



## 2023 WPC Worlds and AWPC World Cup Egypt 07-11 March



Dear Friends,

It is our pleasure to announce this year's championships which will be held in Hurghada, Egypt between March the 7th and March the 11th, 2023. Enclosed is the necessary information for the championship. Read carefully and make sure to meet the deadlines.

Best wishes

### Welcome to Egypt

#### EntryForm

Please fill out all details on the country roster form. There can only be 3 lifters from each country per weight class and age group. Individual entries mailed directly to the meet promoter will not be accepted. Only WPC Country Representatives that are on the 2023 Current Standing List posted on the WPC site will be permitted to enter. If there is no representative in your country you may contact Amy Jackson at [amyjackson@worldpowerliftingcongress.com](mailto:amyjackson@worldpowerliftingcongress.com) to enter as an individual.

**Entry Deadline - February 15th, 2023.** Entries must be received by the promoter, WPC Egypt, by this date.

#### Entry Fee - \$80 US

An athlete may enter both the Bench Press and the Powerlifting Championships if schedule permits; however an additional entry fee of \$40.00 for a second division is required.

#### MeetVenue

SteigenbergerALDAUHotel

Hurgada,RedSea,YoussefAffifiRd

<https://www.steigenberger.com/en/hotels/all-hotels/egypt/hurghada/steigenberger-aldau-beach-hotel>

A variety of hotels and contact information are provided on the WPC website [www.worldpowerliftingcongress.com](http://www.worldpowerliftingcongress.com) you can also find information and details on local transportation and travel.

**NOTE: Entry forms must be received in the WPC Egypt prior to February 15<sup>th</sup> 2023. Make payment to WPC Egypt**

Bank of Alexandria

Account Number: 101001367002

Egyptian Power Federation

## **2023 WPC Worlds and AWPC World Cup Egypt 07-11 March**



### **SCHEDULE**

#### **WPC Worlds and AWPC World Cup**

08 March 2023 - Raw PL-BP-DL Teenage, Junior & Master

09 March 2023 - Raw PL-BP-DL Open & Open Classic Raw PL.

10 March 2023 - Classic Raw PL – Teenage, Junior & Master.

11 March 2023 - Single Ply & Multi Ply PL-BP-DL.

**12 March 2023 - International referee course**

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Country
Contact Person
Email
Tel. Number

Competitor's name	Powerlifting (PL)	Multi Ply (MP)	Weight	DOB+AGE	OPEN	WPC	AWPC	FEE
	Bench (BP)	Single Ply (SP)	Class		TEEN			
	Deadlift (DL)	Classic Raw (CR)			JUNIOR			
		Raw (R)			MASTER			
1.								
2.								
3.								
4.								
5.								
6.								
7.								
8.								
9.								
10.								
11.								
12.								
13.								
14.								

**Duplicate this sheet for rosters larger than 14 lifters**

**All Athletes who break world records will be submitted to gear inspection**

**Welcome to Egypt**