

Single Ply AAPF Men's Bench Records

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|-----------------|-----|----------------|---------------------|
| 52 | | | | | |
| 56 | | | | | |
| 60 | | | | | |
| 67.5 | | | | | |
| 75 | 150 | Leonhardt James | 78 | 2/4/2017 | Chamberlain SD |
| 82.5 | 202.5 | Ruelan Miguel | 70 | 7/19/2014 | Detroit MI |
| 90 | 302.5 | Saunders Mike | 79 | 12/10/2016 | Murray UT |
| 100 | 227.5 | Sonntag Joseph | 90 | 4/27/2014 | Baton Rouge LA |
| 110 | 225 | Ogurek Matthew | 73 | 1/9/2016 | Dearborn Heights MI |
| 125 | 265 | Grosz Joseph | 81 | 9/2/2015 | Idaho Falls ID |
| 140 | 355 | Aumavae Sammy | 72 | 8/31/2014 | Idaho Falls |
| 140+ | | | | | |

Women's Single Ply Bench Records

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|--------------|-----|----------------|----------------|
| 44 | | | | | |
| 48 | | | | | |
| 52 | | | | | |
| 56 | | | | | |
| 60 | | | | | |
| 67.5 | 62.5 | Smith Dallas | 87 | 8/27/2014 | Idaho Falls ID |
| 75 | | | | | |
| 82.5 | | | | | |
| 90 | | | | | |
| 90+ | | | | | |

Men's Junior 20-23 Single Ply Bench Records

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|----------------|-----|----------------|----------------|
| 52 | | | | | |
| 56 | | | | | |
| 60 | | | | | |
| 67.5 | | | | | |
| 75 | | | | | |
| 82.5 | | | | | |
| 90 | | | | | |
| 100 | 227.5 | Sonntag Joseph | 90 | 4/27/2014 | Baton Rouge LA |
| 110 | | | | | |
| 125 | | | | | |
| 140 | | | | | |
| 140+ | | | | | |

Women's Junior 20-23 Single Ply Bench Records

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
| 44 | | | | | |
| 48 | | | | | |
| 52 | | | | | |
| 56 | | | | | |
| 60 | | | | | |
| 67.5 | | | | | |
| 75 | | | | | |
| 82.5 | | | | | |
| 90 | | | | | |
| 90+ | | | | | |

Men's Teenage Single Ply Bench Records

13-15 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
| 52 | | | | | |

56
60
67.5
75
82.5
90
100
110
125
140
140+

16-17 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
|-------|--------|------|-----|----------------|----------|

52
56
60
67.5
75
82.5
90
100
110
125
140
140+

18-19 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
|-------|--------|------|-----|----------------|----------|

52
56
60
67.5
75
82.5
90
100
110
125
140
140+

Women's Teenage Single Ply Bench Records

13-15 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
|-------|--------|------|-----|----------------|----------|

44
48
52

| | | | | | |
|------|----|------------------|------|----------|----------------|
| 67.5 | 60 | Marchant Zachary | 2001 | 9/2/2016 | Idaho Falls ID |
|------|----|------------------|------|----------|----------------|

| | | | | | |
|------|-------|-------------|----|-----------|---------------|
| 82.5 | 117.5 | Ruane Peter | 96 | 4/10/2015 | Glen Ellyn IL |
|------|-------|-------------|----|-----------|---------------|

56
60
67.5
75
82.5
90
90+

16-17 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
|-------|--------|------|-----|----------------|----------|

44
48
52
56
60
67.5
75
82.5
90
90+

18-19 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
|-------|--------|------|-----|----------------|----------|

44
48
52
56
60
67.5
75
82.5
90
90+

Men's Submaster 33-39 Single Ply Bench Records

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
|-------|--------|------|-----|----------------|----------|

| | | | | | |
|------|-----|-----------------|----|----------|----------------|
| 52 | | | | | |
| 56 | | | | | |
| 60 | | | | | |
| 67.5 | | | | | |
| 75 | 150 | Leonhardt James | 78 | 2/4/2017 | Chamberlain SD |
| 82.5 | | | | | |
| 90 | | | | | |

| | | | | | |
|------|-----|---------------|----|----------|----------------|
| 100 | | | | | |
| 110 | | | | | |
| 125 | 265 | Grosz Josephe | 81 | 9/2/2015 | Idaho Falls ID |
| 140 | | | | | |
| 140+ | | | | | |

Women's Submaster 33-39 Single Ply Bench Records

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
| 44 | | | | | |
| 48 | | | | | |
| 52 | | | | | |
| 56 | | | | | |
| 60 | | | | | |
| 67.5 | | | | | |
| 75 | | | | | |
| 82.5 | | | | | |
| 90 | | | | | |
| 90+ | | | | | |

Men's Master Single Ply Bench Records

40-44 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|-----------------|-----|----------------|---------------------|
| 52 | | | | | |
| 56 | | | | | |
| 60 | | | | | |
| 67.5 | | | | | |
| 75 | 142.5 | Sawmiller Shane | 73 | 3/27/2015 | Grand Rapids MI |
| 82.5 | 202.5 | Ruelan Miguel | 70 | 7/19/2014 | Detroit MI |
| 90 | | | | | |
| 100 | | | | | |
| 110 | 225 | Ogurek Matthew | 73 | 1/9/2016 | Dearborn Heights MI |
| 125 | | | | | |

| | | | | | |
|------|-----|---------------|----|-----------|-------------|
| 140 | 355 | Aumavae Sammy | 72 | 8/31/2014 | Idaho Falls |
| 140+ | | | | | |

45-49 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
|-------|--------|------|-----|----------------|----------|

52
56
60
67.5
75
82.5
90
100
110
125
140
140+

| | | | | | |
|-----|-----|---------------|----|-----------|----------------|
| 100 | 240 | Ponzio Thomas | 69 | 3/18/2017 | Idaho Falls ID |
|-----|-----|---------------|----|-----------|----------------|

50-54 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
|-------|--------|------|-----|----------------|----------|

52
56
60
67.5
75
82.5
90
100
110
125
140
140+

| | | | | | |
|-----|-----|--------------|----|-----------|----------------|
| 125 | 220 | McAteer Wade | 64 | 5/28/2017 | Lisle IL |
| 140 | 240 | Darley Bruce | 64 | 9/2/2015 | Idaho Falls ID |

Men's Master Single Ply Bench Records

55-59 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
|-------|--------|------|-----|----------------|----------|

52
56
60
67.5
75
82.5
90
100
110
125
140
140+

| | | | | | | |
|------|-------|-------------------|----|-----------|-----------------|-----|
| 75 | 100 | Shipleigh Cliff | 59 | 8/6/2016 | Grand Rapids MI | |
| 82.5 | 145 | Baker Bob | 56 | 4/21/2016 | Idaho Falls ID | |
| 90 | 152.5 | Clayton Doug | 57 | 9/2/2015 | Idaho Falls ID | |
| 100 | 190 | Denniston William | 56 | 8/6/2016 | Grand Rapids MI | |
| 125 | 182.5 | Cozine Noble | 56 | 8/6/2016 | Grand Rapids MI | 4th |

60-64 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|--------------|-----|----------------|----------------|
| 52 | | | | | |
| 56 | | | | | |
| 60 | | | | | |
| 67.5 | | | | | |
| 75 | | | | | |
| 82.5 | 147.5 | Baker Bob | 56 | 9/1/2016 | Idaho Falls ID |
| 90 | | | | | |
| 100 | | | | | |
| 110 | | | | | |
| 125 | 100 | Cozy Cozine | 56 | 9/1/2016 | Idaho Falls ID |
| 140 | 150 | Riskey Larry | 50 | 8/31/2014 | Idaho Falls ID |
| 140+ | | | | | |

65-69 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|----------------|-----|----------------|-----------------|
| 52 | | | | | |
| 56 | | | | | |
| 60 | | | | | |
| 67.5 | | | | | |
| 75 | | | | | |
| 82.5 | | | | | |
| 90 | | | | | |
| 100 | 142.5 | Marchant Randy | 51 | 9/1/2016 | Idaho Falls ID |
| 110 | 192.5 | Dickerson Dick | 48 | 8/6/2016 | Grand Rapids MI |
| 125 | | | | | |
| 140 | | | | | |
| 140+ | | | | | |

Men's Master Single Ply Bench Records

70-74 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------------------|-----|----------------|----------------|
| 52 | | | | | |
| 56 | | | | | |
| 60 | | | | | |
| 67.5 | | | | | |
| 75 | | | | | |
| 82.5 | 150 | Lichtle Lee | 44 | 9/2/2015 | Idaho Falls ID |
| 90 | 150.5 | Minietta Michael | 43 | 9/2/2015 | Idaho Falls ID |
| 100 | | | | | |
| 110 | | | | | |
| 125 | | | | | |
| 140 | | | | | |
| 140+ | | | | | |

75-79 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
|-------|--------|------|-----|----------------|----------|

52
 56
 60
 67.5
 75
 82.5
 90
 100
 110
 125
 140
 140+

| | | | | | |
|------|-------|---------------|----|-----------|-----------------|
| 75 | 117.5 | McDermott Joe | 40 | 8/6/2016 | Grand Rapids MI |
| 82.5 | 125 | McDermott Joe | 40 | 3/11/2016 | Grand Rapids MI |

80-84 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
|-------|--------|------|-----|----------------|----------|

52
 56
 60
 67.5
 75
 82.5
 90
 100
 110
 125
 140
 140+

Women's Master Single Ply Bench Records

40-44 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
|-------|--------|------|-----|----------------|----------|

44
 48
 52
 56
 60
 67.5
 75
 82.5
 90
 90+

45-49 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
|-------|--------|------|-----|----------------|----------|

44
 48

52
56
60
67.5
75
82.5
90
90+

50-54 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
| 44 | | | | | |
| 48 | | | | | |
| 52 | | | | | |
| 56 | | | | | |
| 60 | | | | | |
| 67.5 | | | | | |
| 75 | | | | | |
| 82.5 | | | | | |
| 90 | | | | | |
| 90+ | | | | | |

Women's Master Single Ply Bench Records

55-59 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
| 44 | | | | | |
| 48 | | | | | |
| 52 | | | | | |
| 56 | | | | | |
| 60 | | | | | |
| 67.5 | | | | | |
| 75 | | | | | |
| 82.5 | | | | | |
| 90 | | | | | |
| 90+ | | | | | |

60-64 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|-----------------|-----|----------------|-----------------|
| 44 | | | | | |
| 48 | | | | | |
| 52 | | | | | |
| 56 | 57.5 | Denniston Karon | 56 | 8/6/2016 | Grand Rapids MI |
| 60 | | | | | |

67.5
75
82.5
90
90+

65-69 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
|-------|--------|------|-----|----------------|----------|

44
48
52
56
60
67.5
75
82.5
90
90+

Women's Master Single Ply Bench Records

70-74 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
|-------|--------|------|-----|----------------|----------|

44
48
52
56
60
67.5
75
82.5
90
90+

75-79 Age Group

| Class | Record | Name | DOB | Date of Record | Location |
|-------|--------|------|-----|----------------|----------|
|-------|--------|------|-----|----------------|----------|

44
48
52
56
60
67.5
75
82.5

90
90+

| 80-84 | Age Group | | | | |
|-------|-----------|------|-----|----------------|----------|
| Class | Record | Name | DOB | Date of Record | Location |
| 44 | | | | | |
| 48 | | | | | |
| 52 | | | | | |
| 56 | | | | | |
| 60 | | | | | |
| 67.5 | | | | | |
| 75 | | | | | |
| 82.5 | | | | | |
| 90 | | | | | |
| 90+ | | | | | |