# ***ORLANDO BARBELL APF FLORIDA STATE CHAMPIONSHIP***
# ***FEBRUARY 17TH, 2018***

**Meet Director:** Brian Schwab
PH-407-678-2447
Email: lightweightpower@aol.com

**Date:** Saturday, February 17th, beginning at 10:00 AM

**Location:** Hagerty High School Gym
3225 Lockwood Blvd.
Oviedo, FL 32765
(You must park and enter behind the school off of Old Lockwood/Tanner)

**Nearby Hotels:**

**Holiday Inn**
12250 East Colonial Drive
Orlando, FL 32826
1-888-465-4329

**LaQuinta Inn**
11805 Research Parkway
Orlando, FL 32826
407-737-6075

**Sanctioned By:** American Powerlifting Federation

**Eligibility:** Open to APF registered athletes. All athletes are required to have a valid APF registration card which must be purchased in advance on the WPC website here: http://membership.worldpowerliftingcongress.com/register.php

**Contests:**
**Equipped (multi-ply), Single Ply,**
**Raw (Wrist wraps and belt only) -** Full Power, Bench only, Deadlift only
**Classic Raw (with knee sleeves or wraps)-** Full Power
**Ironman** (combined weight of best bench and deadlift).

**Divisions:** Teen (13-15, 16-17, 18-19), Junior (20-23), Open, Submasters (33- 39), Master (40-44, 45-49, 50-54, 55-59, 60-64, 65+)

**Weight Classes:**
Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW
Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, SHW

**Entry Fee:**
$75 per division/contest
$35 for each additional division/contest
Make checks payable to: Orlando Barbell
Entry must be received by Friday, January 26th, 2018.
Late entries will incur a $25 late fee.
(The earlier you get your entry form in, the more likely you are to make it into the meet. Our meets usually fill up before the late fee date. Please do not ask to get in the meet after we've met our cap).

**Awards:** Top 3 per weight class in each division

**Weigh-Ins:**
**(There will be no same day weigh-ins. You only have to attend one weigh in**).
Friday, February 16th 10:00 am – 12:00 pm **at Orlando Barbell**
Friday, February 16th 3:00 pm – 5:00 pm **at Orlando Barbell**
Friday, February 16th 6:00 pm – 8:00 pm **at Hagerty High**

**Rules:**
American Powerlifting Federation rules apply.
One piece lifting suits (i.e. singlets) must be worn.
Rules meeting will be at 9:00am.

**Spectator Fees:** $10.00 (including coaches); children under the age of 10 get in free.

# ***ORLANDO BARBELL APF FLORIDA STATE CHAMPIONSHIP ENTRY FORM***

Name:_____
Address:_____
City:_____ State:_____ Zip:_____
Phone Number:_____ Age:_____ Email:_____
Expected Weight Class:_____ Sex:_____

Division (circle): Teen 13-15, 16-17, 18-19, Junior (20-23), Open, Submasters (33-39)
Masters- 40-44, 45-49, 50-54, 55-59, 60-65, 65+

**(Please join the APF in advance on the website here: http://membership.worldpowerliftingcongress.com/register.php).**

APF#:_____ Exp. Date:_____

Contest (s), (please circle the division (s) you plan to compete in):
**Equipped-** Full Power, Bench, Deadlift,
**Ironman** (combined weigh of bench and deadlift)
**Single Ply-** Full Power, Bench, Deadlift, Ironman
**Raw**-Full Power**,** Bench, Deadlift, Ironman
**Raw Classic** (w/knee wraps or knee sleeves)- Full Power

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|---|---|
| Single Contest Entry Fee $75 | $_____ |
| Additional Contest Entry Fee $35 | $_____ |
| Team Entry (one entry per team) $60 | $_____ |
| Late Fee (if received after 1/26/18) $25 | $_____ |
| **TOTAL DUE:** | $_____ |

Make checks payable and mail entry form to:
Orlando Barbell
2784 Wrights Rd., Ste. 1004
Oviedo, FL 32765

**Your entry must be received by Friday, January 26th, to avoid the late fee. Like our previous meets, we will be sticking to the meet entry cap of 60 lifters, so please get your entry forms in early if you want to make it into the meet. We will not issue any refunds for any reason. There will be no same day sign ups allowed. You will not be allowed to compete if you don't weigh in during the designated weigh in times. Please do not send entry in any form that will require a signature**.

**METHOD OF PAYMENT: _____CASH _____CHECK_____MONEY ORDER**

**Credit Card# _____**
**Your Name on the Card (not the card type):_____Exp Date: ____**

**PLEASE DO NOT EMAIL THE ENTRIES, PAYMENT MUST ACCOMPANY ENTRY FORM. MAKE CHECKS PAYABLE AND MAIL ENTRY TO: ORLANDO BARBELL.**

**RELEASE FROM LIABILITY:**
On behalf of myself, my heirs, executors, administrators and assigns, I hereby irrevocably waive, release and fully discharge the APF, Orlando Barbell, Hagerty High School, their respective officers, directors, employees, agents and shareholders, of and form any and all rights, claims, demands, lawsuits, and causes of action due to or arising from any accident, injury, damage or loss directly, indirectly, or in any way associated with my participation in the powerlifting competition sponsored by the APF.
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I represent that I know of no medical reason or condition that would impair my ability to participate in this event, and I hereby assume any and all risk of accidental, medical injury or consequential damages resulting from my participation. I acknowledge, understand and accept the inherent risks of powerlifting. **I have read the above release, understand its meaning and consequences, and agree to be legally bound by its terms. I have signed this release freely and voluntarily:**

_____ _____
Signature (in full) of applicant /Date Signature in full of parent or guardian (if applicant is under the age of 18).