

9-Dec-23 Spud Inc. Holiday Bash-Kg Results

Name	Age	Div	BWt (Kg)	WtCIs (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI code	PI-Div-WtCI	Tm Pts	Team	
Jennifer Jeanquart_2	40	F_MCR_1_APF	89	90	0.75205	115	125	137.5		137.5	80	85	-92.5		85	222.5	130	142.5	155		155	377.5	75	75	1	1-F_MCR_1_APF-90	3		
Jeanine Russell	46	F_MEM_2_APF	81.2	82.5	0.7943	180	200	215		215	72.5	115	-127.5		115	330	175	187.5	202.5		202.5	532.5	5	53	1	1-F_MEM_2_APF-82.5	3		
Carolyn Dickson_2	58	F_MR_4_APF	65.5	67.5	0.9211	125	132.5	137.5		137.5	85	90	-95		90	227.5	137.5	145	-150		145	372.5	5	873	1	1-F_MR_4_APF-67.5	3		
Keila Pelton	30	F_OCR_AAPF	59.8	60	0.9903	-105	105	110		110	55	60	-62.5		60	170	145	157.5	165		165	335	331.7505	0	1	1-F_OCR_AAPF-60	3		
Bailey Warr	37	F_OCR_AAPF	69.9	75	0.8773	97.5	-105	105		105	55	60	62.5		62.5	167.5	132.5	142.5	147.5		147.5	315	276.3495	0	1	1-F_OCR_AAPF-75	3		
Jennifer Jeanquart	40	F_OCR_APF	89	90	0.75205	115	125	137.5		137.5	80	85	-92.5		85	222.5	130	142.5	155		155	377.5	75	75	1	1-F_OCR_APF-90	3		
Carolyn Dickson	58	F_OR_APF	65.5	67.5	0.9211	125	132.5	137.5		137.5	85	90	-95		90	227.5	137.5	145	-150		145	372.5	5	873	1	1-F_OR_APF-67.5	3		
Bailey Warr_2	37	F_SCR_AAPF	69.9	75	0.8773	97.5	-105	105		105	55	60	62.5		62.5	167.5	132.5	142.5	147.5		147.5	315	276.3495	0	1	1-F_SCR_AAPF-75	3		
Gabriel Jackson	23	M_JCR_AAPF	170.8	SHW	0.508645	277.5	295	305		305	167.5	172.5	-177.5		172.5	477.5	265	277.5	-285		277.5	755	75	0	1	1-M_JCR_AAPF-SHW	3		
Bryan Wilburn	20	M_JR_AAPF	134.4	140	0.53605	167.5	172.5	-182.5		172.5	102.5	112.5	-115		112.5	285	202.5	217.5	-227.5		217.5	502.5	25	0	1	1-M_JR_AAPF-140	3		
Dave Githutu	20	M_JR_SO_AAPF	55.7	56	0.8976	90	100	-117.5		100	60	65	77.5		77.5	177.5	95	100	115		115	292.5	262.548	0	1	1-M_JR_SO_AAPF-56	3		
Aaron Kaminer	22	M_JR_SO_AAPF	90.9	100	0.61045	105	125	132.5		132.5	62.5	67.5	75		75	207.5	110	120	130		130	337.5	75	0	1	1-M_JR_SO_AAPF-100	3		
Chris Jenkins_2	41	M_MCR_1_APF	152	SHW	0.5216	320	342.5	-355		342.5	175	190	-197.5		190	532.5	272.5	300	307.5		307.5	840	438.144	4	1	1-M_MCR_1_APF-SHW	3		
Steve Ulch	54	M_MCR_3_APF	128.3	140	0.542	-250	250	-262.5		250	170	-182.5	182.5		182.5	432.5	227.5	-237.5			227.5	660	357.72	8	1	1-M_MCR_3_APF-140	3		
Matthew McCarley	20	M_OCR_AAPF	80.5	82.5	0.65505	175	190	195		195	120	132.5	-137.5		132.5	327.5	180	187.5	192.5		192.5	520	340.626	0	1	1-M_OCR_AAPF-82.5	3		
Darius Abraham	21	M_OCR_AAPF	93	100	0.6013	217.5	242.5	255		255	137.5	152.5	162.5		162.5	417.5	232.5	262.5	282.5		282.5	700	420.91	0	1	1-M_OCR_AAPF-100	3		
Dustin Pruitt	31	M_OCR_APF	89.3	90	0.61455	-252.5	252.5			252.5	-140	160	-165		160	412.5	225	240	-247.5		240	652.5	75	0	1	1-M_OCR_APF-90	3		
Ryan Newman	37	M_OCR_APF	118.9	125	0.55255	-195	195	200		200	120	130	137.5		137.5	337.5	210	220	227.5		227.5	565	5	0	1	1-M_OCR_APF-125	3		
Joshua Tebbs	50	M_OCR_APF	115.4	125	0.55575	152.5	165	182.5		182.5	137.5	145	147.5		147.5	330	185	202.5	220		220	550	305.6625	25	1	2-M_OCR_APF-125	2		
Chris Jenkins	41	M_OCR_APF	152	SHW	0.5216	320	342.5	-355		342.5	175	190	-197.5		190	532.5	272.5	300	307.5		307.5	840	438.144	4	1	1-M_OCR_APF-SHW	3		
Miguel Fuentes	33	M_OEM_APF	79.3	82.5	0.66175	205	222.5			222.5	137.5	-147.5	-147.5		137.5	360	175	187.5	-207.5		187.5	547.5	25	0	1	1-M_OEM_APF-82.5	3		
Justin Wood	31	M_OEM_APF	123.5	125	0.5472	400	420	-442.5		420	250	272.5	282.5		282.5	702.5	275	295	320		320	1022.5	559.512	0	1	1-M_OEM_APF-125	3		
Alex Register	24	M_OEM_APF	130	140	0.5403	-320	-320	-330		0					0	0					0	0	0	0	0	1	0	0	
Ryan Sizemore	31	M_OR_AAPF	89.1	90	0.6153	170	185	-187.5		185	127.5	137.5	140		140	325	212.5	227.5			227.5	552.5	5	0	1	1-M_OR_AAPF-90	3		
William Overhultz	32	M_OR_APF	109.7	110	0.5629	155	-175	180		180	142.5	152.5	-162.5		152.5	332.5	190	212.5	227.5		227.5	560	315.224	0	1	1-M_OR_APF-110	3		
Tyler Chambers	25	M_OR_SO_AAPF	88.4	90	0.6181	-175	175	182.5		182.5	105	115	-125		115	297.5	162.5	175	182.5		182.5	480	296.688	0	1	1-M_OR_SO_AAPF-90	3		
Jackson Ware	28	M_OR_SO_AAPF	89.9	90	0.61425	90	110	122.5		122.5	75	-85	-85		75	197.5	147.5	162.5	177.5		177.5	375	5	0	1	2-M_OR_SO_AAPF-90	2		
Ryan Newman_2	37	M_SCR_APF	118.9	125	0.55255	-195	195	200		200	120	130	137.5		137.5	337.5	210	220	227.5		227.5	565	5	0	1	1-M_SCR_APF-125	3		
Cameron Neely	33	M_SR_SO_AAPF	109.8	110	0.56275	112.5	120	125		125	65	70	75		75	200	112.5	120	125		125	325	5	0	1	1-M_SR_SO_AAPF-110	3		
Josh Myers	35	M_SR_SO_AAPF	130.5	140	0.53975	120	130	142.5		142.5	80	85	-95		85	227.5	130	142.5	157.5		157.5	385	5	0	1	1-M_SR_SO_AAPF-140	3		
Taylor Cheek	17	M_TCR_2_SO_AAPF	72.6	75	0.70565	100	-110	-110		100	55	-65	-65		55	155	110	117.5	-125		117.5	272.5	25	0	1	1-M_TCR_2_SO_AAPF-75	3		
George Roensing	16	M_TR_2_SO_AAPF	59.7	60	0.8369	55	60	70		70	40	45	-57.5		45	115	95	100	115		115	230	192.487	0	1	1-M_TR_2_SO_AAPF-60	3		
Amiri Abraham	17	M_TR_2_SO_AAPF	72.9	75	0.70725	60	65	70		70	60	-70	-70		60	130	65	80	82.5		82.5	212.5	25	0	1	1-M_TR_2_SO_AAPF-75	3		

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Name	Age	Div	BWt (Kg)	WtCIs (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI code	PI-Div-WtCI	Tm Pts	Team
Jennifer Jeanquart_2	40	F_MCR_1_APF	89	90	0.75205	253.529	275.575	303.1325	0	303.1325	176.368	187.391	-203.926	0	187.391	490.5235	286.598	314.1555	341.713	0	341.713	832.2365	75	75	1	1-F_MCR_1_APF-90	3	
Jeanine Russell	46	F_MEM_2_APF	81.2	82.5	0.7943	396.828	440.92	473.989	0	473.989	159.8335	253.529	-281.087	0	253.529	727.518	385.805	413.3625	446.4315	0	446.4315	5	5	53	1	1-F_MEM_2_APF-82.5	3	
Carolyn Dickson_2	58	F_MR_4_APF	65.5	67.5	0.9211	275.575	292.1095	303.1325	0	303.1325	187.391	198.414	-209.437	0	198.414	501.5465	303.1325	319.667	-330.69	0	319.667	821.2135	5	873	1	1-F_MR_4_APF-67.5	3	
Keila Pelton	30	F_OCR_AAPF	59.8	60	0.9903	-231.483	231.483	242.506	0	242.506	121.253	132.276	-137.788	0	132.276	374.782	319.667	347.2245	363.759	0	363.759	738.541	331.7505	0	1	1-F_OCR_AAPF-60	3	
Bailey Warr	37	F_OCR_AAPF	69.9	75	0.8773	214.9485	-231.483	231.483	0	231.483	121.253	132.276	137.7875	0	137.7875	369.2705	292.1095	314.1555	325.1785	0	325.1785	694.449	276.3495	0	1	1-F_OCR_AAPF-75	3	
Jennifer Jeanquart	40	F_OCR_APF	89	90	0.75205	253.529	275.575	303.1325	0	303.1325	176.368	187.391	-203.926	0	187.391	490.5235	286.598	314.1555	341.713	0	341.713	832.2365	75	75	1	1-F_OCR_APF-90	3	
Carolyn Dickson	58	F_OR_APF	65.5	67.5	0.9211	275.575	292.1095	303.1325	0	303.1325	187.391	198.414	-209.437	0	198.414	501.5465	303.1325	319.667	-330.69	0	319.667	821.2135	5	873	1	1-F_OR_APF-67.5	3	
Bailey Warr_2	37	F_SCR_AAPF	69.9	75	0.8773	214.9485	-231.483	231.483	0	231.483	121.253	132.276	137.7875	0	137.7875	369.2705	292.1095	314.1555	325.1785	0	325.1785	694.449	276.3495	0	1	1-F_SCR_AAPF-75	3	
Gabriel Jackson	23	M_JCR_AAPF	170.8	SHW	0.508645	611.7765	650.357	672.403	0	672.403	369.2705	380.2935	-391.317	0	380.2935	1052.697	584.219	611.7765	-628.311	0	611.7765	1664.473	75	0	1	1-M_JCR_AAPF-SHW	3	
Bryan Wilburn	20	M_JR_AAPF	134.4	140	0.53605	369.2705	380.2935	-402.34	0	380.2935	225.9715	248.0175	-253.529	0	248.0175	628.311	446.4315	479.5005	-501.547	0	479.5005	5	25	0	1	1-M_JR_AAPF-140	3	
Dave Githutu	20	M_JR_SO_AAPF	55.7	56	0.8976	198.414	220.46	-259.041	0	220.46	132.276	143.299	170.8565	0	170.8565	391.3165	209.437	220.46	253.529	0	253.529	644.8455	262.548	0	1	1-M_JR_SO_AAPF-56	3	
Aaron Kaminer	22	M_JR_SO_AAPF	90.9	100	0.61045	231.483	275.575	292.1095	0	292.1095	137.7875	148.8105	165.345	0	165.345	457.4545	242.506	264.552	286.598	0	286.598	744.0525	75	0	1	1-M_JR_SO_AAPF-100	3	
Chris Jenkins_2	41	M_MCR_1_APF	152	SHW	0.5216	705.472	755.0755	-782.633	0	755.0755	385.805	418.874	-435.409	0	418.874	1173.95	600.7535	661.38	677.9145	0	677.9145	1851.864	438.144	4				

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Name	Age	Div	BWt (Kg)	WtCIs (Kg)	Glossbrenner	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Coeff Score	Age & Coeff	PI code	PI-Div-WtCI	Tm Pts	Team
Joseph Dickson	56	M_MR_4_APF	108.5	110	0.5647	336.2015	352.736	363.759	0	363.759	93.1755	73	1	1-M_MR_4_APF-110	3	
Pete Marston	76	M_MR_8_AAPF	99.9	100	0.5828	176.368	187.391	-198.414	0	187.391	49.538	8	1	1-M_MR_8_AAPF-100	3	
Christopher Adams	28	M_OR_AAPF	73.3	75	0.70045	253.529	292.1095	308.644	0	308.644	98.063	0	1	1-M_OR_AAPF-75	3	
Yeshua Perez	39	M_OR_AAPF	147.2	SHW	0.52525	-225.972	275.575	-303.133	0	275.575	65.65625	0	1	1-M_OR_AAPF-SHW	3	

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Name	Age	Div	BWt (Kg)	WtCIs (Kg)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Coeff Score	Age & Coeff	PI code	PI-Div-WtCI	Tm Pts	Team
Karl Tillman	60	M_MEM_5_APF	122.2	125	0.54865	277.5	307.5	320		320	175.568	2	1	1-M_MEM_5_APF-125	3	
Christopher Adams_2	28	M_OR_AAPF	73.3	75	0.70045	142.5	170	182.5		182.5	25	0	1	1-M_OR_AAPF-75	3	

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Name	Age	Div	BWt (Kg)	WtCIs (Kg)	Glossbrenner	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Coeff Score	Age & Coeff	PI code	PI-Div-WtCI	Tm Pts	Team
Karl Tillman	60	M_MEM_5_APF	122.2	125	0.54865	611.7765	677.9145	705.472	0	705.472	175.568	2	1	1-M_MEM_5_APF-125	3	
Christopher Adams_2	28	M_OR_AAPF	73.3	75	0.70045	314.1555	374.782	402.3395	0	402.3395	25	0	1	1-M_OR_AAPF-75	3	

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Name	Age	Div	BWt (Kg)	WtCIs (Kg)	Glossbrenner	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Push Pull Total	Coeff Score	Age & Coeff	PI code	PI-Div-WtCI	Tm Pts	Team
Harper Hancuff	21	F_JR_SO_AAPF	72.3	75	0.85715	27.5	30	-35		30	70	75	80		80	110	94.2865	0	1	1-F_JR_SO_AAPF-75	3	
Flynn Jackson	20	M_JR_AAPF	87	90	0.62385	92.5	102.5	105		105	125	145	150		150	255	5	0	1	1-M_JR_AAPF-90	3	
Joshua Roberts	21	M_JR_SO_AAPF	82.3	82.5	0.6456	60	-72.5	-72.5		60	105	125	132.5		132.5	192.5	124.278	0	1	1-M_JR_SO_AAPF-82.5	3	

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Name	Age	Div	BWt (Kg)	WtCIs (Kg)	Glossbrenner	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Push Pull Total	Coeff Score	Age & Coeff	PI code	PI-Div-WtCI	Tm Pts	Team
Harper Hancuff	21	F_JR_SO_AAPF	72.3	75	0.85715	60.6265	66.138	-77.161	0	66.138	154.322	165.345	176.368	0	176.368	242.506	94.2865	0	1	1-F_JR_SO_AAPF-75	3	
Flynn Jackson	20	M_JR_AAPF	87	90	0.62385	203.9255	225.9715	231.483	0	231.483	275.575	319.667	330.69	0	330.69	562.173	5	0	1	1-M_JR_AAPF-90	3	
Joshua Roberts	21	M_JR_SO_AAPF	82.3	82.5	0.6456	132.276	-159.834	-159.834	0	132.276	231.483	275.575	292.1095	0	292.1095	424.3855	124.278	0	1	1-M_JR_SO_AAPF-82.5	3	