

The 2017 North Dakota Powerlifting Championship

- MEET DIRECTOR:** Anthony Carlquist, North Dakota APF State Chairman
(ND_Powerlifting@Hotmail.com); 701.412.1046
- Sanctioned by:** **American Powerlifting Federation (APF/AAPF)**
- EVENT LOCATION:** Shanley High School Activity Center
5600 25th St. S.
Fargo, ND 58104
- ELIGIBILITY:** Open to APF registered athletes. All athletes are required to have a valid APF and/or AAPF registration card and must show it at weigh-ins. If you fail to bring it, you will be required to purchase one onsite for \$30. All athletes must have a 1 piece lifting singlet.
- WEIGH-INS:** 24 hour weigh in rule will apply.
Shanley High School Gymnasium
Friday, July 28th
9:00 AM - 10:30AM
6:30 PM - 9:00PM

No Saturday Weigh-Ins
- COMPETITION:** Mandatory rules briefing Saturday at 8:00 AM
www.worldpowerliftingcongress.com
- LIFTING SCHEDULE:** **Saturday, July 29th Meet Starts at 9:00AM**
- UNIFORM:** **Mandatory - Must have one piece lifting suit or wrestling singlet.**
APF/AAPF rules apply.
- CONTEST LIFTS:** Full Meet (Squat/Bench/Deadlift), Push/Pull (Bench/Deadlift), Bench Only
- ENTRY FEE:** A fee of \$75 must accompany this entry form and be received no later than **July 8th \$20.00 late fee for any entries allowed in after the deadline.**
Makes checks payable to: Anthony Carlquist
- AWARDS:** 1-3rd place trophies in open divisions and medals for 1-3rd in additional divisions. Best lifter raw and equipped lifter in each category based on content of entries.
- EQUIPMENT:** Elitefts Monolift/Deluxe Bench, Mastodon Squat Bar, Iron Wolf Bench Barbell, Texas Deadlift Barbells



Entry Form

Competitor:

 Last Name First Name MI
 Address _____
 City _____ State _____ Zip Code _____
 Home Phone _____ Work Phone _____ Age (July 29th) _____
 E-mail _____ Date of Birth _____

Circle One: APF / AAPF

Men Women

Equipped (Squat Suit, Bench Shirts, Deadlift Suits)

Classic Raw (Singlet, knee sleeves or knee wraps and belt only)

1. Division Entered: Open (**Everyone** must enter open)

\$75 Full Meet \$65 Push/Pull \$55 Bench Only

Weight Class Entered Men: 114 123 132 148 165 181 198 220 242 275 308 SHW

Weight Class Entered Women: 97 105 114 123 132 148 165 181 198 Unlimited

2. \$15 for Each Additional Division: Junior 20-23 Teen13-15 16-17 18-19 Submaster 33-39

Masters 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80-84

Fees & Payment:

Late fee after July 8, 2017 \$20 \$

APF/AAPF # _____ Exp. Date _____

Entry Fee	Full Meet	\$75 \$ _____
	Push/Pull	\$65 \$ _____
	Bench Only	\$55 \$ _____
AAPF Division (Drug Tested)		\$10 \$ _____
Additional Division		\$15 \$ _____
Pre-order T-Shirts		\$15 \$ _____

TOTAL DUE \$ _____

Absolutely No Refunds

Canadian Lifters: Please Pay Using Pay Pal. AC_Carl@hotmail.com
(Will no longer accept checks!)

Meet T-shirts: \$15 ea. S#___ M#___ L#___ XL#___ XXL#___ XXXL#___

Note: All competitors must enter the "open" powerlifting meet for \$75. Each additional division will be another + \$15 for an additional division such as submaster 33-39. AAPF competitors must add an additional \$10.00 for testing.

Waiver:

In consideration of the acceptance of this entry, I hereby for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages I may have against the APF, AAPF, Anthony Carlquist, John Paul II Schools, Edgar's House of Pain and their representatives, successors, and assigns for any and all injuries or bodily harm that I might suffer while competing at the 2017 APF/AAPF North Dakota Powerlifting Championship Saturday, **July 29th, 2017.**

Signature

Return Entry Form to: Anthony Carlquist 5529 18th St. S. Fargo, ND 58104 (701) 412-1046