OPL Fo Submit by email: issues@openpowerlifting.org

Federa	Date	MeetC	MeetS	MeetTow	MeetNam	Formula	RuleSet
APF/A	'2022-11-12	US	ID	Pocatello	Jason Wor	Glossbrenner	CombineRawAndWraps CombineSingleAndMulti

Place	Name	Sex	Age	State	Equipment	Division	BodyweightKg	WeightClassKg	Squat1Kg	Squat2Kg	Squat3Kg	Best3Squa	Bench1Kg	Bench2Kg	Bench3Kg	Best3Benc	Deadlift1K	Deadlift2K	Deadlift3K	Best3Deac	TotalKg	Points	Event	Team
1	Jamie Jolley	F	40	Idaho	Raw	F_MR_1_A	75.3	82.5	92.5	97.5	105	105	47.5	-50	-50	47.5	102.5	107.5	115	115	267.5	223.1	SBD	
1	Sarah Paez-Long	F	41	UT	Raw	F_MR_1_A	105.5	110	140	147.5	157.5	157.5	72.5	77.5	82.5	82.5	-140	140	150	150	390	273.06	SBD	
1	Debbie Hough	F	56	ID	Raw	F_MR_4	78.4	82.5	92.5	-95	-100	92.5	45	-47.5	47.5	47.5	97.5	102.5	110	110	250	203.15	SBD	
1	Connie Thompson	F	62	ID	Raw	F_MR_5	58.3	60	47.5	-50	55	55	30	32.5	-37.5	32.5	65	70	75	75	162.5	163.76	SBD	Ground Zero
1	Breanne Gober	F	27	Idaho	Raw	F_OR_A	80.2	82.5	105	112.5	117.5	117.5	52.5	57.5	-60	57.5	125	132.5	140	140	315	252.38	SBD	
1	Ellen Dedmon	F	27	ID	Raw	F_OR_A	115.5	110+	120	125	130	130	72.5	77.5	-82.5	77.5	127.5	137.5	142.5	142.5	350	239.33	SBD	
1	Jessie James	F	32	Idaho	Raw	F_OCR	60.8	67.5	130	140	150	150	70	77.5	85	85	130	142.5	152.5	152.5	387.5	377.76	SBD	Stronger Than
1	Jessie James	F	32	Idaho	Raw	F_OCR_A	60.8	67.5	130	140	150	150	70	77.5	85	85	130	142.5	152.5	152.5	387.5	377.76	SBD	Stronger Than
1	Haley Weber	F	24	NV	Raw	F_OCR_A	73.8	75	102.5	112.5	117.5	117.5	60	67.5	-72.5	67.5	135	145	152.5	152.5	337.5	285.3	SBD	
1	Jessie James	F	32	Idaho	Raw	F_OR_A	60.8	67.5	130	140	150	150	70	77.5	85	85	130	142.5	152.5	152.5	387.5	377.76	SBD	Stronger Than
1	Jessie James	F	32	Idaho	Raw	F_OCR	60.8	67.5					70	77.5	85	85					85	82.86	B	Stronger Than
1	Jessie James	F	32	Idaho	Raw	F_OCR_A	60.8	67.5					70	77.5	85	85					85	82.86	B	Stronger Than
1	Jessie James	F	32	Idaho	Raw	F_OR_A	60.8	67.5					70	77.5	85	85					85	82.86	B	Stronger Than
1	Jessie James	F	32	Idaho	Raw	F_OCR	60.8	67.5									130	142.5	152.5	152.5	152.5	148.67	D	Stronger Than
1	Jessie James	F	32	Idaho	Raw	F_OCR_A	60.8	67.5									130	142.5	152.5	152.5	152.5	148.67	D	Stronger Than
1	Jessie James	F	32	Idaho	Raw	F_OR_A	60.8	67.5									130	142.5	152.5	152.5	152.5	148.67	D	Stronger Than
1	Kellan Byrd	M	12	ID	Raw		65	67.5	-35	37.5	42.5	42.5	30	37.5	-42.5	37.5	65	75	-92.5	75	155	119.86	SBD	
1	Hunter Harris	M	22	UT	Raw	M_JR_A	87.9	90	145	160	-185	160	100	107.5	120	120	-185	205	-220	205	485	300.73	SBD	
1	Jeff Hough	M	55	ID	Raw	M_MCR_4	114	125	187.5	197.5	205	205	107.5	115	-125	115	202.5	215	227.5	227.5	547.5	305.14	SBD	
1	Nicholas Thimons	M	42	Idaho	Raw	M_MR_1_A	84.9	90	-250	250	-255	250	157.5	-165	-165	157.5	237.5	245	250	250	657.5	416.23	SBD	
1	Paul Strobelt Jr.	M	26	Idaho	Raw	M_OR	83.1	90	97.5	105	117.5	117.5	80	82.5	-90	82.5	137.5	145	-167.5	145	345	221.35	SBD	
1	Troy Gray	M	30	ID	Raw	M_OR_A	87.5	90	-175	175	-182.5	175	115	120	-125	120	182.5	187.5	-192.5	187.5	482.5	299.97	SBD	
1	Jared Arkus	M	33	ID	Raw	M_OR_A	107.8	110	230	240	247.5	247.5	182.5	195	200	200	260	282.5	287.5	287.5	735	415.84	SBD	
1	Alex Vernon	M	17	ID	Raw	M_TR_2_A	64	67.5	130	132.5	135	135	80	85	-87.5	85	135	150	-187.5	150	370	290.1	SBD	
1	Boston Fitch	M	17	ID	Raw	M_TR_2_A	102.5	110	-130	130	-147.5	130	115	-130	-130	115	165	185	200	200	445	256.14	SBD	
1	Carter Petersen	M	21	UT	Raw	M_JCR_A	79.7	82.5	-172.5	180	185	185	-95	95	100	100	180	185	187.5	187.5	472.5	311.6	SBD	Stronger Than
1	Jase Byrd	M	17	ID	Raw	M_OCR	75.6	82.5	215	230	242.5	242.5	125	135	-140	135	200	220	230	230	607.5	415.82	SBD	
1	Jase Byrd	M	17	ID	Raw	M_OCR_A	75.6	82.5	215	230	242.5	242.5	125	135	-140	135	200	220	230	230	607.5	415.82	SBD	
1	Jared Gibson	M	28		Raw	M_OCR_A	109.5	110	135	155	175	175	100	110	-117.5	110	185	210	-227.5	210	495	278.77	SBD	
1	Lucas Bonefield	M	39	SD	Raw	M_SCR_A	151.4	140+	-285	285	-320	285	170	177.5	185	185	297.5	-315		297.5	767.5	400.7	SBD	
1	Ethan Byrd	M	14	ID	Raw	M_TCR_1	69.5	75	90	97.5	112.5	112.5	65	72.5	-80	72.5	125	135	145	145	330	241.06	SBD	
1	Ethan Byrd	M	14	ID	Raw	M_TCR_1_A	69.5	75	90	97.5	112.5	112.5	65	72.5	-80	72.5	125	135	145	145	330	241.06	SBD	
1	Jase Byrd	M	17	ID	Raw	M_TCR_2	75.6	82.5	215	230	242.5	242.5	125	135	-140	135	200	220	230	230	607.5	415.82	SBD	
1	Jase Byrd	M	17	ID	Raw	M_TCR_2_A	75.6	82.5	215	230	242.5	242.5	125	135	-140	135	200	220	230	230	607.5	415.82	SBD	
2	Nick Shaeffer	M	17	Utah	Raw	M_TCR_2_A	79.2	82.5	120	135	145	145	77.5	85	87.5	87.5	167.5	180	187.5	187.5	420	278.17	SBD	
1	Ryan Moffat	M	17	Utah	Raw	M_TCR_2_A	90	90	192.5	202.5	212.5	212.5	112.5	122.5	-127.5	122.5	250	265	275	275	610	373.22	SBD	
1	Kyle Anderson	M	18	Idaho	Single-ply	M_TES_3_A	98.3	100	227.5	-232.5	232.5	232.5	147.5	-157.5	-160	147.5	200	215	-227.5	215	595	348.4	SBD	Chase Strong
1	Mel Weil	M	53	Idaho	Raw	M_MR_3	89.8	90					150	155	157.5	157.5					157.5	96.48	B	
1	Jase Byrd	M	17	ID	Raw	M_OCR	75.6	82.5					125	135	-140	135					135	92.41	B	
1	Jase Byrd	M	17	ID	Raw	M_OCR_A	75.6	82.5					125	135	-140	135					135	92.41	B	
1	Lucas Bonefield	M	39	SD	Raw	M_SCR_A	151.4	140+					170	177.5	185	185					185	96.59	B	
1	Ethan Byrd	M	14	ID	Raw	M_TCR_1	69.5	75					65	72.5	-80	72.5					72.5	52.96	B	
1	Ethan Byrd	M	14	ID	Raw	M_TCR_1_A	69.5	75					65	72.5	-80	72.5					72.5	52.96	B	
1	Jase Byrd	M	17	ID	Raw	M_TCR_2	75.6	82.5					125	135	-140	135					135	92.41	B	
1	Jase Byrd	M	17	ID	Raw	M_TCR_2_A	75.6	82.5					125	135	-140	135					135	92.41	B	
1	Kyle Anderson	M	18	Idaho	Single-ply	M_TES_3_A	98.3	100					147.5	-157.5	-160	147.5					147.5	86.37	B	Chase Strong
1	Jase Byrd	M	17	ID	Raw	M_OCR	75.6	82.5									200	220	230	230	230	157.43	D	
1	Jase Byrd	M	17	ID	Raw	M_OCR_A	75.6	82.5									200	220	230	230	230	157.43	D	
1	Lucas Bonefield	M	39	SD	Raw	M_SCR_A	151.4	140+									297.5	-315		297.5	297.5	155.32	D	
1	Ethan Byrd	M	14	ID	Raw	M_TCR_1	69.5	75									125	135	145	145	145	105.92	D	
1	Ethan Byrd	M	14	ID	Raw	M_TCR_1_A	69.5	75									125	135	145	145	145	105.92	D	
1	Jase Byrd	M	17	ID	Raw	M_TCR_2	75.6	82.5									200	220	230	230	230	157.43	D	
1	Jase Byrd	M	17	ID	Raw	M_TCR_2_A	75.6	82.5									200	220	230	230	230	157.43	D	
1	Luke Shawver	M	40	Idaho	Multi-ply	M_MEM_1_A	79.6	82.5									207.5	-215	227.5	227.5	227.5	150.16	D	