

AWPC RAW Bench Records**Women's**

44	77.5	Murasheva Yuliya	70	RUS	8/22/2014	Moscow
48	80.0	Ber Natalya	81	RUS	2/8/2014	Yekaterinbourg
52	90.5	Kadatska Ganna	77	UKR	8/6/2012	Kryvyy Rig
56	105.0	Konovalova, Natalya	74	RUS	9/28/2011	Yekaterinbourg
60	102.5	Vlasova Nadezhda	82	RUS	5/30/2014	Kursk
67.5	110.0	Kuznetsova Yuliya	73	RUS	6/3/2017	Moscow
75	110.0	Vorobyeva Regina	80	RUS	8/10/2013	Kursk
82.5	97.5	Pugovkina Alla	75	RUS	8/22/2014	Moscow
90	102.5	Kibalina, Tatyana	74	RUS	9/28/2011	Yekaterinbourg
90+	127.5	Shel-Fetengof Erin	83	RUS	8/22/2014	Moscow

Women's 13-15

44	57.5	Dluzhnevskaya, Vladislava	00	RUS	9/28/2011	Yekaterinbourg
48	56.0	Naumova, Maryana	99	RUS	9/28/2011	Yekaterinbourg
52	47.5	Fedoseeva Darya	2000	RUS	12/5/2015	Kursk
56	60.0	Maximova Anastasiya	94	RUS	3/20/2010	Kursk
60	97.5	Yultsova Viktoriya	2002	RUS	6/3/2017	Moscow
67.5	60.0	Shinkareva Yelizaveta	98	RUS	4/4/2013	Krasnodar
75						
82.5	35.0	Adiyak, Yekaterina	97	RUS	9/28/2011	Yekaterinbourg
90						
90+	42.5	Antukh Yekaterina	2000	RUS	7/3/2014	Novosibirsk

Women's 16-17

44						
48	65.0	Fedoseeva Darya	2000	RUS	8/12/2017	Kursk
52	60.0	Fedoseeva Darya	2000	RUS	8/12/2016	Kursk
56	62.5	Saydentsal Anastasiya	98	RUS	7/2/2015	Novosibirsk
60	67.5	Shinkareva Yelizaveta	98	RUS	7/3/2014	Novosibirsk
67.5	82.5	Clafin Taylor	98	USA	9/2/2016	Idaho Falls
75	47.5	Konstantinova Darya	98	RUS	10/25/2014	Krasnodar
82.5	67.5	Coffell Darienne	2000	USA	8/5/2017	Grand Rapids MI 4th
90						
90+						

Women's 18-19

44	50.5	Vasylchenko Anaastasiya	92	UKR	8/6/2012	Kryvyy Rig
48	50.0	Chernyak Albina	94	UKR	4/20/2012	Rostov
52	85.0	Kumuts Svetlana	95	RUS	11/30/2013	Yekaterinbourg 4th
56	70.0	Martynenko Irina	97	RUS	12/5/2015	Kursk
60	77.5	Shinkareva Yelizaveta	98	RUS	7/7/2016	Novosibirsk
67.5	67.5	Kovylina, Svetlana	91	RUS	8/19/2010	Moscow
75	75.0	Seeley Kayla	96	USA	7/25/2015	Romulus MI
82.5	60.0	Martinez Ashleigh	95	USA	7/20/2013	Detroit MI 4th
90						
90+						

Women's 20-23

44	52.5	Obrazumova, Ekaterina	87	RUS	8/19/2010	Moscow
48	70.5	Ivanova Olga	96	RUS	6/3/2017	Moscow
52	67.5	Lapshova Mariya	91	RUS	4/20/2012	Rostov
56	75.0	Telpova, Olga	86	RUS	8/9/2009	Kursk
60	82.5	Yablonskaya, Anastasiya	89	RUS	8/19/2010	Moscow
67.5	65.0	Tkacheva Irina	92	RUS	10/19/2012	Krasnodar
75	82.5	Seeley Kayla	96	USA	8/6/2016	Grand Rapids MI
82.5	52.5	Goryainova Svetlana	94	RUS	12/5/2014	Kursk
90						
90+	80.0	Tsarevskaya Yekaterina	90	RUS	10/19/2012	Krasnodar

Women's Submaster 33-39

44	37.5	Gubanova Natalya	77	RUS	8/17/2013	Novosibirsk
48	67.5	Dzina, Margarita	69	RUS	2/27/2009	Chelyabinsk
52	72.5	Tarasova, Yuliya	73	RUS	8/19/2010	Moscow
56	105.0	Konovalova, Natalya	74	RUS	9/28/2011	Yekaterinbourg
60	92.5	Rakcheeva, Anastasiya	71	RUS	10/2/2009	Rostov
67.5	85.0	Tyutereva Yuliya	80	RUS	7/31/2016	Blagoveschensk
75	85.0	Bako, Natalya	73	RUS	9/3/2010	Idaho Falls
82.5	105.0	Pugovkina, Alla	75	RUS	8/22/2014	Moscow
90	102.5	Kibalina, Tatyana	74	RUS	9/28/2011	Yekaterinbourg
90+	90.0	Skobelkina, Yelena	73	RUS	11/25/2011	Novosibirsk

Women's Master**40-44**

44	77.5	Murasheva Yuliya	70	RUS	8/22/2014	Moscow	
48	52.5	Marieva Natalya	68	RUS	6/7/2012	Moscow	
52	72.5	Shelepova Yelena	73	RUS	7/15/2017	Chelyabinsk	
56	77.5	Tarasova Yuliya	73	RUS	8/22/2014	Moscow	4th
60	92.5	Rakcheeva, Anastasia	71	RUS	4/20/2012	Rostov	
67.5	110.0	Kuznetsova Yuliya	73	RUS	6/3/2017	Moscow	
75	105.0	Sinacheva, Svetlana	66	RUS	9/28/2011	Yekaterinbourg	
82.5	97.50	Sinacheva, Svetlana	66	RUS	3/20/2010	Kursk	
90	70.00	Bowen Brenda	72	USA	4/22/2016	Idaho Falls ID	
90+	122.50	Reske Kristy	77	USA	7/21/2012	Detroit	

45-49

44	27.5	Cordeiro Pugh Christy	70	USA	9/2/2016	Idaho Falls ID	
48	55.0	Marieva Natalya	68	RUS	5/30/2014	Kursk	
52	65.0	Kushkova Yelena	67	RUS	11/30/2013	Yekaterinbourg	
56	62.5	Khisamova Olga	72	RUS	6/3/2017	Moscow	
60	67.5	Potapova Natalia	72	RUS	11/3/2017	Moscow Russia	
67.5	102.5	Lukyanova Marina	72	RUS	8/12/2017	Kursk	
75	105.0	Sinacheva, Svetlana	66	RUS	4/20/2012	Rostov	
82.5	85.0	Ritchie Charlie	71	USA	9/2/2016	Idaho Falls	4th
90	95.0	Milliner, Kathy	64	USA	8/29/2013	Idaho Falls	
90+	92.5	Milliner, Kathy	64	USA	8/30/2012	Idaho Falls	4th

50-54

44							
48	65.0	Aprelova Nadezhda	63	RUS	8/12/2016	Kursk	
52	57.5	Gafina Yelena	64	RUS	7/2/2016	Chelyabinsk	
56							
60							
67.5	77.5	Damminga Debbie	61	USA	4/26/2013	Grand Rapids MI	
75	65.0	Sheremenko, Svitlana	59	UKR	10/2/2009	Rostov	
82.5	90.0	Tsukanova, Natalya	56	UKR	10/2/2009	Rostov	
90							
90+	92.5	Sivkovich Tatyana	65	RUS	6/3/2017	Moscow	

55-59

44							
48							
52							
56	75.0	Miller, Hedy	52	USA	3/4/2009	Idaho Falls	
60							
67.5	60.0	Shabanova, Nadeza		RUS	9/3/2010	Idaho Falls	
75	60.0	Chuba Tatyana	59	RUS	4/15/2015	Rostov	
82.5	47.5	Shockley Sheryl	57	USA	9/3/2015	Idaho Falls ID	
90							
90+	82.5	Shavnov, Anatoli		RUS	9/1/2011	Idaho Falls	

60-64

44							
48	55	Krochmal Carol	58	USA	4/27/2014	Baton Rouge LA	
52	45	Kondratyeva Galina	52	RUS	6/7/2012	Moscow	
56	62.5	Gosteva Valentina	55	RUS	8/12/2016	Kursk	
60	65	Gosteva Valentina	55	RUS	12/3/2016	Kursk	
67.5							
75	45	Johnston Monica	49	CAN	8/28/2014	Idaho Falls	4th
82.5	50	Shockley Sheryl	57	USA	9/1/2017	Idaho Falls ID	
90							
90+	47.5	Koos Linda	54	USA	9/3/2015	Idaho Falls ID	

65-69

44							
48							
52							
56	45	Kondratyeva Galina	52	RUS	6/3/2017	Moscow	
60							
67.5							
75							
82.5	40	Estabrooks Margaret Ann	47	CAN	9/2/2016	Idaho Falls ID	
90	40	Sink, Janet	42	USA	4/1/2011	West Palm Beach	
90+							

70-74

44							
48							
52							
56							
60							
67.5							
75							
82.5							
90	45	Sink Janet	42	USA	4/26/2013	Grand Rapids MI	
90+	50.5	Sink Janet	42	USA	8/6/2016	Grand Rapids MI	

75-79

44							
48							
52							
56							
60							
67.5							
75	46.0	Tsverova, Galina	31	RUS	10/2/2009	Rostov	
82.5							
90							
90+							

80-84

44							
48							
52							
56							
60							
67.5							
75	50	Tsvereva Galina	31	RUS	10/19/2012	Krasnodar	
82.5							
90							
90+							

AWPC RAW Bench Records
Men's Open

52	147.5	Shanin Alexander	78	RUS	11/30/2013	Yekaterinbourg	
56	155.0	Karaziya Sergei	87	RUS	8/23/2014	Moscow	
60	170.5	Kalaychev Yanis	85	RUS	8/17/2013	Novosibirsk	4th
67.5	175.0	Bezhashvili Tsotne	85	GEO	8/7/2012	Kryvyi Rig, Ukr	
75	195.5	Milostnoy, Stanislav	78	RUS	9/28/2011	Yekaterinbourg	
82.5	215.0	Sapozhonkov Andrei	87	RUS	10/30/2014	Saint Petersburg	
90	225.0	Filimonov Oleg	87	RUS	9/10/2017	Lisle IL	
100	235.0	Filimonov Oleg	87	RUS	12/5/2014	Kursk	
110	230.0	Grebnev Denis	86	RUS	6/7/2012	Moscow	
125	260.0	Gulyan Arthur	82	RUS	3/25/2016	Rostov	
140	251.0	Zavgorodniy Andrei	81	RUS	8/13/2016	Kursk	4th
140+	262.5	Wolfe Mike	75	USA	7/20/2013	Detroit	

Men's Junior 20-23

52	100.0	Kolisnichenko Alexei	94	RUS	6/3/2017	Moscow	
56	130.0	Karaziya, Sergei	87	RUS	8/19/2010	Moscow	
60	125.0	Suyetnov,Dmitry	88	RUS	2/27/2009	Chelyabinsk	
67.5	160.0	Maklakov Alexei	92	RUS	2/8/2014	Yekaterinbourg	
75	185.0	Khadziev Vakha	94	RUS	8/12/2016	Kursk	
82.5	180.0	Yudin Maxim	93	RUS	6/3/2017	Moscow	
90	202.5	Yusupov Khasan	89	RUS	6/14/2013	Moscow	
100	207.5	Grigoryan Armand	94	RUS	12/5/2014	Kursk	
110	220.0	Sarsht,Alexander	87	RUS	2/27/2009	Chelyabinsk	
125	232.5	Fairchild Richard III	95	USA	5/28/2017	Lisle IL	
140	212.5	Fairchild Richard III	95	USA	8/6/2016	Grand Rapids MI	
140+	210.0	Sheremtyev Maxim	94	RUS	8/13/2016	Kursk	

13-15

52	82.5	Starilov Vitaliy	94	RUS	3/20/2010	Kypck	
56	92.5	Kudryavtsev, Ivan	93	RUS	2/27/2009	Chelyabinsk	
60	107.5	Shapapov Maxim	98	RUS	12/13/2014	Yekaterinbourg	
67.5	113.0	Yurshin Dmitriy	2001	RUS	8/12/2017	Kursk	
75	150.0	Koltlyarskiy Alexandr	2001	RUS	7823/17	Blaoveschensk	4th
82.5	130.0	Bogdanov Daniil	2000	RUS	12/5/2015	Kursk	
90	132.5	O'Halloran Gabe	97	CAN	6/9/2013	Ontario, Can	
100	145.0	Bukharin Alexandr	99	RUS	8/24/2014	Moscow	4th
110	140.0	Swanson Dominic	98	USA	7/19/2014	Detroit MI	
125	137.5	Howard, Triston	96	USA	9/1/2011	Idaho Falls	
140	91.0	Wheaton Sam	2000	CAN	6/28/2014	Nova Scotia Canada	
140+							

16-17

52	90.0	Shorokhov Alexei	98	RUS	12/5/2014	Kursk	4th
56	120.0	Gladyshev Artur	96	RUS	8/22/2014	Moscow	
60	120.0	Murzin Yuriy	2000	RUS	11/3/2017	Moscow Russia	
67.5	142.5	Skalozubov Roman	97	RUS	3/25/2016	Rostov	
75	155.0	Chekushkin Petr	97	RUS	8/14/2015	Kursk	
82.5	160.5	Israfilov Adil	97	RUS	12/13/2014	Yekaterinburg	
90	155.0	Zaborovsky,Georgy	92	RUS	10/2/2009	Rostov	
100	190.0	Bryant Trevor		USA	7/19/2014	Detroit MI	
110	160.0	Tozliyan Artur	96	RUS	10/25/2014	Krasnodar	
125	160.0	Mashak, Jesse	94	USA	4/13/2012	Burr Ridge	4th
140							
140+	143.0	Nechushkin Artem	99	RUS	4/25/2016	Krasnodar	

18-19

52	105.0	Gorelkin Ivan	94	RUS	8/7/2012	Kryvyi Rig, Ukr	
56	122.5	Malyshev Andrei	94	RUS	11/8/2013	Vologda	
60	140.0	Bragin,Sergiy	91	UKR	10/2/2009	Rostov	4th
67.5	137.5	Zelenin Artem	96	RUS	3/21/2015	Yekaterinburg	
75	160.0	Khadziev Vakha	94	RUS	8/22/2014	Moscow	4th
82.5	175.0	Dronov Bogdan	94	RUS	6/14/2013	Moscow	4th
90	191.0	Grigoryan Arman	94	RUS	8/7/2012	Kryvyi Rig, Ukr	
100	185.0	Lyubchenko Vladislav	97	RUS	4/16/2015	Rostov	
110	175.0	Albo Josh	96	USA	7/25/2015	Romulus MI	
125	207.5	Yuzhakov Anton	93	UKR	8/8/2012	Kryvyi Rig, Ukr	
140	215.0	Hippy Seth	94	USA	7/20/2013	Detroit	
140+	177.5	Kaiser, Mason	91	USA	9/3/2010	Idaho Falls	

Men's Submaster 33-39

52	147.5	Shanin Alexander	78	RUS	11/30/2013	Yekaterinbourg	
56	127.5	Artemyev, Oleg	71	RUS	10/2/2009	Rostov	
60	130.5	Roberson Jeron	81	USA	9/10/2017	Lisle IL	
67.5	162.5	Alexadrov Alexander	79	RUS	8/16/2012	Novosibirsk	
75	165	Noskov, Alexei	74	RUS	10/2/2009	Rostov	
82.5	185.0	Galaida, Andrei	72	RUS	10/2/2009	Rostov	
90	203.5	Konchakov Vladimir	73	RUS	5/30/2014	Kursk	
100	230.0	Orlov Ilya	82	RUS	11/3/2017	Moscow Russia	
110	230.0	Tenetko Dmitriy	75	RUS	6/14/2013	Moscow	
125	260.0	Gulyan Arthur	82	RUS	3/25/2016	Rostov	
140	251.0	Zavgorodniy Andrei	81	RUS	8/13/2016	Kursk	4th
140+	262.5	Wolfe Mike	75	USA	7/20/2013	Detroit	

Men's Master**40-44**

52							
56	117.5	Artemyev Igor	71	RUS	8/7/2012	Kryvyi Rig, Ukr	
60	126.0	Artemiev Oleg	71	RUS	8/23/2014	Moscow	
67.5	150.0	Zabolotnev, Vladimir	68	RUS	4/5/2011	Chelyabinsk	
75	180.0	Koshkin Sergei	71	RUS	10/25/2014	Krasnodar	
82.5	205.0	Melyaev, Eduard	70	RUS	9/28/2011	Yekaterinbourg	
90	208.0	Body Bobby	74	USA	5/28/2017	Lisle IL	4th
100	215.0	Murray, William	70	USA	4/17/2010	Detroit	
110	207.5	Connors, Andrew	69	USA	4/1/2011	West Palm Beach	
125	220.0	Stryga Olexandr	67	UKR	8/8/2012	Kryvyi Rig, Ukr	
140	223.5	Likens Wade	73	USA	7/20/2013	Detroit	
140+	255.0	Bradford Reggie	71	USA	7/20/2013	Detroit	

45-49

52	97.5	Willis Richard	69	GBR	11/3/2017	Moscow Russia	
56	90.0	Kovalenko Volodymyr	65	UKR	8/7/2012	Kryvyi Rig, Ukr	
60	102.5	Dvoynikov, Oleg	61	RUS	2/27/2009	Chelyabinsk	
67.5	150.0	Bram Kenneth	66	USA	4/10/2015	Glen Ellyn IL	4th
75	155.0	Palamarchuk Sergei	68	RUS	7/23/2017	Blagoveschensk	
82.5	190.5	Reshetnikov, Vladimir	60	RUS	10/2/2009	Rostov	
90	202.5	Galayda Andrei	72	RUS	11/3/2017	Moscow Russia	
100	192.5	Tarasov Alexander	70	RUS	12/5/2015	Kursk	
110	192.5	Veles Yevgeniy	68	RUS	8/23/2014	Moscow	
125	210.5	Blackmon Kenny	71	USA	9/10/2017	Lisle IL	
140	217.5	Scott, JD	61	USA	9/2/2011	Idaho Falls	
140+	232.5	Trofimov Boris	72	RUS	6/3/2017	Moscow	

50-54

52	67.5	Anisimova Ludmila	65	RUS	11/3/2017	Moscow Russia	
56	102.5	Yershov Viktor	60	RUS	11/8/2013	Vologda	
60	100.0	Dvoynikov Oleg	60	RUS	3/22/2014	Vologda	
67.5	118.0	Chistyakov Igor	65	RUS	6/3/2017	Moscow	
75	151.0	Tatarkin, Alexander	55	RUS	10/2/2009	Rostov	
82.5	182.5	Reshetnikov Vladimir	60	RUS	8/18/2010	Moscow	
90	175.0	Thunberg, Ken	62	USA	7/19/2014	Detroit MI	
100	190.0	Walsh Matthew	63	USA	5/28/2017	Lisle IL	4th
110	210.0	Lebedev Igor	62	RUS	8/23/2014	Moscow	4th
125	212.5	Conley, Jeff	58	USA	9/2/2011	Idaho Falls	4th
140	207.5	Nevzorov Mykhaylo	61	UKR	8/8/2012	Kryvyi Rig, Ukr	
140+	210.0	Nasteka Igor	64	RUS	8/13/2016	Kursk	

55-59

52	70.0	Grachev Nikolai	56	RUS	4/4/2013	Krasnodar	
56							
60							
67.5	125.0	Khan Valdimir	62	RUS	11/3/2017	Moscow Russia	
75	142.5	Kaseev Arsen	55	UKR	8/7/2012	Kryvyi Rig, Ukr	4th
82.5	155.0	Rudenko Sergei	59	RUS	10/25/2014	Krasnodar	
90	170.0	Krasnov Nikolai	60	RUS	6/3/2017	Moscow	
100	185.0	Zakharov Vladimir	55	RUS	10/25/2014	Krasnodar	
110	180.0	Yegozaryan, Grachik	52	RUS	10/2/2009	Rostov	
125	202.5	Nikolaev Mikhail	61	RUS	8/13/2016	Kursk	
140	185.0	Edwards Bruce	58	USA	8/5/2017	Grand Rapids MI	4th
140+	165.0	Herdt, Peter	49	USA	3/4/2009	Idaho Falls	

60-64

52							
56							
60							
67.5	102.5	Garlitz, Dale	50	USA	9/2/2011	Idaho Falls	
75	140.0	Papushoy Viktor	83	RUS	8/23/2014	Moscow	
82.5	150.0	Russell Sonny	55	USA	9/4/2015	Idaho Falls	4th
90	160.0	Stanchak Vyacheslav	52	RUS	8/23/2014	Moscow	
100	157.5	Prokopov Mikhail	56	RUS	8/13/2016	Kursk	
110	172.5	Howell Ray	54	USA	4/10/2015	Glen Ellyn IL	
125	180.0	Egozaryan Grachik	52	RUS	8/23/2014	Moscow	
140	172.5	Popov Vladimir	56	RUS	6/3/2017	Moscow	

140+

65-69

52							
56							
60							
67.5	107.5	Garlitz, Dale	50	USA	4/21/2016	Idaho Falls	
75	127.5	Zyablikov Ivan	48	RUS	7/17/2015	Chelyabinsk	
82.5	132.5	Tsoriev Eldar	46	RUS	11/30/2013	Yekaterinbourg	
90	140.0	Khusnetdinov Amir	48	RUS	8/23/2014	Moscow	
100	145.0	Breaux Vince	45	USA	4/27/2014	Baton Rouge LA	
110	137.5	Arnold Ross	47	USA	7/19/2014	Detroit MI	
125	130.0	Chernyshev Vladimir	48	RUS	4/19/2014	Krasnodar	
140	162.5	Nelson Tom	48	USA	4/27/2014	Baton Rouge LA	

140+

70-74

52							
56							
60	95.0	Casale Michael	47	USA	5/28/2017	Lisle IL	
67.5	112.5	Chepets Yuriy	43	RUS	12/5/2015	Kursk	
75	117.5	Chepets Yuriy	43	RUS	8/12/2016	Kursk	
82.5	117.5	Barabanov German	40	RUS	8/23/2014	Moscow	
90	132.5	Andrianov Alexandr	44	RUS	7/2/2015	Novosibirsk	
100	132.5	Brown, Ed	39	USA	4/17/2010	Detroit	4th
110	170.0	Sandberg Skip	40	USA	8/31/2012	Idaho Falls	
125	188.0	Flikas George	42	CAN	7/20/2013	Detroit	4th

140

140+

75-79

52							
56							
60							
67.5	95.0	Plagov, Iosif	35	USA	8/30/2013	Idaho Falls	
75	107.5	Lindas Gerald	36	USA	7/20/2013	Detroit	
82.5	110.0	Scott Ian	37	USA	5/28/2017	Lisle IL	
90	97.5	Anczerewicz Wally	42	USA	9/10/2017	Lisle IL	

100

110

125

140

140+

80-84

52							
56							
60							
67.5	90.0	Plagov Iosif	35	USA	4/10/2015	Glen Ellyn IL	
75	97.5	Lindas Gerald	36	USA	8/5/2017	Grand Rapids MI	
82.5	110.0	Scott Ian	37	USA	9/10/2017	Lisle IL	
90	52.5	Svirnenko, Vitaliy	27	UKR	8/19/2010	Moscow	

100

110

125

140

140+

