

Men's Open AAFP Raw

75 KG Class	Record	Name	Record Date	Location
Squat	182.5	Jayden Chase	3/20/2021	Idaho Falls
Bench	132.5	Jayden Chase	3/20/2021	Idaho Falls
Deadlift	235	Jayden Chase	3/20/2021	Idaho Falls
Total	550	Jayden Chase	3/20/2021	Idaho Falls

82.5 KG Class	Record	Name	Record Date	Location
Squat	95	Preston Nichols	3/26/2022	Idaho Falls
Bench	87.5	Preston Nichols	3/26/2022	Idaho Falls
Deadlift	150	Preston Nichols	3/26/2022	Idaho Falls
Total	332.5	Preston Nichols	3/26/2022	Idaho Falls

100 KG Class	Record	Name	Record Date	Location
Squat	232.5	Russell Jardine	9/3/2020	Idaho Falls
Bench	177.5	Russell Jardine	9/3/2020	Idaho Falls
Deadlift	227.5	Russell Jardine	9/3/200	Idaho Falls
Total	637.5	Russell Jardine	9/3/2020	Idaho Falls

110 KG Class	Record	Name	Record Date	Location
Squat	227.5	Russell Jardine	3/26/2022	Idaho Falls
Bench	192.5	Russell Jardine	3/26/2022	Idaho Falls
Deadlift	227.5	Russell Jardine	3/26/2022	Idaho Falls
Total	647.5	Russell Jardine	3/26/2022	Idaho Falls

125 KG Class	Record	Name	Record Date	Location
Squat	210	Rocky Jardine	9/3/2020	Idaho Falls
Bench	150	Rocky Jardine	9/3/2020	Idaho Falls
Deadlift	232.5	Rocky Jardine	9/3/200	Idaho Falls
Total	592.5	Rocky Jardine	9/3/2020	Idaho Falls

140 KG Class	Record	Name	Record Date	Location
Squat	212.5	Rocky Jardine	3/26/2022	Idaho Falls
Bench	162.5	Rocky Jardine	3/26/2022	Idaho Falls
Deadlift	242.5	Rocky Jardine	3/26/2022	Idaho Falls
Total	617.5	Rocky Jardine	3/26/2022	Idaho Falls

Men's Teen 13-15 AAFP Raw

56 KG Class	Record	Name	Record Date	Location
Squat	107.5	Jase Byrd	6/13/2020	Idaho Falls
Bench	80	Jase Byrd	6/13/2020	Idaho Falls
Deadlift	120	Jase Byrd	6/13/2020	Idaho Falls
Total	307.5	Jase Byrd	6/13/2020	Idaho Falls

60 KG Class	Record	Name	Record Date	Location
Squat	50	Gabe Howe	6/13/2020	Idaho Falls
Bench	47.5	Gabe Howe	6/13/2020	Idaho Falls
Deadlift	102.5	Gabe Howe	6/13/2020	Idaho Falls

Total	200	Gabe Howe	6/13/2020	Idaho Falls
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75 KG Class	Record	Name	Record Date	Location
Squat	80	Ty Sorensen	12/18/2021	Pocatello
Bench	57.5	Ty Sorensen	12/18/2021	Pocatello
Deadlift	105	Ty Sorensen	12/18/2021	Pocatello
Total	242.5	Ty Sorensen	12/18/2021	Pocatello

90 KG Class	Record	Name	Record Date	Location
Squat	112.5	Ayden Allen	3/26/2022	Idaho Falls
Bench	70	Ayden Allen	3/26/2022	Idaho Falls
Deadlift	160	Ayden Allen	3/26/2022	Idaho Falls
Total	342.5	Ayden Allen	3/26/2022	Idaho Falls

Men's Teen 16-17 AAPF Raw

75 KG Class	Record	Name	Record Date	Location
Squat	135	Kaden Byrd	6/13/2020	Idaho Falls
Bench	95	Kaden Byrd	6/13/2020	Idaho Falls
Deadlift	145	Kaden Byrd	6/13/2020	Idaho Falls
Total	375	Kaden Byrd	6/13/2020	Idaho Falls

90 KG Class	Record	Name	Record Date	Location
Squat	142.5	Noah Vance	6/13/2020	Idaho Falls
Bench	102.5	Noah Vance	6/13/2020	Idaho Falls
Deadlift	147.5	Noah Vance	6/13/2020	Idaho Falls
Total	392.5	Noah Vance	6/13/2020	Idaho Falls

100 KG Class	Record	Name	Record Date	Location
Squat	152.5	Noah Vance	9/3/2020	Idaho Falls
Bench	110	Noah Vance	9/3/2020	Idaho Falls
Deadlift	167.5	Noah Vance	9/3/2020	Idaho Falls
Total	430	Noah Vance	9/3/2020	Idaho Falls

110 KG Class	Record	Name	Record Date	Location
Squat	200	Mason Benoit	12/18/2021	Pocatello
Bench	140	Mason Benoit	12/18/2021	Pocatello
Deadlift	195	Mason Benoit	12/18/2021	Pocatello
Total	535	Mason Benoit	12/18/2021	Pocatello

Men's Teen 18-19 AAPF Raw

100 KG KG Class	Record	Name	Record Date	Location
Squat	182.5	Marco Tzompa	9/3/2020	Idaho Falls
Bench	130	Marco Tzompa	9/3/2020	Idaho Falls
Deadlift	197.5	Marco Tzompa	9/3/2020	Idaho Falls
Total	510	Marco Tzompa	9/3/2020	Idaho Falls

Men's Junior 20-23 AAPF Raw

82.5 KG Class	Record	Name	Record Date	Location
Squat	95	Preston Nichols	3/26/2022	Idaho Falls

Bench	87.5	Preston Nichols	3/26/2022	Idaho Falls
Deadlift	150	Preston Nichols	3/26/2022	Idaho Falls
Total	332.5	Preston Nichols	3/26/2022	Idaho Falls

Men's Submaster 33-39 AAPF Raw

125 KG Class	Record	Name	Record Date	Location
Squat	160	Charlie Howe	6/13/2020	Idaho Falls
Bench	122.5	Charlie Howe	6/13/2020	Idaho Falls
Deadlift	205	Charlie Howe	6/13/2020	Idaho Falls
Total	487.5	Charlie Howe	6/13/2020	Idaho Falls

Men's Master 40-44 AAPF Raw

110 KG Class	Record	Name	Record Date	Location
Squat	137.5	Steven Westfall	6/13/2020	Idaho Falls
Bench	115	Steven Westfall	6/13/2020	Idaho Falls
Deadlift	180	Steven Westfall	6/13/2020	Idaho Falls
Total	432.5	Steven Westfall	6/13/2020	Idaho Falls

140 KG Class	Record	Name	Record Date	Location
Squat	160	Paul Sorensen	6/12/2021	Billings
Bench	140	Paul Sorensen	9/3/2021	Idaho Falls
Deadlift	167.5	Paul Sorensen	9/3/2021	Idaho Falls
Total	467.5	Paul Sorensen	9/3/2021	Idaho Falls

Men's Open AAPF Classic Raw

52 KG Class	Record	Name	Record Date	Location
Squat	92.5	R. Gabe Pyne	9/3/2021	Idaho Falls
Bench	60	R. Gabe Pyne	9/3/2021	Idaho Falls
Deadlift	125	R. Gabe Pyne	9/3/2021	Idaho Falls
Total	267.5	R. Gabe Pyne	9/3/2021	Idaho Falls

67.5 KG Class	Record	Name	Record Date	Location
Squat	160	Aric Harumi	6/13/2020	Idaho Falls
Bench	97.5	Aric Harumi	6/13/2020	Idaho Falls
Deadlift	190	Aric Harumi	6/13/2020	Idaho Falls
Total	447.5	Aric Harumi	6/13/2020	Idaho Falls

75 KG Class	Record	Name	Record Date	Location
Squat	200	Jase Byrd	12/18/2021	Pocatello
Bench	130	Jayden Chase	6/13/2020	Idaho Falls
Deadlift	237.5	Jayden Chase	6/12/2021	Billings
Total	562.5	Jayden Chase	6/12/2021	Billings

82.5 KG Class	Record	Name	Record Date	Location
Squat	210	Jase Byrd	3/26/2022	Idaho Falls
Bench	142.5	Steven Grow	6/13/2020	Idaho Falls
Deadlift	242.5	Jayden Chase	9/3/2021	Idaho Falls
Total	570	Jayden Chase	9/3/2021	Idaho Falls

90 KG Class	Record	Name	Record Date	Location
Squat	222.5	Sean Oppici	9/3/2021	Idaho Falls
Bench	147.5	Nathaniel Breeze	9/3/2020	Idaho Falls
Deadlift	272.5	Sean Oppici	9/3/2021	Idaho Falls
Total	625	Sean Oppici	9/3/2021	Idaho Falls

110 KG Class	Record	Name	Record Date	Location
Squat	220	Stephen Carlson	3/26/2022	Idaho Falls
Bench	145	Stephen Carlson	3/26/2022	Idaho Falls
Deadlift	247.5	Santiago Martinez	6/13/2020	Idaho Falls
Total	585	Stephen Carlson	3/26/2022	Idaho Falls

125 KG Class	Record	Name	Record Date	Location
Squat	195	Santiago Martinez	9/3/2020	Idaho Falls
Bench	132.5	Santiago Martinez	9/3/2020	Idaho Falls
Deadlift	255	Santiago Martinez	9/3/2020	Idaho Falls
Total	582.5	Santiago Martinez	9/3/2020	Idaho Falls

Men's Teen 13-15 AAPF Classic Raw

52 KG Class	Record	Name	Record Date	Location
Squat	92.5	R. Gabe Pyne	9/3/2021	Idaho Falls
Bench	60	R. Gabe Pyne	9/3/2021	Idaho Falls
Deadlift	125	R. Gabe Pyne	9/3/2021	Idaho Falls
Total	267.5	R. Gabe Pyne	9/3/2021	Idaho Falls

56 KG Class	Record	Name	Record Date	Location
Squat	65	Ethan Byrd	6/12/2021	Billings
Bench	50	Ethan Byrd	6/12/2021	Billings
Deadlift	80	Ethan Byrd	6/12/2021	Billings
Total	195	Ethan Byrd	6/12/2021	Billings

60 KG Class	Record	Name	Record Date	Location
Squat	115	Jase Byrd	9/3/2020	Idaho Falls
Bench	82.5	Jase Byrd	9/3/2020	Idaho Falls
Deadlift	125	Jase Byrd	9/3/2020	Idaho Falls
Total	320	Jase Byrd	9/3/2020	Idaho Falls

75 KG Class	Record	Name	Record Date	Location
Squat	157.5	Jase Byrd	3/20/2021	Idaho Falls
Bench	110	Jase Byrd	3/20/2021	Idaho Falls
Deadlift	170	Jase Byrd	3/20/2021	Idaho Falls
Total	437.5	Jase Byrd	3/20/2021	Idaho Falls

90 KG Class	Record	Name	Record Date	Location
Squat	132.5	Kade Sorensen	3/20/2021	Idaho Falls
Bench	82.5	Kade Sorensen	3/20/2021	Idaho Falls
Deadlift	147.5	Kade Sorensen	3/20/2021	Idaho Falls
Total	362.5	Kade Sorensen	3/20/2021	Idaho Falls

100 KG Class	Record	Name	Record Date	Location
Squat	152.5	Kade Sorensen	6/12/2021	Billings
Bench	77.5	Kade Sorensen	6/12/2021	Billings
Deadlift	65	Kade Sorensen	6/12/2021	Billings
Total	295	Kade Sorensen	6/12/2021	Billings

Men's Teen 16-17 AAPF Classic Raw

75 KG Class	Record	Name	Record Date	Location
Squat	200	Jase Byrd	12/18/2021	Pocatello
Bench	115	Jase Byrd	12/18/2021	Pocatello
Deadlift	192.5	Jase Byrd	12/18/2021	Pocatello
Total	507.5	Jase Byrd	12/18/2021	Pocatello

82.5 KG Class	Record	Name	Record Date	Location
Squat	210	Jase Byrd	3/26/2022	Idaho Falls
Bench	137.5	Jase Byrd	3/26/2022	Idaho Falls
Deadlift	207.5	Jase Byrd	3/26/2022	Idaho Falls
Total	555	Jase Byrd	3/26/2022	Idaho Falls

90 KG Class	Record	Name	Record Date	Location
Squat	175	Kade Sorensen	3/26/2022	Idaho Falls
Bench	97.5	Kyle Anderson	12/18/2021	Pocatello
Deadlift	200	Kyle Anderson	12/18/2021	Pocatello
Total	467.5	Kyle Anderson	12/18/2021	Pocatello

100 KG Class	Record	Name	Record Date	Location
Squat	162.5	Kade Sorensen	12/18/2021	Pocatello
Bench	92.5	Kade Sorensen	12/18/2021	Pocatello
Deadlift	182.5	Kade Sorensen	12/18/2021	Pocatello
Total	437.5	Kade Sorensen	12/18/2021	Pocatello

Men's Teen18-19 AAPF Classic Raw

67.5 KG Class	Record	Name	Record Date	Location
Squat	127.5	Kaden Byrd	9/3/2020	Idaho Falls
Bench	97.5	Kaden Byrd	9/3/2020	Idaho Falls
Deadlift	137.5	Kaden Byrd	9/3/2020	Idaho Falls
Total	362	Kaden Byrd	9/3/2020	Idaho Falls

90 KG Class	Record	Name	Record Date	Location
Squat	155	Kyle Anderson	3/26/2022	Idaho Falls
Bench	110	Kyle Anderson	3/26/2022	Idaho Falls
Deadlift	202.5	Kyle Anderson	3/26/2022	Idaho Falls
Total	467.5	Kyle Anderson	3/26/2022	Idaho Falls

100 KG Class	Record	Name	Record Date	Location
Squat	210	Marco Tzompa	3/26/2022	Idaho Falls
Bench	145	Marco Tzompa	3/26/2022	Idaho Falls
Deadlift	235	Marco Tzompa	3/26/2022	Idaho Falls
Total	590	Marco Tzompa	3/26/2022	Idaho Falls

Men's Junior, 20-23, AAPF Classic Raw

90 KG Class	Record	Name	Record Date	Location
Squat	233	Nathaniel Breeze	9/3/2021	Idaho Falls
Bench	152.5	Nathaniel Breeze	9/3/2021	Idaho Falls
Deadlift	250	Nathaniel Breeze	9/3/2021	Idaho Falls
Total	636	Nathaniel Breeze	9/3/2021	Idaho Falls

Men's Master 40-44 AAPF Classic Raw

90 KG Class	Record	Name	Record Date	Location
Squat	177.5	Michael Coleman	9/3/2020	Idaho Falls
Bench	132.5	Michael Coleman	9/3/2020	Idaho Falls
Deadlift	210	Michael Coleman	9/3/2020	Idaho Falls
Total	520	Michael Coleman	9/3/2020	Idaho Falls

110 KG Class	Record	Name	Record Date	Location
Squat	200	Jason Byrd	6/12/2021	Billings
Bench	130	Jason Byrd	6/12/2021	Billings
Deadlift	185	Steven Westfall	9/3/2020	Idaho Falls
Total	515	Jason Byrd	6/12/2021	Billings

140 KG Class	Record	Name	Record Date	Location
Squat	230	Tim Woodard	9/3/2020	Idaho Falls
Bench	150	Tim Woodard	6/13/2020	Idaho Falls
Deadlift	227.5	Tim Woodard	9/3/2020	Idaho Falls
Total	600	Tim Woodard	9/3/2020	Idaho Falls

Men's Master 50-54 AAPF Classic Raw

82.5 KG Class	Record	Name	Record Date	Location
Squat	147.5	Brian Higginson	9/3/2020	Idaho Falls
Bench	120	Brian Higginson	9/3/2020	Idaho Falls
Deadlift	102.5	Brian Higginson	9/3/2020	Idaho Falls
Total	370	Brian Higginson	9/3/2020	Idaho Falls

Men's AAPF Single Lift Bench Raw

Men's Open Bench	Record	Name	Record Date	Location
75 KG Class	115	Jase Byrd	12/18/2021	Pocatello
100 KG Class	177.5	Russell Jardine	9/3/2020	Idaho Falls
110 KG Class	192.5	Russell Jardine	3/26/2022	Idaho Falls

Men's Teen 13-15 Bench	Record	Name	Record Date	Location
52 KG Class	40	Russell Gabe Payne	6/13/2020	Idaho Falls
60 KG Class	55	Ethan Byrd	12/18/2021	Pocatello
75 KG Class	57.5	Ty Sorensen	12/18/2021	Pocatello

Men's Teen 16-17 Bench	Record	Name	Record Date	Location
75 KG Class	115	Jase Byrd	12/18/2021	Pocatello
100 KG Class	92.5	Kade Sorensen	12/18/2021	Pocatello

Men's Teen 18-19 Bench 75 KG Class	Record 105	Name Kaden Byrd	Record Date 12/18/2021	Location Pocatello
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Men's Master 50-54 Bench 75 KG Class	Record 72.5	Name Ron Mills	Record Date 6/13/2020	Location Idaho Falls
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Men's AAPF Single Lift Deadlift Raw

Men's Open DL 75 KG Class	Record 192.5	Name Jase Byrd	Record Date 12/18/2021	Location Pocatello
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Men's Teen 13-15 DL 52 KG Class	Record 82.5	Name Russell Gabe Payne	Record Date 6/13/2020	Location Idaho Falls
60 KG Class	105	Ethan Byrd	12/18/2021	Pocatello
67.5 KG Class	175	Jase Byrd	6/12/2021	Billings
75 KG Class	105	Ty Sorensen	12/18/2021	Pocatello

Men's Teen 16-17 Deadlift 75 KG Class	Record 192.5	Name Jase Byrd	Record Date 12/18/2021	Location Pocatello
100 KG Class	182.5	Kade Sorensen	12/18/2021	Pocatello

Men's Master 40-44 DL 140 KG Class	Record 227.5	Name Timothy Woodard	Record Date 9/3/2020	Location Idaho Falls
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AAPF Men's Open Single-ply

82.5 KG Class Squat	Record 210	Name Jayden Chase	Record Date 3/26/2022	Location Idaho Falls
Bench	130	Jayden Chase	3/26/2022	Idaho Falls
Deadlift	252.5	Jayden Chase	3/26/2022	Idaho Falls
Total	592.5	Jayden Chase	3/26/2022	Idaho Falls

AAPF Men's Submaster 33-39 Single-ply

82.5 KG Class Squat	Record 202.5	Name Luke Shawver	Record Date 9/3/2021	Location Idaho Falls
Bench	127.5	Luke Shawver	9/3/2021	Idaho Falls
Deadlift	227.5	Luke Shawver	9/3/2021	Idaho Falls
Total	557.5	Luke Shawver	9/3/2021	Idaho Falls

90 KG Class Squat	Record 192.5	Name Luke Shawver	Location 9/3/2020	Location Idaho Falls
Bench	115	Luke Shawver	9/3/2020	Idaho Falls
Deadlift	222.5	Luke Shawver	9/3/2020	Idaho Falls
Total	530	Luke Shawver	9/3/2020	Idaho Falls

Men's AAPF Single Lift Single-ply BP

Men's AAPF Master 40-44, SP 90 KG Class	Record 130	Name Michael Coleman	Location 6/13/2020	Location Idaho Falls
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Men's AAPF Single Lift Single-ply DL

Men's Submaster 30-39 , SP	Record	Name	Location	Location
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82.5 KG Class	217.5	Luke Shawver	6/13/2020	Idaho Falls
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Men's Master 40-44, SP	Record	Name	Location	Location
90 KG Class	227.5	Michael Coleman	6/13/2020	Idaho Falls

Men's AAPF Single Lift Multi-ply DL

Men's Open, MP	Record	Name	Record Date	Location
82.5 KG Class	272.5	Cody Nielson	6/13/2020	Idaho Falls

Men's Submaster 33-39, MP	Record	Name	Record Date	Location
82.5 KG Class	272.5	Cody Nielson	6/13/2020	Idaho Falls

Men's APF Raw

Men's Teen, 13-15, Raw

75 KG Class	Record	Name	Record Date	Location
Squat	80	Ty Sorensen	12/18/2021	Pocatello
Bench	57.5	Ty Sorensen	12/18/2021	Pocatello
Deadlift	105	Ty Sorensen	12/18/2021	Pocatello
Total	242.5	Ty Sorensen	12/18/2021	Pocatello

Men's APF Classic Raw

Men's Open CR

75 KG Class	Record	Name	Record Date	Location
Squat	200	Jase Byrd	12/18/2021	Pocatello
Bench	115	Jase Byrd	12/18/2021	Pocatello
Deadlift	192.5	Jase Byrd	12/18/2021	Pocatello
Total	507.5	Jase Byrd	12/18/2021	Pocatello

82.5 KG Class	Record	Name	Record Date	Location
Squat	210	Jase Byrd	3/26/2022	Idaho Falls
Bench	137.5	Jase Byrd	3/26/2022	Idaho Falls
Deadlift	207.5	Jase Byrd	3/26/2022	Idaho Falls
Total	555	Jase Byrd	3/26/2022	Idaho Falls

90 KG Class	Record	Name	Record Date	Location
Squat	227.5	Sean Oppici	3/20/2021	Idaho Falls
Bench	132.5	Sean Oppici	3/20/2021	Idaho Falls
Deadlift	272.5	Sean Oppici	3/20/2021	Idaho Falls
Total	632.5	Sean Oppici	3/20/2021	Idaho Falls

110 KG Class	Record	Name	Record Date	Location
Squat	205	Jason Byrd	9/3/2021	Idaho Falls
Bench	125	Jason Byrd	9/3/2021	Idaho Falls
Deadlift	200	Jason Byrd	9/3/2021	Idaho Falls
Total	530	Jason Byrd	9/3/2021	Idaho Falls

125 KG Class	Record	Name	Record Date	Location
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Squat	227.5	Sean Allen	3/26/2022	Idaho Falls
Bench	175	Sean Allen	3/26/2022	Idaho Falls
Deadlift	230	Sean Allen	3/26/2022	Idaho Falls
Total	632.5	Sean Allen	3/26/2022	Idaho Falls

Men's APF Teen 13-15 CR

52.5 KG Class	Record	Name	Record Date	Location
Squat	57.5	Maddax Shawver	3/26/2022	Idaho Falls
Bench	32.5	Maddax Shawver	3/26/2022	Idaho Falls
Deadlift	72.5	Maddax Shawver	3/26/2022	Idaho Falls
Total	162.5	Maddax Shawver	3/26/2022	Idaho Falls

56 KG Class	Record	Name	Record Date	Location
Squat	65	Ethan Byrd	6/12/2021	Billings
Bench	50	Ethan Byrd	6/12/2021	Billings
Deadlift	80	Ethan Byrd	6/12/2021	Billings
Total	195	Ethan Byrd	6/12/2021	Billings

60 KG Class	Record	Name	Record Date	Location
Squat	115	Jase Byrd	9/3/2020	Idaho Falls
Bench	82.5	Jase Byrd	9/3/2020	Idaho Falls
Deadlift	132.5	Ethan Byrd	3/26/2022	Idaho Falls
Total	320	Jase Byrd	9/3/2020	Idaho Falls

75 KG Class	Record	Name	Record Date	Location
Squat	157.5	Jase Byrd	3/20/2021	Idaho Falls
Bench	110	Jase Byrd	3/20/2021	Idaho Falls
Deadlift	170	Jase Byrd	3/20/2021	Idaho Falls
Total	437.5	Jase Byrd	3/20/2021	Idaho Falls

90 KG Class	Record	Name	Record Date	Location
Squat	132.5	Kade Sorensen	3/20/2021	Idaho Falls
Bench	82.5	Kade Sorensen	3/20/2021	Idaho Falls
Deadlift	147.5	Kade Sorensen	3/20/2021	Idaho Falls
Total	362.5	Kade Sorensen	3/20/2021	Idaho Falls

100 KG Class	Record	Name	Record Date	Location
Squat	152.5	Kade Sorensen	6/12/2021	Billings
Bench	77.5	Kade Sorensen	6/12/2021	Billings
Deadlift	65	Kade Sorensen	6/12/2021	Billings
Total	295	Kade Sorensen	6/12/2021	Billings

Men's APF Teen 16-17 CR

75 KG Class	Record	Name	Record Date	Location
Squat	200	Jase Byrd	12/18/2021	Pocatello
Bench	115	Jase Byrd	12/18/2021	Pocatello
Deadlift	192.5	Jase Byrd	12/18/2021	Pocatello
Total	507.5	Jase Byrd	12/18/2021	Pocatello

82.5 KG Class	Record	Name	Record Date	Location
Squat	210	Jase Byrd	3/26/20/22	Idaho Falls
Bench	137.5	Jase Byrd	3/26/20/22	Idaho Falls
Deadlift	207.5	Jase Byrd	3/26/20/22	Idaho Falls
Total	555	Jase Byrd	3/26/20/22	Idaho Falls

90 KG Class	Record	Name	Record Date	Location
Squat	170	Kyle Anderson	12/18/2021	Pocatello
Bench	97.5	Kyle Anderson	12/18/2021	Pocatello
Deadlift	200	Kyle Anderson	12/18/2021	Pocatello
Total	467.5	Kyle Anderson	12/18/2021	Pocatello

100 KG Class	Record	Name	Record Date	Location
Squat	162.5	Kade Sorensen	12/18/2021	Pocatello
Bench	92.5	Kade Sorensen	12/18/2021	Pocatello
Deadlift	182.5	Kade Sorensen	12/18/2021	Pocatello
Total	437.5	Kade Sorensen	12/18/2021	Pocatello

Men's APF Teen 18-19 CR

90 KG Class	Record	Name	Record Date	Location
Squat	155	Kyle Anderson	3/26/2022	Idaho Falls
Bench	110	Kyle Anderson	3/26/2022	Idaho Falls
Deadlift	202.5	Kyle Anderson	3/26/2022	Idaho Falls
Total	467.5	Kyle Anderson	3/26/2022	Idaho Falls

Men's APF Master Submaster 33-39 CR

82.5 KG	Record	Name	Record Date	Location
Squat	205	Cody Nielsen	9/3/2021	Idaho Falls
Bench	155	Cody Nielsen	9/3/2021	Idaho Falls
Deadlift	272.5	Cody Nielsen	9/3/2021	Idaho Falls
Total	632.5	Cody Nielsen	9/3/2021	Idaho Falls

100 KG Class	Record	Name	Record Date	Location
Squat	275	Lane Marley	9/3/2021	Idaho Falls
Bench	182.5	John Dean	3/20/2021	Idaho Falls
Deadlift	265	John Dean	3/20/2021	Idaho Falls
Total	705	Lane Marley	9/3/2021	Idaho Falls

110 KG Class	Record	Name	Record Date	Location
Squat	272.5	Lane Marley	3/20/2021	Idaho Falls
Bench	165	Lane Marley	3/20/2021	Idaho Falls
Deadlift	245	Lane Marley	3/20/2021	Idaho Falls
Total	682.5	Lane Marley	3/20/2021	Idaho Falls

140 KG Class	Record	Name	Record Date	Location
Squat	230	Timothy Woodard	9/3/2020	Idaho Falls
Bench	142.5	Timothy Woodard	9/3/2020	Idaho Falls
Deadlift	227.5	Timothy Woodard	9/3/2020	Idaho Falls
Total	600	Timothy Woodard	9/3/2020	Idaho Falls

Men's APF Master 40-44 CR

125 KG Class	Record	Name	Record Date	Location
Squat	227.5	Sean Allen	3/26/2022	Idaho Falls
Bench	175	Sean Allen	3/26/2022	Idaho Falls
Deadlift	230	Sean Allen	3/26/2022	Idaho Falls
Total	632.5	Sean Allen	3/26/2022	Idaho Falls

APF Men's Bench Single Lift Raw

APF Men's Open Bench, Raw	Record	Name	Record Date	Location
75 KG Class	115	Jase Byrd	12/18/2021	Pocatello
140 KG Class	205	Dario Mikic	6/13/2020	Idaho Falls

APF Men's Teen 13-15 Bench, Raw	Record	Name	Record Date	Location
60 KG Class	62.5	Ethan Byrd	3/26/2022	Idaho falls
75 KG Class	57.5	Ty Sorensen	12/18/2021	Pocatello

APF Men's Teen 16-17 Bench, Raw	Record	Name	Record Date	Location
75 KG Class	115	Jase Byrd	12/18/2021	Pocatello
100 KG Class	92.5	Kade Sorensen	12/18/2021	Pocatello

APF Men's Teen 18-19 Bench, Raw	Record	Name	Record Date	Location
75 KG Class	105	Kaden Byrd	12/18/2021	Pocatello

APF Men's Deadlift Single Lift Raw

Men's Open, DL Raw	Record	Name	Record Date	Location
75 KG Class	192.5	Jase Byrd	12/18/2021	Pocatello
140 KG Class	300	Dario Mikic	6/13/2020	Idaho Falls

Men's Teen 13-15, DL Raw	Record	Name	Record Date	Location
52 KG Class	80	Ethan Symons	6/12/2021	Billings
60 KG Class	105	Ethan Byrd	12/18/2021	Pocatello
67.5 KG Class	175	Jase Byrd	6/12/2021	Billings
75 KG Class	105	Ty Sorensen	12/18/2021	Pocatello

Men's Teen 16-17, DL Raw	Record	Name	Record Date	Location
75 KG Class	192.5	Jase Byrd	12/18/2021	Pocatello
100 KG Class	182.5	Kade Sorensen	12/18/2021	Pocatello

APF Men's Submaster 33-39 Single-ply

90 KG Class	Record	Name	Record Date	Location
Squat	192.5	Luke Shawver	9/3/2020	Idaho Falls
Bench	115	Luke Shawver	9/3/2020	Idaho Falls
Deadlift	222.5	Luke Shawver	9/3/2020	Idaho Falls
Total	530	Luke Shawver	9/3/2020	Idaho Falls

Men's Master 40-44, DL Multi-ply	Record	Name	Record Date	Location
82.5 KG Class	227.5	Luke Shawver	3/26/2022	Idaho Falls

Women's Open AAPF Raw

67.5 KG Class	Record	Name	Record Date	Location
Squat	100	Danielle Taylor	3/26/2022	Idaho Falls
Bench	50	Danielle Taylor	3/26/2022	Idaho Falls
Deadlift	120	Danielle Taylor	3/26/2022	Idaho Falls
Total	270	Danielle Taylor	3/26/2022	Idaho Falls

75 KG Class	Record	Name	Record Date	Location
Squat	97.5	Ashley Chase	6/12/2021	Billings
Bench	50	Ashley Chase	6/12/2021	Billings
Deadlift	115	Ashley Chase	6/12/2021	Billings
Total	262.5	Ashley Chase	6/12/2021	Billings

82.5 KG Class	Record	Name	Record Date	Location
Squat	120	Kimberly Anderson	3/26/2022	Idaho Falls
Bench	75	Kimberly Anderson	3/26/2022	Idaho Falls
Deadlift	157.5	Kimberly Anderson	3/26/2022	Idaho Falls
Total	352.5	Kimberly Anderson	3/26/2022	Idaho Falls

Women's Submaster 33-39 AAPF Raw

60 KG Class	Record	Name	Record Date	Location
Squat	80	Victoria Byrd	9/3/2020	Idaho Falls
Bench	55	Victoria Byrd	9/3/2020	Idaho Falls
Deadlift	115	Victoria Byrd	9/3/2020	Idaho Falls
Total	250	Victoria Byrd	9/3/2020	Idaho Falls

82.5 KG Class	Record	Name	Record Date	Location
Squat	65	Megan Poloney	3/20/2021	Idaho Falls
Bench	45	Megan Poloney	3/20/2021	Idaho Falls
Deadlift	85	Megan Poloney	3/20/2021	Idaho Falls
Total	195	Megan Poloney	3/20/2021	Idaho Falls

Women's Open AAPF Classic Raw

60 KG Class	Record	Name	Record Date	Location
Squat	140	Jessie James	12/18/2021	Pocatello
Bench	77.5	Jessie James	12/18/2021	Pocatello
Deadlift	145	Jessie James	12/18/2021	Pocatello
Total	362.5	Jessie James	12/18/2021	Pocatello

82.5 KG Class	Record	Name	Record Date	Location
Squat	122.5	Katlynn Hannan	12/18/2021	Pocatello
Bench	67.5	Katlynn Hannan	12/18/2021	Pocatello
Deadlift	140	Katlynn Hannan	12/18/2021	Pocatello
Total	330	Katlynn Hannan	12/18/2021	Pocatello

90 KG Class	Record	Name	Record Date	Location
Squat	95	Megan Poloney	12/18/2021	Pocatello
Bench	52.5	Megan Poloney	12/18/2021	Pocatello
Deadlift	112.5	Megan Poloney	12/18/2021	Pocatello

Total	260	Megan Poloney	12/18/2021	Pocatello
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Women's Teen 13-15 AAPF Classic Raw

90+ KG Class	Record	Name	Record Date	Location
Squat	122.5	Dallas Clark	9/3/2020	Idaho Falls
Bench	52.5	Dallas Clark	6/13/2020	Idaho Falls
Deadlift	127.5	Dallas Clark	9/3/2020	Idaho Falls
Total	300	Dallas Clark	9/3/2020	Idaho Falls

Women's Junior AAPF Classic Raw

60 KG Class	Record	Name	Record Date	Location
Squat	90	Kendra Howell	6/13/2020	Idaho Falls
Bench	42.5	Kendra Howell	6/13/2020	Idaho Falls
Deadlift	95	Kendra Howell	6/13/2020	Idaho Falls
Total	227.5	Kendra Howell	6/13/2020	Idaho Falls

67.5 KG Class	Record	Name	Record Date	Location
Squat	70	Kate Ozburn	6/12/2021	Billings
Bench	50	Kate Ozburn	3/20/2021	Idaho Falls
Deadlift	110	Kate Ozburn	3/20/2021	Idaho Falls
Total	227.5	Kate Ozburn	3/20/2021	Idaho Falls

75 KG Class	Record	Name	Record Date	Location
Squat	130	Maddie Helton	6/13/2020	Idaho Falls
Bench	75	Maddie Helton	6/13/2020	Idaho Falls
Deadlift	137.5	Maddie Helton	6/13/2020	Idaho Falls
Total	342.5	Maddie Helton	6/13/2020	Idaho Falls

Women's Submaster 33-39 AAPF CR

56 KG Class	Record	Name	Record Date	Location
Squat	115.5	Karla Pyne	9/3/2020	Idaho Falls
Bench	65.5	Karla Pyne	9/3/2020	Idaho Falls
Deadlift	142.5	Karla Pyne	9/3/2020	Idaho Falls
Total	322.5	Karla Pyne	9/3/2020	Idaho Falls

60 KG Class	Record	Name	Record Date	Location
Squat	112.5	Karla Pyne	9/3/2021	Idaho Falls
Bench	70	Karla Pyne	9/3/2021	Idaho Falls
Deadlift	132.5	Victoria Byrd	9/3/2021	Idaho Falls
Total	297.5	Victoria Byrd	9/3/2021	Idaho Falls

67.5 KG Class	Record	Name	Record Date	Location
Squat	130	Carlee Olivera	9/3/2020	Idaho Falls
Bench	75	Carlee Olivera	9/3/2020	Idaho Falls
Deadlift	142.5	Carlee Olivera	9/3/2020	Idaho Falls
Total	345	Carlee Olivera	9/3/2020	Idaho Falls

Women's Master 40-44 AAPF CR

60 KG Class	Record	Name	Record Date	Location
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Squat	82.5	Lyndsay Sorensen	3/20/2021	Idaho Falls
Bench	47.5	Lyndsay Sorensen	3/20/2021	Idaho Falls
Deadlift	60	Lyndsay Sorensen	3/20/2021	Idaho Falls
Total	190	Lyndsay Sorensen	3/20/2021	Idaho Falls

Women's Open APF Classic Raw

60 KG Class	Record	Name	Record Date	Location
Squat	140	Jessie James	12/18/2021	Pocatello
Bench	77.5	Jessie James	12/18/2021	Pocatello
Deadlift	145	Jessie James	12/18/2021	Pocatello
Total	362.5	Jessie James	12/18/2021	Pocatello

82.5 KG Class	Record	Name	Record Date	Location
Squat	60	Megan Poloney	3/20/2021	Idaho Falls
Bench	45	Megan Poloney	3/20/2021	Idaho Falls
Deadlift	85	Megan Poloney	3/20/2021	Idaho Falls
Total	195	Megan Poloney	3/20/2021	Idaho Falls

90 KG Class	Record	Name	Record Date	Location
Squat	150	Hannah Bello	3/26/2022	Idaho Falls
Bench	62.5	Hannah Bello	3/26/2022	Idaho Falls
Deadlift	152.5	Hannah Bello	3/26/2022	Idaho Falls
Total	365	Hannah Bello	3/26/2022	Idaho Falls

Women's Submaster 33-39 APF CR

60 KG Class	Record	Name	Record Date	Location
Squat	105 kg	Victoria Byrd	3/12/2022	Murray
Bench	67.5 kg	Victoria Byrd	3/12/2022	Murray
Deadlift	142.5 kg	Victoria Byrd	3/12/2022	Murray
Total	315 kg	Victoria Byrd	3/12/2022	Murray

Women's Master 40-44 APF CR

56 KG Class	Record	Name	Record Date	Location
Squat	95	Lyndsay Sorensen	3/12/2022	Murray
Bench	50	Lyndsay Sorensen	3/12/2022	Murray
Deadlift	130	Lyndsay Sorensen	3/12/2022	Murray
Total	275	Lyndsay Sorensen	3/12/2022	Murray

60 KG Class	Record	Name	Record Date	Location
Squat	82.5	Lyndsay Sorensen	9/3/2021	Idaho Falls
Bench	50	Lyndsay Sorensen	9/3/2021	Idaho Falls
Deadlift	125	Lyndsay Sorensen	9/3/2021	Idaho Falls
Total	257.5	Lyndsay Sorensen	9/3/2021	Idaho Falls

Women's AAPF Bench Single Lift Raw

Women's AAPF Open, BP	Record	Name	Record Date	Location
60 KG Class	77.5	Jessie James	12/18/2021	Pocatello

Women's AAPF Submaster, BP	Record	Name	Record Date	Location
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60 KG Class	70	Karla Pyne	9/3/2021	Idaho Falls
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Women's AAPF Deadlift Single Lift Raw

Women's AAPF Open, DL

60 KG Class	145	Jessie James	12/18/2021	Pocatello
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AAPF Women's Submaster 33-39, Single-ply

67.5 KG Class

	Record	Name	Record Date	Location
S	110	Brittney Shawver	9/3/2020	Idaho Falls
B	65	Brittney Shawver	9/3/2020	Idaho Falls
D	125	Brittney Shawver	9/3/2020	Idaho Falls
T	285	Brittney Shawver	9/3/2020	Idaho Falls

Women's APF Bench Single Lift Raw

Women's APF Open, BP

60 KG Class	77.5	Jessie James	12/18/2021	Pocatello
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Women's APF Deadlift Single Lift Raw

Women's APF Open, DL

60 KG Class	145	Jessie James	12/18/2021	Pocatello
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Women's Police/Fire/Military Raw

AAPF Open

67.5 KG Class

	Record	Name	Record Date	Location
Squat	100	Danielle Taylor	3/26/2022	Idaho Falls
Bench	50	Danielle Taylor	3/26/2022	Idaho Falls
Deadlift	120	Danielle Taylor	3/26/2022	Idaho Falls
Total	270	Danielle Taylor	3/26/2022	Idaho Falls

Women's Police/Fire/Military CR

AAPF Open

82.5 KG Class

	Record	Name	Record Date	Location
Squat	122.5	Katlynn Hannan	12/18/2021	Pocatello
Bench	67.5	Katlynn Hannan	12/18/2021	Pocatello
Deadlift	140	Katlynn Hannan	12/18/2021	Pocatello
Total	330	Katlynn Hannan	12/18/2021	Pocatello