

AWPC Single Ply Men's Bench Records

Class	Record	Name	DOB	Nat	Date of Record	Location	
52	130	Sokushev Vadim	90	RUS	7/4/2014	Novosibirsk	
56							
60							
67.5	200.5	Sufiyarov Ayrat	84	RUS	8/24/2014	Moscow	
75	247.5	Teidis Kostas	89	RUS	7/23/2017	Blagoveschensk	
82.5	250	Telidis Kostas	89	RUS	10/6/2019	Blagoveschensk Russia	
90	250	Khumuugul Battumur	74	MGL	8/24/2014	Moscow	
100	292.5	Abdullin Marat	85	RUS	8/24/2014	Moscow	
110	291	Yevstigneev Mikhail	76	RUS	8/13/2016	Kursk	4th
125	300	Bujinkham Altangerel	76	MGL	8/24/2014	Moscow	
140	355	Aumavae Sammy	72	USA	8/31/2014	Idaho Falls	
140+	270	Bergert Lev	66	RUS	8/24/2014	Moscow	

Women's AWPC Single Ply Bench Records

Class	Record	Name	DOB		Date of Record	Location	
44	47.5	Tskhay Natalya	75	KAZ	7/4/2014	Novosibirsk	
48	80	Vakhterova Yuliya	80	RUS	12/5/2015	Kursk	4th
52	112.5	Veilkaya Yekaterina	90	RUS	3/25/2016	Rostov	
56	100.5	Pustovit Mariya	85	RUS	12/5/2015	Kursk	
60	105	Baranova Kristina	88	RUS	7/4/2014	Novosibirsk	
67.5	140	Kuznetsova Yuliya	73	RUS	6/3/2017	Moscow	
75	120	Gomaleeva Natalya	85	RUS	3/21/2015	Yekaterinburg	
82.5	132.5	Pugovkina Alla	75	RUS	8/24/2014	Moscow	
90	100.5	Wetenhall Kathy	53	USA	4/20/2018	Grand Rapids MI	
90+							

Men's Junior 20-23 AWPC Single Ply Bench Records

Class	Record	Name	DOB		Date of Record	Location	
52							
56							
60							
67.5	157.5	Gansukh Ayurbold	91	RUS	8/24/2014	Moscow	
75	197.5	Abdyushev Arthur	93	RUS	3/25/2016	Rostov	
82.5	205	Lashkari Ali	95	IRN	12/1/2016	Kursk	
90	180	Karapetyan Artush	91	RUS	8/24/2014	Moscow	
100	227.5	Sonntag Joseph	90	USA	4/27/2014	Baton Rouge LA	
110	215	Fedoseev Kirill	92	RUS	2/8/2014	Yekaterinburg	
125	217.5	Myagmarjav Dorj	95	MGL	8/13/2016	Kursk	
140							
140+							

Women's Junior 20-23 AWPC Single Ply Bench Records

Class	Record	Name	DOB		Date of Record	Location	
44							
48							
52							
56	100	Blinkova Natalya	91	RUS	8/24/2014	Moscow	
60	100	Linnik Liliya	95	RUS	4/16/2015	Rostov	
67.5							
75							

82.5
90
90+

Men's Teenage AWPC Single Ply Bench Records

13-15 Age Group

Class	Record	Name	DOB	Date of Record	Location
52	70	Mazitov Dmitriy	2004 RUS	8/12/2019	Chelyabinsk Russia
56	97.5	Selyanin Dmitriy	2005 RUS	6/12/2020	Moscow Russia
60	150	Selyanin Dmitriy	2005 RUS	6/18/2021	Bishkek Kyrgyzstan
67.5	80	Demyanenko Kirill	2002 RUS	11/3/2017	Moscow Russia
75	120	Kuvshinov Ilya	99 RUS	8/24/2014	Moscow
82.5	130	Zazulin Nikita	98 RUS	2/8/2014	Yekaterinburg
90					
100					
110					
125					
140					
140+					

16-17 Age Group

Class	Record	Name	DOB	Date of Record	Location
52	50	Marchant Zac	2001 USA	8/30/2018	Idaho Falls ID
56	100	Borenkov Maxim	96 RUS	5/30/2014	Kursk
60					
67.5					
75	172.5	Simon Masih	2002 IND	12/15/2018	Dolgoprudnyy 4th
82.5	162.5	Sushkov Filipp	97 RUS	8/15/2015	Kursk
90					
100					
110					
125					
140					
140+					

18-19 Age Group

Class	Record	Name	DOB	Date of Record	Location
52					
56					
60	100	Mourad Mohamed Ahmed Mohamed Elsaid	96 EGY	9/2/2015	Idaho Falls ID
67.5					
75	142.5	Tonkoglaz Vladimir	96 RUS	8/24/2014	Moscow
82.5	117.5	Ruane Peter	96 USA	4/10/2015	Glen Elyn IL
90	185	Ramatov Akzholtoi	96 RUS	8/14/2015	Kursk
100	190	Osipov Alexei	96 RUS	10/25/2014	Krasnodar
110	210	Kiselev Sergei	95 RUS	5/30/2014	Kursk
125	242.5	Pogorelov Roman	96 RUS	8/15/2015	Kursk
140					
140+					

Women's Teenage AWPC Single Ply Bench Records

13-15 Age Group

Class	Record	Name	DOB	Date of Record	Location
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44						
48	60	Sokhina Anastasiya	2000	RUS	8/13/2016	Kursk
52						
56	70	Zotova Milena	2006	RUS	9/27/2020	Vladivostok Russia
60						
67.5	60	Brakhnova Anastasiya	2001	RUS	8/15/2015	Kursk
75						
82.5						
90						
90+						

16-17 Age Group

Class	Record	Name	DOB		Date of Record	Location
44						
48						
52	55	Lukina Alena	96	RUS	5/30/2014	Kursk
56						
60						
67.5	95	Safronova Marina	98	RUS	5/30/2014	Kursk
75	102.5	Safronova Marina	98	RUS	12/5/2014	Kursk
82.5						
90	82.5	O'Neal Finley	2002	USA	4/12/2019	Myrtle Beach SC
90+						

18-19 Age Group

Class	Record	Name	DOB		Date of Record	Location
44	50	Yenina Natalya	96	RUS	8/15/2015	Kursk
48						
52						
56	92.5	Martynenko Irina	97	RUS	8/13/2016	Kursk
60						
67.5						
75						
82.5						
90						
90+						

Men's Submaster 33-39 AWPC Single Ply Bench Records

Class	Record	Name	DOB		Date of Record	Location
52						
56						
60						
67.5	195	Sufiyarov Ayrat	84	RUS	9/10/2017	Lisle IL
75	232.5	Sokolov Nikolai	79	RUS	8/24/2014	Moscow
82.5	175	Palisse Franck	78	FRA	6/24/2018	Le Pont de Claix France
90	245	Vinnichenko Sergei	74	RUS	8/24/2014	Moscow
100	292.5	Gasavov Alexei	82	RUS	7/16/2017	Chelyabinsk
110	267.5	Yevstigneev Mikhail	76	RUS	8/15/2015	Kursk
125	265	Grosz Joseph	81	USA	9/2/2015	Idaho Falls ID
140	300	Kolesnichenko Sergei	79	RUS	8/9/2014	Yekaterinburg
140+						

Women's Submaster 33-39 AWPC Single Ply Bench Records

Class	Record	Name	DOB	Date of Record	Location	
44	47.5	Tskhay Natalya	75	KAZ 7/4/2014	Novosibirsk	
48	80	Vakhterova Yuliya	80	RUS 12/5/2015	Kursk	4th
52	77.5	Primak Tatyana	83	RUS 8/13/2016	Kursk	
56	92.5	Bondareva Ekaterina	83	RUS 9/27/2020	Vladivostok Russia	
60	65	Ryzhykh Olga	79	RUS 5/30/2014	Kursk	
67.5						
75						
82.5	132.5	Pugovkina Alla	75	RUS 8/24/2014	Moscow	
90						
90+						

**Men's Master AWPC Single Ply Bench Records
40-44 Age Group**

Class	Record	Name	DOB	Date of Record	Location	
52						
56						
60						
67.5						
75	170	Gurov Sergei	76	RUS 12/3/2017	Kursk Russia	
82.5	202.5	Ruelan Miguel	70	USA 7/19/2014	Detroit MI	
90	240	Konchakov Vladimir	73	RUS 7/4/2014	Novosibirsk	
100						
110	291	Yevstigneev Mikhail	76	RUS 8/13/2016	Kursk	4th
125	252.5	Vnukov Oleg	74	RUS 8/13/2016	Kursk	
140	355	Aumavae Sammy	72	USA 8/31/2014	Idaho Falls	
140+	197.5	Smirnov Yuriy	71	RUS 8/24/2014	Moscow	

45-49 Age Group

Class	Record	Name	DOB	Date of Record	Location	
52						
56						
60						
67.5						
75	147.5	Bashtanov Igor	67	RUS 7/4/2014	Novosibirsk	
82.5	187.5	Dremenkov Konstantin	66	BLR 8/24/2014	Moscow	
90	215	Sender Aleksei	65	BLR 8/24/2014	Moscow	
100	257.5	Ponzio Thomas	69	USA 9/1/2018	Idaho Falls ID	
110	250	Terentyev Alexandr	69	RUS 12/12/2015	Yekaterinburg	
125	215	Shadrin Vyacheslav	68	RUS 11/3/2017	Moscow Russia	
140						
140+	270	Bergert Lev	66	RUS 8/24/2014	Moscow	

50-54 Age Group

Class	Record	Name	DOB	Date of Record	Location	
52						
56						
60						
67.5						
75	150	Yemelin Yevgeniy	64	RUS 8/13/2016	Kursk	
82.5	235	Ekanany Mosbeth	69	EGY 10/26/2020	Lombard IL	

90	175	Starikov Alexandr	64	RUS	3/10/2018	Chelyabinsk
100	200	Farley Kevin	66	USA	10/26/2020	Lombard IL
110	208	Pivovarov Oleg	63	RUS	10/30/2014	Saint Petersburg
125	220	McAteer Wade	64	USA	5/28/2017	Lisle IL
140	240	Darley Bruce	64	USA	9/2/2015	Idaho Falls ID
140+	280	Bergert Lev	66	RUS	11/3/2017	Moscow Russia

Men's Master AWPC Single Ply Bench Records

55-59 Age Group

Class	Record	Name	DOB	Date of Record	Location		
52							
56							
60							
67.5							
75	110	Bolshakov Sergey	64	RUS	6/18/2021	Bishkek Kyrgyzstan	
82.5	153	Petrov Igor	56	RUS	10/30/2014	Saint Petersburg	
90	200	Reshetov Nikolai	59	RUS	3/25/2016	Rostov	
100	190	Denniston William	56	USA	8/6/2016	Grand Rapids MI	
110	172.5	Bergert Lev	66	RUS	6/18/2021	Bishkek Kyrgyzstan	
125	182.5	Cozine Noble	56	USA	8/6/2016	Grand Rapids MI	4th
140	170	Popov Vladimir	56	RUS	8/15/2015	Kursk	
140+							

60-64 Age Group

Class	Record	Name	DOB	Date of Record	Location		
52							
56							
60							
67.5							
75							
82.5	155	Petrov Igor	86	RUS	6/3/2017	Moscow	4th
90	165	Feiszig Les	57	CAN	6/22/2019	Ontario Canada	
100	167.5	Bakke Jay	57	USA	8/29/2019	Idaho Falls ID	
110							
125	185	Popov Vladimir	56	RUS	8/13/2016	Kursk	
140	200	Popov Vladimir	56	RUS	6/3/2017	Moscow	
140+	185	Kelly Richard	54	USA	9/10/2017	Lisle IL	

65-69 Age Group

Class	Record	Name	DOB	Date of Record	Location		
52							
56							
60							
67.5							
75							
82.5	97.5	Zhurkin Yevgeniy	45	RUS	8/24/2014	Moscow	
90	125	Obmelyukhin Gennadiy	48	RUS	8/15/2015	Kursk	
100	150	Li Vladimir	51	RUS	12/3/2016	Kursk	
110	192.5	Dickerson Dick	48	USA	8/6/2016	Grand Rapids MI	4th
125							
140	187.5	Wetenhall Jim	54	USA	4/20/2018	Grand Rapids MI	
140+							

Men's Master AWPC Single Ply Bench Records**70-74 Age Group**

Class	Record	Name	DOB	Date of Record	Location	
52						
56						
60						
67.5	102.5	Kim Miron	41	RUS 8/24/2014	Moscow	
75	110	Kim Miron	41	RUS 6/5/2015	Saint Petersburg	
82.5	150	Lichtle Lee	44	USA 9/2/2015	Idaho Falls ID	4th
90	150.5	Minietta Michael	43	USA 9/2/2015	Idaho Falls ID	
100						
110						
125						
140						
140+						

75-79 Age Group

Class	Record	Name	DOB	Date of Record	Location	
52						
56						
60						
67.5						
75	117.5	McDermott Joe	40	USA 8/6/2016	Grand Rapids MI	
82.5	95	Sannikov Vladislav	38	RUS 8/24/2014	Moscow	
90						
100						
110	85	Roberts William	42	USA 8/16/2019	Orlando FL	
125						
140						
140+						

80-84 Age Group

Class	Record	Name	DOB	Date of Record	Location	
52						
56						
60						
67.5						
75						
82.5						
90						
100						
110						
125						
140						
140+						

Women's Master AWPC Single Ply Bench Records**40-44 Age Group**

Class	Record	Name	DOB	Date of Record	Location	
44						
48						
52	57.5	Pugach Yelena	75	RUS 8/15/2015	Kursk	

56						
60						
67.5	140	Kuznetsova Yuliya	73	RUS	6/3/2017	Moscow
75						
82.5						
90	112.5	Frolkova Xeniya	73	RUS	7/17/2015	Chelyabinsk
90+						

45-49 Age Group

Class	Record	Name	DOB		Date of Record	Location
44						
48						
52						
56						
60						
67.5	120	Lukyanova Marina	72	RUS	12/15/2019	Moscow Russia
75						
82.5						
90						
90+						

50-54 Age Group

Class	Record	Name	DOB		Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5	102.5	Yakovleva Irina	70	RUS	6/12/2020	Moscow Russia
90						
90+						

Women's Master AWPC Single Ply Bench Records

55-59 Age Group

Class	Record	Name	DOB		Date of Record	Location
44						
48						
52						
56						
60						
67.5						
75						
82.5						
90						
90+						

60-64 Age Group

Class	Record	Name	DOB		Date of Record	Location
44						
48						

52						
56	85	Gosteva Valentina	55	RUS	8/12/2018	Kursk Russia
60						
67.5						
75						
82.5						
90	100.5	Wetenhall Kathy	53	USA	4/20/2018	Grand Rapids MI
90+						

65-69 Age Group

Class	Record	Name	DOB	Date of Record	Location
44					
48					
52					
56					
60					
67.5					
75					
82.5					
90					
90+					

Women's Master AWPC Single Ply Bench Records

70-74 Age Group

Class	Record	Name	DOB	Date of Record	Location
44					
48					
52					
56					
60					
67.5					
75					
82.5					
90					
90+					

75-79 Age Group

Class	Record	Name	DOB	Date of Record	Location
44					
48					
52					
56					
60					
67.5					
75					
82.5					
90					
90+					

80-84 Age Group

Class	Record	Name	DOB	Date of Record	Location
44					

48
52
56
60
67.5
75
82.5
90
90+