

The 2015 North Dakota Powerlifting Championship

- MEET DIRECTOR:** Anthony Carlquist, North Dakota APF State Chairman
(ND_Powerlifting@Hotmail.com); 701.412.1046
- Sanctioned by:** **American Powerlifting Federation (APF/AAPF)**
- EVENT LOCATION:** Shanley High School Activity Center
5600 25th St. S.
Fargo, ND 58104
- ELIGIBILITY:** Open to APF registered athletes. All athletes are required to have a valid APF and/or AAPF registration card and must show it at weigh-in. If you fail to bring it, you will be required to purchase one onsite for \$30. All athletes must have a 1 piece lifting singlet.
- WEIGH-IN:** 24 hour weigh in rule will apply.
Shanley High School Gymnasium
Friday, July 24th
9:00 AM-10:00AM
5:30PM -6:30PM

Saturday, July 25th
7:00AM-8:00AM
- COMPETITION:** Mandatory rules briefing Saturday at 8:00 AM, check www.worldpowerliftingcongress.com
- LIFTING SCHEDULE:** **Saturday, July 25th Meet Starts at 9:00AM**
- UNIFORM:** **Mandatory - Must have one piece lifting suit or wrestling singlet.**
APF/AAPF rules apply.
- CONTEST LIFTS:** Full Meet (Squat/Bench/Deadlift), Push/Pull (Bench/Deadlift), Bench only, Deadlift Only
- ENTRY FEE:** A fee of \$75 must accompany this entry form and be received no later than **July 4th \$20.00 late fee for any entries allowed in after the deadline.**
Makes checks payable to: Anthony Carlquist
- AWARDS:** 1-3rd place trophies in open divisions and medals for 1-3rd in additional divisions. Best Lifter raw and equipped lifter in each category based on content of entries.
- EQUIPMENT:** **Elitefts Monolift/Deluxe Bench, Mastodon Squat Bar, Iron Wolfe Bench Barbell, Texas Deadlift Barbells**



Entry Form

Competitor:

Last Name First Name MI

Address _____

City _____ State _____ Zip Code _____

Home Phone _____ Work Phone _____ Age (July 25th) _____

E-mail _____ Date of Birth _____

Circle One: APF / AAPF Men Women Wt Class: _____

Equipped (Squat Suit, Bench Shirts, Deadlift Suits) **Raw** (Singlet only)

1. Division Entered: Open (**Everyone** must enter open)

\$75 Full Meet \$65 Push/Pull

\$55 Bench Only \$55 Deadlift Only

Class Entered Men: 114 123 132 148 165 181 198 220 242 275 308 SHW

Class Entered Women: 97 105 114 123 132 148 165 181 198 Unlimited

2. \$15 for Each Additional Division: Junior 20-23 Teen13-15 16-17 18-19 Submaster 33-39

Masters 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80-84

Fees & Payment:

Late fee after July 4, 2015 \$20 \$

APF/AAPF # _____ Exp. Date _____

Entry Fee Full Meet \$75 \$ _____

Push/Pull \$65 \$ _____

Bench Only \$55 \$ _____

Deadlift Only \$55 \$ _____

AAPF Division (Drug Tested Only) \$10 \$ _____

Additional Division \$15 \$ _____

Pre-order T-Shirts \$15 \$ _____

TOTAL DUE \$ _____

No Refunds

Meet T-shirts: \$15 ea. S#___ M#___ L#___ XL#___ XXL#___ XXXL#___

Note: All competitors must enter the "open" powerlifting meet for \$75. Each additional division will be another + \$15 for an additional division such as submaster 33-39. AAPF competitors must add an additional \$8.50 for testing.

Paid: Cash Check

Waiver:

In consideration of the acceptance of this entry, I hereby for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages I may have against the APF, AAPF, Anthony Carlquist, John Paul II Schools, Edgar's House of Pain and their representatives, successors, and assigns for any and all injuries or bodily harm that I might suffer while competing at the 2015 APF/AAPF North Dakota Powerlifting Championship Saturday, **July** 25th, 2015.

Signature

Return Entry Form to: Anthony Carlquist 5529 18th St. S. Fargo, ND 58104 (701) 412-1046