

1-Sep-23		-Kg Results																	
Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Squat 4	Best Squat	Bench 4	Best Bench	Deadlift 4	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI code	PI-Div-WtCI	Tm Pts	Team	
Tricia Downing	49	F_MCR_2_APF	70.4	75	0.873		187.5		97.5		185	470	410.31	456.67503	2	1-F_MCR_2_APF	3	Die Hard	
Tricia Downing 4	49	F_OCR_APF	70.4	75	0.873		187.5		97.5		185	470	410.31	456.67503	1	1-F_OCR_APF-75	3	Die Hard	
Kathy Caraccioli	57	F_MES_4_APF	71.6	75	0.8629	155	150		100		150	400	345.14	437.63752	2	1-F_MES_4_APF	3		
Robin Miller	52	F_MCR_3_AAPF	62.2	67.5	0.9596		110.5	82.5	80	165	163	353.5	339.20092	395.16907	2	1-F_MCR_3_AAPF	3		
Lynn Bassett	57	F_MCR_4_AAPF	121.6	SHW	0.6759		142.5		102.5		145	390	263.5815	334.22134	2	1-F_MCR_4_AAPF	3		
Yvonne Gordon	49	F_MR_2_AAPF	65.9	67.5	0.9167		107.5		62.5		152.5	322.5	295.61962	329.02464	2	1-F_MR_2_AAPF	3	2XL	
Yvonne Gordon 2	49	F_MR_2_APF	65.9	67.5	0.9167		107.5		62.5		152.5	322.5	295.61962	329.02464	2	1-F_MR_2_APF	3	2XL	
Nancy Brook	58	F_MCR_4_AAPF	73.6	75	0.8468		102.5		57.5		127.5	287.5	243.455	314.30040	2	2-F_MCR_4_AAPF	3		
Nancy Brook 4	58	F_MCR_4_APF	73.6	75	0.8468		102.5		57.5		127.5	287.5	243.455	314.30040	2	1-F_MCR_4_APF	3		
Hope Sanchez	45	F_MCR_2_AAPF	80.7	82.5	0.7974		110		62.5		152.5	325	259.13875	273.39138	2	1-F_MCR_2_AAPF	3	2XL	
Hope Sanchez 2	45	F_MCR_2_APF	80.7	82.5	0.7974		110		62.5		152.5	325	259.13875	273.39138	2	2-F_MCR_2_APF	3	2XL	
Angela Key	48	F_MCR_2_AAPF	76.4	82.5	0.826		92.5		55		117.5	265	218.87675	240.10779	2	2-F_MCR_2_AAPF	3		
Carol Neumann	61	F_MES_5_APF	58.2	60	1.012		45	-50	47.5	70	65	157.5	159.39	217.72674	2	1-F_MES_5_APF	3		
Carol Neumann 2	61	F_MR_5_APF	58.2	60	1.012		45	-50	47.5	70	65	157.5	159.39	217.72674	2	1-F_MR_5_APF	3		
Tanya Rono	35	F_OCR_APF	64.5	67.5	0.9323		130		100		165	395	368.2585	0	1	1-F_OCR_APF-67.5	3	Die Hard	
Tanya Rono 2	35	F_SR_APF	64.5	67.5	0.9323		130		100		165	395	368.2585	0	2	1-F_SR_APF	3	Die Hard	
Nate Nakashima	18	M_TCR_3_AAPF	89.2	90	0.6149		227.5		132.5		217.5	577.5	355.10475	0	2	1-M_TCR_3_AAPF	3	Bishop Barbell	
Kole Preston	15	M_TCR_1_AAPF	87.9	90	0.6223		192.5		102.5		205	500	311.125	0	2	1-M_TCR_1_AAPF	3		
Kole Preston 2	15	M_TCR_1_APF	87.9	90	0.6223		192.5		102.5		205	500	311.125	0	2	1-M_TCR_1_APF	3		
Ashley Chase	26	F_OES_AAPF	73	75	0.8515		125		67.5		122.5	315	268.2225	0	1	1-F_OES_AAPF-75	3	Chase Strong	
Abbigale McClellan	15	F_TCR_1_AAPF	49.2	52	1.1568		62.5		40		92.5	195	225.576	0	2	1-F_TCR_1_AAPF	3		
Justin Baker	14	M_TCR_1_AAPF	52.3	56	0.9603		72.5	-52.5	47.5	112.5	97.5	217.5	208.86525	0	2	2-M_TCR_1_AAPF	3	Chase Strong Youth	
Jacob Neumann	23	M_JR_AAPF	86.7	90	0.6251		65		87.5		115	267.5	167.21425	0	2	1-M_JR_AAPF	3		

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Name	Age	Div	BWt (Kg)	WtClis (Kg)	Glossbrenner	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Coeff Score	Age & Coeff	PI code	PI-Div-WtCl	Tm Pts	Team
Tricia Downing 2	49	F_MR_2_APF	70.4	75	0.873	92.5	97.5	-102.5		97.5	85.1175	94.735777	2	1-F_MR_2_APF	3	Die Hard
Robin Miller 2	52	F_MCR_3_AAPF	62.2	67.5	0.9596	72.5	-77.5	80	82.5	80	76.764	89.43006	2	1-F_MCR_3_AAPF	3	
Lynn Bassett 2	57	F_MCR_4_AAPF	121.6	SHW	0.6759	-97.5	97.5	102.5		102.5	69.274625	87.840224	2	1-F_MCR_4_AAPF	3	
Kim Jones	65	F_MR_6_AAPF	64.9	67.5	0.9278	52.5	-57.5	57.5	-60	57.5	53.345625	78.951525	2	1-F_MR_6_AAPF	3	Die Hard
Kim Jones 2	65	F_MES_6_AAPF	64.9	67.5	0.9278	52.5	-57.5	57.5	-60	57.5	53.345625	78.951525	2	1-F_MES_6_AAPF	3	Die Hard
Asia Bell	42	F_MR_1_APF	92.6	100	0.7383	95	-105	-105		95	70.1385	71.54127	2	1-F_MR_1_APF	3	Die Hard
Asia Bell 2	42	F_OR_APF	92.6	100	0.7383	95	-105	-105		95	70.1385	71.54127	1	1-F_OR_APF-100	3	Die Hard
Asia Bell 3	42	F_OR_APF_PF	92.6	100	0.7383	95	-105	-105		95	70.1385	71.54127	1	1-F_OR_APF_PF-100	3	Die Hard
Asia Bell 4	42	F_MR_1_APF_PF	92.6	100	0.7383	95	-105	-105		95	70.1385	71.54127	2	1-F_MR_1_APF_PF	3	Die Hard
Nancy Brook 2	58	F_MCR_4_AAPF	73.6	75	0.8468	55	-57.5	57.5		57.5	48.691	62.860081	2	2-F_MCR_4_AAPF	3	
Nancy Brook 5	58	F_MCR_4_AAPF	73.6	75	0.8468	55	-57.5	57.5		57.5	48.691	62.860081	2	2-F_MCR_4_AAPF	3	
Tanya Rono 3	35	F_OR_APF	64.5	67.5	0.9323	92.5	97.5	100		100	93.23	0	1	1-F_OR_APF-67.5	3	Die Hard
Katie Redfield	34	F_OES_APF	71.1	75	0.867	-107.5	107.5	-115		107.5	93.2025	0	1	1-F_OES_APF-75	3	
Julian Xavier Hernandez	15	M_TR_1_AAPF	59.9	60	0.8414	65	72.5	-80		72.5	61.0015	0	2	1-M_TR_1_AAPF	3	
Julian Xavier Hernandez 2	15	M_TR_1_APF	59.9	60	0.8414	65	72.5	-77.5		72.5	61.0015	0	2	1-M_TR_1_APF	3	
Jackson Hays	17	M_TR_2_AAPF	93.7	100	0.599	87.5	97.5	-105		97.5	58.4025	0	2	1-M_TR_2_AAPF	3	
Ashley Chase 3	26	F_OES_AAPF	73	75	0.8515	-57.5	57.5	67.5		67.5	57.47625	0	1	1-F_OES_AAPF-75	3	hase Stron

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Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Coeff Score	Age & Coeff	PI code	PI-Div-WtCl	Tm Pts	Team
Robin Miller 3	52	F_MCR_3_AAPF	62.2	67.5	0.9596	135	152.5	163	165	163	156.40665	73	2	1-F_MCR_3_AAPF	3	
Tricia Downing 3	49	F_MR_2_APF	70.4	75	0.873	175	185	-190		185	161.505	5	2	1-F_MR_2_APF	3	Die Hard
Nancy Brook 3	58	F_MCR_4_AAPF	73.6	75	0.8468	117.5	127.5	-133		127.5	107.967	7	2	1-F_MCR_4_AAPF	3	
Nancy brook 6	58	F_MCR_4_AAPF	73.6	75	0.8468	117.5	127.5	-133		127.5	107.967	7	2	1-F_MCR_4_AAPF	3	
Lynn Bassett 3	57	F_MR_4_AAPF	121.6	SHW	0.6759	140	145	-155		145	97.99825	1	2	1-F_MR_4_AAPF	3	
Carol Neumann 3	61	F_MR_5_APF	58.2	60	1.012	45	55	65	70	65	65.78	89.85548	2	1-F_MR_5_APF	3	
Tanya Rono 4	35	F_OR_APF	64.5	67.5	0.9323	147.5	160	165		165	153.8295	0	1	1-F_OR_APF-67.5	3	Die Hard
Nate Nakashima 2	18	M_TR_3_AAPF	89.2	90	0.6149	210	217.5	-227.5		217.5	133.74075	0	2	1-M_TR_3_AAPF	3	Bishop Barbell
Kyle Anderson 2	19	M_TEM_3_AAPF	100.3	110	0.5806	225	-242.5			225	130.635	0	2	1-M_TEM_3_AAPF	3	Chase Strong
Karrie Arroyo	36	F_SCR_AAPF	47.8	48	1.1827	102.5	110	-112.5		110	130.097	0	2	1-F_SCR_AAPF	3	
Karrie Arroyo 2	36	F_SCR_APF	47.8	48	1.1827	102.5	110	-112.5		110	130.097	0	2	1-F_SCR_APF	3	
Karrie Arroyo 3	36	F_OCR_AAPF	47.8	48	1.1827	102.5	110	-112.5		110	130.097	0	1	1-F_OCR_AAPF-48	3	
Karrie Arroyo 4	36	F_OCR_APF	47.8	48	1.1827	102.5	110	-112.5		110	130.097	0	1	1-F_OCR_APF-48	3	
Katie Redfield 2	34	F_OES_APF	71.1	75	0.867	147.5	-160	-160		147.5	127.8825	0	1	1-F_OES_APF-75	3	
Kole Preston 3	15	M_TCR_1_AAPF	87.9	90	0.6223	185	205	-227.5		205	127.56125	0	2	1-M_TCR_1_AAPF	3	
Isabella Suseno	17	F_TR_2_AAPF	87.5	90	0.7594	135	150	-157.5		150	113.91	0	2	1-F_TR_2_AAPF	3	
Abbigale McClellan 2	15	F_TCR_1_AAPF	49.2	52	1.1568	77.5	85	92.5		92.5	107.004	0	2	1-F_TCR_1_AAPF	3	
Ashley Chase 2	26	F_OES_AAPF	73	75	0.8515	115	122.5	-130		122.5	104.30875	0	1	1-F_OES_AAPF-75	3	Chase Strong