

Police & Fire AAPF Men's Open Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5	145.5	David Edmondson	61	USA	04-08-06	Baton Rouge
75	222.5	Haiduke, Jeffery	83	USA	7/31/2009	Burr Ridge
82.5	207.5	Michael Bingham	65	USA	4/13/2008	Lake George 4th
90	240	Derengowski Richard	82	USA	18-07-15	Park Forest IL
100	240	Rick Hess	73	USA	1/13/2007	Carteret
110	225	Norm Cairl	60	USA	6/16/2006	Toledo
125	330	Tommy Harrison, Jr.	73	USA	7/22/2006	Flint
140	322.5	Roger Ryan	55	USA	6/30/2007	Willowbrook
140+	250	Randy Houseworth	55	USA	6/15/2007	Troy

Women's AAPF Police & Fire Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52	45	Sowinski, Megan	90	USA	3/24/2012	Apple Valley, MN
56						
60						
67.5	102.5	Kim Carter	75	USA	7/22/2006	Flint
75	60	L. Robinson		USA		
82.5						
90	117.5	Berry, Michonne	68	USA	7/31/2009	Burr Ridge
90+						

Police & Fire AAPF Men's Submaster 33-39 Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5	177.5	Paul Clark	73	USA	06-12-08	Columbus
90	240	Derengowski Richard	82	USA	18-07-15	Park Forest IL
100	240	Rick Hess	73	USA	1/13/2007	Carteret
110						
125	272.5	Dale Szymanski	69	USA	04-08-06	Baton Rouge
140	262.5	Richard Lear	70	USA	6/16/2006	Toledo
140+						

Police & Fire AAPF Women's Submaster 33-39 Bench Records

Class	Record	Name	DOB	NAT	Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
90+						

Police & Fire AAPF Men's Master Bench Records

40-44 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5	145.5	David Edmondson	61	USA	04-08-06	Baton Rouge
75	210	Bingham, Michael	65	USA	7/31/2009	Burr Ridge
82.5	207.5	Michael Bingham	65	USA	4/13/2008	Lake George 4th
90	227.5	Frank Costanzo	66	USA	6/17/2010	Toledo, OH
100	232.5	Vironda, Ronald	81	USA	4/13/2012	Burr Ridge
110	215	Berg, Peter	67	USA	04-03-11	West Palm Beach
125	265	Bill Taylor	68	USA	3/20/2010	Bolingbrook, IL
140	270	Ken Ufford	64	USA	04-08-06	Overland Park
140+						

45-49 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5	140	David Edmondson	61	USA	3/24/2007	Idaho Falls
75						
82.5						
90						
100	150	Gleason, Michael	65	USA	4/21/2012	San Antonio, TX
110	225	Norm Cairl	60	USA	6/16/2006	Toledo
125	272.5	Roger Ryan		USA	7/29/2005	Lincolnwood
140	285	Foltz Jerry	65	USA	3/23/2013	Rosemont MN
140+						

50-54 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5	165	Rudy Ruettiger		USA	7/30/2005	Lincolnwood

90

100	195	Dick Zenzen	52	USA	01-06-07	Dekalb
110	200	Michael Baeta	54	USA	3/25/2006	Las Vegas
125	277.5	Roger Ryan		USA	01-07-06	Willowbrook
140	322.5	Roger Ryan	55	USA	6/30/2007	Willowbrook
140+	250	Randy Houseworth	55	USA	6/14/2007	Troy

Police & Fire AAPF Men's Master Bench Records

55-59 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5						
90						
100	170	Ted Butler	47	USA	3/18/2006	Attalla
110	215	Ed Fitzpatrick	48	USA	4/13/2008	Lake George
125	200	Tawzer, Kenneth	51	USA	10/15/2011	Chatsworth, Ca
140						
140+						

60-64 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						
75						
82.5	120	Muehling, Curt	46	USA	06-12-08	Columbus
90						
100						
110	220	Ed Fitzpatrick	48	USA	08-01-08	Oak Brook
125	222.5	Ed Fitzpatrick	48	USA	12-06-08	Jacksonville
140						
140+						

65-69 Age Group

Class	Record	Name	DOB	NAT	Date of Record	Location
52						
56						
60						
67.5						

75

82.5

90

100	165	Gary Fogle	41	USA	6/13/2008	Columbus
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110	175	Gary Fogle	41	USA	9/16/2006	Freemont
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125

140

140+