



APF-AAPF

Chris Carlin Powerlifting Championships

April 15th, 2023

APF-AAPF State records for NATIONAL & MONTANA

- CONTACT:** Jim Thompson- 2923 Stinson Ave, Billings, MT 59102 (1-406-208-6094)
Thompsonfts@gmail.com
- EVENT LOCATION:** 1801 Majestic Ln. Billings, MT 59102 (Bighorn Resort)
- ELIGIBILITY:** Qualified AAPF-APF registered athletes only. Must show AAPF-APF card at weigh-ins or will be required to purchase one onsite. Memberships are \$30 or \$40 for AAPF-APF ½ price for teenage.

May sign up online via website: worldpowerliftingcongress.com
- LIFTING SCHEDULE:** Saturday April 15th, 10:00 am. Mandatory Rules Meeting 9:00 am
- WEIGH-IN:** 24 hour weigh in rule will apply.
Friday April 14th 10am-noon & 3pm-5pm Call ahead if travel restrictions interfere.
- WEIGHT CLASSES:**
- | | |
|-------|--|
| Men | 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW |
| Kilos | 52 56 60 67.5 75 82.5 90 100 110 125 140 140+ |
| Women | 97, 105, 114, 123, 132, 148, 165, 181, 198, 220, 242, UNL |
| Kilos | 44 48 52 56 60 67.5 75 82.5 90 100 110 110+ |
- UNIFORM:** Mandatory - Must have one piece lifting suit or wrestling suit. APF Rules apply. AAPF rules apply (required 10% of competitors will be drug tested). Raw lifters: belt, singlet and wrist wraps only. Equipped rules visit www.worldpowerliftingcongress.com
- CONTEST LIFTS:** Powerlifting: (Squat, Bench Press, Deadlift) and/or Bench Press Only or Deadlift Only
- RECORDS:** APF-AAPF American records can be set or broken.
- ENTRY FEE:** A fee of \$100.00 must accompany this entry form and be received no later than April 1st, 2023 There will be a \$30.00 late fee for any entries after the deadline. No refunds. Awards are guaranteed only to those who pre-register. Cross over fee is \$50.00 each for additional divisions.
No sign ups the day of the meet. No weigh-ins day of meet
- AWARDS:** 1st-3rd place and Best Lifter based on number of entries. **CASH PRIZES**
Best Lifters in OPEN divisions will receive \$500.00 grand prize money.

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Name: _____ Address: _____
City _____ State _____ Zip Code _____
Date of Birth: ____ / ____ / ____ Age: _____ Phone: _____ Gender: Male _____ Female _____
E-mail _____

Category: AAPF (tested) APF (non-tested) Special Olympic Special Olympians' (Nick name) _____

Event Entered (CHECK all that apply): Full Meet Bench Only Deadlift Only

Raw/CR/MP (multi ply) / SP (single ply):

Raw MP (multi-ply) SP (single ply) CR (classic raw full PLonly)

Division Entered (CHECK all that apply):

Open Teen 13-15 / 16-17 / 18-19 Junior 20-23 Submaster 33-39

Master 40-44 / 45-49 / 50-54 / 55-59 / 60-64 / 65-69 / 70-74 / 75-79 / 80+

Police/Fire (AAPF Only) Special Olympics Youth (parent supervised)

WEIGHT CLASSES: Men 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW
Kilos 52 56 60 67.5 75 82.5 90 100 110 125 140 140+

Women 97, 105, 114, 123, 132, 148, 165, 181, 198, 220, 242, UNL
Kilos 44 48 52 56 60 67.5 75 82.5 90 100 110 110+

Raw (belt, singlet, wrist wraps) Single Ply (belt, knee & wrist wraps, singlet or single ply polyester squat suit (no velcro), single ply briefs not to extend 4" above top groin), bench shirt single ply polyester pullover (no Velcro or open back), Multi Ply, see www.worldpowerliftingcongress.com for complete rules Classic Raw (raw with knee wraps or knee sleeves)

Fees & Payment: **Late Fee 3/15/23** \$30 \$ _____
Make checks payable to: **JT powerlifting** Entry Fee \$100 \$ _____
OR Venmo account: @Ironjim41
RE: CCC Additional division(s) \$50 \$ _____

Email or mail: Jim Thompson
2923 Stinson Ave, Billings, MT 59102
(1-406) 208-6094
Thompsonfts@gmail.com

T-Shirts size:

S _____ M _____ L _____ XL _____ XXL _____ XXX _____

Additional t-shirts available at the meet for \$20.00

I, THE UNDERSIGNED, AGREE TO WAIVE AND RELEASE ANY AND ALL RIGHTS FOR DAMAGES OR INJURIES OF ANY KIND SUFFERED BY ME IN ANY WAY DUE TO THIS CONTEST AGAINST ANYONE ASSOCIATED WITH THE APF-AAPF Chris Carlin Powerlifting Championships

ATHLETE'S SIGNATURE _____ DATE _____

Email or mail: Jim Thompson 2923 Stinson Ave, Billings, MT 59102 1 (406) 208-6094 Thompsonfts@gmail.com