

25-Mar-23 2023 SD APF/AAPF State Powerlifting Championships-Kg Results																												
Name	Age	Div	BWt (Kg)	WtCIs (Kg)	Glossbre ner	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI code	PI-Div-WtCI	Tm Pts	Team
Megan Thornhill	24	F-OAAcR	123.3	SHW	0.6738	132.5	-157.5	-157.5		132.5	60	70	-80		70	202.5	150	165	-180		165	367.5	247.60312	247.60312	1	1-F-OAAcR-SHW	#N/A	
Carly Hines	36	F-OAAR	68	75	0.8945	92.5	115	-120		115	55	70	-75		70	185	142.5	152.5	160		160	345	308.6025	308.6025	1	1-F-OAAR-75	#N/A	
Jacob Birkeland	22	M-OAAcR	56.2	60	0.8893	125	-155	-155		125	85	-97.5	-97.5		85	210	145	157.5	-177.5		157.5	367.5	326.81775	326.81775	1	1-M-OAAcR-60	#N/A	
Blake Anderson	22	M-OAAcR	77.15	82.5	0.6743	187.5	197.5	207.5		207.5	117.5	127.5	-137.5		127.5	335	207.5	-225	-225		207.5	542.5	365.78062	365.78062	1	1-M-OAAcR-82.5	#N/A	
Jace Anderson	27	M-OAAcR	93	100	0.6013	175	190	-205		190	120	132.5	-140		132.5	322.5	202.5	215	-227.5		215	537.5	323.19875	323.19875	1	1-M-OAAcR-100	#N/A	
Matthew Birkeland	18	M-OAAR	75.95	82.5	0.6819	142.5	160	-165		160	102.5	112.5	120		120	280	182.5	200	205		205	485	330.7215	330.7215	1	1-M-OAAR-82.5	#N/A	
Nickolas Hill	50	M-OcR	105.3	110	0.5701	155	162.5	180		180	147.5	162.5	175		175	355	-200	210	227.5		227.5	582.5	332.08325	375.25407	1	1-M-OcR-110	#N/A	
Todd Curtis	59	M-Oeq	130.2	140	0.5401	250	260	-280		260	147.5	175	-192.5		175	435	227.5	240	250		250	685	369.93425	486.46353	1	1-M-Oeq-140	#N/A	