session

Place	Date	First	Last	City, State	Age	Class	Weight In Lbs	Weight In Kg	Glosbrenner Coefficient	Squat In Kg	Bench In Kg	Dead In Kg	Total In Kg	Total In Lbs	Product Number	Mstr's Age Multiple	Masters Prod Num
Men's Masters																	
1	11/4/2012	Frank Jr.	Ventriglia	North Attleboro, Ma	41	Bench Only Men's Masters 40-50	226	102.3	0.576300		110.0		110.0	242.5	63	1.0100	64
	11/4/2012	Rob	Golgano	Belfast, Me	47	Bench Only Men's Masters 40-50	266	120.7	0.550250		0.0		0.0	0.0	0	1.0820	0
1	11/4/2012	John	Flaherty	Bath, Me	65	Bench Only Men's Masters 51+	197	89.4	0.614350		155.0		155.0	341.7	95	1.4800	141
2	11/4/2012	Frank Sr.	Ventriglia	North Attleboro, Ma	66	Bench Only Men's Masters 51+	245	111.1	0.560950		82.5		82.5	181.9	46	1.5110	70
1	11/4/2012	Michael	Pindell	Portland, Me	44	Men's Masters 40-50	200	90.7	0.609300	120.0	122.0	187.5	429.5	946.9	262	1.0430	273
	11/4/2012	Danny	Bellmore	Greene, Me	48	Men's Masters 40-50	165	74.8	0.689900	0.0	0.0	0.0	0.0	0.0	0	1.0970	0
1	11/4/2012	Tim	Lane	Sabattus, Me	57	Men's Masters 51+	269	122.0	0.548800	312.5	167.5	267.5	747.5	1,647.9	410	1.2680	520
2	11/4/2012	Bert	Dyer	Leeds, Me	59	Men's Masters 51+	191	86.6	0.625500	145.0	110.0	175.0	430.0	948.0	269	1.3150	354
Women's Masters																	
1	11/4/2012	Carolyn	Braun	Portland, Me	59	Women's Masters	142	64.4	0.933450	70.0	67.5	112.5	250.0	551.2	233	1.3150	307
Men's Bench Only																	
1	11/4/2012	Khashayar	Farzam	Biddeford, Me	23	Men's Bench Only Light (170-)	170	77.1	0.674900		172.5		172.5	380.3	116	#N/A	#N/A
	11/4/2012	Rob	Golgano	Belfast, Me	47	Men's Bench Only Heavy (220+)	266	120.4	0.550500		0.0		0.0	0.0	0	1.0820	0
Men's Full Meet																	
	11/4/2012	Nick	Chapman	Amhurst, NS	22	Men's Raw 182-198	195	88.5	0.617900	192.5	147.5	250.0	590.0	1,300.7	365		
1	11/4/2012	Joseph	Kenney	Standish, Me	17	Men's Teen Geared	159	71.9	0.711320	220.0	117.5	210.0	547.5	1,207.0	389		
2	11/4/2012	Russell	Barlow	Limington, Me	19	Men's Teen Geared	234	105.9	0.569100	272.5	142.5	260.0	675.0	1,488.1	384		
3	11/4/2012	Anthony	Black	Standish, Me	17	Men's Teen Geared	159	71.9	0.711320	177.5	97.5	167.5	442.5	975.5	315		
1	11/4/2012	Gus	Brown	Carthage, Me	19	Men's Teen Raw	162	73.5	0.699375	185.0	117.5	217.5	520.0	1,146.4	364		
2	11/4/2012	George	Chaison-Lapine	Portland, Me	18	Men's Teen Raw	182	82.6	0.644350	185.0	122.5	207.5	515.0	1,135.4	332		
3	11/4/2012	Nicholas	Hawk	Lewiston, Me	19	Men's Teen Raw	156	70.8	0.720070	167.5	102.5	187.5	457.5	1,008.6	329		
	11/4/2012	Chandan	McCall	Scarborough, Me	17	Men's Teen Raw	258	116.8	0.554250	215.0	140.0	220.0	575.0	1,267.6	319		
	11/4/2012	Paolo	DeMarco	Portland, Me	19	Men's Teen Raw	170	77.1	0.674900	150.0	115.0	165.0	430.0	948.0	290		
	11/4/2012	Keller	Nicolai	Portland, Me	16	Men's Teen Raw	226	102.5	0.575750	157.5	105.0	187.5	450.0	992.1	259		
Women's Full Meet																	
1	11/4/2012	Pamela	Mckeage	Limington, Me	33	Women's Open (Geared)	152	68.9	0.886250	65.0	60.0	90.0	215.0	474.0	191		
1	11/4/2012	Lauren	Giacovas	Seneca falls, NY	24	Women's Raw Open	126	57.2	1.027000	145.0	72.5	177.5	395.0	870.8	406		
2	11/4/2012	Sakura	Violette	Orono, Me	22	Women's Raw Open	142	64.2	0.936550	127.5	82.5	175.0	385.0	848.8	361		
3	11/4/2012	Danielle	Beard	Biddeford, Me	26	Women's Raw Open	144	65.3	0.923250	115.0	62.5	165.0	342.5	755.1	316		
	11/4/2012	Lisa	O'Kane	Biddeford, Me	29	Women's Raw Open	144	65.3	0.923250	115.0	70.0	125.0	310.0	683.4	286		
	11/4/2012	Erica	Guay	Lewiston, Me	39	Women's Raw Open	122	55.1	1.057500	92.5	55.0	112.5	260.0	573.2	275		
	11/4/2012	Dariann	Sobin	Portland, Me	20	Women's Raw Open	149	67.5	0.899950	120.0	62.5	120.0	302.5	666.9	272		
1	11/4/2012	Pheobe	Long	Riverside, Ct	19	Women's Teen Open	161	73.0	0.851500	105.0	45.0	115.0	265.0	584.2	226		
2	11/4/2012	Julia	Panepito	Lewiston, Me	18	Women's Teen Open	156	70.8	0.869970	105.0	45.0	105.0	255.0	562.2	222		

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Men's Masters

	11/5/2012	Pete	Bennett	Pelham, NH	78	Men's Masters 51+	195	88.2	0.618850	155.0	92.5	172.5	420.0	925.9	260	1.9610	510
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Men's Full Meet

1	11/5/2012	Danny	Bellmore	Greene, Me	48	Men's Open (Geared)	165	74.8	0.689900	320.0	222.5	300.0	842.5	1,857.4	581		
2	11/5/2012	Matt	Harmon	Williamstown, Ma	27	Men's Open (Geared)	269	122.0	0.548800	327.5	190.0	277.5	795.0	1,752.7	436		
3	11/5/2012	Josh	Beaulieu	Lewiston, Me	28	Men's Open (Geared)	226	102.5	0.575750	267.5	170.0	265.0	702.5	1,548.7	404		
1	11/5/2012	Mark	Aceto	Biddeford, Me	24	Men's Raw 133-148	148	67.1	0.752200	167.5	110.0	207.5	485.0	1,069.2	365		
2	11/5/2012	Loc	Nguyen	Westbrook, Me	26	Men's Raw 133-148	148	67.2	0.751250	162.5	110.0	182.5	455.0	1,003.1	342		
3	11/5/2012	Noah	Doe	Biddeford, Me	27	Men's Raw 133-148	140	63.5	0.789650	137.5	77.5	182.5	397.5	876.3	314		
2	11/5/2012	Nicholas	Pocock	Portland, Me	24	Men's Raw 149-165	162	73.5	0.699375	185.0	122.5	230.0	537.5	1,185.0	376		
1	11/5/2012	Jordan	Gazzellon	Windham, Me	22	Men's Raw 149-165	164	74.4	0.693000	182.5	125.0	232.5	540.0	1,190.5	374		
3	11/5/2012	Hiram	Martin	Seattle, Wa	20	Men's Raw 149-165	162	73.5	0.699375	170.0	112.5	197.5	480.0	1,058.2	336		
1	11/5/2012	Ron	Carrier	Westbrook, Me	56	Men's Raw 166-181	178	80.7	0.654000	160.0	105.0	195.0	460.0	1,014.1	301		
2	11/5/2012	Nicholas	O'Brien	Durham, Me	30	Men's Raw 166-181	181	82.1	0.646650	120.0	70.0	162.5	352.5	777.1	228		
1	11/5/2012	Nicholas	Macphee	Walpole, Me	28	Men's Raw 182-198	197	89.4	0.614350	265.0	167.5	295.0	727.5	1,603.8	447		
2	11/5/2012	Dustin	Pepin	Auburn, Me	28	Men's Raw 182-198	197	89.1	0.615300	250.0	170.0	292.5	712.5	1,570.8	438		
3	11/5/2012	Nathan	Kulas	Topsham, Me	33	Men's Raw 182-198	195	88.2	0.618850	240.0	150.0	282.5	672.5	1,482.6	416		
	11/5/2012	Matt	Strong	Westbrook, Me	25	Men's Raw 182-198	191	86.6	0.625500	235.0	142.5	247.5	625.0	1,377.9	391		
	11/5/2012	Joseph	Noone	Portland, Me	28	Men's Raw 182-198	182	82.6	0.644350	202.5	160.0	222.5	585.0	1,289.7	377		
	11/5/2012	Joshua	Reilly	Portland, Me	23	Men's Raw 182-198	198	89.6	0.613550	222.5	127.5	245.0	595.0	1,311.7	365		
	11/5/2012	Koya	Nakata	Lewiston, Me	22	Men's Raw 182-198	196	88.9	0.616050	192.5	125.0	195.0	512.5	1,129.9	316		
	11/5/2012	Brock	Houle	North Waterboro, Me	36	Men's Raw 182-198	193	87.3	0.622600	137.5	105.0	182.5	425.0	937.0	265		
1	11/5/2012	Vincent	Rozzi	Windham, Me	33	Men's Raw 199-220	220	99.6	0.582550	237.5	190.0	282.5	710.0	1,565.3	414		
2	11/5/2012	Ethan	Beard	Biddeford, Me	24	Men's Raw 199-220	217	98.2	0.586000	245.0	145.0	265.0	655.0	1,444.0	384		
3	11/5/2012	Jason	Connors	Gorham Me	43	Men's Raw 199-220	204	92.5	0.602950	272.5	150.0	210.0	632.5	1,394.4	381		
	11/5/2012	Evan	Larsen	Charleston, Me	24	Men's Raw 199-220	220	99.8	0.582050	242.5	137.5	262.5	642.5	1,416.5	374		
	11/5/2012	Keith	Reichert	Portland, Me	28	Men's Raw 199-220	215	97.3	0.588550	150.0	115.0	207.5	472.5	1,041.7	278		
	11/5/2012	Devin	Traweek	Westbrook, Me	21	Men's Raw 199-220	214	96.8	0.589800	170.0	107.5	192.5	470.0	1,036.2	277		
1	11/5/2012	Anthony	Mureno	Auburn, Me	33	Men's Raw 221-242	242	109.8	0.562825	330.0	210.0	312.5	852.5	1,879.4	480		
2	11/5/2012	Travis	Dyer	Greene, Me	25	Men's Raw 221-242	239	108.4	0.564850	285.0	165.0	272.5	722.5	1,592.8	408		
3	11/5/2012	Cormac	Walsh	Biddeford, Me	21	Men's Raw 221-242	231	104.8	0.571250	242.5	155.0	260.0	657.5	1,449.5	376		
	11/5/2012	Rob	Jimino	Portland, Me	32	Men's Raw 221-242	240	108.9	0.564150	250.0	190.0	210.0	650.0	1,433.0	367		
	11/5/2012	Frank	Sivini	Peabody, Ma	32	Men's Raw 221-242	231	104.8	0.571250	227.5	137.5	252.5	617.5	1,361.3	353		
1	11/5/2012	Ryan	Montague	Portland, Me	35	Men's Raw 243-275	260	117.7	0.553300	320.0	195.0	277.5	792.5	1,747.1	438		
2	11/5/2012	Aderire	Fakorede	Newark, Nj	20	Men's Raw 243-275	273	123.8	0.546800	27.5	162.5	287.5	477.5	1,052.7	261		
	11/5/2012	William	Richards	Buxton, Me	23	Men's Raw 276-308	301	136.5	0.534090	27.5	220.0	340.0	587.5	1,295.2	314		

Women's Full Meet

1	11/5/2012	Samantha	Beliveau	Amhurst, NS	23	Women's Open (Geared)	179	81.0	0.795850	220.0	130.0	182.5	532.5	1,173.9	424		
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