

RAW Bench Only

<u>WOMEN</u>	<u>Bench</u>	<u>PLACE</u>
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181lb.

OPEN

Fabiana DelaCruz	110kg.	1 st .
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<u>MEN</u>	<u>Bench</u>	<u>PLACE</u>
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148lb.

45-49

James Fernandez	132.5kg.	1 st .
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181lb.

Carlos Ramirez	137.5kg.	1 st .
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275lb.

OPEN

Gary Woods	190kg.	1 st .
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50-54

Fred Martinez	192.5kg.	1 st .
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Gary Woods	190kg.	2 nd .
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EQ Bench Only

<u>MEN</u>	<u>Bench</u>	<u>PLACE</u>
<u>165LB.</u>		
OPEN		
Pete Giannopoulos	162.5kg.	1 st .
<u>220lb.</u>		
Junior		
Lawrence McElhaney	170kg.	1 st .
<u>242lb.</u>		
OPEN		
Darrell Copeland	220kg.	1 st .
<u>275lb.</u>		
Gary Woods	190kg.	1 st .

RAW Powerlifting

WOMEN	Squat	Bench	Dead	Total	PLACE
<u>114lbs.</u>					
JR.					
Shelly Mariano	97.5kg.	62.5kg.	132.5kg.	292.5kg.	1 ST .
<u>132lbs.</u>					
65-69					
Lynn Smith	47.5kg.	37.5kg.	75kg.	160kg.	1 ST .
<u>165lbs.</u>					
16-17					
Lene' Coetser	60kg.	42.5kg.	117.7kg.	220	1 st .
40-44					
Marcelina Lawrence	97.5kg.	67.5	115	280KG.	1 ST .
<u>198LBS.</u>					
OPEN					
Caitlin Greenwood	85	50	105	240kg.	1 st .
50-54					
Nancy Shinen	97.5	67.5	170	335kg.	1 st .
<u>UNL</u>					
JR.					
Kelci March	167.5	62.5	177.5	407.5	1 st .

62nd. IronMan | 2015

MEN	Squat	Bench	Dead	Total	PLACE
<u>132lbs.</u>					
16-17					
Jr. Sakari	110	72.5	155	337.5kg.	1 st .
JR.					
Darren Ferrer	160	100	195	455kg.	1 st .
<u>148lbs.</u>					
OPEN					
Jose Gonzalez	180	147.5	227.5	555	1 st .
<u>165lbs.</u>					
JR.					
Michael Pegoreck	110	62.5	172.5	345	1 st .
OPEN					
Mark Campise	222.5	167.5	232.5	622.5	1 st .
Bryant Medhus	182.5	112.5	200	495kg.	2 nd .
Russell Di Donna	132.5	112.5	190	435	3 rd .
<u>181lb.</u>					
18-19					
Carlos Ramirez	195	137.5	220	552.5	1 st .
Tyler Sellers	177.5	130	202.5	510	2 nd .
<u>198lbs.</u>					
JR.					
Johnathan Cayco	227.5	172.5	272.5	672.5	1 st .

<u>MEN</u>	<u>Squat</u>	<u>Bench</u>	<u>Dead</u>	<u>Total</u>	<u>PLACE</u>
<u>198lbs.</u>					
OPEN					
Johnathan Cayco	227.5	172.5	272.5	672.5kg.	1 st .
Nathanial Ruiz	202.5	147.5	227.5	577.5kg	2 nd .
<u>220lb.</u>					
55-59					
Greg Cotterell	175	147.5	250	572.5kg	1 st .
<u>242lb.</u>					
45-49					
Bernal Harven	207.5	137.5	235	580kg.	1 st .
<u>275lb.</u>					
OPEN					
Lazaro Rodriguez	262.5	177.5	287.5	727.5kg	1 st .
50-54					
Fred Martinez	215	192.5	287.5	695kg.	1 st .
<u>308lbs.</u>					
OPEN					
Francisco Acosta	295	187.5	272.5	750kg.	1 st .
<u>SHW</u>					
JR.					
Joe Mass	320	200	327.5	847.5kg.	1 st .

EQ. Powerlifting

WOMEN	Squat	Bench	Dead	Total	PLACE
<u>165lb.</u>					
50-54					
Kim Packer	172.5kg.	100kg.	172.5k	445kg.	1 st .
<u>198lb.</u>					
OPEN					
Linda Sy	122.5kg.	80kg.	160	362.5kg.	1 st .
<u>UNL</u>					
OPEN					
Ally Greenwood	132.5kg	85kg.	155kg.	372.5kg.	1 st .
40-44					
Leane Coetser	132.5kg.	80kg.	167.5kg.	380kg.	1 st .
MEN	Squat	Bench	Dead	Total	PLACE
<u>148lb.</u>					
OPEN					
Josh Reinhold	137.5	85	145	367.5kg.	1 st .
<u>165lb.</u>					
OPEN					
Pete Giannopoulos	217.5	162.5	175	555kg.	1 st .
<u>198lb.</u>					
75-79					
Pete Wilson	157.5	127.5	180	465kg.	1st.

<u>MEN</u>	<u>Squat</u>	<u>Bench</u>	<u>Dead</u>	<u>Total</u>	<u>PLACE</u>
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220lb.

JR.

Lawrence McElhanev	235	170	240	645kg.	1 st .
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242

OPEN

Darrel Copland	240	220	255	715kg.	1 st .
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