

22-Jul-17

Name	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3
Martha Hopkins	92.5	100	-110	100	42.5	50	-57.5
Candice Kotz	90	97.5	105	105	-45	45	55
Mikaela Insall	87.5	92.5	-102.5	92.5	-45	47.5	52.5
Elisabeth Quan	100	110	115	115	67.5	-72.5	-72.5
Sydney Chastain	72.5	80	87.5	87.5	42.5	47.5	-50
Joanne Barnes	105	-122.5	122.5	122.5	-70	70	-75
Cher Smalling	60	70	-75	70	32.5	-37.5	-37.5
Damian Schultz	-195	195	207.5	207.5	110	112.5	-117.5
Jerry Daniel	250	272.5	-290	272.5	145	165	182.5
Kevin Williams	182.5	195		195	135	-145	-145
Mike Jenkins (PL)	145	155	170	170	167.5	172.5	
Robert Schultz	207.5	217.5	227.5	227.5	175	180	-185
Jonathan Drummond (PL)	-227.5	-227.5	-227.5	0			
Devin Reddy (Open)	160	175	-182.5	175	105	120	-127.5
Trey Toller	170	175	182.5	182.5	-112.5	115	-122.5
Alex Perales	245	265	272.5	272.5	137.5	150	-155
Justin Sandoval	-212.5	212.5	-230	212.5	130	145	150
Matthew Mitchell	-375	-375		0			
Jayson Bates	285	320	-332.5	320	145	160	170
Joseph Sisombath	237.5	245	-267.5	245	185	195	200
Alan Gilbreath	265	280	295	295	210	217.5	-227.5
Devin Reddy (Junior)	160	175	-182.5	175	105	120	-127.5
Jose Aguilar	185	202.5	215	215	85	100	-112.5
Zach Helton	202.5	215	-227.5	215	95	-105	-105
John Soileau	175	192.5	-207.5	192.5	132.5	-140	-140
Dillon Kotz	287.5	302.5	-320	302.5	215	235	-242.5
Jeremy Cuellar	137.5	-157.5	-157.5	137.5	87.5	102.5	-107.5
Wayne Shepherd	150	-157.5	160	160	90	110	-120
Lee Neef	205	215	227.5	227.5	142.5		
Lazaro Navarro	200	220	-230	220	127.5	137.5	142.5
Roman Esparza	205	227.5	-235	227.5	125	-137.5	-137.5
Surf Victorian	230	242.5	252.5	252.5	150	167.5	170
Sal Cotto	272.5	295	-305	295	172.5	182.5	190
Kevin Pitman	280	290	300	300	185	195	200
Duane Madere (Master)	-230	230	240	240	150	160	162.5
Larry Cox	-205	205	242.5	242.5	230	-237.5	250

Henry Thomason (Sub)	400	427.5	-435	427.5	290	315	-337.5
Duane Madere (Open)	-230	230	240	240	150	160	162.5
Mike Dugan	255	275	285	285	195	207.5	212.5
Henry Thomason (Open)	400	427.5	-435	427.5	290	315	-337.5
Scott Prosek	322.5	342.5	352.5	352.5	235	247.5	257.5
Arel Sayer	210	230	237.5	237.5	185	197.5	207.5
Octavio Gorrostieta	230	240	250	250	145	157.5	160

Name	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3
Martha Hopkins	203.9255	220.46	-242.506	220.46	93.6955	110.23	-126.765
Candice Kotz	198.414	214.9485	231.483	231.483	-99.207	99.207	121.253
Mikaela Insall	192.9025	203.9255	-225.972	203.9255	-99.207	104.7185	115.7415
Elisabeth Quan	220.46	242.506	253.529	253.529	148.8105	-159.834	-159.834
Sydney Chastain	159.8335	176.368	192.9025	192.9025	93.6955	104.7185	-110.23
Joanne Barnes	231.483	-270.064	270.0635	270.0635	-154.322	154.322	-165.345
Cher Smalling	132.276	154.322	-165.345	154.322	71.6495	-82.6725	-82.6725
Damian Schultz	-429.897	429.897	457.4545	457.4545	242.506	248.0175	-259.041
Jerry Daniel	551.15	600.7535	-639.334	600.7535	319.667	363.759	402.3395
Kevin Williams	402.3395	429.897	0	429.897	297.621	-319.667	-319.667
Mike Jenkins (PL)	319.667	341.713	374.782	374.782	369.2705	380.2935	0
Robert Schultz	457.4545	479.5005	501.5465	501.5465	385.805	396.828	-407.851
Jonathan Drummond (PL)	-501.547	-501.547	-501.547	0	0	0	0
Devin Reddy (Open)	352.736	385.805	-402.34	385.805	231.483	264.552	-281.087
Trey Toller	374.782	385.805	402.3395	402.3395	-248.018	253.529	-270.064
Alex Perales	540.127	584.219	600.7535	600.7535	303.1325	330.69	-341.713
Justin Sandoval	-468.478	468.4775	-507.058	468.4775	286.598	319.667	330.69
Matthew Mitchell	-826.725	-826.725	0	0	0	0	0
Jayson Bates	628.311	705.472	-733.03	705.472	319.667	352.736	374.782
Joseph Sisombath	523.5925	540.127	-589.731	540.127	407.851	429.897	440.92
Alan Gilbreath	584.219	617.288	650.357	650.357	462.966	479.5005	-501.547
Devin Reddy (Junior)	352.736	385.805	-402.34	385.805	231.483	264.552	-281.087
Jose Aguilar	407.851	446.4315	473.989	473.989	187.391	220.46	-248.018
Zach Helton	446.4315	473.989	-501.547	473.989	209.437	-231.483	-231.483
John Soileau	385.805	424.3855	-457.455	424.3855	292.1095	-308.644	-308.644
Dillon Kotz	633.8225	666.8915	-705.472	666.8915	473.989	518.081	-534.616
Jeremy Cuellar	303.1325	-347.225	-347.225	303.1325	192.9025	225.9715	-236.995
Wayne Shepherd	330.69	-347.225	352.736	352.736	198.414	242.506	-264.552

Lee Neef	451.943	473.989	501.5465	501.5465	314.1555	0	0
Lazaro Navarro	440.92	485.012	-507.058	485.012	281.0865	303.1325	314.1555
Roman Esparza	451.943	501.5465	-518.081	501.5465	275.575	-303.133	-303.133
Surf Victorian	507.058	534.6155	556.6615	556.6615	330.69	369.2705	374.782
Sal Cotto	600.7535	650.357	-672.403	650.357	380.2935	402.3395	418.874
Kevin Pitman	617.288	639.334	661.38	661.38	407.851	429.897	440.92
Duane Madere (Master)	-507.058	507.058	529.104	529.104	330.69	352.736	358.2475
Larry Cox	-451.943	451.943	534.6155	534.6155	507.058	-523.593	551.15
Henry Thomason (Sub)	881.84	942.4665	-959.001	942.4665	639.334	694.449	-744.053
Duane Madere (Open)	-507.058	507.058	529.104	529.104	330.69	352.736	358.2475
Mike Dugan	562.173	606.265	628.311	628.311	429.897	457.4545	468.4775
Henry Thomason (Open)	881.84	942.4665	-959.001	942.4665	639.334	694.449	-744.053
Scott Prosek	710.9835	755.0755	777.1215	777.1215	518.081	545.6385	567.6845
Arel Sayer	462.966	507.058	523.5925	523.5925	407.851	435.4085	457.4545
Octavio Gorrostieta	507.058	529.104	551.15	551.15	319.667	347.2245	352.736

Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	PI-Div-WtCI
50	110	117.5	127.5	127.5	277.5	. 1-F-OCR-148
55	102.5	115	127.5	127.5	287.5	7 1-F-ORA-132
52.5	100	102.5	105	105	250	. 1-F-JRA-123
67.5	115	120	127.5	127.5	310	. 1-F-OR-165
47.5	92.5	97.5	102.5	102.5	237.5	7 1-F-JR-132
70	115	137.5	-155	137.5	330	. 1-F-M3-165
32.5	95	102.5	107.5	107.5	210) 1-F-M2-132
112.5	215	230	240	240	560	. 1-M-JCRA-181
182.5	235	272.5	282.5	282.5	737.5	7 1-M-T3CRA-308
135	182.5	202.5	-217.5	202.5	532.5	1-M-M4CR-198
172.5	172.5	192.5	205	205	547.5	} 1-M-M4CR-220
180	215	227.5		227.5	635	} 1-M-M4CR-275
0				0	0	∩ 0
120	172.5	185	192.5	192.5	487.5	€ 1-M-OCR-148
115	182.5	205	220	220	517.5	† 1-M-OCR-198
150	260	272.5	-280	272.5	695	† 1-M-OCR-220
150	242.5	-262.5	-262.5	242.5	605	. 2-M-OCR-220
0				0	0	∩ 0
170	242.5	260	272.5	272.5	762.5	∫ 1-M-OCR-275
200	230	245	272.5	272.5	717.5	€ 2-M-OCR-275
217.5	275	282.5	-290	282.5	795	} 1-M-OCR-308
120	172.5	185	192.5	192.5	487.5	€ 1-M-JCR-148
100	207.5	227.5	-240	227.5	542.5	. 1-M-T3CR-198
95	230	-245		230	540	. 1-M-T2CR-198
132.5	192.5	205	-220	205	530) 1-M-OA-165
235	220	247.5	-260	247.5	785	. 1-M-OA-198
102.5	142.5	160	-187.5	160	400) 1-M-T2A-132
110	-170	-170	170	170	440	. 1-M-M3R-198
142.5	205	215	227.5	227.5	597.5	€ 1-M-M2R-275
142.5	232.5	255	260	260	622.5	€ 1-M-OR-181
125	252.5	272.5	-280	272.5	625	} 1-M-OR-220
170	272.5	282.5	-292.5	282.5	705	. 1-M-OR-242
190	272.5	-295	-295	272.5	757.5	∫ 1-M-OR-308
200	235	245	252.5	252.5	752.5	€ 1-M-M3-SHW
162.5	230	-242.5	-242.5	230	632.5	7 1-M-M2-181
250	205	220	240	240	732.5	7 1-M-S-198

315	282.5	-317.5	-317.5	282.5	1025	7	1-M-S-275
162.5	230	-242.5	-242.5	230	632.5	7	1-M-O-181
212.5	255	275	-280	275	772.5	8	1-M-O-220
315	282.5	-317.5	-317.5	282.5	1025	7	1-M-O-275
257.5	275	-290		275	885	9	2-M-O-275
207.5	210	230	237.5	237.5	682.5	2	3-M-O-275
160	250	265	272.5	272.5	682.5	2	1-M-J-198

Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	PI-Div-WtCl
110.23	242.506	259.0405	281.0865	281.0865	611.7765	1-F-OCR-148
121.253	225.9715	253.529	281.0865	281.0865	633.8225	7 1-F-ORA-132
115.7415	220.46	225.9715	231.483	231.483	551.15	1-F-JRA-123
148.8105	253.529	264.552	281.0865	281.0865	683.426	1-F-OR-165
104.7185	203.9255	214.9485	225.9715	225.9715	523.5925	7 1-F-JR-132
154.322	253.529	303.1325	-341.713	303.1325	727.518	1-F-M3-165
71.6495	209.437	225.9715	236.9945	236.9945	462.966) 1-F-M2-132
248.0175	473.989	507.058	529.104	529.104	1234.576	1-M-JCRA-181
402.3395	518.081	600.7535	622.7995	622.7995	1625.8925	7 1-M-T3CRA-308
297.621	402.3395	446.4315	-479.501	446.4315	1173.9495	1-M-M4CR-198
380.2935	380.2935	424.3855	451.943	451.943	1207.0185) 1-M-M4CR-220
396.828	473.989	501.5465	0	501.5465	1399.921) 1-M-M4CR-275
0	0	0	0	0	0	0
264.552	380.2935	407.851	424.3855	424.3855	1074.7425	9 1-M-OCR-148
253.529	402.3395	451.943	485.012	485.012	1140.8805	1-M-OCR-198
330.69	573.196	600.7535	-617.288	600.7535	1532.197	1-M-OCR-220
330.69	534.6155	-578.708	-578.708	534.6155	1333.783	1 2-M-OCR-220
0	0	0	0	0	0	0
374.782	534.6155	573.196	600.7535	600.7535	1681.0075) 1-M-OCR-275
440.92	507.058	540.127	600.7535	600.7535	1581.8005) 2-M-OCR-275
479.5005	606.265	622.7995	-639.334	622.7995	1752.657) 1-M-OCR-308
264.552	380.2935	407.851	424.3855	424.3855	1074.7425	9 1-M-JCR-148
220.46	457.4545	501.5465	-529.104	501.5465	1195.9955	1 1-M-T3CR-198
209.437	507.058	-540.127	0	507.058	1190.484	1 1-M-T2CR-198
292.1095	424.3855	451.943	-485.012	451.943	1168.438) 1-M-OA-165
518.081	485.012	545.6385	-573.196	545.6385	1730.611	1 1-M-OA-198
225.9715	314.1555	352.736	-413.363	352.736	881.84) 1-M-T2A-132
242.506	-374.782	-374.782	374.782	374.782	970.024	1 1-M-M3R-198

314.1555	451.943	473.989	501.5465	501.5465	1317.2485	1-M-M2R-275
314.1555	512.5695	562.173	573.196	573.196	1372.3635	1-M-OR-181
275.575	556.6615	600.7535	-617.288	600.7535	1377.875	1-M-OR-220
374.782	600.7535	622.7995	-644.846	622.7995	1554.243	1-M-OR-242
418.874	600.7535	-650.357	-650.357	600.7535	1669.9845	1-M-OR-308
440.92	518.081	540.127	556.6615	556.6615	1658.9615	1-M-M3-SHW
358.2475	507.058	-534.616	-534.616	507.058	1394.4095	1-M-M2-181
551.15	451.943	485.012	529.104	529.104	1614.8695	1-M-S-198
694.449	622.7995	-699.961	-699.961	622.7995	2259.715	1-M-S-275
358.2475	507.058	-534.616	-534.616	507.058	1394.4095	1-M-O-181
468.4775	562.173	606.265	-617.288	606.265	1703.0535	1-M-O-220
694.449	622.7995	-699.961	-699.961	622.7995	2259.715	1-M-O-275
567.6845	606.265	-639.334	0	606.265	1951.071	2-M-O-275
457.4545	462.966	507.058	523.5925	523.5925	1504.6395	3-M-O-275
352.736	551.15	584.219	600.7535	600.7535	1504.6395	1-M-J-198