

WPC PORTUGAL MEDITERRANEO CHAMPIONSHIP



2023

COMPETITION INFORMATIONS

HOW TO GET THERE?
WHERE TO STAY?

COMPETITION INFORMATIONS



WEIGHINGS				
ON THE DAY BEFORE THE COMPETITION (from the 6 th to the 7 th)		10:00 / 12:00 17:00 / 19:00 (athletes can access one or both weighing schedules)		
OPENING HOURS				
WARMUP ROOM	9:00 am			
COMPETITION	10:00 am			
DAY	MODALITY	CATEGORIES		
OCTOBER 7 TH	POWERLIFTING, BENCH PRESS & DEADLIFT	ALL WOMEN CATEGORIES MEN UNDER 82,5 KGS		
OCTOBER 8 TH	POWERLIFTING,BENCH PRESS & DEADLIFT	ALL MEN OVER 82,5 KGS		

OTHER INFORMATIONS:			
All athletes who are competing have free entry at the venue, on the day of their competition.			
TICKETS	1 Day ticket: 12€ 2 Day ticket: 15€ More info here: https://powerexpoportugal.com/tickets/		
EVENT OPENING HOURS	13:30h / 20:00h		

WPC PORTUGAL 1

WPC PORTUGAL 2023

HOW TO GET THERE

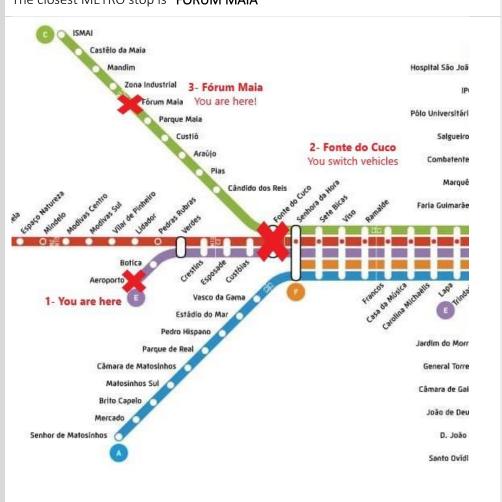


HOW TO GET TO PORTUGAL?			
BY PLANE	DESTINATION: OPORTO – Sá Carneiro Airport Website: aeroportoporto.pt		
BY CAR	ADDRESS: Maia Sport's Complex Avenida Luís de Camões 4470-194 Maia		
GPS COORDINATES	41,234058, -8,615968		
HOW TO GET TO THE VENUE, FROM THE AIRPORT?			

METRO STATION

The closest METRO stop is "FÓRUM MAIA"

- 1- At the Airport, you get on any METRO, no matter its destination
- 2- Your first STOP is "FONTE DO CUCO". Here, you need to switch vehicles and get on in a METRO that goes either to "ISMAI" or to "FÓRUM MAIA".
- 3- Once you get in one of these metros you arrive at your destination ate the STOP "FÓRUM MAIA".



WPC PORTUGAL 2

WPC PORTUGAL 2023

WHERE TO STAY?



	HOTEL	WEBSITE
NEAR THE VENUE	Hotel PREMIUM	Homepage - Premium Porto Maia
	Hotel CENTRAL PARQUE	Hotel Central Parque HCP Maia Porto
	Hotel VIA NORTE	
	(staying here, you might need to take an uber or a cab to the venue for a 5min ride)	
NEAR THE AIRPORT	Park Hotel Porto Aeroporto	http://www.parkhotel.pt/
	OPOHOTEL Porto Aeroporto	Opohotel Porto Aeroporto Site oficial
	Hotel 3K Porto Aeroporto	Início 3K Porto (hotel3kporto.com)
	Hotel Aeroporto	<u>Hotel Aeroporto</u>
	Oporto Airport & Business Hotel	<u> Home - Oporto Hotel</u> (<u>oportoairportbusinesshotel.com)</u>

Disclaimer: These are only suggestions, you may always have the preference to stay in a more touristic place such as downtown Porto.

OBSERVATIONS:

- 1- If you stay at one of these hotels, please refer at the reservation moment that you are an athlete competing with the WPC PORTUGAL, at the POWER EXPO SPORTS FESTIVAL, in the city of Maia.
- 2- To make reservations, you can go to booking.com or you can do it with the hotel through the information available on their website.

We will help you with whatever you need! Have a safe trip, and see you in October!

THE WPC PORTUGAL TEAM

Under the supervision of SANDRO EUSÉBIO & CARLA CARNEIRO

WPC PORTUGAL 3