Yuriy Ustinov WPC-RUSSIA President <u>wpcwpo@gmail.com</u> J+7-918-947-04-62

WPC/AWPC World Cup Moscow 2023 in POWERLIFTING, BENCH PRESS, DEADLIFT

Location:

Location: Moscow, 2- Reisovaya ulitsa 2. 119027 DoubleTree by Hilton Moscow – Vnukovo Airport Hotel



Meet Director: Yuriy Ustinov, WPC Russia President.

Dates: 03 December 2023

Lifting Schedule: 03 December 2023 – All Lifts

Weigh-In Schedule: 02 December 2023 - Weighing the all participants.

Help of a translator. For the convenience of athletes, a WhatsApp support chat with an English-speaking specialist will be opened.

You can ask any questions and receive advice on your journey and tournament. To add to the chat, you need to send a request to WhatsApp +79189470462

Categories: Age Divisions	Powerlifting, Bench Press and Dead Lift	
	Raw, Classic, Single Ply and Multiply	
Entry Fees:	First Event WPC \$80	
	Additional Events \$40 per event	
	First Event AWPC \$95	
	Additional Events \$40 per event	

All payments - on weighing	. There are no	prepayments.
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Closing Date:		Team List must reach the Meet Director by this date. Each r own closing dates for lifters to submit their entry for inclusion	
To Enter:		<u>/api/hs/p/fed?fed=80≶=en</u> ion on participation please by email: wpcwpo@gmail.com	
	Entry fees: on the ve	nue.	
Websites:	https://powertable.ru	be included on the championships website: /api/hs/p/fed?fed=80≶=en bo@gmail.com WhatsApp +79189470462	
Visas:	To get all the necessar www.visatorussia.com Please take care of you		
Hotel:	Location:	Moscow, 2- Reisovaya ulitsa 2. 119027	
	DoubleTree by Hilto	n Moscow – Vnukovo Airport Hotel	
Rules:	These Championships will be conducted using the WPC Rules. The Rulebook is available to download from the WPC Website https://worldpowerliftingcongress.com/		
Airports nearby:	Sheremetyevo - 55 kn Domodedovo- 40 km. Vnukovo – 0 km.	n. free shuttle to Hotel.	
Referees:		reeing from the referee of the international category WPC to the accepted: wpcwpo@gmail.com	

Welcome to Russia!