

2016 Michigan APF Winter Smash

Presented by: Garrin Clark & Aissa Galang

F3 Fitness

Dearborn Heights, MI
January 9, 2016



Divisions			
Abbrev	Description	Abbrev	Description
M_OR_APF	Male Open Raw APF	F_OR_APF	Female Open Raw APF
M_OR_AAPF	Male Open Raw AAFP	F_OR_AAPF	Female Open Raw AAFP
M_OCR_APF	Male Open Classic Raw APF	F_OCR_APF	Female Open Classic Raw APF
M_OCR_AAPF	Male Open Classic Raw AAFP	F_OCR_AAPF	Female Open Classic Raw AAFP
M_OEM_APF	Male Open Equipped Multiply APF	F_OEM_APF	Female Open Equipped Multiply APF
M_OEM_AAPF	Male Open Equipped Multiply AAFP	F_OEM_AAPF	Female Open Equipped Multiply AAFP
M_OES_APF	Male Open Equipped Single-Ply APF	F_OES_APF	Female Open Equipped Single-Ply APF
M_OES_AAPF	Male Open Equipped Single-Ply AAFP	F_OES_AAPF	Female Open Equipped Single-Ply AAFP
M_TR_1_APF	Male Teen 1 Raw APF: 13-15	F_TR_1_APF	Female Teen 1 Raw APF: 13-15
M_TR_1_AAPF	Male Teen 1 Raw AAFP: 13-15	F_TR_1_AAPF	Female Teen 1 Raw AAFP: 13-15
M_TCR_1_APF	Male Teen 1 Classic Raw APF: 13-15	F_TCR_1_APF	Female Teen 1 Classic Raw APF: 13-15
M_TCR_1_AAPF	Male Teen 1 Classic Raw AAFP: 13-15	F_TCR_1_AAPF	Female Teen 1 Classic Raw AAFP: 13-15
M_TEM_1_APF	Male Teen 1 Equipped Multiply APF: 13-15	F_TEM_1_APF	Female Teen 1 Equipped Multiply APF: 13-15
M_TEM_1_AAPF	Male Teen 1 Equipped Multiply AAFP: 13-15	F_TEM_1_AAPF	Female Teen 1 Equipped Multiply AAFP: 13-15
M_TES_1_APF	Male Teen 1 Equipped Single-Ply APF: 13-15	F_TES_1_APF	Female Teen 1 Equipped Single-Ply APF: 13-15
M_TES_1_AAPF	Male Teen 1 Equipped Single-Ply AAFP: 13-15	F_TES_1_AAPF	Female Teen 1 Equipped Single-Ply AAFP: 13-15
M_TR_2_APF	Male Teen 2 Raw APF: 16-17	F_TR_2_APF	Female Teen 2 Raw APF: 16-17
M_TR_2_AAPF	Male Teen 2 Raw AAFP: 16-17	F_TR_2_AAPF	Female Teen 2 Raw AAFP: 16-17
M_TCR_2_APF	Male Teen 2 Classic Raw APF: 16-17	F_TCR_2_APF	Female Teen 2 Classic Raw APF: 16-17
M_TCR_2_AAPF	Male Teen 2 Classic Raw AAFP: 16-17	F_TCR_2_AAPF	Female Teen 2 Classic Raw AAFP: 16-17
M_TEM_2_APF	Male Teen 2 Equipped Multiply APF: 16-17	F_TEM_2_APF	Female Teen 2 Equipped Multiply APF: 16-17
M_TEM_2_AAPF	Male Teen 2 Equipped Multiply AAFP: 16-17	F_TEM_2_AAPF	Female Teen 2 Equipped Multiply AAFP: 16-17
M_TES_2_APF	Male Teen 2 Equipped Single-Ply APF: 16-17	F_TES_2_APF	Female Teen 2 Equipped Single-Ply APF: 16-17
M_TES_2_AAPF	Male Teen 2 Equipped Single-Ply AAFP: 16-17	F_TES_2_AAPF	Female Teen 2 Equipped Single-Ply AAFP: 16-17
M_TR_3_APF	Male Teen 3 Raw APF: 18-19	F_TR_3_APF	Female Teen 3 Raw APF: 18-19
M_TR_3_AAPF	Male Teen 3 Raw AAFP: 18-19	F_TR_3_AAPF	Female Teen 3 Raw AAFP: 18-19
M_TCR_3_APF	Male Teen 3 Classic Raw APF: 18-19	F_TCR_3_APF	Female Teen 3 Classic Raw APF: 18-19
M_TCR_3_AAPF	Male Teen 3 Classic Raw AAFP: 18-19	F_TCR_3_AAPF	Female Teen 3 Classic Raw AAFP: 18-19
M_TEM_3_APF	Male Teen 3 Equipped Multiply APF: 18-19	F_TEM_3_APF	Female Teen 3 Equipped Multiply APF: 18-19
M_TEM_3_AAPF	Male Teen 3 Equipped Multiply AAFP: 18-19	F_TEM_3_AAPF	Female Teen 3 Equipped Multiply AAFP: 18-19
M_TES_3_APF	Male Teen 3 Equipped Single-Ply APF: 18-19	F_TES_3_APF	Female Teen 3 Equipped Single-Ply APF: 18-19
M_TES_3_AAPF	Male Teen 3 Equipped Single-Ply AAFP: 18-19	F_TES_3_AAPF	Female Teen 3 Equipped Single-Ply AAFP: 18-19
M_JR_APF	Male Junior Raw APF: 20-23	F_JR_APF	Female Junior Raw APF: 20-23
M_JR_AAPF	Male Junior Raw AAFP: 20-23	F_JR_AAPF	Female Junior Raw AAFP: 20-23
M_JCR_APF	Male Junior Classic Raw APF: 20-23	F_JCR_APF	Female Junior Classic Raw APF: 20-23
M_JCR_AAPF	Male Junior Classic Raw AAFP: 20-23	F_JCR_AAPF	Female Junior Classic Raw AAFP: 20-23
M_JEM_APF	Male Junior Equipped Multiply APF: 20-23	F_JEM_APF	Female Junior Equipped Multiply APF: 20-23
M_JEM_AAPF	Male Junior Equipped Multiply AAFP: 20-23	F_JEM_AAPF	Female Junior Equipped Multiply AAFP: 20-23
M_JES_APF	Male Junior Equipped Single-Ply APF: 20-23	F_JES_APF	Female Junior Equipped Single-Ply APF: 20-23
M_JES_AAPF	Male Junior Equipped Single-Ply AAFP: 20-23	F_JES_AAPF	Female Junior Equipped Single-Ply AAFP: 20-23
M_SR_APF	Male Sub-Master Raw APF: 33-39	F_SR_APF	Female Sub-Master Raw APF: 33-39
M_SR_AAPF	Male Sub-Master Raw AAFP: 33-39	F_SR_AAPF	Female Sub-Master Raw AAFP: 33-39
M_SCR_APF	Male Sub-Master Classic Raw APF: 33-39	F_SCR_APF	Female Sub-Master Classic Raw APF: 33-39
M_SCR_AAPF	Male Sub-Master Classic Raw AAFP: 33-39	F_SCR_AAPF	Female Sub-Master Classic Raw AAFP: 33-39
M_SEM_APF	Male Sub-Master Equipped Multiply APF: 33-39	F_SEM_APF	Female Sub-Master Equipped Multiply APF: 33-39
M_SEM_AAPF	Male Sub-Master Equipped Multiply AAFP: 33-39	F_SEM_AAPF	Female Sub-Master Equipped Multiply AAFP: 33-39
M_SES_APF	Male Sub-Master Equipped Single-Ply APF: 33-39	F_SES_APF	Female Sub-Master Equipped Single-Ply APF: 33-39
M_SES_AAPF	Male Sub-Master Equipped Single-Ply AAFP: 33-39	F_SES_AAPF	Female Sub-Master Equipped Single-Ply AAFP: 33-39
M_MR_1_APF	Male Master 1 Raw APF: 40-44	F_MR_1_APF	Female Master 1 Raw APF: 40-44
M_MR_1_AAPF	Male Master 1 Raw AAFP: 40-44	F_MR_1_AAPF	Female Master 1 Raw AAFP: 40-44
M_MCR_1_APF	Male Master 1 Classic Raw APF: 40-44	F_MCR_1_APF	Female Master 1 Classic Raw APF: 40-44
M_MCR_1_AAPF	Male Master 1 Classic Raw AAFP: 40-44	F_MCR_1_AAPF	Female Master 1 Classic Raw AAFP: 40-44
M_MEM_1_APF	Male Master 1 Equipped Multiply APF: 40-44	F_MEM_1_APF	Female Master 1 Equipped Multiply APF: 40-44
M_MEM_1_AAPF	Male Master 1 Equipped Multiply AAFP: 40-44	F_MEM_1_AAPF	Female Master 1 Equipped Multiply AAFP: 40-44
M_MES_1_APF	Male Master 1 Equipped Single-Ply APF: 40-44	F_MES_1_APF	Female Master 1 Equipped Single-Ply APF: 40-44
M_MES_1_AAPF	Male Master 1 Equipped Single-Ply AAFP: 40-44	F_MES_1_AAPF	Female Master 1 Equipped Single-Ply AAFP: 40-44
M_MR_2_APF	Male Master 2 Raw APF: 45-49	F_MR_2_APF	Female Master 2 Raw APF: 45-49
M_MR_2_AAPF	Male Master 2 Raw AAFP: 45-49	F_MR_2_AAPF	Female Master 2 Raw AAFP: 45-49
M_MCR_2_APF	Male Master 2 Classic Raw APF: 45-49	F_MCR_2_APF	Female Master 2 Classic Raw APF: 45-49
M_MCR_2_AAPF	Male Master 2 Classic Raw AAFP: 45-49	F_MCR_2_AAPF	Female Master 2 Classic Raw AAFP: 45-49
M_MEM_2_APF	Male Master 2 Equipped Multiply APF: 45-49	F_MEM_2_APF	Female Master 2 Equipped Multiply APF: 45-49
M_MEM_2_AAPF	Male Master 2 Equipped Multiply AAFP: 45-49	F_MEM_2_AAPF	Female Master 2 Equipped Multiply AAFP: 45-49
M_MES_2_APF	Male Master 2 Equipped Single-Ply APF: 45-49	F_MES_2_APF	Female Master 2 Equipped Single-Ply APF: 45-49
M_MES_2_AAPF	Male Master 2 Equipped Single-Ply AAFP: 45-49	F_MES_2_AAPF	Female Master 2 Equipped Single-Ply AAFP: 45-49
M_MR_3_APF	Male Master 3 Raw APF: 50-54	F_MR_3_APF	Female Master 3 Raw APF: 50-54
M_MR_3_AAPF	Male Master 3 Raw AAFP: 50-54	F_MR_3_AAPF	Female Master 3 Raw AAFP: 50-54
M_MCR_3_APF	Male Master 3 Classic Raw APF: 50-54	F_MCR_3_APF	Female Master 3 Classic Raw APF: 50-54
M_MCR_3_AAPF	Male Master 3 Classic Raw AAFP: 50-54	F_MCR_3_AAPF	Female Master 3 Classic Raw AAFP: 50-54
M_MEM_3_APF	Male Master 3 Equipped Multiply APF: 50-54	F_MEM_3_APF	Female Master 3 Equipped Multiply APF: 50-54
M_MEM_3_AAPF	Male Master 3 Equipped Multiply AAFP: 50-54	F_MEM_3_AAPF	Female Master 3 Equipped Multiply AAFP: 50-54
M_MES_3_APF	Male Master 3 Equipped Single-Ply APF: 50-54	F_MES_3_APF	Female Master 3 Equipped Single-Ply APF: 50-54
M_MES_3_AAPF	Male Master 3 Equipped Single-Ply AAFP: 50-54	F_MES_3_AAPF	Female Master 3 Equipped Single-Ply AAFP: 50-54
M_MR_4_APF	Male Master 4 Raw APF: 55-59	F_MR_4_APF	Female Master 4 Raw APF: 55-59
M_MR_4_AAPF	Male Master 4 Raw AAFP: 55-59	F_MR_4_AAPF	Female Master 4 Raw AAFP: 55-59
M_MCR_4_APF	Male Master 4 Classic Raw APF: 55-59	F_MCR_4_APF	Female Master 4 Classic Raw APF: 55-59
M_MCR_4_AAPF	Male Master 4 Classic Raw AAFP: 55-59	F_MCR_4_AAPF	Female Master 4 Classic Raw AAFP: 55-59
M_MEM_4_APF	Male Master 4 Equipped Multiply APF: 55-59	F_MEM_4_APF	Female Master 4 Equipped Multiply APF: 55-59
M_MEM_4_AAPF	Male Master 4 Equipped Multiply AAFP: 55-59	F_MEM_4_AAPF	Female Master 4 Equipped Multiply AAFP: 55-59
M_MES_4_APF	Male Master 4 Equipped Single-Ply APF: 55-59	F_MES_4_APF	Female Master 4 Equipped Single-Ply APF: 55-59
M_MES_4_AAPF	Male Master 4 Equipped Single-Ply AAFP: 55-59	F_MES_4_AAPF	Female Master 4 Equipped Single-Ply AAFP: 55-59
M_MR_5_APF	Male Master 5 Raw APF: 60-64	F_MR_5_APF	Female Master 5 Raw APF: 60-64
M_MR_5_AAPF	Male Master 5 Raw AAFP: 60-64	F_MR_5_AAPF	Female Master 5 Raw AAFP: 60-64
M_MCR_5_APF	Male Master 5 Classic Raw APF: 60-64	F_MCR_5_APF	Female Master 5 Classic Raw APF: 60-64
M_MCR_5_AAPF	Male Master 5 Classic Raw AAFP: 60-64	F_MCR_5_AAPF	Female Master 5 Classic Raw AAFP: 60-64
M_MEM_5_APF	Male Master 5 Equipped Multiply APF: 60-64	F_MEM_5_APF	Female Master 5 Equipped Multiply APF: 60-64
M_MEM_5_AAPF	Male Master 5 Equipped Multiply AAFP: 60-64	F_MEM_5_AAPF	Female Master 5 Equipped Multiply AAFP: 60-64
M_MES_5_APF	Male Master 5 Equipped Single-Ply APF: 60-64	F_MES_5_APF	Female Master 5 Equipped Single-Ply APF: 60-64
M_MES_5_AAPF	Male Master 5 Equipped Single-Ply AAFP: 60-64	F_MES_5_AAPF	Female Master 5 Equipped Single-Ply AAFP: 60-64
M_MR_6_APF	Male Master 6 Raw APF: 65-69	F_MR_6_APF	Female Master 6 Raw APF: 65-69
M_MR_6_AAPF	Male Master 6 Raw AAFP: 65-69	F_MR_6_AAPF	Female Master 6 Raw AAFP: 65-69
M_MCR_6_APF	Male Master 6 Classic Raw APF: 65-69	F_MCR_6_APF	Female Master 6 Classic Raw APF: 65-69
M_MCR_6_AAPF	Male Master 6 Classic Raw AAFP: 65-69	F_MCR_6_AAPF	Female Master 6 Classic Raw AAFP: 65-69
M_MEM_6_APF	Male Master 6 Equipped Multiply APF: 65-69	F_MEM_6_APF	Female Master 6 Equipped Multiply APF: 65-69
M_MEM_6_AAPF	Male Master 6 Equipped Multiply AAFP: 65-69	F_MEM_6_AAPF	Female Master 6 Equipped Multiply AAFP: 65-69
M_MES_6_APF	Male Master 6 Equipped Single-Ply APF: 65-69	F_MES_6_APF	Female Master 6 Equipped Single-Ply APF: 65-69
M_MES_6_AAPF	Male Master 6 Equipped Single-Ply AAFP: 65-69	F_MES_6_AAPF	Female Master 6 Equipped Single-Ply AAFP: 65-69
M_MR_7_APF	Male Master 7 Raw APF: 70-74	F_MR_7_APF	Female Master 7 Raw APF: 70-74
M_MR_7_AAPF	Male Master 7 Raw AAFP: 70-74	F_MR_7_AAPF	Female Master 7 Raw AAFP: 70-74
M_MCR_7_APF	Male Master 7 Classic Raw APF: 70-74	F_MCR_7_APF	Female Master 7 Classic Raw APF: 70-74
M_MCR_7_AAPF	Male Master 7 Classic Raw AAFP: 70-74	F_MCR_7_AAPF	Female Master 7 Classic Raw AAFP: 70-74
M_MEM_7_APF	Male Master 7 Equipped Multiply APF: 70-74	F_MEM_7_APF	Female Master 7 Equipped Multiply APF: 70-74
M_MEM_7_AAPF	Male Master 7 Equipped Multiply AAFP: 70-74	F_MEM_7_AAPF	Female Master 7 Equipped Multiply AAFP: 70-74
M_MES_7_APF	Male Master 7 Equipped Single-Ply APF: 70-74	F_MES_7_APF	Female Master 7 Equipped Single-Ply APF: 70-74
M_MES_7_AAPF	Male Master 7 Equipped Single-Ply AAFP: 70-74	F_MES_7_AAPF	Female Master 7 Equipped Single-Ply AAFP: 70-74
M_MR_8_APF	Male Master 8 Raw APF: 75-79	F_MR_8_APF	Female Master 8 Raw APF: 75-79
M_MR_8_AAPF	Male Master 8 Raw AAFP: 75-79	F_MR_8_AAPF	Female Master 8 Raw AAFP: 75-79
M_MCR_8_APF	Male Master 8 Classic Raw APF: 75-79	F_MCR_8_APF	Female Master 8 Classic Raw APF: 75-79
M_MCR_8_AAPF	Male Master 8 Classic Raw AAFP: 75-79	F_MCR_8_AAPF	Female Master 8 Classic Raw AAFP: 75-79
M_MEM_8_APF	Male Master 8 Equipped Multiply APF: 75-79	F_MEM_8_APF	Female Master 8 Equipped Multiply APF: 75-79
M_MEM_8_AAPF	Male Master 8 Equipped Multiply AAFP: 75-79	F_MEM_8_AAPF	Female Master 8 Equipped Multiply AAFP: 75-79
M_MES_8_APF	Male Master 8 Equipped Single-Ply APF: 75-79	F_MES_8_APF	Female Master 8 Equipped Single-Ply APF: 75-79
M_MES_8_AAPF	Male Master 8 Equipped Single-Ply AAFP: 75-79	F_MES_8_AAPF	Female Master 8 Equipped Single-Ply AAFP: 75-79
M_MR_9_APF	Male Master 9 Raw APF: 80+	F_MR_9_APF	Female Master 9 Raw APF: 80+
M_MR_9_AAPF	Male Master 9 Raw AAFP: 80+	F_MR_9_AAPF	Female Master 9 Raw AAFP: 80+
M_MCR_9_APF	Male Master 9 Classic Raw APF: 80+	F_MCR_9_APF	Female Master 9 Classic Raw APF: 80+
M_MCR_9_AAPF	Male Master 9 Classic Raw AAFP: 80+	F_MCR_9_AAPF	Female Master 9 Classic Raw AAFP: 80+
M_MEM_9_APF	Male Master 9 Equipped Multiply APF: 80+	F_MEM_9_APF	Female Master 9 Equipped Multiply APF: 80+
M_MEM_9_AAPF	Male Master 9 Equipped Multiply AAFP: 80+	F_MEM_9_AAPF	Female Master 9 Equipped Multiply AAFP: 80+
M_MES_9_APF	Male Master 9 Equipped Single-Ply APF: 80+	F_MES_9_APF	Female Master 9 Equipped Single-Ply APF: 80+
M_MES_9_AAPF	Male Master 9 Equipped Single-Ply AAFP: 80+	F_MES_9_AAPF	Female Master 9 Equipped Single-Ply AAFP: 80+

9-Jan-16

2016 Michigan APF Winter Smash - Bench Only - Lb Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Coeff Score	Age & Coeff	PI-Div-WtCI	Team	Notes
Albo, Joshua	19	M_TR_3_AAPF	231.6	242	0.5705	365	385	-400	385	219.6425	0.0000	1-M_TR_3_AAPF-242	Team Albo	
Bomia, Beth (BP_apf)	46	F_MR_2_APF	186.4	198	0.7747	110	115	125	125	96.8313	103.4158	1-F_MR_2_APF-198	Team F3	
Brendel, Larry	38	M_SR_APF	254.6	275	0.5557	405	440	-470	440	244.4860	0.0000	1-M_SR_APF-275	Highland Barbell	
Dudek, Liz (BP_master_4)	58	F_MR_4_APF	131.6	132	0.9916	160	165	-170	165	163.6140	211.2257	1-F_MR_4_APF-132	Team Turbine	Female Best Bench
Dudek, Liz (BP_open)	58	F_OR_APF	131.6	132	0.9916	160	165	-170	165	163.6140	211.2257	1-F_OR_APF-132	Team Turbine	
Hassan, Adam (aapf_BP_subm)	34	M_SR_AAPF	163.8	165	0.6934	-230	235	-245	235	162.9373	0.0000	1-M_SR_AAPF-165		
Hassan, Adam (BP_open)	34	M_OR_AAPF	163.8	165	0.6934	-230	235	-245	235	162.9373	0.0000	1-M_OR_AAPF-165		
Hughes, Steven	39	M_SR_AAPF	270.8	275	0.5480	355	380	-405	380	208.2400	0.0000	1-M_SR_AAPF-275		
Kimberly, Murphy (aapf_BP)	47	F_MR_2_AAPF	156.2	165	0.8687	80	95	-130	95	82.5265	89.2937	1-F_MR_2_AAPF-165	Flint Barbell Club	
Kimberly, Murphy (apf_BP)	47	F_MR_2_APF	156.2	165	0.8687	80	95	-130	95	82.5265	89.2937	1-F_MR_2_APF-165	Flint Barbell Club	
Marentette, Jerry (BP)	59	M_MR_5_AAPF	179.6	181	0.6498	260	275	285	285	185.1788	243.5101	1-M_MR_5_AAPF-181		
Marentette, Jerry (BP_ES)	59	M_MES_5_AAPF	179.6	181	0.6498	260	275	285	285	185.1788	243.5101	1-M_MES_5_AAPF-181		
Minnich, Anthony (BP)	25	M_OR_APF	179.8	181	0.6493	290	325	340	340	220.7450	0.0000	1-M_OR_APF-181	Minnich Barbell	
Ogurek, Matthew	42	M_MES_1_AAPF	235.8	242	0.5671	-475	475	500	500	283.5500	289.2210	1-M_MES_1_AAPF-242		
Perry, Adam (BP_aapf)	38	M_OR_AAPF	269.4	275	0.5487	500	540	565	565	309.9873	0.0000	1-M_OR_AAPF-275	Team Perry	Men Best Bench
Perry, Adam (BP_apf)	38	M_OR_APF	269.4	275	0.5487	500	540	565	565	309.9873	0.0000	1-M_OR_APF-275	Team Perry	
Rausch, Brian (BP_open)	37	M_OR_APF	257.8	275	0.5546	350	375	-400	375	207.9750	0.0000	2-M_OR_APF-275		
Rausch, Brian (BP_subm)	37	M_SR_APF	257.8	275	0.5546	350	375	-400	375	207.9750	0.0000	2-M_SR_APF-275		
Ripley, Greg (BP_master_4)	55	M_MR_4_APF	163.6	165	0.6940	240	265	280	280	194.3200	238.0420	1-M_MR_4_APF-165	Motor City Barbell	
Ripley, Greg (BP_open)	55	M_OR_APF	163.6	165	0.6940	240	265	280	280	194.3200	238.0420	1-M_OR_APF-165	Motor City Barbell	
Rodriguez, Danny	30	M_OEM_APF	266.6	275	0.5505	435	455	480	480	264.2400	0.0000	1-M_OEM_APF-275	Exile Barbell	
Shiple, Cliff (aapf_BP_es)	56	M_MES_4_AAPF	173.6	181	0.6652	210	225	230	230	152.9960	190.6330	1-M_MES_4_AAPF-181	Team REPZ	
Stamper, Wally	53	M_MR_3_APF	235.6	242	0.5681	360	385	400	400	227.2200	269.0285	1-M_MR_3_APF-242		
Voigt IV, Ray	24	M_OES_APF	304.2	308	0.5328	505	-535	535	535	285.0480	0.0000	1-M_OES_APF-308	Viking Powerlifting	
Wilson, Mark	57	M_MR_4_AAPF	257.8	275	0.5546	315	350	-360	350	194.1100	246.1315	1-M_MR_4_AAPF-275		
Wood, Kitty (aapf_BP)	47	F_MR_2_AAPF	121.8	123	1.0561	75	85	90	90	95.0490	102.8430	1-F_MR_2_AAPF-123	Motor City Barbell	
Wood, Kitty (apf_BP)	47	F_MR_2_APF	121.8	123	1.0561	75	85	90	90	95.0490	102.8430	1-F_MR_2_APF-123	Motor City Barbell	

9-Jan-16

2016 Michigan APF Winter Smash - Bench Only - Kg Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Coeff Score	Age & Coeff	PI-Div-WtCI	Team	Notes
Albo, Joshua	19	M_TR_3_AAPF	231.6	242	0.5705	165.56	174.63	-181.44	174.63	219.6425	0.0000	1-M_TR_3_AAPF-242	Team Albo	
Bomia, Beth (BP_apf)	46	F_MR_2_APF	186.4	198	0.7747	49.90	52.16	56.70	56.70	96.8313	103.4158	1-F_MR_2_APF-198	Team F3	
Brendel, Larry	38	M_SR_APF	254.6	275	0.5557	183.71	199.58	-213.19	199.58	244.4860	0.0000	1-M_SR_APF-275	Highland Barbell	
Dudek, Liz (BP_master_4)	58	F_MR_4_APF	131.6	132	0.9916	72.58	74.84	-77.11	74.84	163.6140	211.2257	1-F_MR_4_APF-132	Team Turbine	Female Best Bench
Dudek, Liz (BP_open)	58	F_OR_APF	131.6	132	0.9916	72.58	74.84	-77.11	74.84	163.6140	211.2257	1-F_OR_APF-132	Team Turbine	
Hassan, Adam (aapf_BP_subm)	34	M_SR_AAPF	163.8	165	0.6934	-104.33	106.60	-111.13	106.60	162.9373	0.0000	1-M_SR_AAPF-165		
Hassan, Adam (BP_open)	34	M_OR_AAPF	163.8	165	0.6934	-104.33	106.60	-111.13	106.60	162.9373	0.0000	1-M_OR_AAPF-165		
Hughes, Steven	39	M_SR_AAPF	270.8	275	0.5480	161.03	172.37	-183.71	172.37	208.2400	0.0000	1-M_SR_AAPF-275		
Kimberly, Murphy (aapf_BP)	47	F_MR_2_AAPF	156.2	165	0.8687	36.29	43.09	-58.97	43.09	82.5265	89.2937	1-F_MR_2_AAPF-165	Flint Barbell Club	
Kimberly, Murphy (apf_BP)	47	F_MR_2_APF	156.2	165	0.8687	36.29	43.09	-58.97	43.09	82.5265	89.2937	1-F_MR_2_APF-165	Flint Barbell Club	
Marentette, Jerry (BP)	59	M_MR_5_AAPF	179.6	181	0.6498	117.94	124.74	129.28	129.28	185.1788	243.5101	1-M_MR_5_AAPF-181		
Marentette, Jerry (BP_ES)	59	M_MES_5_AAPF	179.6	181	0.6498	117.94	124.74	129.28	129.28	185.1788	243.5101	1-M_MES_5_AAPF-181		
Minnich, Anthony (BP)	25	M_OR_APF	179.8	181	0.6493	131.54	147.42	154.22	154.22	220.7450	0.0000	1-M_OR_APF-181	Minnich Barbell	
Ogurek, Matthew	42	M_MES_1_AAPF	235.8	242	0.5671	-215.46	215.46	226.80	226.80	283.5500	289.2210	1-M_MES_1_AAPF-242		
Perry, Adam (BP_aapf)	38	M_OR_AAPF	269.4	275	0.5487	226.80	244.94	256.28	256.28	309.9873	0.0000	1-M_OR_AAPF-275	Team Perry	Men Best Bench
Perry, Adam (BP_apf)	38	M_OR_APF	269.4	275	0.5487	226.80	244.94	256.28	256.28	309.9873	0.0000	1-M_OR_APF-275	Team Perry	
Rausch, Brian (BP_open)	37	M_OR_APF	257.8	275	0.5546	158.76	170.10	-181.44	170.10	207.9750	0.0000	2-M_OR_APF-275		
Rausch, Brian (BP_subm)	37	M_SR_APF	257.8	275	0.5546	158.76	170.10	-181.44	170.10	207.9750	0.0000	2-M_SR_APF-275		
Ripley, Greg (BP_master_4)	55	M_MR_4_APF	163.6	165	0.6940	108.86	120.20	127.01	127.01	194.3200	238.0420	1-M_MR_4_APF-165	Motor City Barbell	
Ripley, Greg (BP_open)	55	M_OR_APF	163.6	165	0.6940	108.86	120.20	127.01	127.01	194.3200	238.0420	1-M_OR_APF-165	Motor City Barbell	
Rodriguez, Danny	30	M_OEM_APF	266.6	275	0.5505	197.31	206.39	217.73	217.73	264.2400	0.0000	1-M_OEM_APF-275	Exile Barbell	
Shiple, Cliff (aapf_BP_es)	56	M_MES_4_AAPF	173.6	181	0.6652	95.26	102.06	104.33	104.33	152.9960	190.6330	1-M_MES_4_AAPF-181	Team REPZ	
Stamper, Wally	53	M_MR_3_APF	235.6	242	0.5681	163.29	174.63	181.44	181.44	227.2200	269.0285	1-M_MR_3_APF-242		
Voigt IV, Ray	24	M_OES_APF	304.2	308	0.5328	229.07	-242.67	242.67	242.67	285.0480	0.0000	1-M_OES_APF-308	Viking Powerlifting	
Wilson, Mark	57	M_MR_4_AAPF	257.8	275	0.5546	142.88	158.76	-163.29	158.76	194.1100	246.1315	1-M_MR_4_AAPF-275		
Wood, Kitty (aapf_BP)	47	F_MR_2_AAPF	121.8	123	1.0561	34.02	38.56	40.82	40.82	95.0490	102.8430	1-F_MR_2_AAPF-123	Motor City Barbell	
Wood, Kitty (apf_BP)	47	F_MR_2_APF	121.8	123	1.0561	34.02	38.56	40.82	40.82	95.0490	102.8430	1-F_MR_2_APF-123	Motor City Barbell	

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2016 Michigan APF Winter Smash - Deadlift Only - Lb Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Coeff Score	Age & Coeff	PI-Div-WtCl	Team	Notes
Bashara, Theresa	19	F_TR_3_AAPF	145.8	148	0.9145	225	250	275	275	251.4875	0.0000	1-F_TR_3_AAPF-148		
Bomia, Beth (DL_aapf)	46	F_MR_2_AAPF	186.4	198	0.77465	235	245	265	265	205.2823	219.2414	1-F_MR_2_AAPF-198	Team F3	
Bomia, Beth (DL_apf)	46	F_MR_2_APF	186.4	198	0.77465	235	245	265	265	205.2823	219.2414	1-F_MR_2_APF-198	Team F3	
Brill, Clint	24	M_OR_AAPF	196.6	198	0.6149	585	635	-650	635	390.4615	0.0000	1-M_OR_AAPF-198		
Floreno, Kristin	33	F_SR_AAPF	102.8	105	1.2058	190	205	220	220	265.2760	0.0000	1-F_SR_AAPF-105	Motor City Barbell	
Gillette, Ashley	22	F_JR_AAPF	152.8	165	0.88265	270	300	315	315	278.0348	0.0000	1-F_JR_AAPF-165		
Hassan, Adam (aapf_DL_subm)	34	M_SR_AAPF	163.8	165	0.69335	350	395	415	415	287.7403	0.0000	1-M_SR_AAPF-165		
Hassan, Adam (DL_open)	34	M_OR_AAPF	163.8	165	0.69335	350	395	415	415	287.7403	0.0000	1-M_OR_AAPF-165		
Hughes, Lewis	79	M_MR_8_AAPF	161.6	165	0.70045	210	220	-230	220	154.0990	308.9685	1-M_MR_8_AAPF-165		
Jelnek, Bernie (DL_raw)	54	M_MR_3_APF	232.6	242	0.56975	500	540	580	580	330.4550	397.8678	1-M_MR_3_APF-242		
Jelnek, Bernie (DL_ES)	54	M_MES_3_APF	232.6	242	0.56975	500	540	580	580	330.4550	397.8678	1-M_MES_3_APF-242		
Kimberly, Murphy (aapf_DL)	47	F_MR_2_AAPF	156.2	165	0.8687	240	0	0	240	208.4880	225.5840	1-F_MR_2_AAPF-165	Flint Barbell Club	
Kimberly, Murphy (apf_DL)	47	F_MR_2_APF	156.2	165	0.8687	240	0	0	240	208.4880	225.5840	1-F_MR_2_APF-165	Flint Barbell Club	
Looney, Janice (aapf)	46	F_MR_2_AAPF	139.4	148	0.94745	255	265	280	280	265.2860	283.3254	1-F_MR_2_AAPF-148	Team F3	Female Best Deadlift
Looney, Janice (apf)	46	F_MR_2_APF	139.4	148	0.94745	255	265	280	280	265.2860	283.3254	1-F_MR_2_APF-148	Team F3	
Marentette, Jerry (DL)	59	M_MR_5_AAPF	179.6	181	0.64975	500	0	0	500	324.8750	427.2106	1-M_MR_5_AAPF-181		
Marentette, Jerry (DL_ES)	59	M_MES_5_AAPF	179.6	181	0.64975	500	540	560	560	363.8600	478.4759	1-M_MES_5_AAPF-181		
Minnich, Anthony (DL)	25	M_OR_APF	179.8	181	0.64925	450	475	505	505	327.8713	0.0000	1-M_OR_APF-181	Minnich Barbell	
Ruiz, Eddie	61	M_MR_5_APF	191.2	198	0.6251	470	510	525	525	328.1775	448.2905	1-M_MR_5_APF-198		Men Best Deadlift
Shiple, Cliff (aapf_DL_es)	56	M_OES_AAPF	173.6	181	0.6652	365	405	445	445	296.0140	368.8334	1-M_OES_AAPF-181	Team REPZ	
Shiple, Cliff (aapf_DL_raw)	56	M_MR_4_AAPF	173.6	181	0.6652	365	405	445	445	296.0140	368.8334	1-M_MR_4_AAPF-181	Team REPZ	
Shiple, Cliff (aapf_MDL_es)	56	M_MES_4_AAPF	173.6	181	0.6652	365	405	445	445	296.0140	368.8334	1-M_MES_4_AAPF-181	Team REPZ	
Shiple, Cliff (apf_DL_es)	56	M_MES_4_APF	173.6	181	0.6652	365	405	445	445	296.0140	368.8334	1-M_MES_4_APF-181	Team REPZ	
Shiple, Cliff (apf_DL_raw)	56	M_MR_4_APF	173.6	181	0.6652	365	405	445	445	296.0140	368.8334	1-M_MR_4_APF-181	Team REPZ	
Styczynski, Daniel	25	M_OR_APF	160.2	165	0.70485	485	-525	-525	485	341.8523	0.0000	1-M_OR_APF-165	Michigan Barbenders	
Taylor, Brenna	19	F_TR_3_AAPF	205.2	SHW	0.7366	280	300	320	320	235.7120	0.0000	1-F_TR_3_AAPF-SHW	Team Armageddon	
Vu, Brandon	20	M_JR_APF	162.2	165	0.6983	495	545	-585	545	380.5735	0.0000	1-M_JR_APF-165	Double A Barbell	
Wood, John	51	M_MR_3_APF	185.8	198	0.63585	500	530	550	550	349.7175	401.1260	1-M_MR_3_APF-198	Motor City Barbell	

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2016 Michigan APF Winter Smash - Deadlift Only - Kg Results

Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Coeff Score	Age & Coeff	PI-Div-WtCl	Team	Notes
Bashara, Theresa	19	F_TR_3_AAPF	145.8	148	0.9145	102.06	113.40	124.74	124.74	251.4875	0.0000	1-F_TR_3_AAPF-148		
Bomia, Beth (DL_aapf)	46	F_MR_2_AAPF	186.4	198	0.77465	106.60	111.13	120.20	120.20	205.2823	219.2414	1-F_MR_2_AAPF-198	Team F3	
Bomia, Beth (DL_apf)	46	F_MR_2_APF	186.4	198	0.77465	106.60	111.13	120.20	120.20	205.2823	219.2414	1-F_MR_2_APF-198	Team F3	
Brill, Clint	24	M_OR_AAPF	196.6	198	0.6149	265.35	288.03	-294.84	288.03	390.4615	0.0000	1-M_OR_AAPF-198		
Floreno, Kristin	33	F_SR_AAPF	102.8	105	1.2058	86.18	92.99	99.79	99.79	265.2760	0.0000	1-F_SR_AAPF-105	Motor City Barbell	
Gillette, Ashley	22	F_JR_AAPF	152.8	165	0.88265	122.47	136.08	142.88	142.88	278.0348	0.0000	1-F_JR_AAPF-165		
Hassan, Adam (aapf_DL_subm)	34	M_SR_AAPF	163.8	165	0.69335	158.76	179.17	188.24	188.24	287.7403	0.0000	1-M_SR_AAPF-165		
Hassan, Adam (DL_open)	34	M_OR_AAPF	163.8	165	0.69335	158.76	179.17	188.24	188.24	287.7403	0.0000	1-M_OR_AAPF-165		
Hughes, Lewis	79	M_MR_8_AAPF	161.6	165	0.70045	95.26	99.79	-104.33	99.79	154.0990	308.9685	1-M_MR_8_AAPF-165		
Jelnek, Bernie (DL_raw)	54	M_MR_3_APF	232.6	242	0.56975	226.80	244.94	263.09	263.09	330.4550	397.8678	1-M_MR_3_APF-242		
Jelnek, Bernie (DL_ES)	54	M_MES_3_APF	232.6	242	0.56975	226.80	244.94	263.09	263.09	330.4550	397.8678	1-M_MES_3_APF-242		
Kimberly, Murphy (aapf_DL)	47	F_MR_2_AAPF	156.2	165	0.8687	108.86	0.00	0.00	108.86	208.4880	225.5840	1-F_MR_2_AAPF-165	Flint Barbell Club	
Kimberly, Murphy (apf_DL)	47	F_MR_2_APF	156.2	165	0.8687	108.86	0.00	0.00	108.86	208.4880	225.5840	1-F_MR_2_APF-165	Flint Barbell Club	
Looney, Janice (aapf)	46	F_MR_2_AAPF	139.4	148	0.94745	115.67	120.20	127.01	127.01	265.2860	283.3254	1-F_MR_2_AAPF-148	Team F3	Female Best Deadlift
Looney, Janice (apf)	46	F_MR_2_APF	139.4	148	0.94745	115.67	120.20	127.01	127.01	265.2860	283.3254	1-F_MR_2_APF-148	Team F3	
Marentette, Jerry (DL)	59	M_MR_5_AAPF	179.6	181	0.64975	226.80	0.00	0.00	226.80	324.8750	427.2106	1-M_MR_5_AAPF-181		
Marentette, Jerry (DL_ES)	59	M_MES_5_AAPF	179.6	181	0.64975	226.80	244.94	254.01	254.01	363.8600	478.4759	1-M_MES_5_AAPF-181		
Minnich, Anthony (DL)	25	M_OR_APF	179.8	181	0.64925	204.12	215.46	229.07	229.07	327.8713	0.0000	1-M_OR_APF-181	Minnich Barbell	
Ruiz, Eddie	61	M_MR_5_APF	191.2	198	0.6251	213.19	231.33	238.14	238.14	328.1775	448.2905	1-M_MR_5_APF-198		Men Best Deadlift
Shiple, Cliff (aapf_DL_es)	56	M_OES_AAPF	173.6	181	0.6652	165.56	183.71	201.85	201.85	296.0140	368.8334	1-M_OES_AAPF-181	Team REPZ	
Shiple, Cliff (aapf_DL_raw)	56	M_MR_4_AAPF	173.6	181	0.6652	165.56	183.71	201.85	201.85	296.0140	368.8334	1-M_MR_4_AAPF-181	Team REPZ	
Shiple, Cliff (aapf_MDL_es)	56	M_MES_4_AAPF	173.6	181	0.6652	165.56	183.71	201.85	201.85	296.0140	368.8334	1-M_MES_4_AAPF-181	Team REPZ	
Shiple, Cliff (apf_DL_es)	56	M_MES_4_APF	173.6	181	0.6652	165.56	183.71	201.85	201.85	296.0140	368.8334	1-M_MES_4_APF-181	Team REPZ	
Shiple, Cliff (apf_DL_raw)	56	M_MR_4_APF	173.6	181	0.6652	165.56	183.71	201.85	201.85	296.0140	368.8334	1-M_MR_4_APF-181	Team REPZ	
Styczynski, Daniel	25	M_OR_APF	160.2	165	0.70485	219.99	-238.14	-238.14	219.99	341.8523	0.0000	1-M_OR_APF-165	Michigan Barbenders	
Taylor, Brenna	19	F_TR_3_AAPF	205.2	SHW	0.7366	127.01	136.08	145.15	145.15	235.7120	0.0000	1-F_TR_3_AAPF-SHW	Team Armageddon	
Vu, Brandon	20	M_JR_APF	162.2	165	0.6983	224.53	247.21	-265.35	247.21	380.5735	0.0000	1-M_JR_APF-165	Double A Barbell	
Wood, John	51	M_MR_3_APF	185.8	198	0.63585	226.80	240.41	249.48	249.48	349.7175	401.1260	1-M_MR_3_APF-198	Motor City Barbell	

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2016 Michigan APF Winter Smash - Push Pull - Lb Results

Name	Age	Div	BWt (Lb)	WCIs (Lb)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total	Coeff Score	Age & Coeff	PI-Div-WCI	Team	Notes
Adlen, Martin (junior)	23	M_JR_AAPF	212.8	220	0.5905	270	285	-300	285	425	460	485	485	770	454.6850	0.0000	1-M_JR_AAPF-220	Motor City Barbell	
Adlen, Martin (open)	23	M_OR_AAPF	212.8	220	0.5905	270	285	-300	285	425	460	485	485	770	454.6850	0.0000	1-M_OR_AAPF-220	Motor City Barbell	
Barr, Amanda (aapf)	20	F_JR_AAPF	141	148	0.93805	115	-120	120	120	230	245	-265	245	365	342.3883	0.0000	1-F_JR_AAPF-148	Team F3	
Barr, Amanda (apf)	20	F_JR_APF	141	148	0.93805	115	-120	120	120	230	245	-265	245	365	342.3883	0.0000	1-F_JR_APF-148	Team F3	
Beavers, Alan	23	M_JR_AAPF	222.4	242	0.58035	315	330	350	350	585	620	650	650	1000	580.3500	0.0000	1-M_JR_AAPF-242		
Bell, Ross	30	M_OR_AAPF	245.8	275	0.56045	265	285	305	305	405	435	465	465	770	431.5465	0.0000	1-M_OR_AAPF-275		
Branch, Tyler	20	M_JR_AAPF	227.6	242	0.5742	-275	290	-310	290	485	530	-615	530	820	470.8440	0.0000	2-M_JR_AAPF-242		
Burnison, Devin	18	M_TR_3_AAPF	215.8	220	0.58805	245	265	285	285	415	440	465	465	750	441.0375	0.0000	1-M_TR_3_AAPF-220	Saiyan Strength Systems	
Duff, Matt	38	M_SR_APF	192.4	198	0.6226	250	275	-300	275	350	410	450	450	725	451.3850	0.0000	1-M_SR_APF-198		
Gliniecki, Kristen	23	F_JR_APF	160.2	165	0.85385	-85	85	-95	85	150	170	200	200	285	243.3473	0.0000	1-F_JR_APF-165	Unapologetically Powerful	
Goodell, Kali (AAPF)	27	F_OR_AAPF	123.2	123	1.0454	-120	-125	-125	0	235	255	275	275	0	0.0000	0.0000	0		
Goodell, Kali (APF)	27	F_OR_APF	123.2	123	1.0454	-120	-125	-125	0	235	255	275	275	0	0.0000	0.0000	0		
Goss, Jeremy	28	M_OR_AAPF	195.8	198	0.61645	300	-330	330	330	570	610	640	640	970	597.9565	0.0000	1-M_OR_AAPF-198		
Hassan, Adam (aapf_subm)	34	M_SR_AAPF	163.8	165	0.69335	-230	235	-245	235	350	395	415	415	650	450.6775	0.0000	1-M_SR_AAPF-165		
Hassan, Adam (open_pp)	34	M_OR_AAPF	163.8	165	0.69335	-230	235	-245	235	350	395	415	415	650	450.6775	0.0000	1-M_OR_AAPF-165		
Hazel, Allison	22	F_JR_AAPF	153	165	0.88175	140	150	-165	150	300	320	-335	320	470	414.4225	0.0000	1-F_JR_AAPF-165	Team Armageddon	
Healy, Justin (aapf)	35	M_OEM_AAPF	272	275	0.5473	475	500	520	520	625	645	-665	645	1165	637.6045	0.0000	1-M_OEM_AAPF-275	Team Hybred	
Healy, Justin (apf)	35	M_OEM_APF	272	275	0.5473	475	500	520	520	625	645	-665	645	1165	637.6045	0.0000	1-M_OEM_APF-275	Team Hybred	
Hunwick, Jeff (aapf)	28	M_OR_AAPF	215.2	220	0.58745	-255	265	280	280	375	400	425	425	705	414.1523	0.0000	3-M_OR_AAPF-220		
Hunwick, Jeff (apf)	28	M_OR_APF	215.2	220	0.58745	-255	265	280	280	375	400	425	425	705	414.1523	0.0000	3-M_OR_APF-220		
Kimberly, Murphy (aapf)	47	F_MR_2_AAPF	156.2	165	0.8687	80	95	-130	95	240	0	0	240	335	291.0145	314.8777	1-F_MR_2_AAPF-165	Flint Barbell Club	
Kimberly, Murphy (apf)	47	F_MR_2_APF	156.2	165	0.8687	80	95	-130	95	240	0	0	240	335	291.0145	314.8777	1-F_MR_2_APF-165	Flint Barbell Club	
Kinney, Josh	31	M_OR_AAPF	193.8	198	0.62225	345	-370	-370	345	-465	465	510	510	855	532.0238	0.0000	2-M_OR_AAPF-198	Michigan Barbenders	
Krey, Chris	25	M_OR_APF	193.2	198	0.62135	290	-310	320	320	450	480	510	510	830	515.7205	0.0000	1-M_OR_APF-198		
Langdon, Nora	73	F_MES_7_AAPF	196.6	198	0.75115	160	170	180	180	310	330	360	360	540	405.6210	712.2705	1-F_MES_7_AAPF-198	Team Armageddon	Female Best Push Pull
Marentette, Jerry (PP)	59	M_MR_5_AAPF	179.6	181	0.64975	260	275	285	285	500	0	0	500	785	510.0538	670.7207	1-M_MR_5_AAPF-181		Men Best Push Pull
McGrail, John	67	M_MR_6_APF	316.2	SHW	0.52825	175	195	225	225	250	300	-350	300	525	277.3313	427.9221	1-M_MR_6_APF-SHW	Team Santa	
McGrail, Mathew	35	M_SR_AAPF	225.6	242	0.57605	175	-185	205	205	275	365	410	410	615	354.2708	0.0000	1-M_SR_AAPF-242	Team Santa	
Meglen, Marko	28	M_OR_AAPF	230.6	242	0.5714	-325	-325	325	325	475	515	-525	515	840	479.9760	0.0000	1-M_OR_AAPF-242	Hybred	
Mendoza, Zachary	20	M_JR_AAPF	194.6	198	0.61845	-250	260	270	270	465	500	525	525	795	491.6678	0.0000	1-M_JR_AAPF-198		
Minnich, Anthony (PP)	25	M_OR_APF	179.8	181	0.64925	290	325	340	340	450	475	505	505	845	548.6163	0.0000	1-M_OR_APF-181	Minnich Barbell	
Mitchell, Patrick	39	M_SES_AAPF	273.6	275	0.5465	420	-440	440	440	440	475	-500	475	915	500.0475	0.0000	1-M_SES_AAPF-275	Highland Barbell	
Moore, Jason	39	M_SR_APF	262.8	275	0.55175	275	-305	320	320	425	470	500	500	820	452.4350	0.0000	1-M_SR_APF-275		
Mosher, William	56	M_MR_4_AAPF	216	220	0.58635	225	250	275	275	405	450	-475	450	725	425.1038	529.6793	1-M_MR_4_AAPF-220		
Pantke, Andrew	31	M_OR_AAPF	229	242	0.57375	205	220	245	245	335	370	405	405	650	372.9375	0.0000	2-M_OR_AAPF-242		
Pauli, Benjamin	29	M_OR_APF	214.6	220	0.58825	370	-400	-400	370	570	620	620	620	990	582.3675	0.0000	1-M_OR_APF-220	Michigan Barbenders	
Pratt, Jermichael (master_1)	42	M_MR_1_APF	257.6	275	0.55425	300	310	320	320	490	510	515	515	835	462.7988	472.0547	1-M_MR_1_APF-275	Team Armageddon	
Pratt, Jermichael (open)	42	M_OR_APF	257.6	275	0.55425	300	310	320	320	490	510	515	515	835	462.7988	472.0547	1-M_OR_APF-275	Team Armageddon	
Puczko, Peter (aapf)	42	M_MR_1_AAPF	207.4	220	0.5977	255	265	275	275	480	520	535	535	810	484.1370	493.8197	1-M_MR_1_AAPF-220	Barbell Compound	
Puczko, Peter (apf)	42	M_MR_1_APF	207.4	220	0.5977	255	265	275	275	480	520	535	535	810	484.1370	493.8197	1-M_MR_1_APF-220	Barbell Compound	
Reed, CJ (aapf)	35	M_SR_AAPF	178.4	181	0.6557	310	320	325	325	455	475	-500	475	800	524.5600	0.0000	1-M_SR_AAPF-181	Team F3	
Reed, CJ (apf)	35	M_SR_APF	178.4	181	0.6557	310	320	325	325	455	475	-500	475	800	524.5600	0.0000	1-M_SR_APF-181	Team F3	
Richards, Blake	20	M_JR_APF	183.8	198	0.64015	285	305	-310	305	475	510	540	540	845	540.9268	0.0000	1-M_JR_APF-198	Team F3	
Rodriguez, Jacob	22	M_JR_APF	239	242	0.56485	195	210	-225	210	455	485	-500	485	695	392.5708	0.0000	1-M_JR_APF-242	Exile Barbell	
Ruiz, Gerardo	15	M_TR_1_APF	132.4	148	0.8315	185	205	-225	205	315	325	345	345	550	457.3250	0.0000	1-M_TR_1_APF-148		
Schubert, Christine	20	F_JR_AAPF	187.4	198	0.77245	125	135	-140	135	245	270	290	290	425	328.2913	0.0000	1-F_JR_AAPF-198		
Seeber, Bob	52	M_MR_3_APF	229	242	0.57375	275	300	-320	300	475	-535	-535	475	775	444.6563	518.0245	1-M_MR_3_APF-242		
Shallman, Darrin	30	M_OR_AAPF	162.4	165	0.69755	205	215	-240	215	320	335	355	355	570	397.6035	0.0000	2-M_OR_AAPF-165		
Shiple, Cliff (aapf_PP_es)	56	M_MES_4_AAPF	173.6	181	0.6652	210	225	230	230	365	405	445	445	675	449.0100	559.4665	1-M_MES_4_AAPF-181	Team REPZ	
Shiple, Cliff (aapf_raw)	56	M_MR_4_AAPF	173.6	181	0.6652	210	225	230	230	365	405	445	445	675	449.0100	559.4665	1-M_MR_4_AAPF-181	Team REPZ	
Smith, Billy	26	M_OR_AAPF	216.6	220	0.58585	255	300	-315	300	315	385	425	425	725	424.7413	0.0000	2-M_OR_AAPF-220		
Stuecher, Gerald	19	M_OR_APF	214	220	0.58885	330	340	350	350	530	570	-600	570	920	541.7420	0.0000	2-M_OR_APF-220	Armageddon	
Swirple JR., James	19	M_TR_3_AAPF	194.8	198	0.61885	275	295	315	315	385	405	420	420	735	454.8548	0.0000	1-M_TR_3_AAPF-198		
Wagner, Katie	29	F_OR_APF	161.2	165	0.8507	-190	205	-215	205	275	315	335	335	540	459.3780	0.0000	1-F_OR_APF-165		
Zambeck, Nick	21	M_JR_AAPF	195.4	198	0.6173	245	255	-260	255	460	-485	485	485	740	456.8020	0.0000	2-M_JR_AAPF-198	Morey Courts/ Impact Fitness	

9-Jan-16

2016 Michigan APF Winter Smash - Push Pull - Lb Results

Name	Age	Div	BWt (Lb)	WCIs (Lb)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total	Coeff Score	Age & Coeff	PI-Div-WCI	Team	Notes
Adlen, Martin (junior)	23	M_JR_AAPF	212.8	220	0.5905	122.47	129.28	-136.08	129.28	192.78	208.65	219.99	219.99	349.27	454.6850	0.0000	1-M_JR_AAPF-220	Motor City Barbell	
Adlen, Martin (open)	23	M_OR_AAPF	212.8	220	0.5905	122.47	129.28	-136.08	129.28	192.78	208.65	219.99	219.99	349.27	454.6850	0.0000	1-M_OR_AAPF-220	Motor City Barbell	
Barr, Amanda (aapf)	20	F_JR_AAPF	141	148	0.93805	52.16	-54.43	54.43	54.43	104.33	111.13	-120.20	111.13	165.56	342.3883	0.0000	1-F_JR_AAPF-148	Team F3	
Barr, Amanda (apf)	20	F_JR_APF	141	148	0.93805	52.16	-54.43	54.43	54.43	104.33	111.13	-120.20	111.13	165.56	342.3883	0.0000	1-F_JR_APF-148	Team F3	
Beavers, Alan	23	M_JR_AAPF	222.4	242	0.58035	142.88	149.69	158.76	158.76	265.35	281.23	294.84	294.84	453.60	580.3500	0.0000	1-M_JR_AAPF-242		
Bell, Ross	30	M_OR_AAPF	245.8	275	0.56045	120.20	129.28	138.35	138.35	183.71	197.31	210.92	210.92	349.27	431.5465	0.0000	1-M_OR_AAPF-275		
Branch, Tyler	20	M_JR_AAPF	227.6	242	0.5742	-124.74	131.54	-140.62	131.54	219.99	240.41	-278.96	240.41	371.95	470.8440	0.0000	2-M_JR_AAPF-242		
Burnison, Devin	18	M_TR_3_AAPF	215.8	220	0.58805	111.13	120.20	129.28	129.28	188.24	199.58	210.92	210.92	340.20	441.0375	0.0000	1-M_TR_		