

**Men's AWPC Bench Records**

52	127.5	Sokushev Vadim	90	RUS	8/16/2013	Novosibirsk
56	143.0	Pham, Hung	74	USA	2001	
60	157.5	Karaziya Sergei	87	RUS	8/7/2012	Kryvyy Rig
67.5	200.0	Mukite, Joe	66	USA	2003	
75	247.5	Telidis Kostas	89	RUS	7/31/2016	Blagoveschensk
82.5	282.5	Hensley, Tim	80	USA	7/31/2009	Burr Ridge
90	321.0	Hensley, Tim	80	USA	4/26/2013	Grand Rapids MI
100	347.5	Hensley, Tim	80	USA	8/5/2017	Grand Rapids MI
110	310.0	DeCaires Eric	86	USA	7/21/2012	Detroit
125	330.0	Harrison, Jr., Tommy	73	USA	7/22/2006	Flint
140	370.0	Mitchell, Mike	77	USA	7/31/2009	Burr Ridge
140+	390.0	Harwood Clinton		CAN	7/19/2014	Detroit MI

**Women's AWBC Bench Records**

44	77.5	Hickman, Dawn	68	USA	9/3/2011	Idaho Falls
48	87.5	Sergiyenko Anastasiya	87	RUS	8/23/2014	Moscow
52	110.0	Antipova, Agnessa	81	RUS	9/27/2011	Yekaterinbourg
56	112.5	Konoval Anna	84	UKR	8/10/2013	Kursk
60	90.0	Bobchenko, Lyudmyla	79	UKR	7/16/2010	West Palm Beach
67.5	140.0	Medvedeva, Yulia	79	RUS	8/9/2009	Kursk
75	155.0	Fineis-Curry, Brooke	77	USA	7/22/2006	Flint
82.5	130.0	Bako Nataliya	73	RUS	7/31/2009	Burr Ridge
90	130.0	Johnson		USA	1999	
90+	190.0	Nutter, Rachel	70	USA	9/3/2011	Idaho Falls

**Men's Junior 20-23**

52	127.5	Sokushev Vadim	90	RUS	8/16/2013	Novosibirsk
56	72.5	Akakiev, Vladimir	85	RUS	6/7/2008	Kursk
60	132.5	Yanushkevich, Andrei	84	RUS	2/10/2007	Chelyabinsk
67.5	175.0	Warpeha		USA	1998	
75	200.0	Land, John	83	USA	4/7/2006	Baton Rouge
82.5	222.5	Grivetti Forrest	95	USA	9/10/2017	Lisle IL
90	250.0	DeCaires, Eric	86	USA	4/18/2010	Detroit
100	250.0	Likhovitsky Ivan	90	RUS	10/19/2012	Krasnodar
110	250.0	Kulebyakin Ruslan	91	RUS	8/23/2014	Moscow
125	260.0	Voronkova Alexei	89	RUS	10/19/2012	Krasnodar
140	237.5	Court, Mathew	84	CAN	5/5/2007	Toronto
140+	335.0	Courville Blasé	97	USA	5/28/2017	Lisle IL

**Women's Junior 20-23**

44						
48	80.0	Dudyreva, Irina	90	RUS	8/19/2010	Moscow
52	85.0	Blinkova Natalya	91	RUS	8/7/2012	Kryvyy Rig
56	65.0	Ogorodnikova, Anna	84	RUS	8/18/2007	Kursk
60	88.0	Telpova, Olga	86	RUS	3/21/2010	Kursk
67.5	90.0	Gongor Otgontuya	91	MGL	8/23/2014	Moscow
75	115.0	Cress Reagan	96	USA	5/28/2017	Lisle IL
82.5	85.0	Licata		USA	2000	
90						
90+						

<b>Men's 13-15</b>						
52	80.0	Grechko Sergey	92	RUS	3/22/2008	Rostov
56	67.5	Petrosyan Arman	93	RUS	8/9/2008	Kursk
60	115.0	Dunn, Jordan	91	USA	4/7/2006	Baton Rouge
67.5	117.5	Tishinin, Denis	91	RUS	8/18/2007	Kursk
75	112.5	Rezitsky, Nikita	93	RUS	3/1/2009	Chelyabinsk
82.5	172.5	Frizzell		USA	2002	
90	138.5	Archuleta, Gabriel	94	USA	4/4/2009	Idaho Falls
100	140.0	Abrego, Vincent		USA	2003	
110	210.0	Kennedy, Cody	95	USA	7/16/2010	West Palm Beach
125	155.0	Aspuru, Fernando	83	USA	1999	
140	145.0	Middleton		USA	2001	
140+						

<b>Men's 16-17</b>						
52	72.5	Sabelnikov, Ilya	91	RUS	6/7/2008	Kursk
56	112.5	Guliev Fakhi	91	RUS	3/22/2008	Rostov
60	142.5	Chekalin Vladimir	95	RUS	8/16/2012	Novorossiysk
67.5	150.0	Buychnev Oleg	95	RUS	8/7/2012	Kryvyi Rig
75	185.0	Dunn, Jordan	91	USA	4/13/2008	Lake George
82.5	170.0	Karpenko, Alexander	92	RUS	3/21/2010	Kursk
90	180.0	Boyko Ilya	94	RUS	9/27/2011	Yekaterinbourgh
100	227.5	McCloskey, Anthony	91	USA	4/13/2008	Lake George
110	195.0	Kinsely, Clayton	88	USA	4/7/2006	Baton Rouge
125	227.5	Beck, Hunter	88	USA	4/23/2005	Saco
140	200.0	Burton, Alex	90	USA	8/1/2008	Oak Brook
140+	142.5	Pelosi, Michael	87	USA	4/22/2005	Saco

<b>Men's 18-19</b>						
52	105.0	Sergeev Sergey	90	RUS	3/21/2008	Rostov
56	115.0	Zhikan Vladimir	94	RUS	8/16/2012	Novorossiysk
60	125.0	Gornyy, Olexiy	92	UKR	3/26/2011	Kryvyi Rig
67.5	163.5	Noskov Andrei	93	RUS	10/19/2012	Krasnodar
75	205.0	Tinajero, Daniel	87	USA	7/22/2006	Flint
82.5	207.5	Karpenko, Alexander	92	RUS	4/19/2012	Rostov
90	191.0	Grigorayan Arman	94	RUS	8/7/2012	Kryvyi Rig
100	215.0	Roberts		USA	1999	
110	220.0	Brewer, Trey	85	USA	3/20/2007	Las Vegas
125	205.0	Singh, Richard	88	CAN	8/3/2007	Rosemont
140	247.5	Arman, Matt	87	USA	7/22/2006	Flint
140+	272.5	Garvey Jr, Darrell	87	USA	4/7/2006	Baton Rouge

<b>Women's 13-15</b>						
44						
48						
52	70.0	Harris, Amanda	91	USA	4/7/2006	Baton Rouge
56						
60	95.0	Morozova Svetlana	99	RUS	9/24/2015	Rostov
67.5	85.0	Brandau		USA	2000	
75						
82.5						
90						
90+	50.0	Biddle, Hannah	90	USA	7/30/2005	Lincolnwood

		<b>Women's 16-17</b>				
44	47.5	Cunningham, Geri	92	USA	4/4/2009	Idaho Falls
48						
52	52.5	Reutova, Nadezhda	93	RUS	3/21/2010	Kursk
56	80.0	Harris, Amanda	91	USA	8/3/2007	Rosemont
60	41.0	Gray, Nerissa	92	AUS	6/8/2008	Lithgow
67.5	77.5	Mayer, Rachael	89	USA	7/22/2006	Flint
75						
82.5	60.0	Biddle, Abigail	88	USA	7/30/2005	Lincolnwood
90	117.5	McCloskey, Anna	93	USA	7/16/2010	West Palm Beach
90+	122.5	Chatelain, Ashton	92	USA	7/17/2010	West Palm Beach

		<b>Women's 18-19</b>				
44						
48	72.5	Dudyreva, Irina	90	RUS	3/21/2010	Kursk
52						
56	77.5	Tom		USA	2004	
60	82.5	Palmberg, Kayla	91	USA	7/16/2010	West Palm Beach
67.5	87.5	Czerwicz, Kimberly	87	USA	7/22/2006	Flint
75	62.5	Fitzpatrick, Erin	87	USA	4/7/2006	Baton Rouge
82.5						
90						
90+	172.5	Dudley, Machia	86	USA	4/7/2006	Baton Rouge

		<b>Men's Submaster 33-39</b>				
52	110.0	Leoni, Rob	66	USA	7/31/2005	Lincolnwood
56	140.0	Artemyev, Igor	71	RUS	2/10/2007	Chelyabinsk
60	137.5	Artemyev, Oleg	71	RUS	2/10/2007	Chelyabinsk
67.5	200.0	Mukite, Joe		USA	2003	
75	200.0	Larionov Artem	78	RUS	6/14/2013	Portugal
82.5	215.0	Veber, Mikhail	71	RUS	3/21/2007	Rostov
90	240.0	Veber, Mikhail	71	RUS	3/21/2010	Kursk
100	347.5	Hensley Tim	80	USA	8/5/2017	Grand Rapids MI
110	287.5	Hoffman, Bryan	72	USA	7/31/2009	Burr Ridge
125	297.5	Lewis, David	72	USA	7/31/2009	Burr Ridge
140	335.0	Harwood, Clinton	73	CAN	5/30/2009	Toronto
140+	366.0	Harwood, Clinton	73	CAN	5/10/2008	Ontario

		<b>Women's Submaster 33-39</b>				
44						
48	85.0	Vakhterova Yuliya	80	RUS	7/23/2017	Blagoveschensk
52	80.0	Davis		USA	1997	
56	88.0	Grigoryeva Yelena	76	RUS	8/23/2014	Moscow
60	80.0	Zagrebina Natalya	77	RUS	8/10/2013	Kursk
67.5	115.0	Umerenkova Yuliya	80	RUS	12/3/2016	Kursk
75	105.5	Umerenkova Yuliya	80	RUS	8/13/2016	Kursk
82.5	130.0	Bako Nataliya	73	RUS	7/31/2009	Burr Ridge
90	125.0	Johnson		USA	1998	
90+	177.5	Nutter, Rachael	70	USA	4/16/2010	Detroit

**Men's M40-44**

52						
56	135.0	Artemiev Igor	71	RUS	8/23/2014	Moscow
60	150.0	Artemiev Oleg	71	RUS	8/23/2014	Moscow
67.5	160.0	Yu		USA	2000	
75	210.5	Koshkin Sergei	71	RUS	10/25/2014	Krasnodar
82.5	230.0	Elkanany,Mosbeth	69	EGY	7/16/2010	West Palm Beach
90	260.0	Veber, Mikhail	71	RUS	8/14/2011	Kursk
100	251.0	Verber Mikhail	71	RUS	10/19/2012	Krasnodar
110	257.5	McConaughey, Bob	60	USA	2004	
125	275.0	Hubbs, Eric	63	USA	8/1/2008	Oak Brook
140	310.5	O'Halloran, Shawn	65	CAN	5/5/2007	Toronto
140+	390.0	Harwood Clinton		CAN	7/19/2014	Detroit MI

**M45-49**

52						
56						
60	112.5	Kovalenko Volodymyr	65	UKR	8/7/2012	Kryvyy Rig
67.5	150.0	Maximov,Alexander	61	RUS	5/12/2007	Pushkino
75	167.5	Anest,Jody	63	USA	4/5/2009	Idaho Falls
82.5	192.5	Fabiano, Bob	57	USA	7/22/2006	Flint
90	225.0	MacDiarmid Scott	68	CAN	7/19/2014	Detroit, MI
100	250.0	Luciano,Sam	61	USA	4/13/2008	Lake George
110	287.5	McConaughey, Bob	60	USA	7/31/2005	Lincolnwood
125	290.0	Hubbs, Eric	65	USA	9/4/2011	Idaho Falls
140	255.0	Foltz, Jerry	65	USA	9/4/2011	Idaho Falls
140+	247.5	Darley Bruce	64	USA	7/21/2012	Detroit, MI

**M50-54**

52						
56						
60						
67.5	130.0	Alampiev,Sergei	57	RUS	3/21/2010	Kursk
75	167.5	Craig, Scott	46	USA	1999	
82.5	195.5	Reshetnikov, Vladimir	60	RUS	8/19/2010	Moscow
90	200.0	Golovchenko Eugene	46	UKR	8/8/2012	Kryvyy Rig
100	235.0	McIntyre,Bruce	57	USA	7/16/2010	West Palm Beach
110	275.0	McIntyre,Bruce	57	USA	5/10/2008	Ontario
125	285.0	Hubbs Eric	63	USA	4/10/2015	Glen Ellyn IL
140	287.5	Hubbs Eric	63	USA	5/28/2017	Lisle IL
140+	240.5	Penrose Howard	66	USA	9/10/2017	Lisle IL

**M55-59 Age Group**

52						
56						
60						
67.5	115.0	Noplos, Tony	44	USA	2003	
75	165.0	Cardon		USA	1998	
82.5	185.0	Francis Randy	54	USA	7/20/2013	Detroit, MI
90	192.5	Swift, Dan	47	USA	7/29/2005	Lincolnwood
100	217.5	Akentyev Valeriy	58	RUS	4/22/2017	Rostov
110	242.5	Akentyev Valeriy	58	RUS	3/25/2016	Rostov
125	255.0	Murphy,Dave	54	USA	7/16/2010	West Palm Beach
140	202.5	Nelson, Tom	48	USA	4/8/2006	Baton Rouge
140+	232.5	Rupright, Paul	54	USA	9/1/2013	Idaho Falls

**M60-64**

52						
56						
60						
67.5	120.0	Noplos, Tony	44	USA	2004	
75	137.5	Lambole, John	41	USA	2004	
82.5	170.0	Lozano, Rudy	39	USA	2004	
90	197.5	Switt, Dan	47	USA	8/3/2007	Rosemont
100	190.0	Saluzzi, Scott	49	USA	9/4/2011	Idaho Falls
110	258.0	Dufour Ed	73	CAN	7/25/2015	Romulus MI
125	217.5	Fitzpatrick, Edward	48	USA	7/16/2010	West Palm Beach
140	227.5	Smith, Robert O.	42	CAN	6/3/2006	Calgary
140+	220.0	Rupright Paul	54	USA	4/10/2015	Glen Ellyn IL

**M65-69**

52						
56						
60	112.5	Kawasaki, Nori	28	USA	1998	
67.5	110.5	Gidcumb, Richard	36	USA	7/22/2006	Flint
75	145.0	Petukhov, Yevgeny	38	RUS	2/10/2007	Chelyabinsk
82.5	142.5	Tseveendorj Maamchuluun	46	MGL	8/23/2014	Moscow
90	167.5	Hussey, Jim	43	USA	7/31/2009	Burr Ridge
100	185.0	Sposato, Louis	39	USA	8/1/2008	Oak Brook
110	222.5	Sandberg, Skip	40	USA	8/3/2007	Rosemont
125	197.5	Sandberg, Skip	40	USA	4/5/2009	Idaho Falls
140						
140+						

**M70-74**

52						
56						
60	105.5	Kawasaki, Nori	28	USA	1999	
67.5	100.0	Kim Miron	41	RUS	6/8/2012	Moscow
75	140.0	McDermott, Joe	40	USA	4/3/2011	West Palm Beach
82.5	152.5	Minietta Michael	42	USA	9/1/2013	Idaho Falls ID
90	150.5	Minietta Michael	42	USA	9/2/2015	Idaho Falls ID
100	167.5	Bassman, Bob	38	USA	4/17/2010	Detroit
110	176.0	Bassman, Bob	38	USA	7/31/2009	Burr Ridge
125	197.5	Sandberg, Larry	40	USA	9/4/2011	Idaho Falls
140						
140+						

**M75-79**

52						
56						
60	102.5	Kawasaki, Nori	28	USA	2004	
67.5	90.0	Anderson Kirby	36	USA	4/10/2015	Glen Ellyn IL
75	112.5	Rubin Grigori	36	ISR	8/23/2014	Moscow
82.5	100.0	McCulloch, Eugene	30	USA	7/29/2005	Lincolnwood
90	142.5	Remley, William	30	USA	3/25/2006	Lakeland
100	120.0	Bassman Bob	38	USA	9/1/2013	Idaho Falls
110						
125						
140						
140+						

**M80-84**

52  
56  
60  
67.5  
75  
82.5  
90  
100  
110  
125  
140  
140+

67.5	75.0	Heizelman		USA	2001	
82.5	85.0	Virta,Art	22	USA	8/1/2008	Oak Brook

**Women's Master 40-44**

44	77.5	Hickman, Dawn	68	USA	9/3/2011	Idaho Falls
48	60.0	Krochmal, Carol	58	USA	1999	
52	77.5	Kirkland, Margaret	63	USA	2004	
56	75.0	Quinell		AUS	2000	
60	72.5	Pierson,Nelda	56	USA	1998	
67.5	125.0	Kuznetsova Yuliya	73	RUS	8/13/2016	Kursk
75	90.0	Sinacheva,Svetlana	66	RUS	7/31/2009	Burr Ridge
82.5	90.0	Belsito, Linda	57	USA	1998	
90	117.5	Berry,Michonne	68	USA	7/31/2009	Burr Ridge
90+	190.0	Nutter, Rachel	70	USA	9/3/2011	Idaho Falls

**M45-49**

44	55.0	Krochmal, Carol	58	USA	8/3/2007	Rosemont
48	70.0	Krochmal, Carol	58	USA	2004	
52	62.5	Spaletto, Chris		USA	2003	
56	95.0	Russillo, Rhonda		USA	2003	
60	62.5	Simbro, Jill		USA	2004	
67.5	87.5	Jackson		USA	1999	
75	82.5	Taber, Joani	66	USA	4/13/2012	Burr Ridge
82.5	80.0	Razor, Amy	56	USA	2004	
90	75.0	Cadavona, Wilma	52	USA	2000	Las Vegas
90+	182.5	Nutter Rachel	70	USA	9/10/2017	Lisle IL

**M50-54**

44	35.0	Range	46	USA	1998	
48	55.0	Brigham, Chris	48	USA	2000	
52	62.5	Telegina Tatyana	61	RUS	8/16/2012	Novorossiysk
56						
60	70.0	Mies, Susan		USA	7/29/2005	Lincolnwood
67.5						
75						
82.5	65.0	Polansky, Karen	47	USA	2001	
90	75.0	Glitt, Joellen	48	USA	1999	
90+	172.5	Thoms, Sidney	53	USA	8/1/2008	Oak Brook

**M55-59**

44						
48						
52	72.5	Brigham, Chris	48	USA	4/9/2005	
56	42.5	McCallion, Susan	48	USA	7/22/2006	Flint
60						
67.5	75.0	Shabanova,Nadezhda	52	RUS	7/16/2010	West Palm Beach
75						
82.5						
90						
90+	67.5	Clonce		USA		

**M60-64**

44						
48						
52						
56						
60						
67.5	65.0	Keresey, Evangeline	40	USA	2004	
75						
82.5						
90						
90+	55.0	Zenzen Linda	54	USA	9/1/2017	Idaho Falls ID

**65-69 Age Group**

44						
48						
52						
56						
60	48.5	Hermine		AUT	2001	
67.5						
75						
82.5	72.5	Langdon,Nora	42	USA	4/4/2009	Idaho Falls
90	80.0	Langdon,Nora	42	USA	4/16/2010	Detroit
90+						

**70-74 Age Group**

44						
48						
52						
56						
60						
67.5						
75						
82.5						
90	42.5	Tenorio, Betty	29	USA	2001	
90+	47.5	Tenorio, Betty	29	USA	2001	

**75-79 Age Group**

44	25.0	Chatel,Mary	29	USA	4/4/2009	Idaho Falls
48						
52						
56						
60						
67.5						
75	30.0	Tsverova Galina	31	RUS	3/21/2008	Rostov
82.5	32.5	Tenorio, Betty	29	USA	7/29/2005	Lincolnwood
90						
90+						

**80-84 Age Group**

44	25.0	Chatel,Mary	29	USA	7/16/2010	West Palm Beach
48						
52						
56						
60						
67.5						
75						
82.5						
90						
90+						

4th

4th

4th



4th

4th

4th



4th

4th

4th

4th

4th

4th

85-89ag

4th