

16-Feb-19 2019 South Dakota APF/AAPF State Powerlifting -Kg Results																						
Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCI
Robin Miller	49	F-OAAcR	130.9	132	0.9956	90	97.5	105	105	67.5	72.5	-77.5	72.5	177.5	137.5	145	-157.5	145	322.5	321.081	357.36315	1-F-OAAcR-132
Samantha Davis	35	F-OAAcR	139.3	148	0.9475	100	105	-115	105	62.5	67.5	72.5	72.5	177.5	100	107.5	117.5	117.5	295	279.49775	279.49775	1-F-OAAcR-148
Kathy Johnson	29	F-OAAcR	178	181	0.7974	95	110	122.5	122.5	80	92.5	100	100	222.5	120	140	152.5	152.5	375	299.00625	299.00625	1-F-OAAcR-181
Roxanne Lewis	50	F-OAAR	139	148	0.9499	95	-100	-100	95	52.5	-60	-60	52.5	147.5	-122.5	125	127.5	127.5	275	261.20875	295.16588	1-F-OAAR-148
Samantha Michalson	34	F-OAAR	178.7	181	0.795	90	-97.5	105	105	52.5	60	-65	60	165	102.5	115	-127.5	115	280	222.586	222.586	1-F-OAAR-181
Denay Kelly	52	F-OAAR	196.2	198	0.7521	97.5	-105	-117.5	97.5	57.5	65	-72.5	65	162.5	117.5	122.5	130	130	292.5	219.97462	256.27043	1-F-OAAR-198
Miranda Bren	27	F-OcR	139.2	148	0.9487	115	125	132.5	132.5	55	60	62.5	62.5	195	130	142.5	152.5	152.5	347.5	329.65587	329.65587	1-F-OcR-148
Lindsey Woods	19	F-OcR	174	181	0.8089	72.5	85	90	90	35	40	-42.5	40	130	90	100	-107.5	100	230	186.047	186.047	1-F-OcR-181
Lindzey Groth	24	F-OR	131.3	132	0.9943	97.5	105	-112.5	105	65	-70	70	70	175	-142.5	-147.5		0	0	0	0	0
Kerri Niehaus	31	F-OR	149.1	165	0.8982	122.5	-130	-137.5	122.5	62.5	65	67.5	67.5	190	137.5	142.5	147.5	147.5	337.5	303.1425	303.1425	1-F-OR-165
Miranda Ficek	34	F-OR	200.9	SHW	0.7436	140	-147.5	-150	140	65	70	75	75	215	140	150	165	165	380	282.549	282.549	1-F-OR-SHW
James Leonhardt	40	M-OAAeq	163.8	165	0.6934	190	-200	200	200	-150	150	162.5	162.5	362.5	205	-217.5	-217.5	205	567.5	393.47612	393.47612	1-M-OAAeq-165
Larry Robinson	65	M-OAAeq	213.3	220	0.5897	162.5	-170	170	170	115	120	122.5	122.5	292.5	192.5	210		210	502.5	296.29912	438.52270	1-M-OAAeq-220
Justen Frank	43	M-OAAeq	240.9	242	0.5635	335	-350		335	255	-265	265	265	600	260	-272.5	-272.5	260	860	484.61	499.63291	1-M-OAAeq-242
Blake Anderson	18	M-OAAcR	154.1	165	0.7315	150	175	182.5	182.5	102.5	110	117.5	117.5	300	185	-227.5	-227.5	185	485	354.7775	354.7775	1-M-OAAcR-165
Thomas Davis	36	M-OAAcR	174.7	181	0.6624	142.5	155	165	165	85	92.5	-102.5	92.5	257.5	-157.5	157.5	165	165	422.5	279.84287	279.84287	1-M-OAAcR-181
Thomas Tieszon	29	M-OAAcR	184.3	198	0.6392	212.5	-217.5	-217.5	212.5	160	-167.5	-167.5	160	372.5	265	275	-285	275	647.5	413.882	413.882	1-M-OAAcR-198
James Snipes	49	M-OAAcR	196.1	198	0.6157	-185	205	-220	205	125	137.5	142.5	142.5	347.5	185	205	-227.5	205	552.5	340.17425	378.61394	2-M-OAAcR-198
Jonathan Henderson	30	M-OAAcR	216.1	220	0.5864	182.5	-197.5	202.5	202.5	137.5	147.5	-155	147.5	350	190	207.5	227.5	227.5	577.5	338.61712	338.61712	1-M-OAAcR-220
Dave Baker AAPF	65	M-OAAcR	219	220	0.5831	-200	200	-210	200	-82.5	87.5	90	90	290	-200			0	0	0	0	0
Tyler Jacob	30	M-OAAcR	237	242	0.5663	-235	235	-240	235	155	-160	-160	155	390	235	-245	-245	235	625	353.9375	353.9375	1-M-OAAcR-242
Andrew Bressler	22	M-OAAcR	235.1	242	0.5678	200	210	-220	210	155	160	165	165	375	227.5	240	245	245	620	352.036	352.036	2-M-OAAcR-242
Chase Harmon	21	M-OAAcR	266.7	275	0.5499	215	232.5	-242.5	232.5	130	140	-145	140	372.5	227.5	240	-255	240	612.5	336.81375	336.81375	1-M-OAAcR-275
Seth Pifer	20	M-OAAcR	292.5	308	0.5377	-277.5	-277.5	277.5	277.5	137.5	145	150	150	427.5	227.5	232.5	-245	232.5	660	354.882	354.882	1-M-OAAcR-308
Lucas Bonefield	35	M-OAAcR	331.1	SHW	0.523	-287.5	-287.5	-287.5	0	170	182.5	-195	182.5	30	307.5	-315	-315	307.5	0	0	0	0
Daniel Caron	30	M-OAAR	163	165	0.6999	175	190	-195	190	135	-140	140	140	330	-217.5	217.5	-227.5	217.5	547.5	383.16787	383.16787	1-M-OAAR-165
Patrick Klatte	25	M-OAAR	212	220	0.5914	175	185	197.5	197.5	130	142.5	147.5	147.5	345	210	220	227.5	227.5	572.5	338.5765	338.5765	1-M-OAAR-220
Marshall Johnson	35	M-Oeq	304	308	0.5335	422.5	460	490	490	60	-295	320	320	810	-332.5	332.5	370	370	1180	629.471	629.471	1-M-Oeq-308
Sean Snyder	26	M-OcR	162.1	165	0.699	187.5	200	212.5	212.5	112.5	125	-132.5	125	337.5	182.5	197.5	210	210	547.5	382.7025	382.7025	1-M-OcR-165
Jim Peavler	28	M-OcR	198.1	198	0.6143	240	-250	250	250	145	-152.5	-152.5	145	395	232.5	245	-250	245	640	393.12	393.12	1-M-OcR-198
Lupe Carrazco	26	M-OcR	219.4	220	0.5826	287.5	305	312.5	312.5	182.5	192.5	200	200	512.5	302.5	322.5	330	330	842.5	490.79837	490.79837	1-M-OcR-220
Dave Baker APF	65	M-OcR	219	220	0.5831	-200	200	-210	200	-82.5	87.5	90	90	290	-200			0	0	0	0	0
Ron Nichols	34	M-OcR	237	242	0.5663	282.5	302.5	-320	302.5	220	230	237.5	237.5	540	275	287.5	300	300	840	475.692	475.692	1-M-OcR-242
Marco Rivera	31	M-OcR	236.5	242	0.5667	-317.5	317.5	322.5	322.5	182.5	195	-200	195	517.5	290	-307.5	-307.5	290	807.5	457.56987	457.56987	2-M-OcR-242
Kelly Peters	49	M-OcR	232.8	242	0.5696	175	192.5	-207.5	192.5	142.5	147.5	152.5	152.5	345	210	222.5	227.5	227.5	572.5	326.06737	362.91298	3-M-OcR-242
Cody Mittelstaedt	43	M-OcR	263	275	0.5517	232.5	242.5	247.5	247.5	175	182.5	190	190	437.5	232.5	240	247.5	247.5	685	377.88025	389.59453	1-M-OcR-275
Zach Nye	30	M-OcR	272	275	0.5473	205	222.5	-240	222.5	125	140	155	155	377.5	210	232.5	250	250	627.5	343.43075	343.43075	2-M-OcR-275
Adis Lalic	26	M-OcR	267	275	0.5498	195	215	-227.5	215	135	-145	147.5	147.5	362.5	225	235	242.5	242.5	605	332.629	332.629	3-M-OcR-275
Thomas Engebretson	31	M-OR	163.1	165	0.6955	157.5	165	167.5	167.5	132.5	140	142.5	142.5	310	210	-225	-225	210	520	361.634	361.634	1-M-OR-165
Scott Stuart	43	M-OR	197.6	198	0.6134	165	182.5	-187.5	182.5	125	-132.5	-132.5	125	307.5	195	207.5	-212.5	207.5	515	315.87525	325.66738	1-M-OR-198

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Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCl
Robin Miller	49	F-OAAcR	130.9	132	0.9956	198.41	214.95	231.48	231.48	148.81	159.83	-170.86	159.83	391.32	303.13	319.67	-347.22	319.67	710.9835	321.081	357.36315	1-F-OAAcR-132
Samantha Davis	35	F-OAAcR	139.3	148	0.9475	220.46	231.48	-253.53	231.48	137.79	148.81	159.83	159.83	391.32	220.46	236.99	259.04	259.04	650.357	279.49775	279.49775	1-F-OAAcR-148
Kathy Johnson	29	F-OAAcR	178	181	0.7974	209.44	242.51	270.06	270.06	176.37	203.93	220.46	220.46	490.52	264.55	308.64	336.2	336.2	826.725	299.00625	299.00625	1-F-OAAcR-181
Roxanne Lewis	50	F-OAAR	139	148	0.9499	209.44	-220.46	-220.46	209.44	115.74	-132.28	-132.28	115.74	325.18	-270.06	275.58	281.09	281.09	606.265	261.20875	295.16588	1-F-OAAR-148
Samantha Michalson	34	F-OAAR	178.7	181	0.795	198.41	-214.95	231.48	231.48	115.74	132.28	-143.3	132.28	363.76	225.97	253.53	-281.09	253.53	617.288	222.586	222.586	1-F-OAAR-181
Denay Kelly	52	F-OAAR	196.2	198	0.7521	214.95	-231.48	-259.04	214.95	126.76	143.3	-159.83	143.3	358.25	259.04	270.06	286.6	286.6	644.8455	219.97462	256.27043	1-F-OAAR-198
Miranda Bren	27	F-OcR	139.2	148	0.9487	253.53	275.58	292.11	292.11	121.25	132.28	137.79	137.79	429.9	286.6	314.16	336.2	336.2	766.0985	329.65587	329.65587	1-F-OcR-148
Lindsey Woods	19	F-OcR	174	181	0.8089	159.83	187.39	198.41	198.41	77.161	88.184	-93.696	88.184	286.6	198.41	220.46	-236.99	220.46	507.058	186.047	186.047	1-F-OcR-181
Lindzey Groth	24	F-OR	131.3	132	0.9943	214.95	231.48	-248.02	231.48	143.3	-154.32	154.32	154.32	385.81	-314.16	-325.18	0	0	0	0	0	0
Kerri Niehaus	31	F-OR	149.1	165	0.8982	270.06	-286.6	-303.13	270.06	137.79	143.3	148.81	148.81	418.87	303.13	314.16	325.18	325.18	744.0525	303.1425	303.1425	1-F-OR-165
Miranda Ficek	34	F-OR	200.9	SHW	0.7436	308.64	-325.18	-330.69	308.64	143.3	154.32	165.35	165.35	473.99	308.64	330.69	363.76	363.76	837.748	282.549	282.549	1-F-OR-SHW
James Leonhardt	40	M-OAAeq	163.8	165	0.6934	418.87	-440.92	440.92	440.92	-330.69	330.69	358.25	358.25	799.17	451.94	-479.5	-479.5	451.94	1251.1105	393.47612	393.47612	1-M-OAAeq-165
Larry Robinson	65	M-OAAeq	213.3	220	0.5897	358.25	-374.78	374.78	374.78	253.53	264.55	270.06	270.06	644.85	424.39	462.97	0	462.97	1107.8115	296.29912	438.52270	1-M-OAAeq-220
Justen Frank	43	M-OAAeq	240.9	242	0.5635	738.54	-771.61	0	738.54	562.17	-584.22	584.22	584.22	1322.8	573.2	-600.75	-600.75	573.2	1895.956	484.61	499.63291	1-M-OAAeq-242
Blake Anderson	18	M-OAAcR	154.1	165	0.7315	330.69	385.81	402.34	402.34	225.97	242.51	259.04	259.04	661.38	407.85	-501.55	-501.55	407.85	1069.231	354.7775	354.7775	1-M-OAAcR-165
Thomas Davis	36	M-OAAcR	174.7	181	0.6624	314.16	341.71	363.76	363.76	187.39	203.93	-225.97	203.93	567.68	-347.22	347.22	363.76	363.76	931.4435	279.84287	279.84287	1-M-OAAcR-181
Thomas Tieszon	29	M-OAAcR	184.3	198	0.6392	468.48	-479.5	-479.5	468.48	352.74	-369.27	-369.27	352.74	821.21	584.22	606.27	-628.31	606.27	1427.4785	413.882	413.882	1-M-OAAcR-198
James Snipes	49	M-OAAcR	196.1	198	0.6157	-407.85	451.94	-485.01	451.94	275.58	303.13	314.16	314.16	766.1	407.85	451.94	-501.55	451.94	1218.0415	340.17425	378.61394	2-M-OAAcR-198
Jonathan Henderson	30	M-OAAcR	216.1	220	0.5864	402.34	-435.41	446.43	446.43	303.13	325.18	-341.71	325.18	771.61	418.87	457.45	501.55	501.55	1273.1565	338.61712	338.61712	1-M-OAAcR-220
Dave Baker AAPF	65	M-OAAcR	219	220	0.5831	-440.92	440.92	-462.97	440.92	-181.88	192.9	198.41	198.41	639.33	-440.92	0	0	0	0	0	0	0
Tyler Jacob	30	M-OAAcR	237	242	0.5663	-518.08	518.08	-529.1	518.08	341.71	-352.74	-352.74	341.71	859.79	518.08	-540.13	-540.13	518.08	1377.875	353.9375	353.9375	1-M-OAAcR-242
Andrew Bressler	22	M-OAAcR	235.1	242	0.5678	440.92	462.97	-485.01	462.97	341.71	352.74	363.76	363.76	826.73	501.55	529.1	540.13	540.13	1366.852	352.036	352.036	2-M-OAAcR-242
Chase Harmon	21	M-OAAcR	266.7	275	0.5499	473.99	512.57	-534.62	512.57	286.6	308.64	-319.67	308.64	821.21	501.55	529.1	-562.17	529.1	1350.3175	336.81375	336.81375	1-M-OAAcR-275
Seth Pifer	20	M-OAAcR	292.5	308	0.5377	-611.78	-611.78	611.78	611.78	303.13	319.67	330.69	330.69	942.47	501.55	512.57	-540.13	512.57	1455.036	354.882	354.882	1-M-OAAcR-308
Lucas Bonefield	35	M-OAAcR	331.1	SHW	0.523	-633.82	-633.82	-633.82	0	374.78	402.34	-429.9	402.34	0	677.91	-694.45	-694.45	677.91	0	0	0	0
Daniel Caron	30	M-OAAR	163	165	0.6999	385.81	418.87	-429.9	418.87	297.62	-308.64	308.64	308.64	727.52	-479.5	479.5	-501.55	479.5	1207.0185	383.16787	383.16787	1-M-OAAR-165
Patrick Klatte	25	M-OAAR	212	220	0.5914	385.81	407.85	435.41	435.41	286.6	314.16	325.18	325.18	760.59	462.97	485.01	501.55	501.55	1262.1335	338.5765	338.5765	1-M-OAAR-220
Marshall Johnson	35	M-Oeq	304	308	0.5335	931.44	1014.1	1080.3	1080.3	132.28	-650.36	705.47	705.47	1785.7	-733.03	733.03	815.7	815.7	2601.428	629.471	629.471	1-M-Oeq-308
Sean Snyder	26	M-OcR	162.1	165	0.699	413.36	440.92	468.48	468.48	248.02	275.58	-292.11	275.58	744.05	402.34	435.41	462.97	462.97	1207.0185	382.7025	382.7025	1-M-OcR-165
Jim Peavler	28	M-OcR	198.1	198	0.6143	529.1	-551.15	551.15	551.15	319.67	-336.2	-336.2	319.67	870.82	512.57	540.13	-551.15	540.13	1410.944	393.12	393.12	1-M-OcR-198
Lupe Carrazco	26	M-OcR	219.4	220	0.5826	633.82	672.4	688.94	688.94	402.34	424.39	440.92	440.92	1129.9	666.89	710.98	727.52	727.52	1857.3755	490.79837	490.79837	1-M-OcR-220
Dave Baker APF	65	M-OcR	219	220	0.5831	-440.92	440.92	-462.97	440.92	-181.88	192.9	198.41	198.41	639.33	-440.92	0	0	0	0	0	0	0
Ron Nichols	34	M-OcR	237	242	0.5663	622.8	666.89	-705.47	666.89	485.01	507.06	523.59	523.59	1190.5	606.27	633.82	661.38	661.38	1851.864	475.692	475.692	1-M-OcR-242
Marco Rivera	31	M-OcR	236.5	242	0.5667	-699.96	699.96	710.98	710.98	402.34	429.9	-440.92	429.9	1140.9	639.33	-677.91	-677.91	639.33	1780.2145	457.56987	457.56987	2-M-OcR-242
Kelly Peters	49	M-OcR	232.8	242	0.5696	385.81	424.39	-457.45	424.39	314.16	325.18	336.2	336.2	760.59	462.97	490.52	501.55	501.55	1262.1335	326.06737	362.91298	3-M-OcR-242
Cody Mittelstaedt	43	M-OcR	263	275	0.5517	512.57	534.62	545.64	545.64	385.81	402.34	418.87	418.87	964.51	512.57	529.1	545.64	545.64	1510.151	377.88025	389.59453	1-M-OcR-275
Zach Nye	30	M-OcR	272	275	0.5473	451.94	490.52	-529.1	490.52	275.58	308.64	341.71	341.71	832.24	462.97	512.57	551.15	551.15	1383.3865	343.43075	343.43075	2-M-OcR-275
Adis Lalic	26	M-OcR	267	275	0.5498	429.9	473.99	-501.55	473.99	297.62	-319.67	325.18	325.18	799.17	496.04	518.08	534.62	534.62	1333.783	332.629	332.629	3-M-OcR-275
Thomas Engebretson	31	M-OR	163.1	165	0.6955	347.22	363.76	369.27	369.27	292.11	308.64	314.16	314.16	683.43	462.97	-496.04	-496.04	462.97	1146.392	361.634	361.634	1-M-OR-165
Scott Stuart	43	M-OR	197.6	198	0.6134	363.76	402.34	-413.36	402.34	275.58	-292.11	-292.11	275.58	677.91	429.9	457.45	-468.48	457.45	1135.369	315.87525	325.66738	1-M-OR-198

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Tabitha Miller	32	F-OAAeq	276.1	SHW	0.6715	-210	210	-227.5	210	141.015	141.015	1-F-OAAeq-SHW	
James Leonhardt	40	M-OAAeq	163.8	165	0.6934	-150	150	162.5	162.5	112.66937	112.66937	1-M-OAAeq-165	
Steven Boring	31	M-OAAeq	235	242	0.5678	215	227.5	-237.5	227.5	129.1745	129.1745	1-M-OAAeq-242	
Tony Althoff	33	M-OAAR	237.1	242	0.5663	-182.5	182.5	-210	182.5	103.34975	103.34975	1-M-OAAR-242	
Chris Olson	42	M-Oeq	359	SHW	0.5139	-342.5	342.5	-365	342.5	175.99362	179.51349	1-M-Oeq-SHW	
16-Feb-19 Bench Only 2019 South Dakota APF/AAPF State Powerlifting -Lb Results													
Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Coeff Score	Age & Coeff	PI-Div-WtCI	
Tabitha Miller	32	F-OAAeq	276.1	SHW	0.6715	-462.97	462.97	-501.55	462.966	141.015	141.015	1-F-OAAeq-SHW	
James Leonhardt	40	M-OAAeq	163.8	165	0.6934	-330.69	330.69	358.25	358.2475	112.66937	112.66937	1-M-OAAeq-165	
Steven Boring	31	M-OAAeq	235	242	0.5678	473.99	501.55	-523.59	501.5465	129.1745	129.1745	1-M-OAAeq-242	
Tony Althoff	33	M-OAAR	237.1	242	0.5663	-402.34	402.34	-462.97	402.3395	103.34975	103.34975	1-M-OAAR-242	
Chris Olson	42	M-Oeq	359	SHW	0.5139	-755.08	755.08	-804.68	755.0755	175.99362	179.51349	1-M-Oeq-SHW	

16-Feb-19 Deadlift Only 2019 South Dakota APF/AAPF State Powerlifting -Kg Results														
Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Coeff Score	Age & Coeff	PI-Div-WtCl		
James Leonhardt	40	M-OAAeq	163.8	165	0.6934	205	-217.5	-217.5	205	142.13675	142.13675	1-M-OAAeq-165		
16-Feb-19 Deadlift Only 2019 South Dakota APF/AAPF State Powerlifting -Lb Results														
Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Coeff Score	Age & Coeff	PI-Div-WtCl		
James Leonhardt	40	M-OAAeq	163.8	165	0.6934	451.94	-479.5	-479.5	451.943	142.13675	142.13675	1-M-OAAeq-165		

16-Feb-19	Push-Pull 2019 South Dakota APF/AAPF State Powerlifting -Kg Results																			
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Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total	Coeff Score	Age & Coeff	PI-Div-WtCl
Simon Hill	15	M-OAAR	216.1	220	0.5864	102.5	110	115	115	-152.5	165	170	170	285	167.10975	167.10975	1-M-OAAR-220

16-Feb-19	Push-Pull 2019 South Dakota APF/AAPF State Powerlifting -Lb Results																			
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Name	Age	Div	BWt (Lb)	WtCls (Lb)	Glossbrenner	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	Push Pull Total	Coeff Score	Age & Coeff	PI-Div-WtCl
Simon Hill	15	M-OAAR	216.1	220	0.5864	225.97	242.51	253.53	253.53	-336.2	363.76	374.78	374.78	628.311	167.10975	167.10975	1-M-OAAR-220