

wpc bp 1-ply eq

FINAL PROTOCOL

Kubok Mira

3 December - 3 December 2023 y.

c.Vnukovo

WPC Benchpress 1-ply equipment

Man

Weight 82,5

№	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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Open

1	1	Kokorev Ilya	Russia	19.01.19 73/50	80,50	95		210	220	-	-	220	+MSMK	220	11	144,111		Self
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Weight 100

№	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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Open

1	1	Arkipov Sergey	Russia	21.02.19 86/37	98,90	428		185	192,5	192,5	-	185	+I	185	12	108,049		KorzHAVIN S.A.
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Weight 125

№	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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Open

1	1	Grigorev Denis	Russia	07.08.19 82/41	114,40	75		220	-	-	-	220	+KMS	220	12	122,518		Chudinov A.N
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absolute winners (Open Submasters Sabveteran, WPC Benchpress 1-ply equipment, M)

Name	Pts	Body weight
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FINAL PROTOCOL
Kubok Mira

3 December - 3 December 2023 y.

c.Vnukovo

AWPC Deadlift RAW

Woman

Weight 75

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	placd abs	Coach
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Masters

1	1	Putilova Elena	Russia	29.11.19 65/58	75,00	112		85	90	95	-	95	+III	95	JI	102,543		Self
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absolute winners (Masters Masters Masters Masters Masters Masters Veteransi Veteransi Veteransi Veteransi Veteransi Veteransi Veteransi Veteransi Masters Masters Veteransi Veteransi Veteransi Veteransi Veteransi, AWPC Deadlift

Name	Pts	Body weight
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Man

Weight 60

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	placd abs	Coach
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Teenagers

1	1	Labutin Ivan	Russia	09.06.20 09/14	58,00	72		65	75	80	-	80	+II yun.	80	JI	68,896		Novichkov Yu.I.
2		Ionov Musa	Russia	19.04.20 08/15	58,80	262		-	-	-	-				JI			Self

Weight 67,5

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	placd abs	Coach
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Open

1		Alekhnovich Anton	Russia	07.02.19 97/26	65,20	360		-	-	-	-							Belkin A.A.
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Weight 75

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	placd abs	Coach
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Open

1	1	Rasamuelina Andrian	Madagascar	17.12.19 96/26	73,70	294		190	210	225	-	225	+MS	225	JI	156,948	3	Self
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Weight 82,5

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	placd abs	Coach
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Open

1	1	Dolnikov Sergey	Russia	05.05.19 86/37	81,60	234		250	270	278,5	-	270	+MSMK	270	12	175,297	1	Self
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Weight 90

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	placd abs	Coach
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Open

1	1	Bengardt Anton	Russia	15.01.19 90/33	88,40	172		240	255	257,5	-	255	+MSMK	255	12	157,615	2	Self
2	2	Goncharenko Sergey	Russia	10.10.19 85/38	88,40	405		200	220	230	-	230	+MS	230	JI	142,163	5	Self
3	3	Nagaevskiy David	Russia	28.05.19 99/24	87,80	67		195	210	225	-	225	+MS	225	8	139,612	6	Barukov Igor Nikolaevich

Weight 100

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	placd abs	Coach
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Masters

1	1	Batalov Nikolay	Russia	06.09.19 53/70	96,00	961		162,5	172,5	180	-	180	+I	180	12	175,276		Guzev P.V.
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Open

1	1	Filimonov Aleksey	Russia	12.09.19 87/36	98,00	457		240	250	255	-	250	+MS	250	JI	146,587	4	Self
2	2	Kuzminikh Denis	Russia	30.01.19 84/39	98,00	877		220	230	235	-	235	+MS	235	JI	137,792	7	Self
3	3	Sitnikov Anton	Russia	08.04.19 85/38	97,50	870		190	200	210	-	210	+KMS	210	8	123,427	8	Smirnov Dmitriy Igorevich
4	4	Gorbunov Denis	Russia	17.03.19 92/31	94,70	791		180	190	202,5	-	202,5	+KMS	202,5	JI	120,659	9	Pigrov S.

Weight 110

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	placd abs	Coach
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Open

1	1	Inshakov Nikolay	Russia	27.12.19 87/35	107,50	126		200	207,5	215	-	207,5	+KMS	207,5	12	117,507	10	Zalutskiy R.
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absolute winners (Teenagers Yunoshi Yunoshi Teenagers Teenagers Yunoshi Yunoshi, AWPC Deadlift RAW, M)

Name	Pts	Body weight
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absolute winners (Open Submasters Sabveteran, AWPC Deadlift RAW, M)

Name	Pts	Body weight
1 Dolnikov Sergey	175,2975	81,6
2 Bengardt Anton	157,6155	88,4
3 Rasamuelina Andrian	156,94875	73,7
4 Filimonov Aleksey	146,5875	98
5 Goncharenko Sergey	142,163	88,4
6 Nagaevskiy David	139,6125	87,8
7 Kuzminikh Denis	137,79225	98
8 Sitnikov Anton	123,4275	97,5
9 Gorbunov Denis	120,659625	94,7
10 Inshakov Nikolay	117,50725	107,5

FINAL PROTOCOL
Kubok Mira

3 December - 3 December 2023 y.

c.Vnukovo

AWPC Powerlifting RAW

Woman

Weight 67,5

No	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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Open

1	1	Marochkanich Karina	Russia	28.07.19 94/29	67,50	161		55	62,5	65	-	65	32,5	32,5	42,5	-	42,5	70	80	90	-	90	+I yun.	197,5	12	177,740125		Smirnov Dmitriy Igorovich
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absolute winners (Open Submasters Sabveteran, AWPC Powerlifting RAW, Ж)

Name	Pts	Body weight
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Man

Weight 60

No	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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Teenagers

1	1	Alekhnovich Artem	Russia	25.07.20 06/17	59,20	305		110	115	122,5	-	122,5	60	65	70	-	65	120	130	137,5	-	130	+II	317,5	12	267,922375		Belkin A.A.
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Weight 67,5

No	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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Open

1	1	Alekhnovich Anton	Russia	07.02.19 97/26	65,20	635		100	110	112,5	-	112,5	67,5	70	70	-	67,5	125	135	142,5	-	142,5	+III	322,5	12	248,712		Belkin A.A.
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Weight 100

No	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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Open

1	1	Pantyushin Aleksey	Russia	22.10.19 85/38	94,90	736		130	135	140	-	140	115	117,5	120	-	120	150	160	170	-	170	+III	430	11	255,936		Self
2	2	Alekseev Denis	Russia	05.03.19 86/37	90,90	119		130	137,5	142,5	-	142,5	95	102,5	110	-	102,5	160	170	182,5	-	182,5	+III	427,5	9	260,155125		Smirnov Dmitriy Igorovich

absolute winners (Teenagers Teenagers Yunoshi Yunoshi Teenagers Yunoshi Yunoshi, AWPC Powerlifting RAW, M)

Name	Pts	Body weight
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absolute winners (Open Submasters Sabveteran, AWPC Powerlifting RAW, M)

Name	Pts	Body weight
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FINAL PROTOCOL
Kubok Mira

3 December - 3 December 2023 y.

c.Vnukovo

AWPC Powerlifting 1-ply equipment

Man**Weight 125**

No	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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Open

1	1	Omrani Khameneh	Iran	08.12.19 85/37	116,30	901		320	320	340	-	320	180	190	-	-	190	240	260	275	-	260	+MS	770	JI	427,1575		Self
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absolute winners (Open Submasters Sabveteran, AWPC Powerlifting 1-ply equipment, M)

Name	Pts	Body weight
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FINAL PROTOCOL
Kubok Mira

3 December - 3 December 2023 y.

c.Vnukovo

WPC Powerlifting RAW

Woman

Weight 52

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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Teenagers

1	1	Basina Sofiya	Russia	05.07.20 08/15	49,20	53		30	32,5	37,5	-	32,5	25	30	30	-	25	50	60	67,5	-	60		117,5	12	135,924		Kondratinskiy S.V.
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Weight 67,5

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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Teenagers

1	1	Kotova Diana	Russia	15.06.20 10/13	64,40	868		30	35	40	-	40	25	30	30	-	25	50	60	67,5	-	60		125	12	116,68125		Kondratinskiy S.V.
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absolute winners (Teenagers Yunoshi Yunoshi Teenagers Teenagers Yunoshi Yunoshi, WPC Powerlifting RAW, Ж)

	Name	Pts	Body weight
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Man

Weight 67,5

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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Teenagers

1	1	Podgorniy Daniil	Russia	18.06.20 08/15	65,20	290		100	110	120	-	120	60	80	90	-	90	120	140	150	-	150	+III	360	12	277,632	1	Kondratinskiy S.V.
2	2	Tsvetkov Yaroslav	Russia	30.04.20 08/15	61,70	937		70	82,5	90	-	90	50	65	70	-	65	100	120	135	-	135	+I yun.	290	9	235,1755	2	Kondratinskiy S.V.
3	3	Tikhonov Danila	Russia	20.08.20 08/15	67,10	115		50	60	75	-	60	40	40	50	-	40	70	70	100	-	100		200	8	150,44	5	Kondratinskiy S.V.
4	4	Martinov Maksim	Russia	28.04.20 08/15	60,70	763		40	40	40	-	40	30	40	45	-	45	60	70	82,5	-	82,5		167,5	7	137,953	6	Kondratinskiy S.V.

Weight 82,5

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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Teenagers

1	1	Kondratinskiy Kirill	Russia	04.03.20 08/15	78,20	777		100	110	120	-	110	60	75	90	-	75	120	140	150	-	150	+I yun.	335	12	223,83025	3	Kondratinskiy S.V.
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Weight 100

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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Teenagers

1	1	Veselkov Mikhail	Russia	08.05.20 08/15	96,00	249		90	110	110	-	110	60	70	80	-	70	120	130	140	-	140	+II yun.	320	12	189,424	4	Kondratinskiy S.V.
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absolute winners (Teenagers Yunoshi Yunoshi Teenagers Teenagers Yunoshi Yunoshi, WPC Powerlifting RAW, M)

	Name	Pts	Body weight
1	Podgorniy Daniil	277,632	65,2
2	Tsvetkov Yaroslav	235,1755	61,7
3	Kondratinskiy Kirill	223,83025	78,2
4	Veselkov Mikhail	189,424	96
5	Tikhonov Danila	150,44	67,1
6	Martinov Maksim	137,953	60,7

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Kubok Mira

3 December - 3 December 2023 y.

c.Vnukovo

AWPC Powerlifting multy-ply equipment

Man**Weight 67,5**

No	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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Teenagers

1	-	Tombulov Anatoliy	Russia	24.12.20 05/17	65,70	543		165	165	165	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	Kochevatkin D.V.
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Weight 82,5

No	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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Teenagers

1	-	Zekonov Zakhar	Russia	07.05.20 07/16	81,20	979		195	195	195	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	Kochevatkin D.V.
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absolute winners (Teenagers Teenagers Yunoshi Yunoshi Teenagers Yunoshi Yunoshi, AWPC Powerlifting multy-ply equipment, M)

Name	Pts	Body weight
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FINAL PROTOCOL
Kubok Mira

3 December - 3 December 2023 y.

c.Vnukovo

AWPC Powerlifting classic RAW

Woman

Weight 75

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	placd abs	Coach
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Masters

1	-	Pigrova Tatyana	Russia	19.09.19 70/53	70,30	175		70	75	80	-	80	47,5	50	50	-		-	-	-	-				JI			Pigrov S.
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Open

1	-	Pigrova Tatyana	Russia	19.09.19 70/53	70,30	925		70	75	80	-	80	47,5	50	50	-		-	-	-	-				JI			Pigrov S.
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absolute winners (Masters Masters Masters Masters Masters Masters Veterani Veterani Veterani Veterani Veterani Veterani Veterani Veterani Masters Masters Masters Veterani Veterani Veterani Veterani Veterani Veterani Veterani Veterani, AWPC Powerlifting classic RAW, Ж)

Name	Pts	Body weight
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absolute winners (Open Submasters Sabveteran, AWPC Powerlifting classic RAW, Ж)

Name	Pts	Body weight
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Man

Weight 60

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	placd abs	Coach
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Open

1	1	Li Singzhu	Russia	19.08.19 99/24	60,00	1		140	147,5	155	-	147,5	80	87,5	90	-	87,5	180	190	190	-	180	+KMS	415	JI	345,63275		Yun Kvansik
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Weight 82,5

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	placd abs	Coach
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Teenagers

1	1	Pukhov Ilya	Russia	04.04.20 07/16	82,30	313		180	190	200	-	200	130	135	135	-	130	215	225	232,5	-	225	+KMS	555	12	358,308		Goncharenko S.S.
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Weight 90

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	placd abs	Coach
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Juniors

1	1	Naddaf Zhorzh	Russia	06.06.20 01/22	88,30	65		170	180	185	-	185	130	140	145	-	140	200	220	-	-	200	+I	525	JI	324,68625		Lisenko V.V.
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Weight 100

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	placd abs	Coach
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Masters

1	1	Pigrov Sergey	Russia	03.06.19 78/45	97,20	537		190	200	205	-	200	155	160	160	-	155	190	200	205	-	205	+I	560	JI	347,71534		Self
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Open

1	1	Pigrov Sergey	Russia	03.06.19 78/45	97,20	551		190	200	205	-	200	155	160	160	-	155	190	200	205	-	205	+I	560	JI	329,588		Self
2	-	Khromchenko Mikhail	Russia	08.07.19 88/35	99,00	429		165	175	180	-	180	115	115	115	-		-	-	-	-				JI			Isanbaev Vadim

Weight 110

№	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	placd abs	Coach
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Open

1	1	Semin Dmitriy	Russia	27.12.19 88/34	109,70	82		150	160	170	-	160	110	120	127,5	-	127,5	160	170	200	-	200	+II	487,5	JI	274,41375		Smirnov Dmitriy Igorevich
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absolute winners (Open Submasters Sabveteran, AWPC Powerlifting classic RAW, M)

Name	Pts	Body weight
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absolute winners (Teenagers Teenagers Yunoshi Yunoshi Teenagers Yunoshi Yunoshi, AWPC Powerlifting classic RAW, M)

Name	Pts	Body weight
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absolute winners (Juniors, AWPC Powerlifting classic RAW, M)

Name	Pts	Body weight
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absolute winners (Masters Masters Masters Masters Masters Masters Veterani Veterani Veterani Veterani Veterani Veterani Veterani Masters Masters Masters Veterani Veterani Veterani Veterani Veterani Veterani Veterani Veterani, AWPC Powerlifting classic RAW, M)

Name	Pts	Body weight
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awpc dl 1-ply eq

FINAL PROTOCOL
Kubok Mira

3 December - 3 December 2023 y.

c.Vnukovo

AWPC Deadlift 1-ply equipment

Man**Weight 100**

№	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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Open

1	1	Sitnikov Anton	Russia	08.04.19 85/38	97,50	24		190	200	210	-	210	+KMS	210	12	123,427		Smirnov Dmitriy Igorovich
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Weight 125

№	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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Open

1	1	Omrani Khameneh	Iran	08.12.19 85/37	116,30	190		240	250	-	-	250	+KMS	250	JI	138,687		Self
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absolute winners (Open Sabmasters Sabveteran, AWPC Deadlift 1-ply equipment, M)

	Name	Pts	Body weight
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awpc bp 1-ply eq

FINAL PROTOCOL
Kubok Mira

3 December - 3 December 2023 y.

c.Vnukovo

AWPC Benchpress 1-ply equipment

Man**Weight 100**

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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Masters

1	-	Efimov Konstantin	Russia	03.12.19 79/44	95,10	837		-	-	-	-				Л			Grigorev Denis Pavlovich
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Open

1	1	Mirzaei Kamran	Iran	28.05.19 91/32	100,00	466		180	190	200	-	200	+MSK	200	Л	116,26		Self
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Weight 110

No	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	place abs	Coach
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Masters

1	1	Nazgaidze Viktor	Russia	19.09.19 81/42	107,40	693		220	225	235	-	235	+MSMK	235	12	135,778		Gorbachev D.B.
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absolute winners (Masters Masters Masters Masters Masters Masters Veterani Veterani Veterani Veterani Veterani Veterani Veterani Veterani Masters Masters Masters Masters Masters Veterani Veterani Veterani Veterani Veterani Veterani Veterani, AWPC

Name	Pts	Body weight
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absolute winners (Open Submasters Sabveteran, AWPC Benchpress 1-ply equipment, M)

Name	Pts	Body weight
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FINAL PROTOCOL
Kubok Mira

3 December - 3 December 2023 y.

c.Vnukovo

WPC Benchpress RAW

Woman

Weight 75

№	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	placed abs	Coach
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Masters

1	1	Krutova Vasilisa	Russia	21.12.1978/44	72,50	734		82,5	85	-	-	85	+KMS	85	12	75,8443		Self
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Masters

1	1	Limareva Elena	Russia	20.04.1966/57	74,60	725		110	117,5	125	-	117,5	+MSMK	117,5	JI	125,017		Self
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Open

1	1	Limareva Elena	Russia	20.04.1966/57	74,60	184		110	117,5	125	-	117,5	+MSMK	117,5	JI	98,5942		Self
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absolute winners (Masters Masters Masters Masters Masters Masters Veterani Veterani Veterani Veterani Veterani Veterani Veterani Veterani Veterani
Masters Masters Masters Masters Veterani Veterani Veterani Veterani Veterani Veterani Veterani, WPC Benchpress RAW, Ж)

№	Name	Pts	Body weight
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absolute winners (Open Submasters Sabveteran, WPC Benchpress RAW, Ж)

№	Name	Pts	Body weight
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Man

Weight 82,5

№	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	placed abs	Coach
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Open

1	1	Arzhakov Daniil	Russia	08.08.1995/28	82,50	603		185	192,5	197,5	-	197,5	+MSMK	197,5	JI	127,308	1	Self
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Weight 90

№	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	placed abs	Coach
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Masters

1	1	Sklyarov Yuriy	Russia	17.07.1978/45	88,10	741		150	160	170	-	170	+KMS	170	JI	111,062	4	Zevyakin I.
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Open

1	1	Parshenko Sergey	Russia	18.10.1990/33	88,20	923		170	180	180	-	170	+KMS	170	12	105,204	7	Barukov Igor Nikolaevich
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Weight 100

№	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	placed abs	Coach
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Open

1	1	Orucov Tural	Azerbaijan	09.07.1986/37	100,00	378		180	185	-	-	180	+KMS	180	JI	104,634	8	Niftaliev Elmin
2	2	Eyvazov Rashad	Russia	25.06.1996/27	99,70	89		175	175	180	-	175	+KMS	175	JI	101,858	9	Self

Weight 110

№	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	placed abs	Coach
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Masters

1	1	Shulimov Kirill	Russia	04.06.1980/43	102,90	835		190	195	200	-	200	+MS	200	12	118,523	3	Self
2	-	Evdokimov Ivan	Russia	27.01.1983/40	105,00	394		190	190	-	-	-	-	-	-	-	-	Barukov Igor Nikolaevich

Masters

1	1	Kolganov Sergey	Russia	20.07.1978/45	109,10	771		205	210	212,5	-	212,5	+MS	212,5	JI	126,396	1	Self
2	2	Kreknin Vladislav	Russia	12.03.1977/46	104,90	10		150	155	160	-	155	+I	155	JI	94,4985	5	Self

Open

1	1	Solokhin Denis	Russia	25.02.1981/42	106,10	277		210	217,5	222,5	-	217,5	+MS	217,5	12	123,681	3	Self
2	-	Shulimov Kirill	Russia	04.06.1980/43	102,90	111		-	-	-	-	-	-	-	-	-	-	Self

Weight 125

№	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	placed abs	Coach
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Masters

1	1	Chuba Roman	Russia	01.05.1954/69	114,80	895		120	130	140	-	140	+III	140	12	125,423	2	Guzev P.V.
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Open

1	1	Minka Erik	Russia	14.07.1996/27	120,20	422		220	225	225	-	220	+MS	220	12	121,165	4	Self
2	2	Volkov Denis	Russia	21.05.1992/31	121,10	742		190	210	-	-	210	+MS	210	9	115,458	5	Barukov Igor Nikolaevich
3	3	Shevel'ev Anton	Russia	01.06.1985/38	120,80	491		200	205	210	-	205	+KMS	205	8	112,770	6	Barukov Igor Nikolaevich

Weight 140

№	place	Name	Team	Birth date	Weight	lot	class	B1	B2	B3	B4(R)	Bench press	class	total	team point	Pts	placed abs	Coach
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Open

1	1	Silvanovich Aleksey	Russia	23.01.1984/39	130,60	34		225	235	240	-	235	+MS	235	JI	126,831	2	Self
2	2	Makhmudov Arif	Russia	31.07.1962/61	139,20	168		165	170	180	-	180	+I	180	JI	95,7348	10	Self

absolute winners (Open Submasters Sabveteran, WPC Benchpress RAW, M)

№	Name	Pts	Body weight
1	Arzhakov Daniil	127,3085	82,5
2	Silvanovich Aleksey	126,83185	130,6
3	Solokhin Denis	123,681375	106,1
4	Minka Erik	121,165	120,2
5	Volkov Denis	115,458	121,1
6	Shevel'ev Anton	112,7705	120,8
7	Parshenko Sergey	105,2045	88,2
8	Orucov Tural	104,634	100
9	Eyvazov Rashad	101,85875	99,7
10	Makhmudov Arif	95,7348	139,2

absolute winners (Masters Masters Masters Masters Masters Masters Veterani Veterani Veterani Veterani Veterani Veterani Veterani Veterani Veterani
Veterani Masters Masters Veterani Veterani Veterani Veterani Veterani Veterani Veterani, WPC Benchpress RAW, M)

№	Name	Pts	Body weight
1	Kolganov Sergey	126,396913	109,1
2	Chuba Roman	125,42383	114,8
3	Shulimov Kirill	118,52376	102,9
4	Sklyarov Yuriy	111,062488	88,1
5	Kreknin Vladislav	94,498509	104,9

wpc dl 1-ply eq

**FINAL PROTOCOL
Kubok Mira**

3 December - 3 December 2023 y.

c.Vnukovo

WPC Deadlift 1-ply equipment

Man

Weight 100

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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Open

1	1	Belousov Maksim	Russia	19.04.19 89/34	96,40	23		170	190	200	-	200	+II	200	JI	118,16		Self
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absolute winners (Open Submasters Sabveteran, WPC Deadlift 1-ply equipment, M)

	Name	Pts	Body weight
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wpc dl m-ply eq

FINAL PROTOCOL
Kubok Mira

3 December - 3 December 2023 y.

c.Vnukovo

WPC Deadlift multy-ply equipment

Man

Weight 75

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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Teenagers

1	1	Bodagh Abolfazl	Iran	26.02.2006/17	73,40	51		215	230	240	250	240	+KMS	240	JI	167,94		Self
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absolute winners (Teenagers Yunoshi Yunoshi Teenagers Yunoshi Yunoshi, WPC Deadlift multy-ply equipment, M)

	Name	Pts	Body weight
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FINAL PROTOCOL
Kubok Mira

3 December - 3 December 2023 y.

c.Vnukovo

WPC Deadlift RAW**Woman****Weight 60**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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Open

1	1	Mikhaleva Viktoriya	Russia	23.09.19 86/37	59,10	848		120	135	150	-	150	+MS	150	12	149,955		Barukov Igor Nikolaevich
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absolute winners (Open Submasters Sabveteran, WPC Deadlift RAW, Ж)

	Name	Pts	Body weight
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Man**Weight 75**

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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Open

1	1	Yakushin Mikhail	Russia	17.03.19 89/34	75,00	676		230	242,5	255	-	242,5	+MS	242,5	12	166,973	3	Self
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Weight 82,5

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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Teenagers

1	1	Lepchikov Artem	Russia	28.12.20 12/10	80,00	558		30	50	60	-	60		60	J1	39,468		Self
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Open

1	1	Prokopenko Eduard	Russia	01.03.19 91/32	81,90	363		230	255	260	-	255	+MS	255	J1	165,150	4	Self
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Weight 90

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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Open

1	1	Parshenko Sergey	Russia	18.10.19 90/33	88,20	756		295	305	305	-	305	+MSMK	305	12	188,749	1	Barukov Igor Nikolaevich
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Weight 100

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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Juniors

1	1	Bizhan Pour Fardin	Iran	28.04.20 01/22	92,80	182		260	280	292,5	-	292,5	+MS	292,5	J1	176,070		Self
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Open

1	1	Kravchenko Evgeniy	Russia	03.11.19 86/37	94,30	892		260	280	300	-	280	+MS	280	12	167,188	2	Self
2	-	Guliev Ruslan	Russia	09.06.19 97/26	98,50	735		240	240	240	-							Barukov Igor Nikolaevich

Weight 110

No	place	Name	Team	Birth date	Weight	lot	class	D1	D2	D3	D4(R)	Deadlift	class	total	team point	Pts	place abs	Coach
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Teenagers

1	1	Fadaeian Farhad	Iran	14.01.20 06/17	103,40	318		230	240	245	-	245	+I	245	J1	140,581		Self
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Masters

1	1	Kislitsin Dmitriy	Russia	17.11.19 80/43	109,90	150		280	302,5	310	-	302,5	+MS	302,5	12	175,477		Siryak P.V.
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Masters

1	1	Kreknin Vladislav	Russia	12.03.19 77/46	104,90	265		205	215	220	-	215	+II	215	J1	131,078		Self
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absolute winners (Open Submasters Sabveteran, WPC Deadlift RAW, M)

	Name	Pts	Body weight
1	Parshenko Sergey	188,74925	88,2
2	Kravchenko Evgeniy	167,188	94,3
3	Yakushin Mikhail	166,973375	75
4	Prokopenko Eduard	165,15075	81,9

absolute winners (Teenagers Yunoshi Yunoshi Teenagers Teenagers Yunoshi Yunoshi, WPC Deadlift RAW, M)

	Name	Pts	Body weight
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absolute winners (Juniors, WPC Deadlift RAW, M)

	Name	Pts	Body weight
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absolute winners (Masters Masters Masters Masters Masters Veterani Veterani Veterani Veterani Veterani Veterani Veterani Veterani Veterani Veterani Veterani Veterani, WPC Deadlift RAW, M)

wpc dl raw

	Name	Pts	Body weight
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FINAL PROTOCOL
Kubok Mira

3 December - 3 December 2023 y.

c.Vnukovo

WPC Powerlifting 1-ply equipment

Man**Weight 100**

No	place	Name	Team	Birth date	Weight	lot	class	S1	S2	S3	S4(R)	Squat	B1	B2	B3	B4(R)	Bench press	D1	D2	D3	D4(R)	Deadli ft	class	total	team point	Pts	place abs	Coach
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Masters

1	1	Tyutikov Artem	Russia	12.11.19 82/41	99,10	765		305	320	340,5	-	340	180	190,5	200	-	200	272,5	290	300	-	300	+MS	840	JI	495,08382		Bobrov V.Yu.
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Open

1	-	Tarasov Artem	Russia	31.07.19 92/31	96,90	383		270	280	290	-	280	190	190	190	-		-	-	-	-	-			JI			Self
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absolute winners (Masters Masters Masters Masters Masters Veterani Veterani Veterani Veterani Veterani Veterani Veterani Veterani Masters Masters Masters

Masters Veterani Veterani Veterani Veterani Veterani Veterani Veterani Veterani Veterani, WPC Powerlifting 1-ply equipment, M)

Name	Pts	Body weight
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absolute winners (Open Submasters Sabveteran, WPC Powerlifting 1-ply equipment, M)

Name	Pts	Body weight
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