

OPL Forma Submit by email: [issues@openpowerlifting.org](mailto:issues@openpowerlifting.org)

Federation Date      Meet( MeetState MeetTown      MeetName      Formula  
 APF/AAPF '2023-04-01      USA AL      Rainbow City      APF-AAPF Alabama State Meet      Glossbrenner

Place	Name	Sex	Age	State	Equipment	Division	BodywtKg	Squat1Kg	Best3SquatKg	Bench1Kg	Best3Benc	Deadlift1Kg	Best3Dead	TotalKg	Points	Event
1	Alyssa Brame	F	22	FL	Bare	Junior AAPF	60	115	115	67.5	67.5	142.5	142.5	325	320.14	SBD
1	Terri Smith	F	42	AL	Bare	M1 AAPF	60	55	55	52.5	52.5	105	105	212.5	209.33	SBD
1	Tracy Hartley	F	52	GA	Bare	Open	82.5	57.5	57.5	37.5	37.5	95	95	190	149.68	SBD
1	Taylor McQuesten	F	32	FL	Bare	Open AAPF	82.5	105	105	67.5	67.5	142.5	142.5	315	248.15	SBD
2	Terri Smith	F	42	AL	Bare	Open AAPF	60	55	55	52.5	52.5	105	105	212.5	209.33	SBD
1	Colton Holt	M		AL	Bare	Junior	90	192.5	192.5	152.5	152.5	240	240	585	357.92	SBD
1	Cade Williamson	M	20	AL	Bare	Junior AAPF	100	237.5	237.5	142.5	142.5	240	240	620	360.39	SBD
1	Will Bishop	M	46	AL	Bare	M2	100	242.5	242.5	145	145	242.5	242.5	630	366.2	SBD
2	Nick Putman	M	46	AL	Bare	M2	110	227.5	227.5	165	165	227.5	227.5	620	348.72	SBD
3	Chris Hale	M	48	AL	Bare	M2	90	182.5	182.5	105	105	232.5	232.5	520	318.16	SBD
1	Matthew Bevis	M	27	AL	Bare	Open AAPF	90	192.5	192.5	135	135	242.5	242.5	570	348.75	SBD
2	Willie Tomas	M	19	AL	Bare	Open AAPF	75	185	185	117.5	117.5	222.5	222.5	525	361.46	SBD
1	Fredy Tomas	M	17	AL	Bare	T2 AAPF	67.5	150	150	100	100	165	165	415	310.59	SBD
1	Gabe Honeycutt	M	19	AL	Bare	T3 AAPF	100	227.5	227.5	150	150	227.5	227.5	605	351.67	SBD
2	Willie Tomas	M	19	AL	Bare	T3 AAPF	75	185	185	117.5	117.5	222.5	222.5	525	361.46	SBD
3	Jack Sims	M	19	AL	Bare	T3 AAPF	140	197.5	197.5	102.5	102.5	197.5	197.5	497.5	264.25	SBD
1	Cooper Griffin	M	17	AL	Bare	Teen 2	82.5	170	170	115	115	182.5	182.5	467.5	301.34	SBD
1	Gene Johnson	M	49	GA	Single-ply	M2 AAPF	75	202.5	202.5	117.5	117.5	172.5	172.5	492.5	339.09	SBD
1	Lance Pickett	M	25	AL	Multi-ply	Open AAPF	125	320	320	227.5	227.5	250	250	797.5	434.9	SBD
1	Cornel Moore	M			Bare	M4	90			142.5	142.5	187.5	187.5	330	201.91	BD
1	Tom Gonnering	M	72	AL	Bare	M7 AAPF	110			125	125	115	115	240	134.99	BD
1	Leo Wright	M			Bare	M7	90			115	115			115	70.36	B
1	Michael Dansby	M	40	AL	Bare	Open AAPF	141			245	245			245	129.93	B
1	Michael Dansby	M	40	AL	Bare	P/F/M AAPF	141			245	245			245	129.93	B
1	Fred Toins	M	59	AL	Bare	M4	75					292.5	292.5	292.5	201.39	D