



**AMATEUR AMERICAN
POWERLIFTING
FEDERATION**

2023 AAPF Nationals

May 26-28, 2023:

@ 2XL Powerlifting in Lombard, IL

Friday, May 26:

- All Bench only & Deadlift only
- Male Full Power Masters (40+)

Saturday, May 27:

- Male Full Power Teen / Junior
- Male Full Power Open / Submaster

Sunday, May 28:

- All Female Full Power
- Special Olympic Lifters