

# The 2023 APF Texas Firefighter Powerlifting Meet July 16, 2023



- MEET DIRECTOR:** J.C. Roy  
830-613-8040
- STATE CHAIR:** Liz and Randy Nesuda  
214.517.9119, [LNesuda@hotmail.com](mailto:LNesuda@hotmail.com)  
apftexas.wordpress.com.
- SANCTIONED BY:** APF/WPC – [www.worldpowerliftingcongress.com](http://www.worldpowerliftingcongress.com)
- EVENT LOCATION:** **MCM ELEGANT HOTEL AND SUITES**  
**801 Avenue Q, Lubbock, TX 79401**
- ELIGIBILITY:** Lifters must be an APF registered athlete by the time of the meet. You can renew or get your new membership at [www.worldpowerliftingcongress.com](http://www.worldpowerliftingcongress.com). Memberships are \$30-\$40.
- WEIGH-IN:** Saturday, July 15, 2023: 11:00 a.m. – 1:00 p.m. and 4:00 p.m. – 6:00 p.m.  
**MCM ELEGANT HOTEL AND SUITES**  
**801 Avenue Q, Lubbock, TX 79401**
- Sunday, July 16, 2023: 9:00 a.m. – 10:00 a.m.  
Check-in at the score table.  
**MCM ELEGANT HOTEL AND SUITES**  
**801 Avenue Q, Lubbock, TX 79401**
- EVENT:** **MANDATORY RULES BRIEFING: Sunday, July 16, 2023, at 10:00 a.m.**
- Lifting starts Sunday, July 16, 2023, at 11:00 a.m.**
- UNIFORM:** One piece lifting suit or wrestling suit is **MANDATORY**.
- ENTRY FEE:** Entry fee is \$100 for full meet, bench only, **OR** deadlift only. An additional \$25 will be charged for any additional event entry per person, if received on or prior to the **DEADLINE, May 31, 2023**. If received after May 31, 2023, there's an addition \$25 late fee. Walk-ups are welcome. **Cash, certified check, check, or money order**. Certified checks, checks, and money orders are to be made out to **J.C. Roy**.
- Mail entry forms and fees to J.C. Roy  
P.O. Box 1505  
Johnson City, TX 78636
- ENTRY FORM:** On next page

# The 2023 APF Texas Firefighter Powerlifting Meet

## July 16, 2023

### Please Print Legibly

Full name: \_\_\_\_\_ Sex (circle one): Male Female  
Age \_\_\_\_\_ Date of Birth \_\_\_\_\_ e-mail \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Phone Number \_\_\_\_\_ Alternate Phone Number \_\_\_\_\_  
Current APF card (circle one): No Yes If so, card number is \_\_\_\_\_  
Fire Department: \_\_\_\_\_

**Shirt Size: SM MD LG XL XXL XXXL (CIRCLE ONE) \$25.00 extra**

**Event Entered** (circle all that apply): Full Meet Bench Only Deadlift Only  
**Raw/Equipped** (circle one): Raw Equipped  
**Raw/Classic:** Full Meet Only  
**Division Entered** (circle all that apply): Open  
Teen: 18-19  
Junior: 20-23  
Sub-master: 33-39  
Master: 40-44 45-49 50-54 55-59 60-64 65-69 70-74  
75-79 80+  
**Weight Class** (circle one): Women: 97 105 114 123 132 148 165 181 198 220 242 242+  
Men: 114 123 132 148 165 181 198 220 242 275 308 308+

**Fees & Payment:** Entry fee \$100 one entry \$25 additional entries \_\_\_\_\_

**If ordering a shirt: \$25 per shirt**

CASH, CHECK, CERTIFIED CHECKS, OR  
MONEY ORDERS

If after **May 31, 2023**, add late fee \$25: \_\_\_\_\_

**Make checks or money orders out to:**  
**J.C. Roy**

**TOTAL DUE:** \_\_\_\_\_

**ATHLETIC RELEASE:** On behalf of myself, my heirs, executors, administrators and assigns, I hereby waive, release and fully discharge any and all officials, sponsors, participants or organizations connected to the Texas APF, the APF/AAPF, Randy Nesuda, Liz Nesuda, The 2023 APF/AAPF Texas Firefighter Powerlifting Meet, MCM ELEGANT HOTEL AND SUITES, and/or any affiliates of, their respective officials, directors, employees, agents and shareholders, of and from any and all rights, claims, demands, lawsuits and causes of action due to or arising from any accident, injury, damage or loss directly, indirectly, or in any way associated with my participation in The 2023 APF/AAPF Texas Firefighter Powerlifting Meet, July 16, 2023. I, also, represent that I know of no medical reason or condition that would impair my ability to participate in this event, and I hereby assume any and all risk of accidental, medical injury or consequential damages resulting from my participation. I acknowledge, understand and accept the inherent risk of powerlifting. I have read the above release, understand its meaning and consequence, and agree to be legally bound by its terms. I have signed this release freely and voluntarily.

Print Lifter's Full Name

Lifter's signature  
(Parent must sign if Lifter is under 18 years of age)

**Return Entry Form to:**  
**J.C. Roy**  
**P.O. Box 1505**  
**Johnson City, TX 78636**