



The APF Presents

The 2017 New England Powerlifting and Bench Press Championships

November 11th and 12th, 2017



- Sponsored By: Dyna Maxx Training Systems, 120 Main St Westbrook, ME 04092
- Meet Director: Matt Israelson, Phone: (207)838-6933
- Sanctioned By: The American Powerlifting Federation. APF rules apply, one piece lifting suits are required. Raw Lifters can use wrist wraps.
- Eligibility: Open to all current APF members, active card must be presented at the time of weigh in. Please purchase APF cards online at worldpowerliftingcongress.com.
- Location: Dyna Maxx, 120 Main St. Westbrook Me, 04092
- Weigh In: Friday November 10th: **8:30 am- 11:00 am** and **4:00 pm- 5:30 pm** (Saturday Lifters ONLY)
 Saturday November 11th: **9:30 am- 11:30 am** and **4:00 pm- 5:30 pm** (Sunday Lifters ONLY)
 Additional weigh-in times available by request (Call Matt)
- Competition: Saturday, Nov.10th: **Women, Teens, Master's, and Bench Only Divisions.** Rules, 8:30 am. Meet, 9:00 am.
 Sunday, Nov.11th: **Men's Open Division.** Rules, 8:30 am. Meet, 9:00 am.
- Weight Classes: **Men's Open Raw:** up to 114lbs., 123 lbs., 132lbs., 148lbs., 165 lbs., 181 lbs., 198 lbs., 220 lbs., 242 lbs., 275 lbs., 308 lbs., and SI-IW. ***All other divisions will be by formula (no weight classes)*.**
- Age Categories: Teen (13-19), Open, Master's 40-49, Master's 50+
- Awards: Awards for first three places in each division of the meet Best Lifter awards by formula for the top man and woman in Open Raw, Geared, and Master's.
- Entry Fee: A fee of \$85 must accompany each entry due by November 1st, 2017. All entries received after November 1st, 2017 will be charged an extra \$25.00 late fee.

**** A portion of all entries go to a wounded warrior****

Please print and return this portion with your entry fee. Make checks payable to Dyna Maxx, 1124 Brighton Ave. #9 Portland, ME 04102

Name: _____ Address: _____

City: _____ State: _____ Zip: _____ Email: _____ Phone: _____

Gender: Male OR Female Age on Day of Meet: _____ DOB: ___/___/___

Choose an Event: Full Meet OR Bench Only

Choose a Category: Raw OR Geared

Choose an Age Group: Teen (13-19) Open Master's 40-49 Master's 50+

**** Please add \$25.00 if entering more than one division ****

I hereby release DYNA Maxx, its owners, heirs, and occupants of any and all liability in conjunction with the 2017 New England Powerlifting and Bench Press Championships held on Nov. 11th and 12th, 2017.

Signature: _____ Date: _____

Signature of Guardian (if under 18): _____ Date: _____