**NORTH GEORGIA BARBELL**

***Presents***

**2023 APF BENCHPRESS/DEADLIFT**

**SUMMER CLASSIC**

***\*RAW & EQUIPPED DIVISIONS\****

SATURDAY JUNE 24, 2023

GEORGIA STRENGTH COMPOUND, 2403 OLD CONCORD RD, SMYRNA, GA 30080

JON GROVE, JON@PREMIERFITNESSSOURCE.COM, 404-618-7428

MEET DETAILS:

* LIFTERS MUST WEAR A 1 PIECE LIFTING SINGLET. ALL APF APPROVED BENCHPRESS SHIRTS AND DEADLIFT SUITS ALLOWED IN EQUIPPED
* MEET LIMITED TO 50 COMPETITORS. SEPARATE FLIGHTS FOR RAW & EQUIPPED
* ENTRY FEE $125 FOR 1 DIVISION, $40 FOR ADDITIONAL DIVISION

MAKE PAYMENT ON WWW.APF-GEORGIA.COM WEBSITE

* ENTRY DEADLINE FRIDAY, JUNE 23, 2023 (IF NOT ALREADY FULL)
* WEIGH-INS ON FRIDAY, JUNE 23 2023 @ THE GEORGIA STRENGTH COMPOUND

EARLY WEIGH-IN: 9 AM-12 PM EVENING WEIGH-IN: 4 PM-8 PM

* LIFTER MUST HAVE A CURRENT APF REGISTRATION CARD. THIS CAN BE PURCHASED AT WWW.WORLDPOWERLIFTINGCONGRESS.COM
* DIVISIONS: MEN’S PUSH/PULL, MEN’S BENCH, MEN’S DEADLIFT

 WOMEN’S PUSH/PULL, WOMEN’S BENCH, WOMEN’S DEADLIFT

 MASTERS PUSH/PULL, MASTERS BENCH, MASTERS DEADLIFT

 TEENAGE PUSH/PULL, TEENAGE BENCH, TEENAGE DEADLIFT

 PLEASE SPECIFY RAW OR EQUIPPED

* AWARDS: 1ST-3RD EACH DIVISION. BEST LIFTER AWARDS FOR EACH DIVISION (MINIMUM 5 LIFTERS /CATEGORY REQUIRED FOR BEST LIFTER AWARD