

wpc bp 1-ply eq

FINAL PROTOCOL
European Cup AWPC/WPC 2023

10 June - 11 June 2023

Moscow

WPC Bench press 1-ply equipment

Men

Body Weight Category 100

No	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Open

1	1	Arkhipov Sergey	Moscow region, Moscow	21.02.19 86/37	98,20	175	185	192,5	-	185	185	108,382		Korzhavin S.A.
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FINAL PROTOCOL
European Cup AWPC/WPC 2023

10 June - 11 June 2023

Moscow

AWPC Deadlift RAW**Women****Body Weight Category 56**

№	place	Name	Team	Birth date	Body weight	D1	D2	D3	D4(R)	Deadlift	total	Pts	place abs	Coach
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Open

1	1	Muradimova Anna	Moscow region, Moscow	08.08.19 95/27	55,00	105	115	115	-	105	105	111,205		Popov Andrey
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Body Weight Category 60

№	place	Name	Team	Birth date	Body weight	D1	D2	D3	D4(R)	Deadlift	total	Pts	place abs	Coach
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Teenagers 18-19

1	1	Kushnareva Mariya	Moscow region, Moscow	04.03.20 05/18	59,40	110	127,5	132,5	-	127,5	127,5	126,939		Pashkov Igor
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Open

1	1	Uganina Olga	Moscow region, Chekhov	28.04.19 79/44	59,55	150	160	167,5	-	167,5	167,5	166,381		
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Body Weight Category 67,5

№	place	Name	Team	Birth date	Body weight	D1	D2	D3	D4(R)	Deadlift	total	Pts	place abs	Coach
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Open

1	1	Chukhlantseva Anastasiya	Republic of Tatarstan, Kazan	26.05.19 95/28	66,75	157,5	167,5	167,5	-	157,5	157,5	142,934		Muratkin A. A.
2	2	Voronicheva Anna	Moscow region, Moscow	16.10.19 96/26	63,70	120	125	132,5	-	132,5	132,5	124,755		Parshenko S.L., Barukov Igor Nikolaevich

Men**Body Weight Category 60**

№	place	Name	Team	Birth date	Body weight	D1	D2	D3	D4(R)	Deadlift	total	Pts	place abs	Coach
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Teenagers 13-15

1	1	Labutin Ivan	Vladimir region, Strunino	09.06.20 09/14	57,00	50	60	65	-	65	65	56,962		Novichkov Yu.I.
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Body Weight Category 75

№	place	Name	Team	Birth date	Body weight	D1	D2	D3	D4(R)	Deadlift	total	Pts	place abs	Coach
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Junior

1	1	Akishin Fedor	Kaluga region, Obninsk	18.01.20 03/20	73,30	177,5	190	202,5	-	202,5	202,5	141,841		Khatyushina Viktoriya
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Open

1	1	Evstifeev Maksim	Volgograd region, Volgograd	26.02.19 96/27	72,00	220	232,5	232,5	-	220	220	156,244		
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Body Weight Category 90

№	place	Name	Team	Birth date	Body weight	D1	D2	D3	D4(R)	Deadlift	total	Pts	place abs	Coach
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Teenagers 18-19

1	1	Alimov Artem	Moscow region, Moscow	25.09.20 04/18	89,50	195	210	222,5	-	222,5	222,5	136,559		Tulyakov N.G.
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Open

1	1	Staroverov Roman	Moscow region, Moscow	13.12.19 90/32	85,65	160	180	200	-	200	200	125,935		Uganina Olga
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Body Weight Category 100

№	place	Name	Team	Birth date	Body weight	D1	D2	D3	D4(R)	Deadlift	total	Pts	place abs	Coach
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Open

1	1	Ivanov Maksim	Krasnoyarsk region Krasnoyarsk	16.06.19 89/33	96,40	275	290	310	-	290	290	171,332		Mileeva E.A.
2	2	Sitnikov Anton	Moscow region, Moscow	08.04.19 85/38	96,30	190	202,5	210	-	210	210	124,131		Smirnov Dmitriy Igorovich

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Moscow

AWPC Bench press 1-ply equipment

Men

Body Weight Category 82,5

No	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Masters 50-54

1	1	Kokorev Ilya	Yaroslavl region, Yaroslavl	19.01.19 73/50	81,95	205	215	-	-	215	215	157,285		
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Open

1	1	Kokorev Ilya	Yaroslavl region, Yaroslavl	19.01.19 73/50	81,95	205	215	-	-	215	215	139,191		
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FINAL PROTOCOL
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Moscow

AWPC Powerlifting RAW**Women****Body Weight Category 48**

No	place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	place abs	Coach
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Open

1	1	Kravchenko Ekaterina	Moscow region, Moscow	07.11.19 87/35	47,70	85	92,5	95	-	95	42,5	47,5	50	-	47,5	115	120	122,5	-	115	257,5	305,0345		
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Body Weight Category 52

No	place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	place abs	Coach
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Junior

1	1	Golubeva Kristina	Moscow region, Moscow	09.07.20 00/22	52,00	82,5	85	87,5	-	85	50	52,5	53	-	52,5	102,5	110	112,5	115	112,5	250	276,9		Golubev Yu.N.
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Body Weight Category 67,5

No	place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	place abs	Coach
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Junior

1	1	Kruglikova Darya	Moscow region, Moscow	28.09.19 99/23	64,60	82,5	85	90	-	85	45	47,5	47,5	-	47,5	82,5	85	87,5	-	85	217,5	202,525125		Mokin A.A.
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Body Weight Category 90

No	place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	place abs	Coach
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Masters 40-44

1	1	Dobrovolskaya Vera	Moscow region, Moscow	21.10.19 81/41	87,10	120	120	125	-	120	40	47,5	50	-	50	110	120	120	-	120	290	223,028705		Mokin A.A.
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Men**Body Weight Category 90**

No	place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	place abs	Coach
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Masters 45-49

1	1	Ilyaschat Dmitriy	Moscow region, Solnechnogorsk	08.12.19 75/47	87,30	145	155	160	-	155	110	117,5	117,5	-	110	150	162,5	170	-	170	435	293,039142		Smirnov Dmitriy Igorevich
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Open

1	-	Migulev Aleksey	Moscow region, Moscow	20.10.19 87/35	89,00	205	205	205	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	Smirnov Dmitriy Igorevich
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Body Weight Category 100

No	place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	place abs	Coach
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Open

1	1	Ivanov Maksim	Krasnoyarskiy region, Krasnoyarsk	16.06.19 89/33	96,40	260	270	280	-	270	170	182,5	187,5	-	182,5	275	290	310	-	290	742,5	438,669	1	Mileeva E.A.
2	2	Shulga Denis	Moscow region, Moscow	23.01.19 78/45	97,10	175	190	195	-	195	130	135	137,5	-	135	205	215	-	-	215	545	320,92325	2	Smirnov Dmitriy Igorevich

Body Weight Category 110

No	place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	place abs	Coach
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№	№	name	team	date	weight	DT	DZ	DS	D4(1v)	Squat	D1	DZ	DS	D4(1v)	press	D1	DZ	DS	D4(1v)	ft	total	pts	abs	coach		
Masters 45-49																										
1	1	Grinko Mikhail	Moscow region, Solnechnogorsk	04.02.19 78/45	105,90	150	170	-	-	170	100	120	130	-	130	170	200	220	-	220	520	312,1534				
Open																										
1	1	Khasanov Stepan	Nizhny Novgorod Region, Nizhniy Novgorod	19.11.19 87/35	108,40	180	190	200	-	190	140	150	155	-	155	200	220	235	-	220	565	319,14025	3		Smirnov Dmitriy Igorevich	
2	2	Sinelnikov Aleksey	Leningrad region, Sankt- Peterburg	27.03.19 80/43	103,20	120	130	130	-	130	100	110	115	-	115	130	140	155	-	155	400	229,68	4		Smirnov Dmitriy Igorevich	

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AWPC Bench press RAW**Women****Body Weight Category 52**

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Open

1	1	Amelina Elena	Moscow region, Moscow	07.08.19 85/37	51,30	47,5	52,5	57,5	-	52,5	52,5	58,7737		Barukov Igor Nikolaevich
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Body Weight Category 56

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Junior

1	1	Alieva Elnara	Moscow region, Moscow	20.12.19 99/23	55,40	50	55	57,5	-	57,5	57,5	60,5475		
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Open

1	1	Vlasova Anna	Moscow region, Moscow	27.02.19 88/35	55,50	50	52,5	55	-	55	55	57,827		Barukov Igor Nikolaevich, Artyakov M.A.
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Body Weight Category 60

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Open

1	1	Davidkina Olga	Moscow region, Moscow	12.10.19 86/36	59,10	52,5	57,5	60	-	60	60	59,982		
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Body Weight Category 75

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Masters 55-59

1	1	Limareva Elena	Moscow region, Moscow	20.04.19 66/57	75,00	100	107,5	112,5	-	107,5	107,5	113,968		Vishnyakov Mikhail Ivanovich
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Open

1	1	Limareva Elena	Moscow region, Moscow	20.04.19 66/57	75,00	100	107,5	112,5	-	107,5	107,5	89,8807		Vishnyakov Mikhail Ivanovich
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Men**Body Weight Category 52**

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Teenagers 13-15

1	1	Lukashin Dmitriy	Amur region, Urusha	19.05.20 08/15	50,80	42,5	47,5	55	-	55	55	54,5545	5	Moskalev Artem
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Body Weight Category 56

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Teenagers 13-15

1	1	Konstantinov Andrey	Tver region, Bezhetsk	28.07.20 08/14	52,40	65	70	77,5	-	70	70	67,081	4	Nevorotin S.V.
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Open

1	1	Konstantinov Andrey	Tver region, Bezhetsk	28.07.20 08/14	52,40	65	70	77,5	-	70	70	67,081	16	Nevorotin S.V.
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Body Weight Category 67,5

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Teenagers 16-17

1	1	Veselov Dmitriy	Moscow region, Mitishi	21.10.20 05/17	66,25	105	107,5	112,5	-	112,5	112,5	85,5528	1	
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Body Weight Category 75

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Teenagers 13-15

1	1	Zhidelev Maksim	Moscow region, Moscow	06.03.20 08/15	73,70	95	105	110	-	110	110	76,7305	3	
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Teenagers 16-17

1	1	Smagin Daniil	Oryol Region, Narishkino	27.12.20 05/17	74,30	110	117,5	122,5	-	122,5	122,5	84,9353	2	
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Masters 40-44

1	1	Zhuravlev Sergey	Moscow region, Moscow	23.10.19 79/43	74,10	110	112,5	115	-	115	115	82,3671		Zavadskiy S.S.
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Open

1	1	Zakharov Aleksey	Moscow region, Moscow	07.07.19 88/34	74,40	135	137,5	140	-	140	140	96,971	3	
2	2	Yushin Kirill	Moscow region, Moscow	16.10.19 86/36	71,20	105	117,5	120	-	117,5	117,5	84,1828	9	
3	3	Bozhok Andrey	Moscow region, Moscow	05.05.19 92/31	73,60	105	112,5	117,5	-	112,5	112,5	78,5587	12	Smirnov Dmitriy Igorovich
4	4	Nesterenko Sergey	Moscow region, Moscow	19.12.19 97/25	72,00	105	117,5	117,5	-	105	105	74,571	13	

Body Weight Category 82,5

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Junior

1	1	Ivanov Nikita	Tver region, Tver	24.01.20 00/23	81,90	150	155	162,5	-	162,5	162,5	105,243		Nevorotin S.V.
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Masters 40-44

1	1	Zalivnoy Aleksandr	Moscow region, Moscow	23.09.19 81/41	81,20	125	145	-	-	125	125	82,2266		Trukhin R.M.
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Open

1	1	Ivanov Nikita	Tver region, Tver	24.01.20 00/23	81,90	150	155	162,5	-	162,5	162,5	105,243	2	Nevorotin S.V.
2	2	Shubenkov Nikolay	Moscow region, Moscow	02.08.19 87/35	79,30	125	130	132,5	-	132,5	132,5	87,6818	6	Abdullin M.R.
3	3	Bogdanovskiy Pavel	Moscow region, Moscow	05.08.19 85/37	80,20	112,5	127,5	127,5	-	112,5	112,5	73,8787	14	

Body Weight Category 90

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Masters 45-49

1	1	Eremeev Aleksey	Moscow region, Moscow	04.04.19 78/45	88,60	120	125	132,5	-	125	125	81,4064		
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Open

1	1	Morozov Valentin	Moscow region, Moscow	23.07.19 98/24	89,00	152,5	155	160	-	155	155	95,4335	4	
2	2	Kireev Andrey	Moscow region, Moscow	26.06.19 92/30	87,80	132,5	137,5	137,5	-	132,5	132,5	82,2162	10	Osokin I.I.

Body Weight Category 100

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Open

1	1	Oparastyuk Denis	Donetskaya Narodnaya Respublika, Donetsk	09.04.19 90/33	94,80	130	140	145	-	145	145	86,3475	7	Belogurov Sergey
2	2	Malakhin Yuriy	Moscow region, Moscow	06.02.19 97/26	98,60	120	140	140	-	120	120	70,176	15	Yakushev K.V.

Body Weight Category 110

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Open

1	1	Shusharin Aleksey	Moscow region, Moscow	25.07.19 94/28	103,50	120	130	140	-	140	140	80,297	11	Smirnov Dmitriy Igorovich
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Body Weight Category 125

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Open

1	1	Ivanov Ilya	Moscow region, Moscow	12.07.19 85/37	119,90	182,5	192,5	202,5	-	202,5	202,5	111,587	1	
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awpc bp raw

2 2 Maksimov Anton Moskovskaya region, 04.09.19
Drozzhino 89/33 123,30 165 170 ~~177,5~~ - 170 170 93,0665 5

Body Weight Category 140

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Open

1 1 Slyamzin Vyacheslav Tula region, Venev 06.06.19
89/34 134,00 152,5 ~~157,5~~ 157,5 - 157,5 157,5 84,4940 8

10 June - 11 June 2023

FINAL PROTOCOL
European Cup AWPC/WPC 2023

Moscow

AWPC Powerlifting classic RAW
Women
Body Weight Category 44

No.	Place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	Place abs	Coach
1	1	Vedernikova Anastasiya	Moscow region, Moscow	30.11.19 96/26	41,60	87,5	97,5	105	-	105	50	55	60	-	55	115	125	127,5	-	125	285	372,9795	1	Nepotyuk Aleksandr

Body Weight Category 56

No.	Place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	Place abs	Coach
1	1	Khrunova Angelina	Moscow region, Moscow	02.12.20 02/20	53,40	55	60	65	-	65	32,5	35	37,5	-	37,5	60	65	70	-	70	172,5	187,059		Tulyakov N.G.

Open

1	1	Nikulina Tatyana	Moscow region, Moscow	30.01.19 94/29	54,80	85	95	95	-	85	45	47,5	50	-	47,5	110	120	132,5	-	132,5	265	281,483	2	Filatova Olga
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Body Weight Category 60

No.	Place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	Place abs	Coach
1	1	Khrunova Marina	Moscow region, Moscow	24.02.19 75/48	58,20	55	60	62,5	-	62,5	32,5	35	37,5	-	35	75	80	85	-	80	177,5	197,05411		Tulyakov N.G.

Masters 45-49
Body Weight Category 67,5

No.	Place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	Place abs	Coach
1	1	Ivanova Tatyana	The Republic of Khakassia, Abaza	01.06.19 86/37	64,80	60	70	85	-	85	40	45	47,5	-	45	70	85	100	-	100	230	213,647	4	Smirnov Dmitriy Igorevich

Open
Body Weight Category 75

No.	Place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	Place abs	Coach
1	1	Kozlova Anna	Moscow region, Moscow	09.06.19 86/37	73,70	92,5	100	105	-	105	45	47,5	50	-	50	112,5	120	125	-	125	280	236,894	3	Tulyakov N.G.
2	2	Alimova Diana	Moscow region, Moscow	19.05.19 90/33	73,90	80	85	90	-	90	42,5	45	47,5	-	47,5	90	95	100	-	100	237,5	200,556875	5	Tulyakov N.G.

Open
Body Weight Category 82,5

No.	Place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	Place abs	Coach
1	1	Shuvalova Tatyana	Moscow region, Moscow	05.01.19 75/48	81,20	95	100	105	-	100	60	62,5	65	-	65	120	130	135	-	130	295	257,047395		Tulyakov N.G.

Masters 45-49
Men
Body Weight Category 67,5

No.	Place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	Place abs	Coach
1	1	Lyulin Andrey	Moscow region, Solnechnogorsk	20.04.20 05/18	66,00	70	80	100	-	80	55	65	70	-	65	120	135	150	-	135	280	213,64		Grinko Mikhail

Teenagers 18-19
Body Weight Category 82,5

No.	Place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	Place abs	Coach
1	1	Kuznetsov Danila	Moscow region, Solnechnogorsk	20.05.20 05/18	79,40	100	120	140	-	140	90	102,5	110	-	110	140	150	170	-	150	400	264,48		Grinko Mikhail

Teenagers 18-19
Body Weight Category 90

No.	Place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	Place abs	Coach
1	1	Kostin Vladimir	Moscow region, Moscow	25.06.19 82/40	89,20	130	150	160	-	160	110	125	132,5	-	132,5	140	160	180	-	160	452,5	278,24225		Smirnov Dmitriy Igorevich

Masters 40-44

1	1	Ivanov Evgeniy	Moscow region, Vidnoe	14.12.19 94/28	88,90	160	170	170	-	170	100	110	115	-	115	170	190	200	-	200	485	298,78425	4	Repkin A.Yu.
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Open
Body Weight Category 100

No.	Place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	Place abs	Coach
1	1	Ivanov Sergey	The Republic of Khakassia, Askiz	31.07.19 79/43	95,20	160	175	190	-	190	105	115	125	-	115	190	205	220	-	220	525	312,0075	3	Smirnov Dmitriy Igorevich
2	2	Gulyaev Igor	Moscow region, Moscow	10.02.19 84/39	94,20	120	127,5	130	-	120	60	65	70	-	65	150	160	170	-	170	355	212,077	6	Tulyakov N.G.

Open
Body Weight Category 110

No.	Place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	Place abs	Coach
1	1	Khromchenko Mikhail	Omsk region, Omsk	08.07.19 88/34	109,00	150	160	170	-	160	107,5	110	115	-	115	160	170	180	-	180	455	256,59725	5	

Open
Body Weight Category 125

No.	Place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	Place abs	Coach
1	1	Indarokov Murat	Kabardino-Balkarian Republic, Nalchik	29.07.19 80/42	121,30	245	245	245	-	245	140	147,5	147,5	-	140	225	240	-	-	225	610	335,256	2	

Open
Body Weight Category 140

No.	Place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	Place abs	Coach
1	1	Markin Nikolay	Moscow region, Moscow	14.03.19 81/42	131,55	225	235	-	-	235	165	172,5	175	-	172,5	245	260	265	-	265	672,5	362,336275	1	Klyushev A.O.

Open

awpc dl 1-ply eq

FINAL PROTOCOL
European Cup AWPC/WPC 2023

10 June - 11 June 2023

Moscow

AWPC Deadlift 1-ply equipment

Men

Body Weight Category 110

No	place	Name	Team	Birth date	Body weight	D1	D2	D3	D4(R)	Deadli ft	total	Pts	place abs	Coach
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Open

1	1	Muratkin Aleksandr	Republic of Tatarstan, Kazan	29.08.19 85/37	105,50	300	322,5	322,5	-	322,5	322,5	183,744		Bariev D.M.
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wpc dl 1-ply eq

**FINAL PROTOCOL
European Cup AWPC/WPC 2023**

10 June - 11 June 2023

Moscow

WPC Deadlift 1-ply equipment

Women

Body Weight Category 67,5

No	place	Name	Team	Birth date	Body weight	D1	D2	D3	D4(R)	Deadli ft	total	Pts	place abs	Coach
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Open

1	1	Kondrateva Kristina	Moscow region, Moscow	15.07.19 94/28	64,60	192,5	202,5	210	-	202,5	202,5	188,557		Phelps Laura
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FINAL PROTOCOL
European Cup AWPC/WPC 2023
 10 June - 11 June 2023 Moscow

WPC Bench press RAW

Women

Body Weight Category 44

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Open

1	1	Speranskaya Anastasiya	Moscow region, Kotelniki	22.12.20 15/7	26,20	37,5	40	42,5	-	42,5	42,5	57,1072		Speranskiy S.M.
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Body Weight Category 75

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Open

1	1	Gracheva Olga	Moscow region, Moscow	19.09.19 78/44	73,00	105	112,5	-	-	112,5	112,5	95,7937		Smirnov Dmitriy Igorevich
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Men

Body Weight Category 75

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Junior

1	1	Ryabenko Aleksey	Moscow region, Moscow	10.08.20 01/21	73,10	105	105	110	-	105	105	73,6995		
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Body Weight Category 82,5

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Masters 45-49

1	1	Blinov Andrey	Moscow region, Serpukhov	09.12.19 79/43	80,50	152,5	157,5	160	-	160	160	108,057	5	
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Masters 60-64

1	1	Marinin Aleksandr	Nizhny Novgorod Region, Nizhniy Novgorod	14.08.19 58/64	80,20	120	127,5	132,5	-	132,5	132,5	126,168	1	Petushkova E.V.
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Open

1	1	Marinin Aleksandr	Nizhny Novgorod Region, Nizhniy Novgorod	14.08.19 58/64	80,20	120	127,5	132,5	-	132,5	132,5	87,0127	6	Petushkova E.V.
2	2	Bogdanovskiy Pavel	Republic of Belarus, Minsk	05.08.19 85/37	80,20	112,5	127,5	127,5	-	112,5	112,5	73,8787	7	

Body Weight Category 90

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Masters 45-49

1	1	Revyakin Aleksandr	Moscow region, Moscow	01.09.19 77/45	86,40	140	142,5	145	-	145	145	95,8158	7	
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Open

1	1	Antonov Sergey	The Republic of Mordovia, Ruzaevka	27.07.19 89/33	83,35	182,5	187,5	-	-	187,5	187,5	120,075	2	
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Body Weight Category 100

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Open

1	1	Eyvazov Rashad	Moscow region, Domodedovo	25.06.19 96/26	98,60	155	165	165	-	155	155	90,644	5	
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Body Weight Category 110

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Masters 40-44

1	1	Kolganov Sergey	Moscow region, Moscow	20.07.19 78/44	109,40	205	215	215	-	205	205	120,452	2	
2	2	Evdokimov Ivan	Moscow region, Moscow	27.01.19 83/40	108,00	180	190	190	-	190	190	107,445	6	Artyakov M.A.

Masters 45-49

1	1	Butorin Vasiliiy	Tula region, Novomoskovsk	20.04.19 78/45	108,45	200	215	215	-	200	200	119,167	3	Elovikov Roman
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Body Weight Category 125

№	place	Name	Team	Birth date	Body weight	B1	B2	B3	B4(R)	Bench press	total	Pts	place abs	Coach
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Masters 55-59

1	1	Popov Andrey	Moscow region, Moscow	25.01.19 66/57	119,75	160	170	170	-	160	160	111,832	4	
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Open

1	1	Reshetnikov Artem	Tyumen region, Tyumen	08.06.19 89/34	116,00	215	225	225	-	225	225	124,897	1	
2	2	Nazarenko Aleksandr	Saratov region, Saratov	24.08.19 85/37	114,80	190	200	200	-	190	190	105,725	3	Bozhok Andrey
3	3	Shevelev Anton	Moscow region, Vereya	01.06.19 85/38	123,80	190	195	195	-	190	190	103,901	4	

wpc dl raw

FINAL PROTOCOL
European Cup AWPC/WPC 2023

10 June - 11 June 2023

Moscow

WPC Deadlift RAW

Men

Body Weight Category 67,5

No	place	Name	Team	Birth date	Body weight	D1	D2	D3	D4(R)	Deadli ft	total	Pts	place abs	Coach
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Open

1	1	Ahmed Ali	Egypt	06.09.19 98/24	67,00	230	255	262,5	-	255	255	192,053		
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Body Weight Category 75

No	place	Name	Team	Birth date	Body weight	D1	D2	D3	D4(R)	Deadli ft	total	Pts	place abs	Coach
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Junior

1	1	Mohamed Ismael	Egypt	28.02.20 03/20	74,50	290	305	315	-	315	315	217,964		
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FINAL PROTOCOL
European Cup AWPC/WPC 2023

10 June - 11 June 2023

Moscow

WPC Powerlifting classic RAW**Women****Body Weight Category 52**

No	place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	place abs	Coach
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Open

1	1	Kheloud Elsaghir	Egypt	20.05.20 01/22	50,00	130	140	145	-	145	75	82,5	87,5	-	82,5	130	142,5	150	-	150	377,5	431,21825		
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Body Weight Category 75

No	place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	place abs	Coach
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Open

1	1	Gracheva Olga	Moscow region, Moscow	19.09.19 78/44	73,00	160	170	177,5	-	170	105	112,5	-	-	112,5	150	165	175	-	175	457,5	389,56125		Smirnov Dmitriy Igorovich
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Body Weight Category 100

No	place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	place abs	Coach
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Open

1	1	Marihan Elnefely	Egypt	17.05.19 99/24	96,70	130	145	155	-	155	85	92,5	92,5	-	92,5	150	160	170	-	160	407,5	295,498625		
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Men**Body Weight Category 67,5**

No	place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	place abs	Coach
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Open

1	1	Ahmed Ali	Egypt	06.09.19 98/24	67,00	200	210	210	-	210	135	140	145	-	140	230	255	262,5	-	255	605	455,65575	4	
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Body Weight Category 75

No	place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	place abs	Coach
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Open

1	1	Mohamed Ismael	Egypt	28.02.20 03/20	74,50	200	210	225	-	210	137,5	145	145	-	145	290	305	315	-	315	670	463,6065	2	
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Body Weight Category 90

No	place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	place abs	Coach
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Teenagers 16-17

1	1	Zaretskiy Grigoriy	Leningrad region, Peterburg	06.10.20 05/17	86,80	150	150	157,5	-	150	80	82,5	82,5	-	80	150	160	175	-	175	405	252,98325		
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Open

1	1	Mostafa Mahmoud	Egypt	13.03.19 79/44	89,50	300	310	310	-	310	150	165	170	-	170	250	280	295	-	295	775	475,65625	1	
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Body Weight Category 100

No	place	Name	Team	Birth date	Body weight	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	total	Pts	place abs	Coach
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wpc pl cl raw

№	№	name	team	date	weight	D1	D2	D3	D4(1)	Squat	D1	D2	D3	D4(1)	press	D1	D2	D3	D4(1)	ft	total	pts	abs	coach
Open																								
1	1	Mahmoud Faragalla	Egypt	01.02.19 80/43	93,40	270	285	-	-	285	185	192,5	195	-	192,5	250	265	285	-	285	762,5	457,461875	3	
2	2	Donetskikh Sergey	Orenbur region, Sol- lletsck	11.07.19 92/30	97,30	190	205	-	-	205	150	160	160	-	160	200	215	230	-	230	595	350,00875	5	Smirnov Dmitriy Igorovich