APF/AAPF Show of Strength
July 2, 2016

MEET DIRECTOR: Greg McCoy
Gym@destinationdallastexas.com, 972.424.3539
www.destinationdallastexas.com

STATE CHAIRS: Randy and Liz Nesuda (214) 517–9119; LNesuda@hotmail.com
ApfTexas.wordpress.com

SANCTIONED BY: APF/AAPF/WPC

EVENT LOCATION: ...destination
2655 Premier Drive
Plano, Tx 75075

ELIGIBILITY: Lifters must be an APF registered athlete by the time of the meet. You can renew or get your new membership at weigh-ins or at www.worldpowerliftingcongress.com.

WEIGH-IN: Friday, July 1, 2016: 9:00am – 1:00 p.m. and 4:00pm – 7:00pm
...destination Dallas, Texas: 2655 Premier Drive Plano, Tx 75075
Saturday, July 2, 2016: 7:00am – 8:00 a.m.
Check in at Score Table.

EVENT: MANDATORY RULES BRIEFING: Saturday July 2, 2016, at 8:00 a.m.
Lifting starts Saturday, July 2, 2016, at 9:00 a.m.

UNIFORM: One-piece lifting suit or wrestling suit is MANDATORY.

CONTEST LIFTS: Full Meet (Squat/Bench/Deadlift), Bench Only and Deadlift Only

ENTRY FEE: Meet entry fee is $75 if received on or prior to the DEADLINE, June 18, 2016. If received after June 18, 2016, there’s an additional $25 late fee. Additional divisions are $50 each. Certified checks, money orders and cash only, please. Make checks payable to Gym and Fitness of Texas, LLC.

SPECTATOR FEE: Everyone’s WELCOME!
destination APF/ AAPF Show of Strength
July 2, 2016

Please Print Legibly

Full name: ___________________________________________________________________ Sex (circle one): Male Female
Age ____________ Date of Birth ____________________________ e-mail ___________________________________________
City __________________________________________________________________________ State ___________________ Zip Code ___________________________
Phone Number ____________________________________ Alternate Phone Number _____________________________________
Current APF card (circle one): No Yes If so, card number is ____________________________________________________

APF or AAPF (circle one)

Event Entered (circle all that apply): Full Meet Bench Only Deadlift Only
Raw/ Equipped (circle one): Classic Raw Raw Equipped
Division Entered (circle all that apply): Open
Teen: 13-15 16-17 18-19
Junior: 20-23
Submaster: 33-39
Master: 40-44 45-49 50-54 55-59 60-64 65-69 70-74
75-79 80+

Weight Class (circle one): Women: 97 105 114 123 132 148 165 181 198 198+
Men: 114 123 132 148 165 181 198 220 242 275 308 308+

Fees & Payment:
Entry fee $75: __________
CASH, CERTIFIED CHECKS OR MONEY ORDERS ONLY, PLEASE
If after June 18, 2016, add late fee $25: __________
Additional divisions $50 each: __________
Make checks or money orders out to: Gym and Fitness of Texas, LLC.
TOTAL DUE: __________

ATHLETIC RELEASE: On behalf of myself, my heirs, executors, administrators and assigns, I hereby waive, release and fully discharge any and all officials, sponsors, participants or organizations connected to the Texas APF, the WPC, Randy and Liz Nesuda, Greg McCoy, Tawna Eubanks, the APF/AAPF, destination dallas, texas, destination Gym and Fitness of Texas LLC, Gasp, Better Bodies, AM Fitness Inc, McCoy and Associates LP, Ultimate Sports Nutrition Plano, APF/AAPF Show of Strength, their respective officers, directors, employees, agents and shareholders, of and from any and all rights, claims, demands, lawsuits, and causes of action due to or arising from any accident, injury, damage or loss directly, indirectly, or in any way associated with my participation in the destination's APF/AAPF Show of Strength, July 2, 2016. I, also, represent that I know of no medical reason or condition that would impair my ability to participate in this event, and I hereby assume any and all risk of accidental, medical injury or consequential damages resulting from my participation. I acknowledge, understand and accept the inherent risk of powerlifting. I have read the above release, understand its meaning and consequence, and agree to be legally bound by its terms. I have signed this release freely and voluntarily.

______________________________________________________________________________ __________________________________________________________________________
Print Full Name Lifter's signature
( Parent must sign if Lifter is under 18 years of age)

Return Entry Form to: destination Dallas, Tx
  Attn: Greg McCoy
  2655 Premier Drive
  Plano, TX  75075