



Dear Friends,

It is my pleasure to announce this year's 35th WPC World Championships. The dates are November 5-10 at the B Resort & Spa in Orlando (Lake Buena Vista) Florida. Enclosed please find the necessary information for the World Championships. We look forward to seeing a team from your country represented. All details are as follows:

Entry Form

Please fill out all details on the country roster. Each lifter will be allowed one coach in the warm up room. There can only be 3 lifters from each country per weight class and age group.

Entry Deadline- September 15th 2018 Entries must be in by this date.

Entry Confirmation – Please notify the WPC Office regarding your countries attendance as soon as possible. You may notify us by email at amyjackson@aol.com.

Entry Fee- \$100.00

An athlete may enter the Bench Press, Deadlift and the Powerlifting Championships however an entry fee for each is required and the lifter will have to lift in all divisions. Additional divisions are \$50 each. Each country must send all entries in one packet – individual entry forms will not be accepted. You may pay entry fees online via Paypal or bank

*have your ~~transfer~~ sign up for all categories/divisions/events in advance. We will not be accepting
itions or changes at weigh-ins.*

Hotel Reservations

B Resort & Spa, 1905 Hotel Plaza Boulevard, Lake Buena Vista, FL 32830
1-407-828-2828 check out the venue at www.bresortlby.com

<https://res.windsurfercrs.com/ibe/details.aspx?propertyid=14265&nights=1&checkin=11/01/2018&group=1811AMERIC>

Room rate is \$114 per night/includes parking and resort fee. Must reserve prior to October 15th 2018 to receive discount. Mention APF American Powerlifting Federation /WPC World Championships to receive discount. Rate is good for 3 days prior/after the event. Daily parking rate is \$18 if not a guest at the hotel.

Make reservation early. Great vacation spot, free shuttle to all the major Disney Parks, Disney distance to Disney Springs.

2018 WPC World Powerlifting Championships

Meet Directors: Amy Jackson & Rick Lawrence

FOR ALL INFORMATION CONTACT: Amy Jackson, 505 Westgate Drive, Aurora, IL 60506
(630) 896-7309 1-866-389-4744. amyjackson@aol.com

~~Lifting Session~~ **Lifting Session:** 1:15 am every day
at 9:00am each day

Bench Press & Deadlift

Monday November 5th 9am Raw Bench Press & Raw Deadlift
Weigh-ins: Sunday November 4th 9am-12pm & 3pm-5pm

Tuesday November 6th 9am Single Ply & Multi Ply Bench Press & Single Ply & Multi Ply Deadlift
Weigh-ins: Monday November 5th 9am-12pm & 3pm-5pm

Powerlifting

Wednesday November 7th 9am Raw Powerlifting – Teenage, Junior & Master
Weigh-ins: Tuesday November 6th 9am-12pm & 3pm-5pm

Thursday November 8th 9am Raw Powerlifting – Open & Classic Raw Powerlifting - Open
Weigh-Ins: Wednesday November 7th 9am-12pm & 3pm-5pm

Friday November 9th 9am Classic Raw Powerlifting – Teenage, Junior & Master
Weigh-Ins: Thursday November 8th 9am-12pm & 3 pm-5pm

Saturday November 10th 9am Single Ply & Multi Ply Powerlifting
Weigh-Ins: Friday November 9th 9am-12 pm & 3pm -5pm

Sunday November 11th WPO Event via Invite Only
Weigh-Ins: Saturday November 10th 9am-12pm & 3pm-5pm

Entry Fee / Registration Deadline:

A fee of \$100.00 must accompany the entry form and be in to the WPC Office no later than September 15, 2018. Late entries can be declined. Make checks payable to: APF, 505 Westgate Dr., Aurora, IL 60506. There will be no refunds.

Weight Classes:

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| Men | 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW |
| Kilos | 52 56 60 67.5 75 82.5 90 100 110 125 140 140+ |
| Women | 97, 105, 114, 123, 132, 148, 165, 181, 198, UNL |
| Kilos | 44 48 52 56 60 67.5 75 82.5 90 90+ |

Awards:

Awards will be given to the first three places in each Men's & Women's divisions. There will be one Men's and one Women's best lifter award based upon entries in each division by formula.

