



WPC PORTUGAL MEDITERRANEO CHAMPIONSHIP



2023

COMPETITION INFORMATIONS

HOW TO GET THERE?

WHERE TO STAY?

WPC PORTUGAL 2023

COMPETITION INFORMATIONS



WEIGHINGS

ON THE DAY BEFORE THE COMPETITION

(from the 6th to the 7th)

10:00 / 12:00

17:00 / 19:00

(athletes can access one or both weighing schedules)

OPENING HOURS

WARMUP ROOM

9:00 am

COMPETITION

10:00 am

DAY

MODALITY

CATEGORIES

OCTOBER 7THPOWERLIFTING, BENCH PRESS
& DEADLIFTALL WOMEN CATEGORIES
MEN UNDER 82,5 KGSOCTOBER 8THPOWERLIFTING, BENCH PRESS
& DEADLIFT

ALL MEN OVER 82,5 KGS

OTHER INFORMATIONS:

All athletes who are competing have free entry at the venue, on the day of their competition.

TICKETS

1 Day ticket: 12€

2 Day ticket: 15€

More info here: <https://powerexpoportugal.com/tickets/>

EVENT OPENING HOURS

13:30h / 20:00h



WPC PORTUGAL 2023

HOW TO GET THERE

HOW TO GET TO PORTUGAL?

BY PLANE

DESTINATION: OPORTO – Sá Carneiro Airport

Website: aeroportoporto.pt

BY CAR

ADDRESS: Maia Sport’s Complex
Avenida Luís de Camões
4470-194 Maia

GPS COORDINATES

41,234058, -8,615968

HOW TO GET TO THE VENUE, FROM THE AIRPORT?

METRO STATION

The closest METRO stop is “FÓRUM MAIA”

- 1- At the Airport, you get on any METRO, no matter its destination
- 2- Your first STOP is “FONTE DO CUCO”. Here, you need to switch vehicles and get on in a METRO that goes either to “ISMAI” or to “FÓRUM MAIA”.
- 3- Once you get in one of these metros you arrive at your destination at the STOP “FÓRUM MAIA”.





	HOTEL	WEBSITE
NEAR THE VENUE	Hotel PREMIUM	Homepage - Premium Porto Maia
	Hotel CENTRAL PARQUE	Hotel Central Parque HCP Maia Porto
	Hotel VIA NORTE (staying here, you might need to take an uber or a cab to the venue for a 5min ride)	--
	Park Hotel Porto Aeroporto	http://www.parkhotel.pt/
NEAR THE AIRPORT	OPOHOTEL Porto Aeroporto	Opohotel Porto Aeroporto Site oficial
	Hotel 3K Porto Aeroporto	Início 3K Porto (hotel3kporto.com)
	Hotel Aeroporto	Hotel Aeroporto
	Oporto Airport & Business Hotel	Home - Oporto Hotel (oportoairportbusinesshotel.com)

Disclaimer: These are only suggestions, you may always have the preference to stay in a more touristic place such as downtown Porto.

OBSERVATIONS:

- 1- If you stay at one of these hotels, please refer at the reservation moment that you are an athlete competing with the WPC PORTUGAL , at the POWER EXPO SPORTS FESTIVAL, in the city of Maia.
- 2- To make reservations, you can go to booking.com or you can do it with the hotel through the information available on their website.

We will help you with whatever you need!

Have a safe trip, and see you in October!

THE WPC PORTUGAL TEAM

Under the supervision of SANDRO EUSÉBIO & CARLA CARNEIRO