

AWPC Deadlift Records Women

Women Open

44	102.5	Borodina Natalya	96	RUS	8/14/2016	Kursk
48	140.5	Yenina Yelena	89	RUS	8/14/2016	Kursk
52						
56	150.0	Noskova Anastasiya	84	RUS	3/22/2014	Vologda
60	150.0	Noskova Anastasiya	84	RUS	4/19/2014	Krasnodar
67.5	200.0	Umerenkova Yuliya	80	RUS	12/6/2014	Kursk
75	190.0	Umerenkova Yuliya	80	RUS	8/12/2017	Kursk

82.5

90

90+	82.5	Zenzen Linda	54	USA	5/28/2017	Lisle IL
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Junior (20 - 23)

44	102.5	Borodina Natalya	96	RUS	8/14/2016	Kursk
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48

52

56

60

67.5	170.0	Gongor Otgontuya	91	MGL	8/24/2014	Moscow
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75

82.5

90

90+

T1 (13 - 15)

44

48

52

56

60

67.5

75

82.5

90

90+

T2 (16 - 17)

44

48

52

56

60

67.5

75

82.5

90

90+



T3 (18 - 19)

44

48

52

56

60

67.5

75

82.5

90

90+



W SM 33-39

44						
48	140.0	Vakhterova Yuliya	80	RUS	8/24/2014	Moscow
52						
56						
60						
67.5	200.0	Umerenkova Yuliya	80	RUS	12/6/2014	Kursk
75	190.0	Umerenkova Yuliya	80	RUS	8/12/2017	Kursk
82.5						
90						
90+						

M 1 (40-44)

44
48
52
56
60
67.5
75
82.5
90
90+

M 2 (45-49)

44
48
52
56
60
67.5
75
82.5
90
90+

M 3 (50-54)

44
48
52
56
60
67.5
75
82.5
90
90+

M 4 (55-59)

44
48
52
56
60
67.5
75

82.5
90
90+

M 5 (60-64)

44
48
52
56
60
67.5
75
82.5
90
90+

82.5 Zenzen Linda

54

USA

5/28/2017

Lisle IL

4th

**AWPC Deadlift Records Men
Men Open**

52						
56						
60						
67.5	207.5	Kim Alexandr	81	RUS	7/3/2014	Novosibirsk
75	257.5	Young Kyle	83	USA	4/21/2016	Idaho Falls ID
82.5	295.0	Stupnikov Roman	88	RUS	4/16/2015	Rostov
90	317.5	Umerenkov Igor	80	RUS	8/11/2013	Kursk
100	320.0	Umerenkov Igor	80	RUS	8/1/2015	Blagoveschensk
110	265.0	Hickey Austin	80	IRE	6/3/2017	Moscow
125	310.0	Kuchma Alexei	79	RUS	8/24/2014	Moscow
140						
140+						

Junior (20 - 23)

52						
56						
60						
67.5						
75	235.0	Aldatkhamid Beyrdmurat	92	MGL	8/24/2014	Moscow
82.5	240.0	Batbold Otgonbaatar	96	MGL	8/14/2016	Kursk
90	252.5	Jigmedserchin Saruul-Erdene	92	MGL	8/14/2016	Kursk
100						
110						
125						
140						
140+						

T1 (13 - 15)

52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140						
140+						

T2 (16 - 17)

52						
56						
60						
67.5						
75	230.0	Boytssov Artem	98	RUS	12/5/2015	Kursk
82.5						
90						
100						
110						
125						
140						
140+						

T3 (18 - 19)

52		#NAME?				
56						
60						
67.5						
75	180.0	Krasnyy Dmitriy	92	RUS	10/19/2013	Krasnodar
82.5						
90						
100	282.5	Swensen Cody	94	USA	9/1/2013	Idaho Falls
110						
125						
140						
140+						

M SM 33-39

52

56

60

67.5

75

82.5

90

100

110

125

140

140+

245.0	Altunin Nikolai	77	RUS	8/24/2014	Moscow
282.5	Ferreira Jason		CAN	9/1/2013	Idaho Falls
295.0	Alagno Joe	81	USA	9/2/2015	Idaho Falls ID
320.0	Umerenkov Igo	80	RUS	8/1/2015	Blagoveschensk
265.0	Hickey Austin	80	IRE	6/3/2017	Moscow
310.0	Kuchma Alexei	79	RUS	8/24/2014	Moscow

M1 (40 - 44)

52

56

60

67.5

75

82.5

90

100

110

125

140

140+

230.0	Lapynin Vladimir	70	RUS	8/24/2014	Moscow	4th
250.0	Sosorbaram Jargalsaikhan	70	MGL	8/24/2014	Moscow	
260.5	Ustinov Yuriy	75	RUS	12/3/2016	Kursk	

M2 (45 - 49)

52

56

60

67.5

75

82.5

90

100

110

125

140

140+

155.0	Yert Daniel	65	USA	9/1/2013	Idaho Falls
260.0	Gorelikov Dmitriy	68	RUS	8/24/2014	Moscow
205.0	Zambello Jeff		CAN	9/1/2013	Idaho Falls

M3 (50 - 54)

52

56

60

67.5

75

82.5

90

100

110

125

140

140+

290.0	Polivanov Vladimir	63	RUS	11/30/2013	Yekaterinbourg
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M4 (55 - 59)

52

56

60

67.5

75

82.5

90

100

110

125

140

140+

255.0	Little Art	55	USA	9/1/2013	Idaho Falls
215.0	Tarboinov Vladimir	54	RUS	8/24/2014	Moscow
210.0	Frein Tracy	58	USA	4/27/2014	Baton Rouge LA
250.0	Bakke Jay	57	USA	9/1/2013	Idaho Falls

M 5 (60 - 64)

52
56
60
67.5
75
82.5
90
100
110
125
140
140+

205.0	Popov Viktor	52	RUS	8/24/2014	Moscow
235.0	Jeurink James	53	USA	8/6/2016	Grand Rapids MI
200.0	Zenzen Dick	52	USA	9/2/2015	Idaho Falls ID

M 6 (65 - 69)

52
56
60
67.5
75
82.5
90
100
110
125
140
140+

215.0	Tseveendorj Maamchuluun	46	MGL	8/24/2014	Moscow
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M 7 (70 - 74)

52
56
60
67.5
75
82.5
90
100
110
125
140
140+

M 8 (75 - 79)

52
56
60
67.5
75
82.5
90
100
110
125
140
140+

145	Sannikov Vladislav	38	RUS	8/24/2014	Moscow
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