**Yuriy Ustinov**

**WPC-RUSSIA President**

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**WPC/AWPC World Cup Moscow 2023**

**in POWERLIFTING, BENCH PRESS, DEADLIFT**

**Location: Location: Moscow, 2- Reisovaya ulitsa 2. 119027**

**DoubleTree by Hilton Moscow – Vnukovo Airport Hotel**

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**Meet Director: Yuriy Ustinov, WPC Russia President.**

**Dates: 03 December 2023**

**Lifting Schedule:** 03 December 2023 – All Lifts

**Weigh-In Schedule:**  02 December 2023 - Weighing the all participants.

**Help of a translator.** For the convenience of athletes, a WhatsApp support chat with an English-speaking specialist will be opened.

You can ask any questions and receive advice on your journey and tournament.

To add to the chat, you need to send a request to WhatsApp +79189470462

**Categories: Powerlifting, Bench Press and Dead Lift**

**Age Divisions**

**Raw, Classic, Single Ply and Multiply**

**Entry Fees: First Event WPC $80**

**Additional Events $40 per event**

**First Event AWPC $95**

**Additional Events $40 per event**

**All payments - on weighing. There are no prepayments.**

**Closing Date: 15 October 2023.** Team List must reach the Meet Director by this date. Each nation must set their own closing dates for lifters to submit their entry for inclusion on the team list.

**To Enter:** Entry list:

[https://powertable.ru/api/hs/p/fed?fed=80&lg=en](about:blank)

To make an application on participation please by email: wpcwpo@gmail.com

Entry fees: on the venue.

**Websites:** All information will be included on the championships website:https://powertable.ru/api/hs/p/fed?fed=80&lg=en

Contact e-mail: [wpcwpo@gmail.com](about:blank) WhatsApp +79189470462

**Visas:** To get all the necessary information about a visa support to Russia use this link: www.visatorussia.com

Please take care of your visa in advance!

**Hotel:** Location: Moscow, 2- Reisovaya ulitsa 2. 119027

DoubleTree by Hilton Moscow – Vnukovo Airport Hotel

**Rules:** These Championships will be conducted using the WPC Rules. The Rulebook is available to download from the WPC Website https://worldpowerliftingcongress.com/

**Airports nearby:**

Sheremetyevo - 55 km. free shuttle to Hotel.

Domodedovo- 40 km.

Vnukovo – 0 km.

**Referees:** Applications for refereeing from the referee of the international category WPC to the e-mail address are accepted: [**wpcwpo@gmail.com**](about:blank)

**Welcome to Russia!**