

APF CALIFORNIA CENTRAL COAST OPEN
Saturday, February 4, 2017



Website: <http://www.apfcalifornia.proboards.com>

- SPONSORED BY:** Joe Domingues, 805-714-2295 (cell), Vincent Lopez III, 805-705-8731 (cell)
- EVENT LOCATION:** Santa Maria High School
901 South Broadway
Santa Maria, CA 93454
- ELIGIBILITY:** Qualified APF/AAPF-registered athletes only
- WEIGH-IN:** 24-hour weigh-in rule will apply.
Friday, February 3, 10:00 a.m.-12:00 Noon,
4:00 p.m.-7:00 p.m., at 200 East Fesler Street,
Suite 101, Santa Maria
Saturday, February 4, 8:00 a.m.-9:00 a.m.
Saturday weigh-ins will be at Santa Maria High
School Gym
- COMPETITION:** Competitors may lift, Equipped, Raw, or Classic Raw in the full meet, Equipped or Raw in the bench-only, or deadlift-only. Mandatory rules briefing, Saturday, February 4, at 9:30 a.m.
- LIFTING SCHEDULE:** Saturday, February 4 10:00 a.m.
The meet will begin with the squat at 10:00 a.m.
- UNIFORM:** Singlet or one-piece lifting suit mandatory.
APF rules apply.
- ENTRY FEES:** Full Meet: \$75
Bench-only or Deadlift-only: \$40, \$60 for both events
- DEADLINE:** Entries must be postmarked on or before Friday, January 28, 2017, or a \$20 late fee will be charged.
- AWARDS:** Medals will be awarded for 1ST, 2nd and 3rd places.

APF CALIFORNIA CENTRAL COAST OPEN

Saturday, February 4, 2017

Entry Form (Please Print Clearly!)

Last Name _____	First Name _____	Middle Initial _____
Address _____		
City _____	State _____	Zip Code _____
Home Phone _____	Work Phone _____	
E-Mail _____		Date of Birth _____

Wt. Class (Men): 114 123 132 148 165 181 198 220 242 275 308 SHW (circle one)

Wt. Class (Women): 97 105 114 123 132 148 165 181 198 Unlimited (circle one)

Division/Age Group: Open Junior (20-23) Teen (13-15) Teen (16-17) Teen (18-19)

Submaster (33-39) 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80-84 (circle one)

Full Meet Bench-only Deadlift-only Raw Classic Raw Equipped

APF Membership #: _____

Expiration Date: _____

Non-APF lifters may purchase memberships at the meet (\$30 for APF or \$40 for APF/AAPF)

Membership (\$30 for APF, \$40 for APF/AAPF)
Late fee after January 28=\$20

Full Meet Entry Fee--\$75	
Bench-only Entry Fee--\$40	
Deadlift-only Entry Fee=\$40	
Bench-only & Deadlift-only--\$60	
Total	

- Cash payment enclosed
- Check payment enclosed
- Money order payment enclosed

Make checks or money orders payable to: Joe Domingues

Note: Each athlete **MUST** show his/her APF membership card at weigh-in. If he/she cannot, then they will have to buy one and their membership will be extended a year.

Waiver: In consideration of the acceptance of this entry, I hereby for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages I may have against the APF, Santa Maria High School, Joe Domingues, Vincent Lopez III, their representatives, successors, and assigns for any and all injuries or bodily harm that I might suffer while competing at the APF California Central Coast Open on February 4, 2017.

Mail entries to:

Joe Domingues
602 Wildflower Drive
Orcutt, CA 93455

Signature of Competitor

Signature of Parent/Legal Guardian if
Competitor is under 18 years of age