

WPC UK Alan Collins Cup British Powerlifting Union

Saturday 4<sup>th</sup> Feb 2017 Classes: All women, all male teens and juniors AND all males up to and including 75kg class.

International Referees: Emma Ylitalo-James, Kalle Ylitalo-James, Budgie Mullan, Stoyan Andreev

National Referee: Adam Riman

Name	Division	BWT	Cls (kg)	Sq Rack	SQ-1	SQ-2	SQ-3	4 WR	BP Rack	BP-1	BP-2	BP-3	4 WR	SUB	DL-1	DL-2	DL-3	4 WR	Total
<b>Leslie Watson BPU</b>	<b>BO R O</b>	<b>47.2</b>	<b>44</b>						<b>1</b>	50	55	57.5		<b>0</b>			0		
Kirsty Ullman ABPU	FP C O	74.8	75	15 O	120	127.5	135		2	55	57.5	60		195	125	-132.5	-132.5		320
Brooke Hill ABPU	FP C T2	67.9	75	13 O	103	110	117.5	125	0	55	60	65		182.5	110	120	125	130	307.5
Hannah Venn-Munns ABPU	FP R O	74.9	75	16 O	85	92.5	-100		3	65	-70	-70		157.5	117.5	122.5	125		282.5
Budgie Mullan BPU	BO DO R M7	66.9	67.5						2	60	65	70		0	105	130	140	145	0
Daniel Bassett BPU	FP R M1	75	75	16 O	120	130	140		4	65	75	-85		215	185	195	210		425
Linda Hicks ABPU	FP SP M3	67.3	67.5	17 O	120	-130	-130		3	90	95	-100		215	150	155	-160		370
Emma Ylitalo-James BPU	BO R M2 O	81.9	82.5						2	120	125	130	135	0					0
Reece Sawa BPU	FP C O	73.6	75	16 O	180	190	-200		2	120	127.5	-132.5		317.5	200	210	-220		527.5
Adriano Gustav ABPU	BO R DO SP J	88	90						4	130	-145	145		0	200	210	215		0
Luke Tolman	FP C T2 BPU	87.9	90	18 O	190	207.5	212.5		4	145	155	165	170	377.5	240	-250	252.5	260	630
Dana Smith ABPU	FP C T3	61	56	13 o	65	75	85		2	47.5	55			140	95	105	-117.5		245

Sam Picknett ABPU	FP R T2	109.5	110	20 o	100	125	135		4	-80	80	-90		215	150	155	-165		370
Adriano Gustav	DO R J	88	90											0	180	-185	185		0
Owen Garner ABPU	FP C T3	108.6	110	18 O	155	170	-180		3	105	-117.5	-117.5		275	165	180	187.5		462.5
Mathew Wilson BPU	FP C J	113.4	125	21 O	160	175	180		3	120	-130	-130		300	175	185	195		495
Alex Tuddenham ABPU	FP R J	122.1	125	20 O	200	210	-232.5		4	100	120	135		345	230	250	260		605
Frankie Kemp ABPU	FP R DO J	139.8	140+	22 IN	245	-262.5	-262.5		5	170	-180	180		425	247.5	257.5	-270		682.5
Daniel Slater BPU	DO SP T3	97.9	100											0	240	260	272.5	285	0
Sam Meade BPU	FP C J	124.8	125	20 IN	300	317.5	-332.5		3	190	202.5	210		527.5	-280	280	302.5		830
Dan Stewart BPU	FP CL J	110.1	125	17 IN	300	320	332.5		3	190	205	-213		537.5	280	300	312.5		850
Paul Wright BPU	FP C J	99.5	100	20 IN	285	-300	0		4	160	170	-175		455	265	-272.5			720
Dan Brunt-Murphy BPU	FP MP BO MP J	99.7	100	17 O	240	250	0		3	-220	-220	-220		0					0
Lewis King BPU	M BO J	115.8	125						3	180	-190	-190		0					0

#### World Records:

Brooke Hill: 75/T3/Full Power Classic – 4<sup>th</sup> Squat 125kg 3<sup>rd</sup> Bench 65kg 4<sup>th</sup> Deadlift 130kg

Luke Tolman: 90/T2/Full Power classic – 3<sup>rd</sup> Squat 212.5 4<sup>th</sup> bench: 170kg 4<sup>th</sup> Deadlift 260kg

Dan Stewart: 125/Junior/Full Power Classic: 3<sup>rd</sup> Squat 332.5kg 3<sup>rd</sup> deadlift 312.5kg

Emma Ylitalo-James 82.5/Bench Only RAW.M2 4<sup>th</sup> Bench 135kg

Budgie Mullan 67.5/Bench only and DL only/M7 4<sup>th</sup> attempt 145kg

Dan Slater 100/single ply deadlift only/T3 4<sup>th</sup> attempt 285kg

WPC UK Alan Collins Cup British Powerlifting Union

Sunday 5<sup>th</sup> Feb 2017 Classes: All men open and master from 82.5kg upwards

International Referees: Emma Ylitalo-James, Kalle Ylitalo-James, Budgie Mullan, Stoyan Andreev

National Referee: Adam Riman

Flight 1

Name	Division	BWT	Cls (kg)	Sq Rack	SQ-1	SQ-2	SQ-3	BP Rack	BP-1	BP-2	BP-3	SUB	DL-1	DL-2	DL-3	Total
Phillip Bassett ABPU	FP R M5	80.8	82.5	17 IN	-85	85	90	3	45	50	0	140	135	150	152.5	292.5
Ross Watson ABPU	FP SP O	84.3	90	19 OUT	150	165	175	4	100	110	115	290	190	200	210	500
Richard Kemp ABPU	FP R M4	89.2	90	19 IN	145	165	-170	4	90	-100	100	265	190	215	220	485
Frazer Marriot ABPU	FP R O	88.1	90	15 IN	180	-190	190	3	125	130	140	330	200	210	230	560
Douglas Lisle ABPU	FP R O	80.7	82.5	20 OUT	150	165	-182.5	3	110	120	-130	285	205	215	225	510
Aidan Masters ABPU	FP C O	84.3	90	17 OUT	-145	145	160	3	92.5	97.5	-100	257.5	210	-225	225	482.5
<b>James Chapman BPU</b>	<b>FP C M1</b>	<b>82.2</b>	<b>82.5</b>	<b>16 IN</b>	260	275	282.5	<b>3</b>	160	170	175	<b>457.5</b>	210	222.5	232.5	<b>690</b>
Jordan Gretton-Doidge BF	FP R O	88.2	90	22 OUT	155	165	175	4	130	140	150	325	-210	225	235	560
James Edwards ABPU	FP C O	89.5	90	17 IN	210	-225	225	4	112.5	122.5	130	355	210	230	-245	585
Darryl Triance BPU	FP R M1	88.7	90	18 IN	170	180	190	4	120	130	-140	320	220	240	-250	560
Liam James Salmon ABP	FP R O	89.4	90	17 OUT	200	-210	210	3	130	145	-152.5	355	220	240	260	615
Luke Nash ABPU	FP C O	81.2	82.5	18 OUT	165	-175	175	3	-125	125	-132.5	300	225	235	-240	535
Dean Wyatt BPU	FP R O	80	82.5	18 IN	190	205	-220	3	130	-140	0	335	230	240	250	585
Sam Asamoah ABPU	FP C O	86.8	90	18 OUT	245	-260	260	3	140	150	-157.5	410	260	-282.5	-282.5	670
Reece Meakin BPU	FP C O	89.3	90	18 IN	270	-290	-290	3	190	-200	-200	460	0			755
Mark Hinton BPU	BO SP M2	87.9	90					4	-180	180	-190	0				0

World Record: James Chapman 82.5/ Full power classic/ M1 3<sup>rd</sup> Squat 282.5kg 3<sup>rd</sup> Bench 170kg 3<sup>rd</sup> Deadlift 232.5kg

Flight 2

Name	Division	BWT	Cls (kg)	Sq Rack	SQ-1	SQ-2	SQ-3	BP Rack	BP-1	BP-2	BP-3	SUB	DL-1	DL-2	DL-3	Total
Luke Pomfrey BPU	FP MP O	99.3	100	15 RING	265	-285	285	3	160	175	-190	460	190	215	-227.5	675
Andrew Moyler ABPU	FP R M4	97	100	18 OUT	170	180	192.5	3	110	117.5	120	312.5	220	235	-250	547.5
Mathew Knight BPU	FP C O	106.6	110	19 IN	220	260	280	3	140	160	180	460	220	260	-300	720
Aaron Bishop	FP R O	109.5	110	20 OUT	190	205	215	4	135	145	155	370	230	250	-260	620
Jonathan Vince	FP C O	98.3	100	22 OUT	205	215	222.5	4	145	152.5	157.5	380	235	255	-275	635
Michael Brown BPU	FP C M2	105.7	110	18 IN	220	230	-242.5	5	110	125	130	360	240	260	272.5	632.5
<b>Raimonds Mamonovs B</b>	<b>FP R O</b>	<b>98.3</b>	<b>100</b>	<b>19 IN</b>	170	180	0	<b>4</b>	130	145	0	<b>325</b>	240	255	0	<b>580</b>
Aaron Fillery BPU	FP C O	95.6	100	17 OUT	220	-225	225	4	160	-165	-165	385	260	265	270	655
James Taylor BPU	FP MP O	100	100	16 OUT	322.5	-335	335	3	235	-250	-275	570	260	280	-290	850
David Jenkinson BPU	FP C O	109.6	110	19 IN	330	-355	0	3	227.5	240	-245	570	340	365	-376	935
Mike Towers BPU	FP MP M3	105.8	110		-260				0			0	0			0
Ronny Hagen WPC Norw	BO R O	103.7	110					4	-150	150	-160	0				0

### Flight 3

Name	Division	BWT	Cls (kg)	Sq Rack	SQ-1	SQ-2	SQ-3	BP Rack	BP-1	BP-2	BP-3	SUB	DL-1	DL-2	DL-3	Total
Mathew Ward ABPU	FP C O	111.9	125	21 OUT	200	215	225	3	122.5	130	132.5	357.5	210	225	235	592.5
Tom Oates ABPU	FP C O	123.3	125	22 OUT	230	252.5	-260	3	140	145	150	402.5	240	265	272.5	675
Simon Murphy BPU	FP R O	114.4	125	20 IN	210	225	235	5	165	-172.5	-172.5	400	270	285	-290	685
Brad Scott	FP C O	122.9	125	22 IN	275	-285	0	4	172.5	182.5	185	460	272.5	-292.5	292.5	752.5
Julian Mckerrow ABPU	FP C O	121.3	125	22 OUT	235	245	-255	6	185	-190	-190	430	310	-322.5	-322.5	740
Roy Holte WPC Norway	FP R O M2	124	125	18 RNG	275	295.5	-315	4	212.5	232.5	245	540.5	275	330.5	-360	871
<b>Kamil Kaminski</b>	<b>FP R O</b>	<b>133.1</b>	<b>140</b>	<b>20 IN</b>	340	-350	0	<b>4</b>	230	240	245	<b>585</b>	320	330	0	<b>915</b>
Iain Connor BPU	BO MP O	120.7	125					3	280	-300	-300	0				

4<sup>th</sup> attempts: Roy Holte (Norway) Bench 250kg

World Record: Roy Holte (Norway) 125/Full Power RAW/ M2 : 2<sup>nd</sup> attempt squat: 295.5kg 4<sup>th</sup> attempt bench: 250kg 2<sup>nd</sup> attempt deadlift 330.5kg