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A.P.F.

2017 CALIFORNIA STATE

Powerlift Championships and Bench Press Challenge

worldpowerliftingcongress.com

WHEN: SATURDAY, April 29th ; LIFTING STARTS 10:00 A.M.

WHERE: MUSCLE EVOLUTION EXPO
FRESNO CONVENTION CENTER
848 M Street, Fresno CA. 93721

ELIGIBILITY: ANYONE 13 YEARS OR OLDER, WITH A VALID A.P.F. CARD.
CARDS AVAILABLE AT WEIGH-INS. \$30.00

DIVISIONS: **Equipped & Classic Raw**

TEENS: 13-15, 16-17, 18-19.

JUNIORS: 20-23.

OPEN: ALL AGES

MASTERS: 40-44, 45-49, 50-54, 55-59, 60-64, Etc.

WOMEN: ALL DIVISIONS.

WEIGHT CLASSES: 97 LBS, 105 LBS, 114 LBS, 123 LBS, 132 LBS, 148 LBS, 165 LBS,
181 LBS, 198 LBS, 220 LBS, 242 LBS, 275 LBS, 308 LBS, AND SHW.

LIFTS: SQUAT, BENCH, AND DEADLIFT, AND BENCH ONLY.

RULES: STRICT A.P.F. AND W.P.C. WILL BE ENFORCED

AWARDS: 1st, 2nd, & 3rd PLACE AWARDS IN EACH WEIGHT CLASS IN EACH DIVISION.
ONE BEST-LIFTER TROPHY EACH FOR EQUIPPED AND CLASSIC RAW: TEEN-JR., OPEN,
MASTER, WOMEN, AND BENCH ONLY.

WEIGH-INS: FRIDAY 11:00 A.M. TO 1:00 P.M. AT WORKOUT WAREHOUSE (559) 322- 6805
4065 W. Shaw Ave. Fresno, CA. 93722

FRIDAY 5:30 TO 7:30 P.M. AT MEET SITE (enter through backside loading dock)

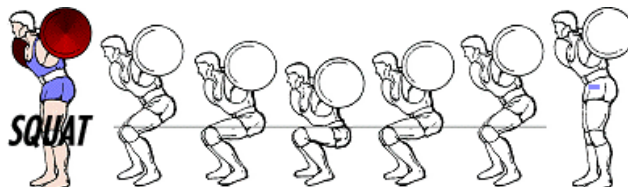
SATURDAY 7:30 TO 9:00 A.M. AT MEET SITE. (enter through backside loading dock)

MUST SHOW OR BUY A.P.F. CARD AT WEIGH IN

ENTRY FEES: ONE DIVISION: \$ 85.00, (includes T-shirt & 1 Muscle Event Entry Wrist Band);
TWO DIVISIONS: \$100.00, ADDITIONAL DIVISIONS; \$20.00 EACH.
ADDITIONAL MUSCLE EVOLUTUOIN ENTRRY WRIST BAND \$15.00

ENTRY DEAD LINE: SATURDAY, APRIL 22nd 2017;

LATE ENTRY FEE: \$100.00 MUST CALL IN BY SATURDAY APRIL 22nd 2017



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PLEASE NOTE

MAIL ENTRIES TO: BOB PACKER

4065 E. Shaw #102

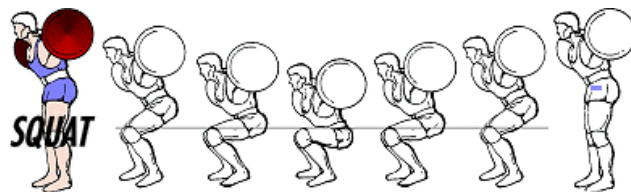
Fresno CA. 93722

MAKE CHECKS PAYABLE TO: BOB PACKER

PHONE #: DAY 559-322-6805

EVENING # 559-760-2970

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- This year's state meet will be held in conjunction with the Muscle Evolution event
 - Each Lifter entered will receive 1 event wrist band (bands are required to enter Muscle Evolution event)
 - Additional bands may be purchased with entry for \$15.00, at weigh-in for \$15.00 or at the main door Saturday April 16th for \$30.00



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ENTRY FORM

NAME _____ AGE _____

ADDRESS _____

CITY _____ STATE _____

ZIP _____ PHONE # (_____) - _____

WEIGHT CLASS: _____ MALE: _____ or FEMALE: _____

COMPETITION: POWERLIFT

EQUIPPED _____ OR CLASSIC RAW _____

DIVISIONS: TEEN _____ JUNIOR _____ OPEN _____ MASTER _____

COMPETITION: BENCH ONLY

EQUIPPED _____ OR CLASSIC RAW _____

DIVISIONS: TEEN _____ JUNIOR _____ OPEN _____ MASTER _____

T-Shirt Size: S ___ M ___ L ___ XL ___ 2XL ___ 3XL ___

EXTRA MUSCLE EVOLUTION ENTRY WRIST BANDS (number of bands) _____

I, THE UNDERSIGNED, AGREE TO WAIVE AND RELEASE ANY AND ALL RIGHTS FOR DAMAGES OR INJURIES OF ANY KIND SUFFERED BY ME IN ANY WAY DUE TO THIS CONTEST AGAINST THE MUSCLE EVOLUTION EVENT, THE A.P.F.2017 CAL STATE POWERLIFTING AND BEANCH PRESS EVENT, BOB & KIM PACKER, OR OFFICIALS OF THE A.P.F./W.P.C. WORKERS AND ANY ONE ASSOCIATED WITH 2017 A.P.F. CAL STATE MEET.

ATHLETE'S SIGNATURE _____ DATE _____

PARENTS' SIGNATURE _____ DATE _____

(if under 18 years of age)