

APF, AAPF, AWPf "Best Lifter" formula: (LT) * (GBC) = (PN) APF Master's Formula: (LT) * (GBC) * (MAM) = (PN)
 (LT) = Lifter's Total (GBC) = Glosbrenner Bodyweight Coefficient (PN) = Product Number (MAM) = Master's Age Multiple

March 11, 2017 Westbrook, Maine 2.2046 Morning Session

Place	Date	First	Last	City, State	Age	Class	Weight In Lbs	Weight In Kg	Glosbrenner Coefficient	Squat In Kg	Bench In Kg	Dead In Kg	Total In Kg	Total In Lbs	Product Number	Mstr's Age Multiple	Masters Prod Numb
Women's Masters																	
Gear	7/6/2016	Jane	Stabile	Cambridge, MA	64	Women's Masters	148	67.0	0.904900	145.0	75.0	190.0	410.0	903.9	371	1.4500	538
Gear	7/6/2016	Carolyn	Braun	Portland, ME	59	Women's Masters	137	62.1	0.960800	92.5	72.5	107.5	272.5	600.8	262	1.3150	344
	7/6/2016	Susan	Beane	Denmark, ME	53	Women's Masters	145	65.7	0.919400	87.5	60.0	115.0	262.5	578.7	241	1.1840	286
	7/6/2016	Jen	Small	Richmond, ME	48	Women's Masters	164	74.4	0.841020	95.0	60.0	150.0	305.0	672.4	257	1.0970	281
	7/6/2016	Robin	Hinkle	Scarborough, ME	47	Women's Masters	135	61.1	0.973350	62.5	57.5	130.0	250.0	551.2	243	1.0820	263
	7/6/2016	Dawn	Bates	OOB, ME	45	Women's Masters	254	115.0	0.684400	92.5	60.0	102.5	255.0	562.2	175	1.0550	184
Women's Bench Only																	
	7/6/2016	Karen	Cassette	Saco, ME	47	Women's Bench Only	162	73.5	0.847950		65.0		65.0	143.3	55		
Women's Full Meet																	
	7/6/2016	Hope	Langworthy	Topsham, ME	16	Women's Teen Open	130	59.0	1.001700	97.5	42.5	95.0	235.0	518.1	235		
	7/6/2016	Danielle	Beard	Biddeford, ME	26	Women's Raw Open	148	67.2	0.902800	120.0	65.0	160.0	345.0	760.6	311		
	7/6/2016	Caitlynn	Cyr	Brunswick, ME	25	Women's Raw Open	132	59.6	0.992950	107.5	57.5	117.5	282.5	622.8	281		
	7/6/2016	Jessica	Voter	Sydney, ME	33	Women's Raw Open	186	84.4	0.776000	107.5	70.0	125.0	302.5	666.9	235		
	7/6/2016	Tabitha	Leadbetter	New Gloucester, ME	33	Women's Raw Open	163	73.8	0.845250	105.0	57.5	112.5	275.0	606.3	232		
	7/6/2016	Pam	Mckeage	Limington, ME	33	Women's Raw Open	152	69.1	0.884850	70.0	60.0	90.0	220.0	485.0	195		

Averages age 40.692

lbs