

South Dakota APF/AAPF State Powerlifting Championships

-----[February 10, 2018]-----

- SPONSORED BY:** **RIVER CITY FITNESS** Chamberlain, SD | Ph: (605) 234-1018
THE HERO GYM Pierre, SD | Ph: (605) 224-1425
- MEET DIRECTORS:** **John Lenz**, SD APF State Co-Chairman
River City Fitness
Email: riverscityfitness@hotmail.com
Web: www.riverscityfitness.com
J.R. Bolger, SD APF State Co-Chairman
Ph: 605-222-8640
The Hero Gym
Email: powerlifter6662000@yahoo.com
Web: <https://www.theherogym.com>
- MEET UPDATES:** Visit the meet website at: <http://www.riverscityfitness.com/APFstate/SDstateMeet-Feb2018/> or Find the “2018 SD State APF Powerlifting Championships” event page on FACEBOOK.
- SANCTIONED BY:** **The American Powerlifting Federation (APF)**
Check www.worldpowerliftingcongress.com for rules.
- PLACE:** **AmericInn® Lodge & Suites Chamberlain - Conference Center**
Address: 1981 E King Ave, Chamberlain, SD 57325
Phone: (605) 734-0985
- ELIGIBILITY:** Open to qualified APF registered athletes. All athletes must have a current APF registration card or purchase one at the meet. Athletes may register online www.worldpowerliftingcongress.com or at the meet before weigh-in time with J.R. Bolger, State Chairman. (APF registration fee \$30.00)
***Make APF registration checks/money orders out to the APF, NOT THE MEET DIRECTOR**
- WEIGH-IN:** Friday-February 9, 2018: 9:00 AM – 12:00 PM & 4:00 PM – 6:00 PM
***THERE WILL BE NO WEIGH-INS ON DAY OF MEET!**
- LIFTING SESSIONS:** Saturday-February 10, 2018: 9:00 AM
Rules briefing will be at 8:00 AM
- UNIFORM:** Must have one piece lifting suit or wrestling suit. (Mandatory)
- ENTRY FEE:** All entry fees must accompany this entry form, to the meet director, no later than **January 17, 2018**. A late fee of \$75 will be applied to all entries received **POST MARKED** after this date.
NO ENTRIES allowed after January 24, 2018! Entry Fee is Non-Refundable.
***Make Checks payable to: John Lenz**
- WEIGHT CLASSES:** Men’s Open 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, and SHW
Women’s Open 97, 105, 114, 123, 132, 148, 165, 181, 198, and SHW
- AWARDS:** Awards will be given to the first three places in each men and women’s division. There will be “BEST LIFTER” awards as followed by formula:
APF – One Man and One Woman (*The type of awards may vary, depending upon the number of entries*)
- EQUIPMENT:** Elitefts Monolift & Elitefts Bench, Bulldog Texas Squat & Bench Barbells, Texas Deadlift Bar.



2018 SD STATE MEET ENTRY FORM



APF CARD# _____
Exp. Date: _____

Name: _____
Last Name First Name MI

Residence: _____
Street City State Zip

Telephone: _____ E-mail address: _____

Date of Birth: _____ Age (day of meet): _____

Wt. Class (Men): CIRCLE ONE – 114 123 132 148 165 181 198 220 242 275 308 SHW

Wt. Class (Women): CIRCLE ONE – 97 105 114 123 132 148 165 181 198 SHW

Division/Age Group: EVERY competitor will be entered into the **OPEN** division.

CHECK ALL THAT APPLY → Full Meet Bench Only Deadlift Only Push/Pull

CHECK ONE → RAW Classic RAW Equipped
(singlet only) (singlet & knee wraps only) (squat suit, bench shirts, deadlift suits)

CHECK ONE → APF AAPF (Drug Tested)

MEET T-SHIRTS: (\$20 ea.) Size: S___ M___ L___ XL___ 2XL___ 3XL___

****ENTRY FEES & APF CARD FEES ARE TO BE PAID SEPARATELY, NOT TOGETHER****
*****FEES are NON-Refundable*****

***Make Meet checks payable to and mail entries to:** John Lenz
608 S Main Street
Kimball, SD 57355

FEES & PAYMENT:

- *- Late fee after January 17, 2018....\$75 \$ _____
- Entry Fee.....\$75 \$ _____
- Additional division.....\$35 each \$ _____
- AAPF Division (Drug Tested).....\$10 \$ _____
- Pre-order T-Shirts.....\$20 \$ _____

→ **TOTAL amount enclosed: \$ _____**

AGREEMENT, WAIVER AND RELEASE

In consideration of the acceptance of this entry I hereby for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages I may have against the AmericInn, APF, River City Fitness, John Lenz, The Hero Gym, John R. Bolger, their representatives, successors and assigns for any and all injuries or bodily harm that I might suffer while competing at the 2018 SD APF/AAPF State Powerlifting Championships. I also agree that all pictures and video taken by the designated meet photographer may be used for advertisement and in sports publications.

Signature in full _____ Date _____

Parent's signature if under 18: _____