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Federa	Date	MeetCountry	MeetStat	MeetTov	MeetName	Formula	RuleSet																		
AWPC	'2023-12-09	South Korea	Incheon	Incheon	2023 WPC/AWPC Korea Winter Powerlifting Championships	Glossbreni	CombineRawAndWraps	CombineSingleAndMulti																	
Place	Name	Sex	Age	Country	State	Equipmt	Division	BodywtKg	WtClsKg	Squat1Kg	Squat2Kg	Squat3Kg	Best3Squa	Bench1Kg	Bench2Kg	Bench3Kg	Best3Benc	Deadlift1K	Deadlift2K	Deadlift3K	Best3Deac	TotalKg	Points	Event	Team
	1 Chon min kyong	F	40	South Korea	Incheon	Raw	Masters	62.8	67.5	90	95	100	100	40	45	-50	45	100	110	120	120	265	251.92	SBD	DOMO STRENGTH
NS	Kimminju	F	25	South Korea	Incheon	Wraps	Open																	SBD	About
NS	Lee Song	F	31	South Korea	Incheon	Raw	Open																	SBD	Strength museum
	1 jieunhan	F	34	South Korea	Incheon	Raw	Open	47.9	48	85	90	95	95	47.5	50	52.5	52.5	115	120	-127.5	120	267.5	315.87	SBD	rhinostrongth
DQ	Jung ye eun	F	30	South Korea	Incheon	Raw	Open	43.9	48	-60	-60	-60		-40	40	-42.5	40	95	97.5	-100	97.5			SBD	White Gym
	1 eunchea SONG	F	28	South Korea	Incheon	Wraps	Open	50.1	52	85	95	105	105	-45	-45	45	45	100	115	120	120	270	307.49	SBD	
	2 Hyunjin Kim	F	26	South Korea	Incheon	Wraps	Open	51.5	52	95	-100	100	100	-45	-45	45	45	105	-115	-115	105	250	278.43	SBD	SNU JUDO
	3 Yeongrok Jeong	F	27	South Korea	Incheon	Raw	Open	52	52	90	92.5	95	95	40	45	-50	45	100	105	-110	105	245	270.73	SBD	QURATORS THE GYM
	4 Ko Kyeol	F	31	South Korea	Incheon	Wraps	Open	51.5	52	-85	85	95	95	37.5	40	-45	40	100	-110	-110	100	235	261.72	SBD	Jamaica fitness
	5 Inkyung Cho	F	34	South Korea	Incheon	Raw	Open	48.6	52	60	-65	65	65	-35	35	-40	35	82.5	-87.5	-87.5	82.5	182.5	213	SBD	Moon's jewel box
DQ	Sooim Lee	F	35	South Korea	Incheon	Raw	Open	51.2	52	60	-67.5	67.5	67.5	-30	-35	-35		75	82.5	90	90			SBD	Moon's jewel box
	1 Jeon MinKyung	F	31	South Korea	Incheon	Raw	Open	55.4	56	107.5	112.5	-117.5	112.5	-60	60	65	65	115	122.5	130	130	307.5	322.82	SBD	
	2 Ha joo ri	F	27	South Korea	Incheon	Raw	Open	54.8	56	-90	97.5	102.5	102.5	45	50	52.5	52.5	115	120	127.5	127.5	282.5	299.19	SBD	EZ Powerlifting
	3 Seunghee Lee	F	28	South Korea	Incheon	Raw	Open	54	56	90	-97.5	100	100	45	47.5	-50	47.5	-97.5	105	-110	105	252.5	270.62	SBD	EZ Powerlifting
	4 Jungdahye	F	31	South Korea	Incheon	Raw	Open	56	56	72.5	80	-85	80	45	50	-55	50	97.5	102.5	-110	102.5	232.5	241.98	SBD	
	5 Joonsun Shin	F	34	South Korea	Incheon	Raw	Open	56	56	67.5	75	80	80	30	35	-40	35	95	102.5	110	110	225	234.17	SBD	Moon's jewel box
DQ	Jiwon Hwang	F	25	South Korea	Incheon	Raw	Open	53.8	56					57.5	60	-62.5	60							SBD	FirstMind
	1 HyeJin Kim	F	25	South Korea	Incheon	Raw	Open	56.2	60	125	132.5	-137.5	132.5	-62.5	62.5	-65	62.5	130	135	142.5	142.5	337.5	350.25	SBD	
	2 Seuli Ku	F	34	South Korea	Incheon	Raw	Open	59.3	60	112.5	120	125	125	62.5	-67.5	67.5	67.5	117.5	122.5	130	130	322.5	320.64	SBD	EZ Powerlifting
	3 Kim Kyung jin	F	40	South Korea	Incheon	Wraps	Open	58.2	60	-110	120	125	125	60	-65	-65	60	125	130	135	135	320	322.92	SBD	
	4 Oh Eunji	F	31	South Korea	Incheon	Raw	Open	59	60	105	-112.5	115	115	55	60	62.5	62.5	130	137.5	142.5	142.5	320	319.43	SBD	EZ Powerlifting
	5 Jiyun Oh	F	24	South Korea	Incheon	Raw	Open	56.4	60	95	97.5		97.5	-52.5	52.5	-57.5	52.5	102.5	110	115	115	265	274.23	SBD	Team Ant
	6 Sebeen Geum	F	26	South Korea	Incheon	Raw	Open	59.7	60	100	-105	-105	100	40	-42.5	-42.5	40	100	105	-110	105	245	242.3	SBD	Crossfit Pangyo. ave
	7 Nahyun Kim	F	28	South Korea	Incheon	Raw	Open	57.9	60	75	-80	-80	75	-40	45	47.5	47.5	100	105	110	110	232.5	235.59	SBD	STADION
	8 LEE YONGKYUNG	F	32	South Korea	Incheon	Raw	Open	59.9	60	-70	75	-80	75	-45	-45	45	45	90	100	105	105	225	221.93	SBD	
	1 kimhyunji	F	29	South Korea	Incheon	Raw	Open	66.5	67.5	115	120	125	125	-72.5	72.5	75	75	140	145	152.5	152.5	352.5	320.89	SBD	FM Gym
	2 Jungyun Choi	F	23	South Korea	Incheon	Raw	Open	64.9	67.5	107.5	112.5	117.5	117.5	57.5	65	-67.5	65	105	110	-115	110	292.5	271.17	SBD	POSTECH
	3 JIHYUN LEE	F	35	South Korea	Incheon	Raw	Open	64.5	67.5	-80	85	90	90	35	40	-45	40	110	115	120	120	250	232.86	SBD	
	1 Hwajung Son	F	31	South Korea	Incheon	Raw	Open	74.3	75	115	122.5	-125	122.5	52.5	57.5	-60	57.5	130	140	-145	140	320	269.27	SBD	EZ Powerlifting & sstgym
	1 YOUNGEUN LEE	F	35	South Korea	Incheon	Raw	Open	79.8	82.5	-95	95	100	100	40	45	50	50	90	105	110	110	260	208.96	SBD	Momgagym Guui
	1 Haeun Jang	M	15	South Korea	Incheon	Raw	Junior	74.65	75	125	-132.5	137.5	137.5	90	97.5	102.5	102.5	170	185	200	200	440	303.99	SBD	
	2 Choyounsinn	M	17	South Korea	Incheon	Raw	Junior	74.55	75	127.5	132.5	-142.5	132.5	72.5	80	82.5	82.5	150	165	172.5	172.5	387.5	267.99	SBD	Momgagym
	1 Hong seongdo	M	18	South Korea	Incheon	Wraps	Junior	80	82.5	120	130	137.5	137.5	60	70	75	75	120	130	140	140	352.5	231.87	SBD	Bumyoung High School
DQ	byun heejae	M	17	South Korea	Incheon	Raw	Junior	81.75	82.5	-175	180	-187.5	180	-100	-100	-100		180	190	-200	190			SBD	
	1 hajinsoo	M	18	South Korea	Incheon	Wraps	Junior	88.65	90	207.5	-220		207.5	90	95	-102.5	95	160	165	170	170	472.5	291.55	SBD	KASA
	1 Seungmin Chun	M	18	South Korea	Incheon	Raw	Junior	102.65	110	177.5	190	202.5	202.5	87.5	95	102.5	102.5	205	220	235	235	540	310.65	SBD	Prime Strength
NS	LEE BYOUNG JU	M	43	South Korea	Incheon	Wraps	Masters																	SBD	STADION
	1 lim cheol hee	M	46	South Korea	Incheon	Raw	Masters	81.75	82.5	130	-140	145	145	80	87.5	-92.5	87.5	170	180	187.5	187.5	420	272.33	SBD	
	1 Youngkuk Kwon	M	42	South Korea	Incheon	Wraps	Masters	89.35	90	170	-175	185	185	110	120	-127.5	120	200	212.5	222.5	222.5	527.5	324.05	SBD	
	1 kim hyun	M	43	South Korea	Incheon	Raw	Masters	95	100	185	195	200	200	95	100	105	105	200	210	220	220	525	312.31	SBD	EZ Powerlifting
	2 Kim Ji Woon	M	40	South Korea	Incheon	Raw	Masters	93.55	100	170	180	190	190	100	110	-115	110	-190	-200	205	205	505	302.72	SBD	DOMO Strength/ Honest Lifters
NS	Kwon kyoung oh	M	40	South Korea	Incheon	Raw	Open																	SBD	Dr. Strength
NS	KyungTae Kim	M	35	South Korea	Incheon	Raw	Open																	SBD	
NS	Kim woo young	M	23	South Korea	Incheon	Raw	Open																	SBD	
NS	Jihun kim	M	36	South Korea	Incheon	Raw	Open																	SBD	Atlas
NS	Jin soo Kim	M	32	South Korea	Incheon	Raw	Open																	SBD	EZ Powerlifting
NS	PARK JAE HAN	M	34	South Korea	Incheon	Wraps	Open																	SBD	
NS	BaeHyoGeun	M	24	South Korea	Incheon	Raw	Open																	SBD	
NS	SHIN HWAYOON	M	36	South Korea	Incheon	Raw	Open																	SBD	Total Strength
NS	Hyeongtack Shim	M	32	South Korea	Incheon	Raw	Open																	SBD	
NS	Seokin Oh	M	30	South Korea	Incheon	Raw	Open																	SBD	
NS	Ganghee lee	M	25	South Korea	Incheon	Raw	Open																	SBD	Honest Lifters
NS	Lee deok hwan	M	32	South Korea	Incheon	Wraps	Open																	SBD	Dukgym
NS	HANKYUL LEE	M	29	South Korea	Incheon	Wraps	Open																	SBD	
NS	wooyoung choi	M	30	South Korea	Incheon	Raw	Open																	SBD	CrossFit Marvel
NS	Wonhee Han	M	33	South Korea	Incheon	Wraps	Open																	SBD	Momgagym/Sweker
	1 Lee Byong Joo	M	27	South Korea	Incheon	Wraps	Open	59	60	160	-167.5	175	175	97.5	100	-102.5	100	160	165	-172.5	165	440	372.52	SBD	Duck Gym
	2 NAM GYEONGHO	M	20																						

Place	Name	Sex	Age	Country	State	Equipmt	Division	BodywtKg	WtClsKg	Squat1Kg	Squat2Kg	Squat3Kg	Best3Squa	Bench1Kg	Bench2Kg	Bench3Kg	Best3Benc	Deadlift1K	Deadlift2K	Deadlift3K	Best3Deac	TotalKg	Points	Event	Team
	1 Lee Hyo sang	M	27	South Korea	Incheon	Raw	Open	66.2	67.5	180	182.5	-190	182.5	125	130	135	135	182.5	192.5	-197.5	192.5	510	388.1	SBD	Muscle Top Fitness
	2 JINUK JEONG	M	27	South Korea	Incheon	Wraps	Open	66.9	67.5	175	180	185	185	-120	120	125	125	200	-205	-205	200	510	384.6	SBD	
	3 Seo Hyeongin	M	26	South Korea	Incheon	Raw	Open	66.9	67.5	170	180	-192.5	180	-105	-110	110	110	205	215	-222.5	215	505	380.83	SBD	
	4 Kang bon hyang	M	28	South Korea	Incheon	Wraps	Open	66.85	67.5	162.5	170	175	175	-102.5	102.5	-107.5	102.5	195	-202.5	-202.5	195	472.5	356.55	SBD	sstgym
	5 jongwon Yun	M	33	South Korea	Incheon	Wraps	Open	62.8	67.5	130	137.5	-142.5	137.5	100	-105	-105	100	150	155	160	160	397.5	317.09	SBD	Ace Fit
	6 Kim Min Ha	M	38	South Korea	Incheon	Raw	Open	65.35	67.5	125	135	145	145	72.5	80	-85	80	147.5	155	167.5	167.5	392.5	302.07	SBD	EZ Powerlifting
DQ	LEE Jonggeon	M	27	South Korea	Incheon	Raw	Open	66.25	67.5	170	175	-180	175	-105	-105	-105		200	210	-215	210			SBD	Shining GYM
	1 Lim JungHoon	M	36	South Korea	Incheon	Wraps	Open	74.2	75	195	205	-212.5	205	122.5	127.5	130	130	230	-240	240	240	575	399.06	SBD	sstgym
	2 KANG JIN SEUK	M	26	South Korea	Incheon	Raw	Open	73.7	75	192.5	200	-205	200	122.5	127.5	-135	127.5	205	-212.5	-215	205	532.5	371.45	SBD	SINABRO
	3 LIM JAWON	M	23	South Korea	Incheon	Wraps	Open	73.95	75	-190	190	200	200	105	-110		105	210	220	-230	220	525	365.29	SBD	SNU JUDO
	4 Jeon sung min	M	28	South Korea	Incheon	Raw	Open	72.9	75	175	182.5	187.5	187.5	122.5	125	127.5	127.5	195	200	-210	200	515	362.24	SBD	Muscle Top Fitness
	5 Wang Seunghyeon	M	24	South Korea	Incheon	Raw	Open	73.15	75	180	185	190	190	120	125	130	130	180	185	-195	185	505	354.28	SBD	Radio Kids
	6 Lee Soo ho	M	25	South Korea	Incheon	Raw	Open	71.15	75	-175	182.5	-192.5	182.5	-80	85	90	90	-195	195	202.5	202.5	475	340.5	SBD	kessoku band
	7 Youngmin Kwak	M	38	South Korea	Incheon	Wraps	Open	74.1	75	150	-165	170	170	110	-120	-120	110	185	195	-205	195	475	329.99	SBD	
	8 Kim soo hwan	M	26	South Korea	Incheon	Raw	Open	74.6	75	170	-180	-180	170	107.5	-115	-115	107.5	190	-202.5	-202.5	190	467.5	323.15	SBD	
	9 Jeong-jae-sik	M	26	South Korea	Incheon	Raw	Open	72.95	75	-160	160	-165	160	-110	-110	110	110	165	170	180	180	450	316.36	SBD	Muscle Top Fitness
	10 Park Ji Hoon	M	25	South Korea	Incheon	Raw	Open	70.95	75	150	162.5	-172.5	162.5	-85	87.5	-90	87.5	180	190	195	195	445	319.7	SBD	
	11 park se young	M	25	South Korea	Incheon	Wraps	Open	73	75	170	-180	-185	170	105	112.5	-120	112.5	160	-165	-165	160	442.5	310.92	SBD	
	12 kimsullin	M	23	South Korea	Incheon	Raw	Open	72.2	75	-150	150	-152.5	150	-95	-95	95	95	150	-160	160	160	405	287	SBD	
DQ	zhou kangjia	M	23	South Korea	Incheon	Raw	Open	71.05	75	-135	145	-150	145	-105	-105	-105		180	-190	-190	180			SBD	
DQ	HyoungJoo Park	M	33	South Korea	Incheon	Raw	Open	72.1	75	-210	-210	-210		-110	-110	-110		-220	-220	-220				SBD	
	1 GE SANG	M	29	South Korea	Incheon	Raw	Open	81.65	82.5	-190	190	195	195	160	-170	-170	160	260	270	-275	270	625	405.58	SBD	
	2 Shin Hwa Jin	M	35	South Korea	Incheon	Raw	Open	81.55	82.5	220	-225	230	230	130	-132.5	-132.5	130	230	-240	240	240	600	389.67	SBD	Muscle Top Fitness
	3 Kim GiTae	M	26	South Korea	Incheon	Raw	Open	81.6	82.5	-195	200	210	210	137.5	145	-150	145	220	-230	-235	220	575	373.29	SBD	
	4 Joe Jeung Bin	M	33	South Korea	Incheon	Raw	Open	82.1	82.5	197.5	-205	212.5	212.5	125	-132.5	-132.5	125	220	-230	-230	220	557.5	360.49	SBD	EZ Powerlifting
	5 Baek seokjin	M	21	South Korea	Incheon	Raw	Open	81.2	82.5	-155	160	165	165	100	107.5	112.5	112.5	170	182.5	187.5	187.5	465	302.85	SBD	JYW KICKBOXING
	6 Kyudong Kim	M	36	South Korea	Incheon	Raw	Open	82.35	82.5	155	162.5	170	170	-100	105	110	110	185	-192.5	-195	185	465	300.08	SBD	KINGS
	7 JIA XUEKUN	M	24	South Korea	Incheon	Raw	Open	79.3	82.5	140	145	150	150	105	-110	110	110	180	200	-210	200	460	304.4	SBD	
	8 Ha Byeonghyeop	M	27	South Korea	Incheon	Raw	Open	80.6	82.5	-155	155	-165	155	115	117.5	-120	117.5	175	-180	-180	175	447.5	292.89	SBD	
DQ	Cheolmin kim	M	26	South Korea	Incheon	Raw	Open	80.75	82.5	190	195	200	200	-130	-135	-135		210	220	-230	220			SBD	
DQ	Lee hyunki	M	22	South Korea	Incheon	Raw	Open	81.85	82.5	-192.5	-200	-200		110	115	-120	115	205	215	220	220			SBD	SINABRO
	1 JISOO LEE	M	25	South Korea	Incheon	Raw	Open	87.95	90	247.5	260	270	270	147.5	152.5	160	160	265	277.5	290	290	720	446.29	SBD	Team Ant
	2 Kim Eonjun	M	29	South Korea	Incheon	Wraps	Open	89.6	90	225	232.5	240	240	152.5	160	165	165	250	-260	260	260	665	407.88	SBD	TEAM SUTSAJA
	3 KIM HYEONGYONG	M	36	South Korea	Incheon	Raw	Open	87.65	90	210	230	235	235	140	150	155	155	200	210	220	220	610	378.86	SBD	
	4 Choi Jeongheon	M	31	South Korea	Incheon	Raw	Open	88.3	90	200	212.5	220	220	110	115	-120	115	235	252.5	-265	252.5	587.5	363.33	SBD	
	5 Park Gun Tae	M	32	South Korea	Incheon	Raw	Open	89.55	90	190	195	200	200	-125	125	130	130	-230	230	242.5	242.5	572.5	351.25	SBD	
	6 LEE HYUNGSEOK	M	31	South Korea	Incheon	Raw	Open	87.5	90	202.5	215	-220	215	117.5	122.5	127.5	127.5	202.5	205	-207.5	205	547.5	340.38	SBD	STADION
	7 SEUNGWAN KIM	M	26	South Korea	Incheon	Raw	Open	84.6	90	192.5	197.5	210	210	105	112.5	120	120	197.5	205	-207.5	205	535	339.42	SBD	CPL
	8 Chanyeong Yu	M	28	South Korea	Incheon	Raw	Open	87.35	90	200	210		210	60			60	210	230	240	240	510	317.39	SBD	RPT GYM
	9 Kang Han Bin	M	32	South Korea	Incheon	Raw	Open	88.4	90	190	195	200	200	90	100	105	105	190	195	200	200	505	312.11	SBD	
	10 Hyoungseok Goh	M	31	South Korea	Incheon	Raw	Open	85.35	90	165	-177.5	180	180	90	95	100	100	170	175	177.5	177.5	457.5	288.68	SBD	CrossFit Pangyo AVE
	11 KIM JONGJIN	M	28	South Korea	Incheon	Raw	Open	88.15	90	152.5	162.5	-172.5	162.5	-90	90	-100	90	190	200	-210	200	452.5	280.12	SBD	
DQ	KimDongYoung	M	28	South Korea	Incheon	Raw	Open	87.6	90					100	120	125	125							SBD	Muscle Top Fitness
DQ	Jin hyeok han	M	27	South Korea	Incheon	Raw	Open	88.1	90	-190	190	-200	190	-120	-125	-125		200	210		210			SBD	
DQ	Francis Nicks	M	28	South Korea	Incheon	Wraps	Open	89.1	90	277.5	-290	-290	277.5	-147.5	-157.5	-157.5		252.5	262.5	272.5	272.5			SBD	Honest Lifters
	1 Jong-Hyun Hwang	M	29	South Korea	Incheon	Raw	Open	99.3	100	255	270	280	280	152.5	160	165	165	300	315	-322.5	315	760	443.07	SBD	Unlimited Strength
	2 Jaeyoung Lee	M	32	South Korea	Incheon	Raw	Open	98.05	100	230	240	245	245	150	155	157.5	157.5	260	270	-275	270	672.5	394.23	SBD	Atlas
	3 HANTAEHEE	M	20	South Korea	Incheon	Raw	Open	99.5	100	-210	215	-220	215	130	-135	-135	130	220	-230	-230	220	565	329.11	SBD	Joongbu University
	4 MYUNGKYU LEE	M	32	South Korea	Incheon	Raw	Open	97.35	100	197.5	210		210	-132.5	132.5	140	140	205	-220	-220	205	555	326.39	SBD	
	5 Jisung Im	M	35	South Korea	Incheon	Raw	Open	97.3	100	150	162.5	170	170	115	120	127.5	127.5	160	170	180	180	477.5	280.88	SBD	EZ Powerlifting
DQ	Heo Jaehyuk	M	35	South Korea	Incheon	Wraps	Open	99.5	100	167.5	172.5	177.5	177.5	-110	-110	-110		190	200	210	210			SBD	Crosslifting
	1 Leon	M	29	South Korea	Incheon	Raw	Open	108.5	110	250	260	265	265	170	-175	175	175	260	-270	-270	260	700	395.27	SBD	Hanmaeum Athletic Club
	2 Park Jeonghyo	M	30	South Korea	Incheon	Raw	Open	109.25	110	240	-250	255	255												