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Feder Date MeetCc Meet MeetName Formula RuleSet
WPC '2023-09-08 Finland Lahti Penkkipunnerruksen ja maastoston SM 2023 Glossbreni CombineRawAndWraps CombineSingleAndMulti

Place	Name	Sex	Age	Country	Equipmen	Division	BodywtKg	WtClassKg	Bench1Kg	Bench2Kg	Bench3Kg	Bench4Kg	Best3Benc	Deadlift1K	Deadlift2K	Deadlift3K	Deadlift4K	Best3Deac	TotalKg	Points	Event
	1 Elli Peromaa	F	23	Finland	Raw	F_JR	79.9	82.5	75	81	-85			81					81	65.05	B
	1 Jatta Ihanmäski	F	40	Finland	Raw	F_MR_1	47.7	48	42.5	47.5	-50		47.5						47.5	56.28	B
NS	Johanna Bies	F	51	Finland	Raw	F_MR_3															B
NS	Leena Ståhlstedt	F	55	Finland	Raw	F_MR_4															B
	1 Maiju Hilander	F	66	Finland	Raw	F_MR_6	71.3	75	50.5	55	57.5		57.5						57.5	49.77	B
NS	Anna Kariila	F	35	Finland	Raw	F_OR															B
NS	Johanna Bies	F	51	Finland	Raw	F_OR															B
	1 Maija Sjöblom	F	26	Finland	Raw	F_OR	63.4	67.5	67.5	70	75		75						75	70.78	B
	1 Anna Nyssäntinen	F	34	Finland	Raw	F_OR	74	75	77.5	-82.5	82.5		82.5						82.5	69.61	B
	2 Anna Vuorio	F	28	Finland	Raw	F_OR	71.1	75	52.5	-60	-60		52.5						52.5	45.53	B
NS	Vivian Ihanmäski	F	16	Finland	Raw	F_TR_2															B
	1 Elli Peromaa	F	23	Finland	Raw	F_JR	79.9	82.5						145	155	165		165	165	132.5	D
NS	Anni Husu	F	43	Finland	Raw	F_MR_1															D
	1 Jatta Ihanmäski	F	40	Finland	Raw	F_MR_1	47.7	48						90	100.5	112.5		112.5	112.5	133.3	D
	1 Satu Hermunen	F	51	Finland	Raw	F_MR_3	67	67.5						100	-110	110		110	110	99.58	D
NS	Leena Ståhlstedt	F	55	Finland	Raw	F_MR_4															D
	1 Pauliina Inervo	F	59	Finland	Raw	F_MR_4	58.3	60						65	72.5	80		80	80	80.62	D
	1 Maiju Hilander	F	66	Finland	Raw	F_MR_6	71.3	75						140	147.5	150		150	150	129.8	D
	1 Anna Vuorio	F	28	Finland	Raw	F_OR	71.1	75						130	142.5	147.5		147.5	147.5	127.9	D
	1 Emma Huhta	F	31	Finland	Raw	F_OR	86.8	90						170	200	220		220	220	168.4	D
NS	Vivian Ihanmäski	F	16	Finland	Raw	F_TR_2															D
	1 Eija Pesonen	F	31	Finland	Multi-ply	F_OEM	59.9	60						-180	180	-190		180	180	177.5	D
	1 Aleksi Rautavirta	M	23	Finland	Raw	M_JR	81.2	82.5	122.5	-127.5	-127.5		122.5						122.5	79.78	B
	1 Jeremia Saloniemi	M	21	Finland	Raw	M_JR	92.9	100	125	135			135						135	81.21	B
	1 Jere Uusikartano	M	22	Finland	Raw	M_JR	104	110	125	132.5	-140		132.5						132.5	75.86	B
NS	Miika Kajavalta	M	44	Finland	Raw	M_MR_1															B
	1 Kari-Tapio Palviainen	M	43	Finland	Raw	M_MR_1	81.7	82.5	137.5	145	-150		145						145	94.06	B
	2 Joni Oravasaari	M	41	Finland	Raw	M_MR_1	81.9	82.5	137.5	-145	-150		137.5						137.5	89.05	B
	3 Timo Saarela	M	44	Finland	Raw	M_MR_1	80.3	82.5	110	115	-120		115						115	75.46	B
	1 Oskari Koljonen	M	41	Finland	Raw	M_MR_1	89.6	90	170	180	-185		180						180	110.4	B
	1 Timo Laamanen	M	41	Finland	Raw	M_MR_1	98.4	100	185	-200	-200		185						185	108.3	B
	2 Jarkko Ylä-Häkkinen	M	44	Finland	Raw	M_MR_1	98.4	100	150	160	165		165						165	96.57	B
	1 Juha Tuomainen	M	40	Finland	Raw	M_MR_1	109.5	110	235	245.5	253	-260	253						253	142.5	B
	2 Jari Koskinen	M	41	Finland	Raw	M_MR_1	109.3	110	190	205	215		215						215	121.1	B
	3 Janne Martin	M	40	Finland	Raw	M_MR_1	106	110	180	190	192.5		192.5						192.5	109.5	B
	4 Sakari Kuusisto	M	42	Finland	Raw	M_MR_1	104.7	110	180	187.5	-195		187.5						187.5	107.1	B
	5 Harri Korhonen	M	44	Finland	Raw	M_MR_1	104.3	110	120	130	-145		130						130	74.35	B
	1 Hannu Koskinen	M	41	Finland	Raw	M_MR_1	118.2	125	225	233.5	-241		233.5						233.5	129.1	B
NS	Marko kuussaari	M	46	Finland	Raw	M_MR_2															B
	1 Jani Vaskelainen	M	48	Finland	Raw	M_MR_2	81.8	82.5	120	130	140		140						140	90.74	B
	1 Jorma Mäntkeläinen	M	47	Finland	Raw	M_MR_2	98.2	100	155	160	-167.5		160						160	93.73	B
	1 Janne Hihlala	M	47	Finland	Raw	M_MR_2	108.5	110	155	170	-177.5		170						170	95.99	B
	1 Kimmo Intke	M	45	Finland	Raw	M_MR_2	126.8	140	210	220			220						220	119.6	B
NS	Klaus Renfors	M	50	Finland	Raw	M_MR_3															B
NS	Markku Lindroos	M	23	Finland	Raw	M_MR_3															B
	1 Hannu Niemelä	M	52	Finland	Raw	M_MR_3	81.4	82.5	125	-132.5	-132.5		125						125	81.28	B
	1 Ari Kortetjärvi	M	53	Finland	Raw	M_MR_3	89.3	90	180	-190			180						180	110.6	B
	2 Jukka Aho	M	52	Finland	Raw	M_MR_3	89.7	90	140	145	-147.5		145						145	88.88	B
	1 Marko Kokkinen	M	53	Finland	Raw	M_MR_3	97.2	100	182.5	-192.5	192.5		192.5						192.5	113.3	B
	2 Ismo Koivisto	M	54	Finland	Raw	M_MR_3	97.3	100	140	145	147.5		147.5						147.5	86.76	B
	3 Teppo Koskinen	M	50	Finland	Raw	M_MR_3	98.3	100	130	140	-150		140						140	81.98	B
	1 Raimo Hiisi	M	54	Finland	Raw	M_MR_3	122.9	125	170	185	190		190						190	104.1	B
	1 Raimo Mannelin	M	51	Finland	Raw	M_MR_3	133.9	140	150	155	157.5		157.5						157.5	84.5	B
	1 Ari-Pekka Airaksinen	M	59	Finland	Raw	M_MR_4	81	82.5	110	117.5	125		125						125	81.54	B
	1 Marcus Young	M	58	Finland	Raw	M_MR_4	90.6	100	130	135	140		140						140	85.35	B
	1 Tero Ylivinkka	M	57	Finland	Raw	M_MR_4	120.6	125	187.5	-193			187.5						187.5	103.2	B
	1 Tahvo Jauhojärvi	M	61	Finland	Raw	M_MR_5	74.1	75	125.5	130	135	-140	135						135	93.79	B
	1 Raimo Lehtonen	M	63	Finland	Raw	M_MR_5	80.7	82.5	110.5	120	121		121						121	79.13	B
	2 Rane Ovaska	M	63	Finland	Raw	M_MR_5	80.8	82.5	105	-115	115		115						115	75.14	B
	1 Arto Keto	M	61	Finland	Raw	M_MR_5	104.6	110	130	140	142.5		142.5						142.5	81.42	B
	1 Tapio Laine	M	71	Finland	Raw	M_MR_7	114.8	125	140	145	151		151						151	84.02	B
NS	Harri Hinkkanen	M	76	Finland	Raw	M_MR_8															B
NS	Klaus Renfors	M	50	Finland	Raw	M_OR															B
NS	Sami Salonen	M		Finland	Raw	M_OR															B
	1 Joni Laiho	M	30	Finland	Raw	M_OR	81.4	82.5	160	170	-175		170						170	110.5	B
	2 Timo Saarela	M	44	Finland	Raw	M_OR	80.3	82.5	110	115	-120		115						115	75.46	B
	1 Arttu Karttunen	M	26	Finland	Raw	M_OR	88.1	90	-210	210	221		221						221	136.9	B
	2 Oskari Koljonen	M	41	Finland	Raw	M_OR	89.6	90	170	180	-185		180						180	110.4	B
	1 Jani Virtanen	M	28	Finland	Raw	M_OR	99.3	100	210	-217.5	-217.5		210						210	122.4	B
	2 Marko Kokkinen	M	53	Finland	Raw	M_OR	97.2	100	182.5	-192.5	192.5		192.5						192.5	113.3	B
	3 Timo Laamanen	M	41	Finland	Raw	M_OR	98.4	100	185	-200	-200		185						185	108.3	B
	4 Henry Hyttiäinen	M	24	Finland	Raw	M_OR	98.8	100	120	130	-137.5		130						130	75.95	B
	1 Juha Tuomainen	M	40	Finland	Raw	M_OR	109.5	110	235	245.5	253	-260	253						253	142.5	B
	2 Jari Koskinen	M	41	Finland	Raw	M_OR	109.3	110	190	205	215		215						215	121.1	B
	3 Janne Martin	M	40	Finland	Raw	M_OR	106	110	180	190	192.5		192.5						192.5	109.5	B
	4 Mikael Kettunen	M	26	Finland	Raw	M_OR	108.9	110	190	-207.5	-207.5		190						190	107.2	B
	5 Juuso Knuutila	M	26	Finland	Raw	M_OR	104.9	110	165	172.5	175		175						175	99.89	B
	6 Harri Korhonen	M	44	Finland	Raw	M_OR	104.3	110	120	130	-145		130						130	74.35	B
	1 Hannu Koskinen	M	41	Finland	Raw	M_OR	118.2	125	225	233.5	-241		233.5						233.5	129.1	B
	2 Jan-Erik Maantila	M	38	Finland	Raw	M_OR	119.6	125	210	-220	-220		210						210	115.8	B
	3 Raimo Hiisi	M	54	Finland	Raw	M_OR	122.9	125	170	185	190		190						190	104.1	B
	4 Tero Ylivinkka	M	57	Finland	Raw	M_OR	120.6	125	187.5	-193			187.5						187.5	103.2	B
	1 Toni Liikanen	M	37	Finland	Raw	M_OR	133.9	140	175	185	-190		185						185	99.26	B
	2 Raimo Mannelin	M	51	Finland	Raw	M_OR	133.9	140	150	155	157.5		157.5						157.5	84.5	B
	3 Seppo Honkanen	M	35	Finland	Raw</																