

WPC Deadlift Records Women

Women Open

44						
48						
52						
56	190.0	Kozle Amy	73	USA	8/5/2017	Grand Rapids MI
60	195.0	Chudnova Kristina	94	RUS	6/4/2017	Moscow
67.5	200.0	Gongor Otgontyqa	91	MGL	10/30/2013	Prague
75	253.0	Kalanina Mariya	82	RUS	12/10/2016	Yekaterinburg 4th
82.5	150.0	Ferreira Susana		POR	6/3/2013	Portugal
90	160.0	Tuominen Krisse		FIN	10/2/2016	Helsinki
90+	160.0	Davidson Heather	82	AUS	12/6/2015	Melbourne Australia

Junior (20 - 23)

44						
48						
52						
56						
60	195.0	Chudnova Kristina	94	RUS	6/4/2017	Moscow
67.5						
75						
82.5	150.0	Ferreira Susana		POR	6/3/2013	Portugal
90						
90+						

T1 (13 - 15)

44
48
52
56
60
67.5
75
82.5
90
90+

T2 (16 - 17)

44
48
52
56
60
67.5
75
82.5
90
90+

T3 (18 - 19)

44
48
52
56
60
67.5
75
82.5
90
90+

W SM 33-39

44
48
52
56
60
67.5
75
82.5
90
90+

253.0	Kalanina Mariya	82	RUS	12/10/2016	Yekaterinburg 4th
160.0	Davidson Heather	82	AUS	12/6/2015	Melbourne Australia

M 1 (40-44)

44
48
52
56
60
67.5
75
82.5
90
90+

190	Kozle Amy	73	USA	8/5/2017	Grand Rapids MI
180.0	Leinonen Anne		FIN	4/9/2016	Helsinki Finland

M 2 (45-49)

44
48
52
56
60
67.5
75
82.5
90
90+

M 3 (50-54)

44
48
52
56
60
67.5
75
82.5
90
90+

M 4 (55-59)

44
48
52
56
60
67.5
75
82.5

90
90+

M 5 (60-64)

44
48
52
56
60
67.5
75
82.5
90
90+

70.5 Zenzen Linda

54

USA

9/1/2017

Idaho Falls ID

**WPC Deadlift Records Men
Men Open**

52	82.5	Siska Tomas		SVK	6/3/2013	Portugal
56	225.0	Romanichev Aleksandr	63	ISR	6/5/2016	Stoke-on-Trent UK
60	225.0	Tarverdiyev Elmir	83	AZE	6/11/2014	Baku
67.5	225.0	Rei Andre Martins	93	POR	6/10/2015	Riga Latvia
75	295.0	Sokolov Nikolai	79	RUS	11/15/2014	West Palm Beach FL
82.5	332.5	Zhabin Vladimir	80	RUS	4/23/2017	Rostov
90	362.5	Zhabin Vladimir	80	RUS	11/20/2016	Rostov
100	350.0	Zhabin Vladimir	80	RUS	11/15/2014	West Palm Beach FL
110	350.0	Cirulis Ivars	79	LAT	11/1/2013	Prague
125	380.0	Glazunov Mikhail/74		RUS	2/17/2013	Yekaterinburg
140	387.5	Turtainen Ano	67	FIN	6/11/2014	Baku
140+	345.0	Stepicka Dustin	86	USA	6/28/2015	Salt Lake City UT

Junior (20 - 23)

52						
56						
60						
67.5	225.0	Rei Andre Martins	93	POR	6/10/2015	Riga Latvia
75	265.0	Hanuliak Branislav	92	SVK	12/5/2015	Zilina Slovakia
82.5	270.0	Yershov Taras	91	RUS	6/13/2013	Moscow
90	260.0	Hano Igor	93	SVK	11/24/2014	Bratislava Slovakia
100	310.0	Rasanen Kalle	90	FIN	11/1/2013	Prague
110	325.0	Browning Rhys	90	GBR	8/31/2013	Folkestone
125						
140						
140+	340.0	Tsigelnik Ivan	90	RUS	2/9/2014	Yekaterinburg

T1 (13 - 15)

52	82.5	Siska Tomas		SVK	6/3/2013	Portugal
56						
60						
67.5						
75	140.0	Vasilyev Nikita	98	RUS	6/16/2013	Moscow
82.5	150.0	Chiapas Tomass	2000	LAT	10/30/2013	Prague
90	205.0	Chiapas Tomass	2000	LAT	11/11/2015	Maia Portugal
100						
110						
125						
140						
140+						

T2 (16 - 17)

52						
56						
60						
67.5	180.0	Araujo Tiago		POR	6/3/2013	Portugal
75						
82.5	212.5	Smetana Alexander	96	SVK	6/11/2014	Baku
90						
100	200.0	Sakala Peter	96	SVK	6/11/2014	Baku
110						
125						
140						
140+						

T3 (18 - 19)

52						
56						
60						
67.5						
75	245.0	Bridnya Dmitriy	98	RUS	4/22/2017	Rostov
82.5	180.0	Schukin Sergei	94	RUS	6/16/2013	Moscow
90	245.0	Motiponenko Nikolai	93	RUS	12/1/2013	Yekaterinbourg
100						
110	242.5	Sakala Peter	96	SVK	11/24/2014	Bratislava Slovakia
125						
140						
140+						

M SM 33-39

52						
56						
60						
67.5						
75	295.0	Sokolov Nikolai	79	RUS	11/15/2014	West Palm Beach FL
82.5	332.5	Zhabin Vladimir	80	RUS	4/23/2017	Rostov
90	362.5	Zhabin Vladimir	80	RUS	11/20/2016	Rostov
100	350.0	Zhabin Vladimir	80	RUS	11/15/2014	West Palm Beach FL
110	325.0	Luchnikov Ilya	74	RUS	8/11/2013	Kursk
125	380.0	Glazunov Mikhail	74	RUS	2/17/2013	Yekaterinburg
140						
140+						

M1 (40 - 44)

52						
56						
60						
67.5						
75	230.0	Solonenko Oleg	70	RUS	7/5/2015	Novosibirsk
82.5	290.0	Polscha Timofel	75	RUS	7/5/2015	Novosibirsk
90	280.5	Friberg Niclas	74	SWE	6/11/2014	Baku
100	320.0	Molnar Tamas		HUN	11/11/2016	Baton Rouge LA
110	330.0	Luchnikov Ilya	74	RUS	4/18/2014	Krasnodar
125	320.0	Chard Tony	68	FRA	6/3/2013	Portugal
140						
140+						

M2 (45 - 49)

52						
56						
60	160.0	Karkuschke Reno	68	GER	11/15/2014	West Palm Beach FL
67.5						
75	205.0	Forutan Shahram	68	GER	11/15/2014	West Palm Beach FL
82.5	220.0	Simon Csaba	68	HUN	12/8/2015	Prague Czech Republic
90	285.0	Koukkula Pasi	71	FIN	7/7/2017	Helsinki
100						
110	300.5	Nyhagebraten Kjell	66	NOR	11/11/2015	Maia Portugal
125	337.5	Love Trey	68	USA	6/1/2014	Waxahachie TX
140	387.5	Turtiainen Ano	67	FIN	6/11/2014	Baku
140+						

M3 (50 - 54)

52						
56	225.0	Romanichev Aleksandr	63	ISR	6/5/2016	Stoke-on-Trent UK
60	220.0	Romanichev Aleksandr	63	ISR	6/10/2015	Riga Latvia
67.5						
75						
82.5						
90	257.5	Blackstone John	65	USA	8/6/2016	Grand Rapids MI
100	290.0	Tomilov Valery	65	ISR	6/10/2015	Riga Latvia
110						
125	260.0	Borden Alan	68	USA	6/1/2014	Waxahachie TX
140						
140+	272.5	Edmiston Scott	62	USA	11/15/2014	West Palm Beach FL

M4 (55 - 59)

52						
56						
60						
67.5						
75	240.0	Kaule Haus-Jurgen	54	GER	10/30/2013	Prague
82.5	240.0	Theux Didier	58	FRA	7/7/2017	Helsinki
90	267.5	Richardson Ken	59	USA	8/5/2017	Grand Rapids MI
100	260.0	Adamov Antonin	58	RUS	7/7/2017	Helsinki
110						
125	340.0	Russo Antonio	58	ITA	11/24/2014	Bratislava Slovakia
140						
140+						

M 5 (60 - 64)

52						
56						
60						
67.5	70.0	Collins Alan	51	GBR	8/31/2013	UK
75	230.0	Ponedelin Alexander	50	RUS	10/30/2013	Prague
82.5						
90	262.5	McMillan Greg	51	USA	8/6/2016	Grand Rapids MI
100	245.0	Jeurink Jim	53	USA	11/15/2014	West Palm Beach FL
110						
125	210.0	Zenzen Dick	52	USA	6/28/2015	Salt Lake City UT
140						
140+						

M 6 (65 - 69)

52						
56	162.5	Milian Ernesto	47	USA	11/11/2016	Baton Rouge LA
60						
67.5						
75						
82.5	190.0	Pereira Birchmans	46	CAN	11/11/2015	Maia Portugal
90	272.5	McMillan Greg	51	USA	8/5/2017	Grand Rapids MI
100						
110						
125						
140						
140+						

M 7 (70 - 74)

52						
56						
60						
67.5						
75						
82.5	162.5	Tomanec Jaroslav	43	CZE	12/8/2015	Prague Czech Republic
90						
100	220	Davenport Billy	43	USA	8/6/2016	Grand Rapids MI
110	152.5	Roberts William	42	USA	6/15/2017	Jacksonville FL
125						
140						
140+						

M 8 (75-79)

52						
56						
60						
67.5						
75	175	Byambaa Tsegmed	40	MGL	11/15/2014	West Palm Beach FL
82.5						
90						
100						
110						
125						
140						
140+						