

MEN'S OPEN APF NATIONAL RECORDS

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS							
S	217.5	Nelson		USA			
B	143	Ikei, Chad	71	USA	4/7/1991	Waikiki	
D	220	Morris		USA			
T	542.5	Hile, Phil		USA			
56 KG. CLASS							
S	250	Buterbaugh, Dave	66	USA	8/10/1996	Las Vegas	
B	168	Clark, August	62	USA	7/10/1999	Daytona	
D	252.5	Pattaway, David	59	USA	7/28/1990	Pittsburgh	
T	590	Pattaway, David	59	USA	7/28/1990	Pittsburgh	230-107.5-252.5
60 KG. CLASS							
S	267.5	Cabico, Ronald	64	USA	4/8/1988	Honolulu	
B	185	Heath, Doug	55	USA	10/29/1995	Columbus	
D	281	Carr, JD	57	USA	11/15/1986	Maui	
T	657.5	Heath, Doug	55	USA	10/29/1995	Columbus	237.5-185-235
67.5 KG. CLASS							
S	352.5	Tejero Marc	78	USA	11/11/2018	Orlando FL	
B	210	Warr, Greg	69	USA			
D	315	Austin, Daniel	58	USA	4/8/1988	Honolulu	
T	802.5	Conyers, Anthony	58	USA	5/31/1996	Atlanta	310-192.5-300
75 KG. CLASS							
S	410	Kovatch Alex	98	USA	6/16/2019	Grand Rapids MI	
B	282.5	Schwab, Brian	74	USA	6/13/2009	West Palm Beach	
D	332.5	Inzer, John	62	USA	3/23/1987	Honolulu	
T	952.5	Caslow, Al	80	USA	6/13/2009	West Palm Beach	395-245-312.5
82.5 KG. CLASS							
S	422.5	Krawiec Thomas	83	USA	7/25/2020	Daytona FL	
B	312.5	Cartinian, Mike	76	USA	6/5/2010	Chicago, IL	
D	359	Coan, Ed	63	USA	7/7/1984	Dayton	
T	1027.5	Cartinian, Mike	76	USA	3/21/2009	Elkhorn	417.5-310-300
90 KG. CLASS							
S	445	Hobaica Anthony	88	USA	8/22/2021	Fort Lauderdale FL	
B	375	Coker, Jason	75	USA	6/14/2009	West Palm Beach	
D	390	Coan, Ed	63	USA	7/7/1985	Chicago	
T	1120	Frankl, Shawn	77	USA	11/10/2007	Omaha	442.5-350-327.5
100 KG. CLASS							
S	477.5	McKinney Travis	95	USA	11/6/2022	Orlando FL	
B	377.5	Frankl, Shawn	77	USA	3/21/2009	Elkhorn	
D	392.5	Coan, Ed	63	USA	6/29/1986	Dayton	
T	1155	Frankl, Shawn	77	USA	3/21/2009	Elkhorn	450-377.5-327.5
110 KG. CLASS							
S	502.5	Byrd, Sam	81	USA	6/14/2008	Kennesaw	
B	420	Minuth Matt	80	USA	11/11/2018	Orlando FL	
D	390	Russell, Bret	61	USA	11/2/1986	Parkersburg	
T	1225	Minuth Matt	80	USA	11/11/2018	Orlando FL	500-420-305
125 KG. CLASS							
S	530	Hoff, David	87	USA	6/3/2012	Myrtle Beach, SC	
B	435	Hoff, David	87	USA	6/3/2012	Myrtle Beach, SC	
D	390	Garcia Jose	77	USA	6/3/2012	Myrtle Beach, SC	
T	1325	Hoff, David	87	USA	6/3/2012	Myrtle Beach, SC	530-435-360
140 KG. CLASS							
S	577.5	Hoff Dave	87	USA	10/28/2019	St Charles IL	
B	475	Hoff Dave	87	USA	8/22/2021	Fort Lauderdale FL	
D	370	Hoff Dave	87	USA	6/9/2018	Lisle IL	
T	1407.5	Hoff Dave	87	USA	10/28/2019	St Charles IL	577.5-460-370
140+ KG. CLASS							
S	522.5	Stein Joseph	95	USA	10/28/2019	St Charles IL	
B	370.5	McNett Jayson	80	USA	6/7/2014	Grand Rapids MI	
D	417.5	Heisey, Gary		USA			
T	1212.5	Smith, Matthew	74	USA	6/2/2006	Las Vegas	517.5-330-365

Women's Open APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44 KG. CLASS							
S	140	Benford, Susan	58	USA	11/21/1991	Las Vegas	
B	100	Neely Cosette	78	USA	4/16/2016	Fresno CA	
D	153.5	Benford, Susan	58	USA	11/21/1991	Las Vegas	
T	360	Benford, Susan	58	USA	11/21/1991	Las Vegas	140-67.5-153.5

48 KG. CLASS							
S	207.5	Neely Cosette	78	USA	10/28/2019	St Charles IL	
B	145	Neely Cosette	78	USA	10/28/2019	St Charles IL	
D	182.5	Al Mahoe Stacia	96	USA	10/28/2019	St Charles IL	
T	510	Neely Cosette	78	USA	6/14/2019	Grand Rapids MI	205-142.5-162.5
52 KG. CLASS							
S	235	Kirkland, Margaret	63	USA	12/5/2009	Jacksonville, FL	
B	112.5	Kirkland, Margaret	63	USA	11/16/2014	West Palm Beach FL	
D	192.5	Kirkland, Margaret	63	USA	6/16/2007	Daytona Beach	
T	520	Kirkland, Margaret	63	USA	12/5/2009	Jacksonville, FL	235-105-180
56 KG. CLASS							
S	272.5	Odziana Jenna	94	USA	10/22/2022	Rochester Hills MI	
B	140	Torres Vanessa	86	USA	12/12/2021	Lombard IL	
D	205	Kirkland, Margaret	63	USA	11/20/2008	West Palm Beach	
T	605	Odziana Jenna	94	USA	10/22/2022	Rochester Hills MI	272.5-130-202.5
60 KG. CLASS							
S	280	Howar Heidi	88	USA	11/11/2018	Orlando FL	
B	175	Howar Heidi	88	USA	11/11/2018	Orlando FL	
D	242.5	Howar Heidi	88	USA	4/20/2018	Cincinnati OH	
T	682.5	Howar Heidi	88	USA	11/11/2018	Orlando FL	280-175-227.5
67.5 KG. CLASS							
S	277.5	Hartnett, Shannon	61	USA	3/21/2009	Elkhorn	
B	185	Bohigian, Kara	75	USA	6/2/2006	Las Vegas	
D	245	Hartnett, Shannon	64	USA	6/16/2007	Daytona Beach	
T	645	Hartnett, Shannon	64	USA	3/21/2009	Elkhorn	277.5-132.5-235
75 KG. CLASS							
S	320	West Rheta	74	USA	6/14/2019	Grand Rapids MI	
B	185	West Rheta	74	USA	6/14/2019	Grand Rapids MI	
D	272.5	Corder Andrea	91	USA	4/14/2019	Cincinnati OH	
T	705	West Rheta	74	USA	6/14/2019	Grand Rapids MI	320-182.5-202.5
82.5 KG. CLASS							
S	345	D'Andrea Deana	87	USA	11/6/2022	Orlando FL	
B	222.5	D'Andrea Deana	87	USA	11/6/2022	Orlando FL	
D	273	D'Andrea Deana	87	USA	11/6/2022	Orlando FL	
T	840	D'Andrea Deana	87	USA	11/6/2022	Orlando FL	345-222.5-272.5
90 KG. CLASS							
S	347.5	Hansen Amber	89	USA	8/21/2021	Fort Lauderdale FL	
B	197.5	Hansen Amber	89	USA	8/21/2021	Fort Lauderdale FL	
D	274	Reshel, Dawn	55-00	USA	5/15/1988	Milwaukee	
T	797.5	Hansen Amber	89	USA	8/21/2021	Fort Lauderdale FL	347.5-197.5-252.5
100 KG. CLASS							
S							
B							
D							
T							
110 KG. CLASS							
S	310	Bielomyza Katrina	79		6/5/2022	Lombard IL	
B	212.5	Bielomyza Katrina	79		6/5/2022	Lombard IL	
D	205	Bielomyza Katrina	79		6/5/2022	Lombard IL	
T	727.5	Bielomyza Katrina	79		6/5/2022	Lombard IL	310-212.5-205
110+ KG. CLASS							
S	382.5	Swanson, Rebecca	73	USA	2004		
B	240	Mathis April	87	USA	11/11/2018	Orlando FL	
D	300	Tate Crystal	87	USA	11/11/2018	Orlando FL	
T	873	Swanson, Rebecca	73	USA	6/4/2005	Detroit	365-217.5-290.5

Men's Junior APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS							
S	202.5	Hile, Phil	66	USA	7/29/1990	Pittsburgh	
B	122.5	Hile, Phil	66	USA	7/29/1990	Pittsburgh	
D	217.5	Hile, Phil	66	USA	7/29/1990	Pittsburgh	
T	542.5	Hile, Phil	66	USA	7/29/1990	Pittsburgh	202.5-122.5-217.5
56 KG. CLASS							
S	172	Campbell		USA			
B	117.5	Lowe		USA			
D	220	Hartman, Mark	72	USA	7/25/1992	Pittsburgh	
T	550	Holzbauer		USA			

60 KG CLASS							
S	238.5	McCormick, Wes	89	USA	4/18/2010	Detroit, MI	
B	142.5	Kurnik		USA			
D	206	McCormick, Wes	89	USA	4/18/2010	Detroit, MI	
T	570	McCormick, Wes	89	USA	4/18/2010	Detroit, MI	237.5-137.5-205
67.5 KG CLASS							
S	327.5	McCormick Wes	89	USA	5/18/2013	Dearborn MI	
B	205	McCormick Wes	89	USA	5/18/2013	Dearborn MI	
D	272.5	Shackleford, Norm	68	USA	7/28/1990	Pittsburgh	
T	787.5	McCormick Wes	89	USA	5/18/2013	Dearborn MI	327.5-205-255
75 KG CLASS							
S	410	Kovatch Alex	98	USA	6/16/2019	Grand Rapids MI	
B	245	Hatch, Nicholas	85	USA	6/2/2006	Las Vegas	
D	275	Manley, Mick	85	USA	9/6/2008	Omaha	
T	875	Hatch, Nicholas	85	USA	6/2/2006	Las Vegas	380-245-250
82.5 KG CLASS							
S	357.5	Manley, Mick	85	USA	3/21/2009	Elkhorn	
B	237.5	Presswood Kody	89	USA	11/10/2012	Las Vegas NV	
D	330	Coan, Ed	63	USA	7/23/1983	Austin	
T	865	Kellum, Jesse	65	USA	7/17/1988	Columbus	357.5-217.5-290
90 KG CLASS							
S	387.5	Breen Tristen	96	USA	4/27/2019	Murray UT	
B	272.5	Breen Tristen	96	USA	4/27/2019	Murray UT	
D	322.5	Block, Tommy	89	USA	5/26/2012	Baton Rouge, LA	
T	935	Breen Tristen	96	USA	4/27/2019	Murray UT	387.5-272.5-275
100 KG CLASS							
S	420	Carroll, Brian	81	USA	2005		
B	295	Breen Tristen	96	USA	12/7/2019	Murray UT	
D	350	Henson Zach	92	USA	11/11/2016	Baton Rouge LA	
T	982.5	Breen Tristen	96	USA	12/7/2019	Murray UT	410-295-277.5
110 KG CLASS							
S	410	Benson, Jim	86	USA	12/2/2007	Jacksonville	
B	295	Dwelle, Steve	85	USA	9/15/2007	Woodstock	
D	332.5	Sheffield, Alastair	86	USA	9/13/2008	Kennesaw	
T	977.5	Benson, Jim	86	USA	12/2/2007	Jacksonville	
125 KG CLASS							
S	435	Hammock, Shane	87	USA	9/13/2008	Kennesaw	
B	295	Hammock, Shane	82	USA	12/2/2007	Jacksonville	
D	355	Clary		USA			
T	1067.5	Hammock, Shane	87	USA	9/13/2008	Kennesaw	435-295-337.5
140 KG CLASS							
S	500	Weech, Scott	85	USA	12/4/2005	Jacksonville	
B	352.5	Hammock, Shane	87	USA	12/4/2010	Jacksonville	
D	365	Brown, Mike	85	USA	6/2/2006	Las Vegas	
T	1115	Weech, Scott	85	USA	12/4/2005	Jacksonville	500-287.5-327.5
140+ KG CLASS							
S	490	Stein Joseph	95	USA	11/10/2018	Orlando FL	
B	335	Lacy, Logan	88	USA	5/2/2009	Baton Rouge	4th
D	367.5	Damminga, Dave	86	USA	2/20/2010	Burnsville, MN	
T	1122.5	Harold, Tim	84	USA	6/2/2006	Las Vegas	457.5-300-365

Women's Junior APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44 KG. CLASS							
S	95	Crapo		USA	2001		
B	45	Crapo		USA	2001		
D	124.5	Hart		USA			
T	260	Hart		USA			
48 KG. CLASS							
S	192.5	Al Mahoe Stacia	96	USA	10/285/19	St Charles IL	
B	127.5	Al Mahoe Stacia	96	USA	10/285/19	St Charles IL	
D	182.5	Al Mahoe Stacia	96	USA	10/285/19	St Charles IL	
T	502.5	Al Mahoe Stacia	96	USA	10/285/19	St Charles IL	192.5-127.5-182.5
52 KG CLASS							
S	192.5	Hernandez Bianca	96	USA	6/8/2018	Lisle IL	
B	106.5	Beard, Tracey	68	USA	5/9/1987	St. Petersburg	
D	147.5	Hernandez Bianca	96	USA	6/8/2018	Lisle IL	
T	417.5	Hernandez Bianca	96	USA	6/8/2018	Lisle IL	192.5-77.5-147.5
56 KG CLASS							
S	157.5	Boutte, Charity	82	USA	12/9/2006	Beaumont	

B	87.5	Meinke Stephanie	89	USA	10/20/2012	Fate TX	
D	165	Hinman		USA			
T	375	Gomez		USA			
60 KG CLASS							
S	182.5	Hoffman, Amy	65	USA	7/16/1988	Columbus	
B	130	Bennett, Jaleena	84	USA	5/30/2008	Omaha	
D	177.5	Hoffman, Amy	65	USA	7/16/1988	Columbus	
T	477.5	Bennett, Jaleena	84	USA	5/30/2008	Omaha	182.5-130-165
67.5 KG CLASS							
S	230	Vaughan, Amy	80	USA	2003		
B	127.5	Scanlon, Julie	78	USA	7/4/1998	North Brook	
D	182.5	Vaughan, Amy	80	USA	6/14/2002	York	
T	485	Scanlon, Julie	78	USA	7/4/1998	North Brook	182.5-127.5-175
75 KG CLASS							
S	220	Doddy Darilynn	90	USA	11/9/2012	Las Vegas NV	
B	177.5	Doddy Darilynn	90	USA	11/9/2012	Las Vegas NV	
D	210	Scanlon, Julie	78	USA	7/10/1999	Daytona	
T	557.5	Doddy Darilynn	90	USA	11/9/2012	Las Vegas NV	220-177.5-160
82.5 KG CLASS							
S	282.5	McCloskey Anna	93	USA	11/16/2014	West Palm Beach FL	
B	150	McCloskey Anna	93	USA	11/16/2014	West Palm Beach FL	
D	227.5	McCloskey Anna	93	USA	11/16/2014	West Palm Beach FL	4th
T	652.5	McCloskey Anna	93	USA	11/16/2014	West Palm Beach FL	282.5-150-220
90 KG CLASS							
S	227.5	Cary, Krystal	84	USA	6/28/2008	Willowbrook	
B	145	Cary, Krystal	84	USA	6/28/2008	Willowbrook	
D	215	McCloskey Anna	93	USA	10/31/2013	Prague	
T	582.5	McCloskey Anna	93	USA	10/31/2013	Prague	227.5-140-215
100 KG. CLASS							
S							
B							
D							
T							
110 KG. CLASS							
S							
B							
D							
T							
110+ KG. CLASS							
S	295	Dudley, Machia	88	USA	11/3/2006	Lake George	
B	172.5	Dudley, Machia	88	USA	11/3/2006	Lake George	
D	225	Dudley, Machia	88	USA	11/3/2006	Lake George	
T	692.5	Dudley, Machia	88	USA	11/3/2006	Lake George	295-172.5-225

Men's Teenage 13-15 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS							
S	160	Askew, Michael Glen	91	USA	7/22/2006	San Antonio	
B	93	Sutton, Robert	69	USA	11/21/1991	Las Vegas	
D	163	Frantz, Ernest Jr	69	USA	1984		
T	387.5	Askew, Michael Glen	91	USA	7/22/2006	San Antonio	160-82.5-145
56 KG. CLASS							
S	170	Price Brady	2003	USA	12/15/2018	Orange TX	
B	102.5	Price Brady	2003	USA	12/15/2018	Orange TX	
D	167.5	Campbell, Greg	73	USA	6/10/1905		
T	430	Price Brady	2003	USA	12/15/2018	Orange TX	170-102.5-157.5
60 KG CLASS							
S	195	Senters, Cameron	95	USA	4/9/2011	Alexandria, LA	
B	105	Parker Chris	2000	USA	4/2/2016	Baton Rouge LA	
D	200	Parker Chris	2000	USA	4/2/2016	Baton Rouge LA	
T	500	Parker Chris	2000	USA	4/2/2016	Baton Rouge LA	195-105-200
67.5 KG CLASS							
S	227.5	Sumner, Blake	87	USA	10/13/2004	Fresno	
B	142.5	Sumner, Blake	87	USA	10/13/2004	Fresno	
D	215	Johnson, Robert	92	USA	5/3/2008	Baton Rouge	
T	552.5	Sumner, Blake	87	USA	10/13/2004	Fresno	227.5-142.5-187.5
75 KG CLASS							
S	212.5	Ferguson		USA			
B	115	Ferguson		USA			

D	215	Rockforte, Brock	94	USA	4/18/2010	Alexandria, LA	
T	520	Rockforte, Brock	94	USA	4/18/2010	Alexandria, LA	197.5-107.5-215
82.5 KG CLASS							
S	237.5	Bishop, J	75	USA	7/21/1990	Charleston	
B	150	Bishop, J	75	USA	7/21/1990	Charleston	
D	250	Bishop, J	75	USA	7/21/1990	Charleston	
T	637.5	Bishop, J	75	USA	7/21/1990	Charleston	237.5-150-250
90 KG CLASS							
S	230	Teekel, Matthew	94	USA	4/18/2010	Alexandria, LA	
B	158.5	Wendling, Matt	81	USA	10/19/1996	Roseville	
D	227.5	Teekel, Matthew	94	USA	4/18/2010	Alexandria, LA	
T	590	Teekel, Matthew	94	USA	4/18/2010	Alexandria, LA	230-132.5-227.5
100 KG CLASS							
S	287.5	Etheridge, Chad	83	USA	5/2/1998	Dayton	
B	170	Kennedy, Cody	95	USA	4/18/2010	Alexandria, LA	
D	220	Reichert, Max	96	USA	5/26/2012	Baton Rouge, LA	
T	670	Etheridge, Chad	83	USA	5/2/1998	Dayton	287.5-167.5-215
110 KG CLASS							
S	320	Dobbins, Scott	92	USA	5/3/2008	Baton Rouge	4th
B	165	Dobbins, Scott	92	USA	5/3/2008	Baton Rouge	
D	225	Moore, Michael	81	USA			
T	675	Dobbins, Scott	92	USA	5/3/2008	Baton Rouge	300-165-210
125 KG CLASS							
S	255	Mena, Daniel	91	USA	4/1/2006	Houston	
B	155	Mena, Daniel	91	USA	4/1/2006	Houston	
D	250	Mena, Daniel	91	USA	4/1/2006	Houston	
T	660	Mena, Daniel	91	USA	4/1/2006	Houston	255-155-250
140 KG CLASS							
S	202.5	Lytle Tyson	98	USA	2/8/2014	Chamberlain SD	
B	182.5	Lytle Tyson	98	USA	2/8/2014	Chamberlain SD	
D	265	Lytle Tyson	98	USA	2/8/2014	Chamberlain SD	
T	650	Lytle Tyson	98	USA	2/8/2014	Chamberlain SD	202.5-182.5-265
140+ KG CLASS							
S	230	Smith, Caleb	96	USA	5/26/2012	Baton Rouge, LA	
B	135	Hatfield, E		USA	7/21/1990	Charleston	
D	205	Smith, Caleb	96	USA	5/26/2012	Baton Rouge, LA	
T	555	Smith, Caleb	96	USA	5/26/2012	Baton Rouge, LA	230-120-205

Men's Teenage 16-17 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS							
S	187.5	Hartman, Mark	73	USA	7/28/1990	Pittsburgh	
B	102.5	Ray, Shawn Michael	96	USA	4/15/2012	Baton Rouge, LA	
D	192.5	Hartman, Mark	73	USA	7/28/1990	Pittsburgh	
T	465	Hartman, Mark	73	USA	7/28/1990	Pittsburgh	192.5-95-192.5
56 KG. CLASS							
S	200	Ray Shawn	96	USA	4/14/2013	Walker LA	
B	120	Simpson, Tony	79	USA	11/23/1996	Elmhurst	
D	185	Clark Caleb	96	USA	4/14/2013	Walker LA	
T	477.5	Clark Caleb	96	USA	4/14/2013	Walker LA	180-110-185
60 KG CLASS							
S	197.5	Goudeau, Austin	90	USA	5/3/2008	Baton Rouge	
B	155.5	Hatch, Nick		USA			
D	205	Aulds, Sidney	90	USA	5/3/2008	Baton Rouge	
T	520	Aulds, Sidney	90	USA	5/3/2008	Baton Rouge	195-120-205
67.5 KG Class							
S	290	Dunn, Jordan	91	USA	6/16/2007	Daytona Beach	
B	182.5	Hatch, Nick	85	USA	6/7/2003	Daytona	
D	220	Franklin		USA			
T	655	Dunn, Jordan	91	USA	6/16/2007	Daytona Beach	290-160-205
75 KG CLASS							
S	337.5	Dunn, Jordan	91	USA	9/27/2008	St. Francisville	
B	227.5	Dunn, Jordan	91	USA	5/2/2009	Baton Rouge	
D	250	Dunn, Jordan	91	USA	4/5/2009	Port Allen	
T	772.5	Dunn, Jordan	91	USA	9/27/2008	St. Francisville	337.5-207.5-227.5
82.5 KG CLASS							
S	320	Henson, Zach	92	USA	2/6/2010	Lenexa, KS	
B	182.5	Henson, Zach	92	USA	6/5/2010	Chicago, IL	
D	255	Jones		USA			
T	752.5	Henson, Zach	92	USA	6/5/2010	Chicago, IL	320-182.5-250

90 KG CLASS							
S	295	Angelo Troy	96	USA	5/31/2014	Waxahachie TX	
B	227.5	Gianetti, Anthony	85	USA	11/27/2003	Calgary	4th
D	310	Angelo Troy	96	USA	5/31/2014	Waxahachie TX	4th
T	765	Angelo Troy	96	USA	5/31/2014	Waxahachie TX	295-170-300
100 KG CLASS							
S	342.5	McCloskey, Anthony	91	USA	6/1/2008	Omaha	
B	220	McCloskey, Anthony	91	USA	6/1/2008	Omaha	
D	287.5	McCloskey, Anthony	91	USA	6/1/2008	Omaha	
T	850	McCloskey, Anthony	91	USA	6/1/2008	Omaha	342.5-220-287.5
110 KG CLASS							
S	370	Gibson, Jordan	93	USA	3/26/2011	Draper, UT	
B	207.5	Fritz, Alex	94	USA	5/14/2011	Ft Worth, TX	
D	282.5	Gibson, Jordan	93	USA	3/26/2011	Draper, UT	
T	850	Gibson, Jordan	93	USA	3/26/2011	Draper, UT	370-197.5-282.5
125 KG CLASS							
S	342.5	Woods		USA	2003		
B	227.5	Atkins		USA	6/26/1905		
D	277.5	Gibson, Jason	93	USA	4/3/2010	Sandy, UT	
T	812.5	Burttschell, Jesse	93	USA	4/24/2010	Austin, TX	320-227.5-265
140 KG CLASS							
S	365	Tosaw, Mike	77	USA	6/14/1995	Rosemont	4th
B	192.5	Tosaw, Mike	77	USA	6/14/1995	Rosemont	
D	272.5	Tosaw, Mike	77	USA	6/14/1995	Rosemont	
T	790	Tosaw, Mike	77	USA	6/14/1995	Rosemont	325-192.5-272.5
140+ KG CLASS							
S	317.5	Barnes, Lorenzo	91	USA	5/3/2008	Baton Rouge	
B	215	Barnes, Lorenzo	91	USA	5/3/2008	Baton Rouge	
D	262.5	Barnes, Lorenzo	91	USA	5/3/2008	Baton Rouge	
T	795	Barnes, Lorenzo	91	USA	5/3/2008	Baton Rouge	317.5-215-262.5

Men's Teenage 18-19 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS							
S	147.5	Kirkbride, John	77	USA	10/26/1995	Columbus	
B	62.5	Kirkbride, John	77	USA	10/26/1995	Columbus	
D	162.5	Kirkbride, John	77	USA	10/26/1995	Columbus	
T	372.5	Kirkbride, John	77	USA	10/26/1995	Columbus	147.5-62.5-162.5
56 KG. CLASS							
S	212.5	Hartman, Mark	73	USA			
B	135	Morgan		USA			
D	225	Hartman, Mark	73	USA	1992		
T	535	Hartman, Mark	73	USA			
60 KG CLASS							
S	217.5	Winstead, Josh	91	USA	5/2/2009	Baton Rouge	4th
B	131.5	Morgan					
D	220	Sonnier, Chris	88	USA	5/3/2008	Baton Rouge	
T	522.5	Sonnier, Chris	88	USA	5/3/2008	Baton Rouge	190-112.5-220
67.5 KG CLASS							
S	322	Hatch, Nick	85	USA	2004	Baton Rouge	
B	215	Hatch, Nick	85	USA	2004	Baton Rouge	
D	237.5	Hatch, Nick	85	USA	2004	Baton Rouge	
T	775	Hatch, Nick	85	USA	2004	Baton Rouge	317.5-210-237.5
75 KG CLASS							
S	370.5	Hatch, Nick	85	USA	6/4/2005	Detroit	4th
B	230	Dunn, Jordan	91	USA	9/12/2009	Baton Rouge, LA	
D	272.5	Dunn, Jordan	91	USA	4/18/2010	Alexandria, LA	
T	837.5	Hatch, Nick	85	USA	6/4/2005	Detroit	365-227.5-245
82.5 KG CLASS							
S	325	Henson, Zach	92	USA	5/14/2011	Ft Worth, TX	
B	197.5	Tinajero, Daniel	87	USA	12/2/2006	Lake City	
D	330	Coan, Ed	63	USA	7/23/1983	Austin	
T	840	Coan, Ed	63	USA	7/23/1983	Austin	317.5-195-330
90 KG CLASS							
S	340	Smith, Scott	70	USA	6/9/1990	Aurora	4th
B	240	Gentges, Nathan	85	USA	6/4/2005	Detroit	
D	317.5	Steil, Rober	72	USA	7/14/1991	Charleston	
T	822.5	Smith, Scott	70	USA	6/9/1990	Aurora	328.5-199.5-294.5
100 KG CLASS							
S	362.5	Shults, Elliott	86	USA	2005		
B	240	Shults, Elliott	86	USA	6/4/2005	Detroit	

D	304	Perkins		USA			
T	857.5	Shults, Elliott	86	USA	2005		
110 KG CLASS							
S	392.5	Fredette, BJ	86	USA	11/5/2005	Bangor	
B	272.5	Shults, Elliott	86	USA	6/2/2006	Las Vegas	
D	312.5	Harris, Daryl		USA	6/29/1996	Pensacola	
T	937.5	Shults, Elliott	86	USA	6/2/2006	Las Vegas	367.5-272.5-297.5
125 KG CLASS							
S	340	Johnston		USA			
B	235	Dobbins, Scott	92	USA	5/14/2011	Ft Worth, TX	
D	355	Clary, Fred	67	USA	6/7/1987	Fort Knox, KY	
T	882.5	Clary, Fred	67	USA	6/7/1987	Fort Knox, KY	
140 KG CLASS							
S	410	Weech, Scott	85	USA	10/13/2002	Fresno	
B	302.5	Willingham Albert		USA	5/31/2014	Waxahachie TX	4th
D	315	Field-Eaton, Cameron	83	USA	3/2/2003		
T	965	Weech, Scott	85	USA	10/13/2004	Fresno	410-250-305
140+ KG CLASS							
S	365	Barnes, Lorenzo	91	USA	4/18/2010	Alexandria, LA	
B	252.5	Arman, Matt	87	USA	11/2/2006	Lake George	
D	317.5	Wigner, M		USA	10/21/1989	Crystal Lake	
T	875	Wigner, M		USA	10/21/1989	Crystal Lake	331-226.5-317.5

Women's Teenage 13-15 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44 KG. CLASS							
S	82.5	Newman		USA			
B	45	Martinez, Valerie	91	USA	5/14/2005	Round Rock	4th
D	92.5	Newman		USA			
T	207.5	Newman		USA			
48 KG. CLASS							
S	117.5	Harper, Makaley	95	USA	5/2/2009	Baton Rouge	4th
B	62.5	Tackett Lacey	2003	USA	12/15/2018	Orange, TX	
D	130	Harper, Makaley	95	USA	12/11/2010	Orange, TX	
T	305	Harper, Makaley	95	USA	12/11/2010	Orange, TX	117.5-57.5-130
52 KG CLASS							
S	152.5	Fontenot, Maegan	92	USA	5/3/2008	Baton Rouge	
B	70	Harris, Amanda	91	USA	4/1/2006	Houston	
D	142.5	Fontenot, Maegan	92	USA	5/3/2008	Baton Rouge	4th
T	357.5	Fontenot, Maegan	92	USA	5/3/2008	Baton Rouge	152.5-67.5-137.5
56 KG CLASS							
S	172.5	Whitfield, Nichelle	88	USA	10/22/2002	Helsinki	
B	87.5	Whitfield, Nichelle	88	USA	10/22/2002	Helsinki	
D	167.5	Whitfield, Nichelle	88	USA	10/22/2002	Helsinki	
T	427.5	Whitfield, Nichelle	88	USA	10/22/2002	Helsinki	177.5-87.5-167.5
60 KG CLASS							
S	170	Ladnier, Taylor	86	USA	10/13/2004	Fresno	
B	77.5	Ladnier, Taylor	86	USA	10/13/2004	Fresno	
D	145	Harris, Kallye	96	USA	5/26/2012	Baton Rouge, LA	
T	377.5	Ladnier, Taylor	86	USA	10/13/2004	Fresno	170-77.5-130
67.5 KG CLASS							
S	152.5	Cepak, Brittney	90	USA	5/14/2005	Round Rock	
B	72.5	Feece, Michelle		USA	4/23/1988		
D	157.5	Willis Raegan	99	USA	4/13/2013	Walker LA	
T	377.5	Cepak, Brittney	90	USA	5/14/2005	Round Rock	152.5-70-155
75 KG CLASS							
S	225	Timmons Aubree	2005	USA	4/10/2021	Cincinnati OH	
B	82.5	Timmons Aubree	2005	USA	4/10/2021	Cincinnati OH	
D	162.5	Feece, Michelle		USA	1987		
T	467.5	Timmons Aubree	2005	USA	4/10/2022	Cincinnati OH	225-82.5-160
82.5 KG CLASS							
S	145	Saurage Callie	98	USA	12/7/2013	Orange TX	
B	92.5	Saurage Callie	98	USA	12/7/2013	Orange TX	
D	145	Saurage Callie	98	USA	12/7/2013	Orange TX	
T	382.5	Saurage Callie	98	USA	12/7/2013	Orange TX	145-92.5-145
90 KG CLASS							
S	185	Cole, Raven	95	USA	4/17/2010	Alexandria, LA	
B	97.5	McCloskey, Anna	93	USA	2/17/2007	Tribes Hill	
D	170	McCloskey, Anna	93	USA	2/17/2007	Tribes Hill	
T	450	McCloskey, Anna	93	USA	2/17/2007	Tribes Hill	182.5-97.5-170

100 KG. CLASS

S
B
D
T

110 KG. CLASS

S
B
D
T

110+ KG. CLASS

S	210	Freberg	USA	1998
B	100	Freberg	USA	1998
D	192.5	Freberg	USA	1998
T	502.5	Freberg	USA	1998

Women's Teenage 16-17 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44 KG. CLASS							
S	140	Giddings, Priscilla	83	USA	1999		
B	77.5	Giddings, Priscilla	83	USA	1999		
D	170	Giddings, Priscilla	83	USA	1999		
T	380	Giddings, Priscilla	83	USA	1999		
48 KG. CLASS							
S	117.5	Harper, Makaley	95	USA	4/14/2012	Baton Rouge, LA	
B	70	Harper, Makaley	95	USA	4/14/2012	Baton Rouge, LA	
D	145	Harper, Makaley	95	USA	11/10/2012	Las Vegas NV	
T	312.5	Harper, Makaley	95	USA	4/14/2012	Baton Rouge, LA	117.5-70-125
52 KG CLASS							
S	157.5	Avila, Alejandria	96	USA	4/14/2012	Baton Rouge, LA	
B	72.5	Avila, Alejandria	96	USA	12/7/2013	Orango TX	
D	157.5	Avila, Alejandria	96	USA	4/14/2012	Baton Rouge, LA	
T	382.5	Avila, Alejandria	96	USA	4/14/2012	Baton Rouge, LA	157.5-67.5-157.5
56 KG CLASS							
S	160	Fontenot, Maegan	92	USA	5/2/2009	Baton Rouge	
B	87.5	Fontenot, Maegan	92	USA	5/2/2009	Baton Rouge	
D	160	Fontenot, Maegan	92	USA	5/2/2009	Baton Rouge	
T	407.5	Fontenot, Maegan	92	USA	5/2/2009	Baton Rouge	160-87.5-160
60 KG CLASS							
S	170	Fontenot, Maegan	92	USA	4/17/2010	Alexandria, LA	
B	95	Fontenot, Maegan	92	USA	4/17/2010	Alexandria, LA	4th
D	145	Duncan, Bethani	92	USA	11/20/2008	West Palm Beach	
T	407.5	Fontenot, Maegan	92	USA	4/17/2010	Alexandria, LA	170-92.5-145
67.5 KG CLASS							
S	180	Jones Diamond	99	USA	4/2/2016	Baton Rouge LA	
B	100	Duncan, Bethani	92	USA	4/18/2010	Alexandria, LA	
D	175	Jones Diamond	99	USA	4/2/2016	Baton Rouge LA	
T	425	Jones Diamond	99	USA	4/2/2016	Baton Rouge LA	180-70-175
75 KG CLASS							
S	195	Willis Raegan	99	USA	10/10/2015	Baton Rouge LA	
B	105	Watson, Ashely	88	USA	5/14/2005	Round Rock	
D	197.5	Willis Raegan	99	USA	4/2/2016	Baton Rouge LA	4th
T	490	Willis Raegan	99	USA	4/2/2016	Baton Rouge LA	195-9705-197.5
82.5 KG CLASS							
S	240	McCloskey, Anna	93	USA	11/1/2010	Mikkeli, Finland	4th
B	120	Saurage Callie	98	USA	12/5/2015	Plano TX	
D	202.5	McCloskey, Anna	93	USA	11/1/2010	Mikkeli, Finland	
T	540	McCloskey, Anna	93	USA	11/1/2010	Mikkeli, Finland	225-112.5-202.5
90 KG CLASS							
S	227.5	McCloskey, Anna	93	USA	7/16/2010	West Palm Beach, FL	
B	117.5	McCloskey, Anna	93	USA	7/16/2010	West Palm Beach, FL	
D	210	McCloskey, Anna	93	USA	7/16/2010	West Palm Beach, FL	
T	555	McCloskey, Anna	93	USA	7/16/2010	West Palm Beach, FL	227.5-117.5-210

100 KG. CLASS

S
B
D
T

110 KG. CLASS
S
B
D
T

110+ KG. CLASS

S	265	Dudley, Machia	86	USA	2004		
B	127.5	Chatelain, Ashton	92	USA	9/18/2010	Baton Rouge, LA	
D	215	Morrisey, Anshawnique	94	USA	4/14/2012	Baton Rouge, LA	
T	590	Chatelain, Ashton	92	USA	9/18/2010	Baton Rouge, LA	265-127.5-197.5

Women's Teenage 18-19 APF Records

Record Name DOB NAT Date of Record Location Lifts to achieve total

44 KG. CLASS

S	105	Bird Elisa	95	USA	4/26/2014	Baton Rouge LA	
B	60	Bird Elisa	95	USA	4/26/2014	Baton Rouge LA	
D	125	Bird Elisa	95	USA	4/26/2014	Baton Rouge LA	
T	290	Bird Elisa	95	USA	4/26/2014	Baton Rouge LA	105-60-125

48 KG. CLASS

S	150	Denmon, Amber	87	USA	5/14/2005	Round Rock	
B	82.5	Denmon, Amber	87	USA	5/14/2005	Round Rock	
D	140	Harper Makaley	95	USA	12/7/2013	Orange TX	
T	362.5	Denmon, Amber	87	USA	5/14/2005	Round Rock	150-82.5-130

52 KG CLASS

S	158.5	Beard, Tracey	68	USA	5/9/1987	St. Petersburg	
B	106.5	Beard, Tracey	68	USA	5/9/1987	St. Petersburg	
D	146	Daville, Taylor	92	USA	5/8/2010	West Palm Beach, FL	
T	407.5	Beard, Tracey	68	USA	5/9/1987	St. Petersburg	158.5-106.5-142.5

56 KG CLASS

S	122.5	Kutner, Leslie	89	USA	2/23/2008	Orlando	
B	87.5	Kutner, Leslie	89	USA	2/23/2008	Orlando	
D	120	Kutner, Leslie	89	USA	2/23/2008	Orlando	
T	330	Kutner, Leslie	89	USA	2/23/2008	Orlando	122.5-87.5-120

60 KG CLASS

S	165	Calvert, Ricki	93	USA	4/14/2012	Baton Rouge, LA	
B	92.5	Daleiden, Jillian	87	USA	7/22/2006	San Antonio	
D	163	Sverchek, Julie	77	USA	90	Bend	
T	412.5	Price Courtney	97	USA	4/2/2016	Baton Rouge, LA	165-90-157.5

67.5 KG CLASS

S	192.5	Taylor Madison	2001	USA	12/19/2020	Orange TX	
B	105	Taylor Madison	2001	USA	12/19/2020	Orange TX	
D	192.5	Oylar, Katharyn	67	USA	2/15/1987	Milwaukee	
T	470.5	Oylar, Katharyn	67	USA	2/15/1987	Milwaukee	185.5-92.5-192.5

75 KG CLASS

S	205	Huston, Ali	86	USA	10/15/2004	Fresno	
B	167.5	Doddy, Darilyn	90	USA	6/5/2010	Chicago, IL	4th
D	207.5	Huston, Ali	86	USA	10/15/2004	Fresno	
T	522.5	Doddy, Darilyn	90	USA	6/5/2010	Chicago, IL	182.5-167.5-175

82.5 KG CLASS

S	250	Huston, Ali	86	USA	6/4/2005	Detroit	
B	125	Huston, Ali	86	USA	6/4/2005	Detroit	
D	235	Huston, Ali	86	USA	6/4/2005	Detroit	
T	610	Huston, Ali	86	USA	6/4/2005	Detroit	250-125-235

90 KG CLASS

S	245	Huston, Ali	86	USA	5/14/2005	Round Rock	4th
B	117.5	McCloskey, Ana	93	USA	11/19/2011	Riga, Latvia	
D	217.5	Huston, Ali	86	USA	5/14/2005	Round Rock	
T	567.5	Huston, Ali	86	USA	5/14/2005	Round Rock	235-115-217.5

100 KG. CLASS

S
B
D
T

110 KG. CLASS

S
B
D
T

110+ KG. CLASS							
S	300	Chatelain, Ashton	92	USA	5/28/2011	New Port Richey, FL	
B	187.5	Chatelain, Ashton	92	USA	6/2/2012	Myrtle Beach, SC	
D	197.5	Chatelain, Ashton	92	USA	6/2/2012	Myrtle Beach, SC	
T	672.5	Chatelain, Ashton	92	USA	6/2/2012	Myrtle Beach, SC	287.5-187.5-197.5

Men's Submaster 33-39 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS							
S							
B							
D							
T							
56 KG. CLASS							
S	80	Smith, Danny	75	USA	5/3/2009	Baton Rouge	
B	67.5	Smith, Danny	75	USA	5/3/2009	Baton Rouge	
D	115	Smith, Danny	75	USA	5/3/2009	Baton Rouge	
T	262.5	Smith, Danny	75	USA	5/3/2009	Baton Rouge	80-67.5-115
60 KG CLASS							
S	237.5	Heath, Doug	55	USA	10/29/1995	Columbus	
B	185	Heath, Doug	55	USA	10/29/1995	Columbus	
D	235	Heath, Doug	55	USA	10/29/1995	Columbus	
T	657.5	Heath, Doug	55	USA	10/29/1995	Columbus	237.5-185-235
67.5 KG CLASS							
S	312.5	Tejero, Marc	78	USA	6/12/2011	Sun Prairie, WI	
B	192.5	Tejero, Marc	78	USA	11/16/2014	West Palm Beach FL	
D	260	Tejero, Marc	78	USA	11/11/2012	Las Vegas NV	
T	747.5	Tejero, Marc	78	USA	5/19/2013	Dearborn MI	312.5-182.5-252.5
75 KG CLASS							
S	357.5	Schwab, Brian	74	USA	5/9/2010	West Palm Beach	
B	282.5	Schwab, Brian	74	USA	6/13/2009	West Palm Beach	
D	282.5	Tincher, Brian	70	USA	6/2/2006	Las Vegas	
T	880	Schwab, Brian	74	USA	5/9/2010	West Palm Beach	357.5-257.5-265
82.5 KG CLASS							
S	422.5	Krawiec Thomas	83	USA	7/25/2020	Daytona FL	
B	312.5	Cartinian, Michael	76	USA	6/5/2010	Chicago, IL	
D	305	Danforth		USA	2002		
T	1022.5	Cartinian, Michael	76	USA	3/21/2009	Elkhorn	412.5-310-300
90 KG CLASS							
S	445	Hobaica Anthony	88	USA	8/22/2021	Fort Lauderdale FL	
B	352.5	Coker, Jason	75	USA	11/22/2008	West Palm Beach	
D	332.5	Bell, Gene	56	USA	7/29/1990	Pittsburgh	
T	1070	Hobaica Anthony	88	USA	8/22/2021	Fort Lauderdale FL	445-295-330
100 KG CLASS							
S	445	Norman, Joe	68	USA	6/16/2007	Daytona Beach	
B	372.5	Coker, Jason	75	USA	6/1/2008	Omaha	
D	345	Chakur Yury	80	USA	11/11/2012	Las Vegas NV	
T	1035	Norman, Joe	68	USA	6/16/2007	Daytona Beach	445-262.5-327.5
110 KG CLASS							
S	500	Minuth Matt	80	USA	11/11/2018	Orlando FL	
B	420	Minuth Matt	80	USA	11/11/2018	Orlando FL	
D	350	Carroll, Brian	81	USA	6/1/2008	Omaha	
T	1225	Minuth Matt	80	USA	11/11/2018	Orlando FL	500-420-305
125 KG CLASS							
S	515	Merkh Robert	84	USA	10/28/2019	St Charles IL	
B	365	Zemmin, John	69	USA	6/2/2006	Las Vegas	
D	390	Garcia Jose	77	USA	6/3/2012	Myrtle Beach SC	
T	1185	Grandick, James	68	USA	9/6/2008	Omaha	480-365-340
140 KG CLASS							
S	560	Hoff David	87	USA	11/6/2022	Orlando FL	
B	475	Hoff David	87	USA	8/22/2021	Fort Lauderdale FL	
D	367.5	Hoff David	87	USA	11/6/2022	Orlando FL	
T	1370	Hoff David	87	USA	11/6/2022	Orlando FL	560-442.5-367.5
140+ KG CLASS							
S	517.5	Mikesell, Brent	67	USA	11/30/2003	Calgary	
B	387.5	Lewis, Jeff	70	USA	6/5/2005	Detroit	
D	410	Frank, Garry	64	USA	6/16/2002	York	
T	1212.5	Smith, Matthew	74	USA	6/2/2006	Las Vegas	517.5-330-365

Women's Submaster 33-39 APF Records

	Weight	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44 KG. CLASS							
S	135	Sieps, Barbara	66	USA	6/4/2005	Detroit	
B	100	Neely Cosette	78	USA	4/16/2016	Fresno CA	
D	135	Sieps, Barbara	66	USA	6/4/2005	Detroit	
T	337.5	Sieps, Barbara	66	USA	6/4/2005	Detroit	135-67.5-135
48 KG. CLASS							
S	152.5	Barlow, Lynn	59	USA	7/10/1999	Daytona	
B	122.5	Neely Cosette	78	USA	3/25/2017	Council Bluffs IA	
D	145	Barlow, Lynn	59	USA	7/10/1999	Daytona	
T	382.5	Barlow, Lynn	59	USA	7/10/1999	Daytona	152.5-85-145
52 KG CLASS							
S	182.5	Sommer, Kim	65	USA	11/7/1998	Graz	
B	87.5	Sommer, Kim	65	USA	11/7/1998	Graz	
D	160	Sommer, Kim	65	USA	11/7/1998	Graz	
T	430	Sommer, Kim	65	USA	11/7/1998	Graz	182.5-87.5-160
56 KG CLASS							
S	250	Torres Vanessa	86	USA	12/12/2021	Lombard IL	
B	140	Torres Vanessa	86	USA	12/12/2021	Lombard IL	
D	200	Torres Vanessa	86	USA	12/12/2021	Lombard IL	
T	590	Torres Vanessa	86	USA	12/12/2021	Lombard IL	250-140-200
60 KG CLASS							
S	192.5	Schwenker, Vanessa	64	USA	11/6/1997	Blackpoole	
B	120	Schwenker, Vanessa	64	USA	11/6/1997	Blackpoole	
D	182.5	Schwenker, Vanessa	64	USA	11/6/1997	Blackpoole	
T	495	Schwenker, Vanessa	64	USA	11/6/1997	Blackpoole	192.5-120-182.5
67.5 KG CLASS							
S	275	Nutter Jeannie	85	USA	10/28/2019	St Charles IL	
B	150	Schwanke Suzanne	84	USA	8/21/2021	Fort Lauderdale FL	
D	230	Nutter Jeannie	85	USA	10/28/149	St Charles IL	
T	640	Nutter Jeannie	85	USA	10/28/2019	St Charles IL	275-135-230
75 KG CLASS							
S	265	Woodman Marylin	82	USA	8/21/2021	Fort Lauderdale FL	
B	170	Martin, Kelly	70	USA	6/13/2009	West Palm Beach	
D	205	Dasrath Shanie	83	USA	2/18/2017	Orlando FL	
T	635	Woodman Marylin	82	USA	8/21/2021	Fort Lauderdale FL	265-165-205
82.5 KG CLASS							
S	345	D'Andrea Deana	87	USA	11/6/2022	Orlando FL	
B	222.5	D'Andrea Deana	87	USA	11/6/2022	Orlando FL	
D	273	D'Andrea Deana	87	USA	11/6/2022	Orlando FL	
T	840	D'Andrea Deana	87	USA	11/6/2022	Orlando FL	345-222.5-272.5
90 KG CLASS							
S	327.5	Bielomyza Katrina	80	USA	6/14/2019	Grand Rapids MI	
B	185	Gorshe, Rebecca	77	USA	6/11/2011	Sun Prairie, WI	
D	227.5	Bielomyza Katrina	80	USA	10/28/2019	St Charles IL	
T	715	Bielomyza Katrina	80	USA	10/28/2019	St Charles IL	312.5-175-227.5
100 KG. CLASS							
S							
B							
D							
T							
110 KG. CLASS							
S							
B							
D							
T							
110+ KG. CLASS							
S	292.5	Duncan Tara	87	USA	8/21/2021	Fort Lauderdale FL	
B	177.5	Duncan Tara	87	USA	8/21/2021	Fort Lauderdale FL	
D	227.5	Allen, Kym	69	USA	5/12/2006	Saco	
T	652.5	Duncan Tara	87	USA	8/21/2021	Fort Lauderdale FL	292.5-177.5-182.5

Men's Master 40-44 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS							
S	177.5	Snell, Ken	58	USA	7/10/1999	Daytona	
B	110	Snell, Ken	58	USA	7/10/1999	Daytona	
D	210	Snell, Ken	58	USA	7/10/1999	Daytona	
T	497.5	Snell, Ken	58	USA	7/10/1999	Daytona	177.5-110-210

56 KG. CLASS							
S	217.5	Milian, Ernesto	47	USA	11/21/1991	Las Vegas	
B	124.5	Milian, Ernesto	47	USA	11/13/1988	Victoria	
D	242.5	Milian, Ernesto	47	USA	11/21/1987	Dayton	
T	575	Milian, Ernesto	47	USA	11/21/1987	Dayton	210-122.5-242.5
60 KG CLASS							
S	222.5	Paterniti		USA			
B	175	Heath, Doug	55	USA	11/9/1996	Durban	
D	237.5	Milian, Ernesto	47	USA	6/15/1991	Pendelton	
T	607.5	Heath, Doug	55	USA	11/8/1998	Graz	230-162.5-215
67.5 KG CLASS							
S	352.5	Tejero Marc	78	USA	11/11/2018	Orlando FL	
B	187.5	Tejero Marc	78	USA	11/11/2018	Orlando FL	
D	291.5	Dangerfield, Terry	41	USA	1982	Kent	
T	785	Tejero Marc	78	USA	10/28/2019	St Charles IL	337.5-187.5-260
75 KG CLASS							
S	340	Crain, Ricky	53	USA	10/27/1995	Columbus	
B	208	Cunningham, Jon (DLC)	64	USA	5/3/2009	Baton Rouge	
D	300	Crain, Ricky	53	USA	10/27/1995	Columbus	
T	830	Crain, Ricky	53	USA	10/27/1995	Columbus	340-190-300
82.5 KG CLASS							
S	382.5	Kirschen David	77	USA	11/11/2018	Orlando FL	
B	307.5	May, Johnny	68	USA	5/31/2008	Omaha	
D	326.5	Frantz, Ernie	34	USA	4/22/1978	Chicago	
T	935	Kirschen David	77	USA	11/11/2018	Orlando FL	382.5-275-277.5
90 KG CLASS							
S	375	Forrell Rob	81	USA	8/22/2021	Fort Lauderdale FL	
B	282.5	Forrell Rob	81	USA	10/24/2020	Lombard IL	
D	319.5	Frantz, Ernie	34	USA			
T	950	Forrell Rob	81	USA	8/22/2021	Fort Lauderdale FL	375-275-300
100 KG CLASS							
S	455	Norman, Joe	68	USA	5/3/2008	Baton Rouge	
B	285	Falcon, John	67	USA	9/6/2008	Omaha	
D	327.5	Maxwell		USA	1998		
T	965	Norman, Joe	68	USA	5/3/2008	Baton Rouge	427.5-245-295
110 KG CLASS							
S	460	Norman, Joe	68	USA	5/9/2010	West Palm Beach, FL	
B	292.5	Hall, Pat	65	USA	9/15/2007	Woodstock	
D	365	Hook, Larry	68	USA	3/14/2009	Oregon City	
T	1080	Hook, Larry	68	USA	3/14/2009	Oregon City	427.5-287.5-365
125 KG CLASS							
S	502.5	Thomason Henry	79	USA	10/28/2019	St Charles IL	
B	387.5	Minuth Matt	80	USA	8/22/2021	Fort Lauderdale FL	
D	369	Erickson		USA			
T	1182.5	Minuth Matt	80	USA	8/22/2021	Fort Lauderdale FL	487.5-387.5-307.5
140 KG CLASS							
S	500	Hoskinson, Jim	65	USA	9/12/2009	Rock Hill, SC	
B	337.5	Hoskinson, Jim	65	USA	8/16/2008	Peoria	
D	352.5	Barlow, Russ		USA	2003		
T	1150	Hoskinson, Jim	65	USA	8/16/2008	Peoria	487.5-337.5-325
140+ KG CLASS							
S	472.5	Frank, Garry	64	USA	6/5/2005	Detroit	
B	357.5	Frank, Garry	64	USA	6/5/2005	Detroit	
D	367.5	Lacy		USA			
T	1195	Frank, Garry	64	USA	6/5/2005	Detroit	472.5-357.5-365

Men's Master 45-49 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS							
S	187.5	Zeolla, Gary	61	USA	9/2/2006	Jefferson Hills	
B	97.5	Zeolla, Gary	61	USA	9/2/2006	Jefferson Hills	
D	180	Zeolla, Gary	61	USA	9/2/2006	Jefferson Hills	
T	465	Zeolla, Gary	61	USA	9/2/2006	Jefferson Hills	187.5-97.5-180
56 KG. CLASS							
S	212.5	Milian, Ernesto	47	USA	6/3/1995	Rosemont	
B	120	Philander, Moeggien		RSA	11/27/1988	Johannesburg	
D	227.5	Milian, Ernesto	47	USA	6/3/1995	Rosemont	
T	560	Milian, Ernesto	47	USA	6/3/1995	Rosemont	212.5-120-227.5
60 KG CLASS							
S	212.5	Milian, Ernesto	47	USA	6/29/1996	Pensacola	

B	127.5	Richey, Frank		USA	2005		
D	240	Milian, Ernesto	47	USA	6/29/1996	Pensacola	
T	572.5	Milian, Ernesto	47	USA	6/29/1996	Pensacola	212.5-120-240
67.5 KG CLASS							
S	250	Edmondson, David	61	USA	3/24/2007	Idaho Falls	
B	161	Reichert, Gary	60	USA	5/13/2006	Saco	
D	252.5	Reichert, Gary	60	USA	5/13/2006	Saco	
T	655	Reichert, Gary	60	USA	5/13/2006	Saco	242.5-160-252.5
75 KG CLASS							
S	332.5	Bellmore Danny	68	USA	6/17/2017	Jacksonville FL	
B	205	Bellmore Danny	68	USA	6/17/2017	Jacksonville FL	
D	288	Dangerfield, Terry	41	USA	11/27/1988	March AFB	
T	817.5	Bellmore Danny	68	USA	6/17/2017	Jacksonville FL	332.5-205-280
82.5 KG CLASS							
S	365	Benedix, Robert	60	USA	11/2/2006	Lake George	
B	232.5	Naughton, Dyke	64	USA	7/17/2010	West Palm Beach, FL	
D	310	Frantz, Ernie	34	USA			
T	780	Benedix, Robert	60	USA	5/15/2005	Round Rock	
90 KG CLASS							
S	367.5	Caplan, Marc	58	USA	5/7/2004	Omaha	
B	300	Dunn, Butch	63	USA	11/21/2008	West Palm Beach	
D	344.5	Frantz, Ernie	34	USA			
T	935	Bell, Gene	56	USA	5/15/2005	Round Rock	367.5-267.5-300
100 KG CLASS							
S	442.5	Burdette James	73	USA	11/11/2018	Orlando FL	
B	320	Burdette James	73	USA	11/11/2018	Orlando FL	
D	345	Frantz, Ernie	34	USA	3/28/1981	Aurora	
T	1012.5	Burdette James	73	USA	11/11/2018	Orlando FL	442.5-320-250
110 KG CLASS							
S	430	Burdette James	73	USA	10/28/2019	St Charles IL	
B	320	Burdette James	73	USA	10/28/2019	St Charles IL	
D	337.5	Ladnier, Joe	63	USA	5/3/2009	Baton Rouge	
T	1002.5	Taylor, Mike	62	USA	11/10/2007	Omaha	397.5-295-310
125 KG CLASS							
S	480	Bailey, Charles	63	USA	6/14/2009	West Palm Beach	
B	345	Grandick Jim	68	USA	6/28/2015	Salt Lake City UT	
D	342.5	Damminga, Gregg	62	USA	11/21/2008	West Palm Beach	
T	1117.5	Grandick Jim	68	USA	6/28/2015	Salt Lake City UT	445-345-327.5
140 KG CLASS							
S	477.5	Brock Steve	70	USA	11/11/2018	Orlando FL	
B	340	Brock Steve	70	USA	11/11/2018	Orlando FL	
D	338	Damminga, Gregg	62	USA	5/3/2009	Baton Rouge	
T	1107.5	Brock Steve	70	USA	11/11/2018	Orlando FL	477.5-340-290
140+ KG CLASS							
S	365	Bivans, Karl		USA	1997		
B	277.5	Cain, Michael	57	USA	5/11/2003	Daytona	
D	356	Braxton, Chuck		USA			
T	867.5	Braxton, Chuck		USA			

Men's Master 50-54 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS							
S							
B							
D							
T							
56 KG. CLASS							
S	182.5	Milian, Ernesto	47	USA	11/18/2000	Las Vegas	
B	112.5	Milian, Ernesto	47	USA	11/18/2000	Las Vegas	
D	215	Milian, Ernesto	47	USA	11/18/2000	Las Vegas	
T	510	Milian, Ernesto	47	USA	11/18/2000	Las Vegas	182.5-112.5-215
60 KG CLASS							
S	170	Delgallo		USA	2001		
B	97.5	Delgallo		USA	2001		
D	200	Glass, Fred	36	USA	7/21/1990	Charleston	
T	445	Delgallo		USA	2001		
67.5 KG CLASS							
S	265	Scelfo, Vince	57	USA	3/29/2008	Taylor	
B	147.5	Scelfo, Vince	57	USA	3/29/2008	Taylor	
D	270	Deskis, Michael	59	USA	11/10/2012	Las Vegas NV	

T	632.5	Reichert Gary	60	USA	5/18/2013	Dearborn MI	237.5-140-255
75 KG CLASS							
S	295	Cayer, Al	56	USA	5/5/2007	Saco	
B	195	Cayer, Al	56	USA	5/4/2008	Baton Rouge	4th
D	292.5	Cayer, Al	56	USA	5/5/2007	Saco	
T	770	Cayer, Al	56	USA	5/4/2008	Baton Rouge	295-190-285
82.5 KG CLASS							
S	330	Berardinelli Angelo	65	USA	11/11/2018	Orlando FL	
B	195	Berardinelli Angelo	65	USA	11/11/2018	Orlando FL	
D	278	Bayliss		USA			
T	770	Berardinelli Angelo	65	USA	11/11/2018	Orlando FL	330-195-245
90 KG CLASS							
S	332.5	Lichtenberger, Mark	57	USA	9/11/2010	Hiram, GA	
B	255	Lichtenberger, Mark	57	USA	9/13/2008	Kennesaw	
D	337.5	Frantz, Ernie	34	USA	7/8/1984	Dayton	
T	857.5	Frantz, Ernie	34	USA	7/8/1984	Dayton	327.5-192.5-337.5
100 KG CLASS							
S	417.5	Bell, Gene	56	USA	11/2/2006	Lake George	
B	237.5	Bell, Gene	56	USA	11/2/2006	Lake George	
D	335	Frantz, Ernie	34	USA	3/3/1985	Honolulu	
T	972.5	Bell, Gene	56	USA	11/2/2006	Lake George	417.5-237.5-317.5
110 KG CLASS							
S	392.5	Norman Joe	68	USA	2/15/2020	Ft Lauderdale FL	
B	312.5	Taylor Mike	62	USA	2/6/2016	Chamberlain SD	
D	322.5	Roberts, Pat	57	USA	8/7/2010	Houston, TX	
T	977.5	Taylor Mike	62	USA	2/6/2016	Chamberlain SD	377.5-312.5-287.5
125 KG CLASS							
S	395	Norman Joe	68	USA	11/10/2018	Orlando FL	
B	290	Grandick James	68	USA	5/6/2023	Inver Grove Heights MN	
D	337.5	Tillman Karl	63	USA	6/10/2017	Lancaster SC	
T	935	Grandick James	68	USA	5/6/2023	Inver Grove Heights MN	370-290-275
140 KG CLASS							
S	422.5	Tillman Karl	63	USA	1/17/2015	Ft Jackson SC	
B	295	Tillman Karl	63	USA	1/17/2015	Ft Jackson SC	
D	327.5	Tillman Karl	63	USA	1/17/2015	Ft Jackson SC	
T	1045	Tillman Karl	63	USA	1/17/2015	Ft Jackson SC	422.5-295-327.5
140+ KG CLASS							
S	387.5	Clary Fred	67	USA	8/8/2020	Pierre SD	
B	230	Clary Fred	67	USA	8/8/2020	Pierre SD	
D	340	Braxton, Charles	36	USA	3/29/1987	Fort Knox	
T	887.5	Clary Fred	67	USA	11/10/2018	Orlando FL	385-227.5-275

Men's Master 55-59 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS							
S	207.5	Milian, Ernesto	47	USA	5/14/2005	Round Rock	
B	110	Milian, Ernesto	47	USA	5/14/2005	Round Rock	
D	210	Milian, Ernesto	47	USA	5/14/2005	Round Rock	
T	527.5	Milian, Ernesto	47	USA	5/14/2005	Round Rock	207.5-110-210
56 KG. CLASS							
S							
B							
D							
T							
60 KG CLASS							
S	172	Tantog, Carlos		USA	10/29/1994	Kahuku	
B	110	Tantog, Carlos		USA	5/30/1993	Honolulu	
D	190.5	Glass, Fred	36	USA	6/6/1993	Batavia	
T	470	Tantog, Carlos		USA	5/30/1993	Honolulu	170-110-190
67.5 KG CLASS							
S	240	Reichert Gary	60	USA	11/11/2016	Baton Rouge LA	
B	142.5	Reichert Gary	60	USA	11/11/2016	Baton Rouge LA	
D	252.5	Reichert Gary	60	USA	11/11/2016	Baton Rouge LA	
T	635	Reichert Gary	60	USA	11/11/2016	Baton Rouge LA	240-142.5-252.5
75 KG CLASS							
S	337.5	Cayer, Alan	56	USA	5/27/2012	Baton Rouge, LA	
B	197.5	Cayer, Alan	56	USA	11/10/2012	Las Vegas NV	
D	295	Cayer, Alan	56	USA	11/10/2012	Las Vegas NV	
T	817.5	Cayer, Alan	56	USA	5/27/2012	Baton Rouge, LA	337.5-195-285

82.5 KG CLASS							
S	277.5	Pittman, Dennis	50	USA	12/3/2005	Jacksonville	
B	190	Pullum Wayne	59	USA	11/13/2014	West Palm Beach FL	
D	255	Simon Mike	55	USA	5/18/2013	Dearborn MI	
T	705	Pullum Wayne	59	USA	11/13/2014	West Palm Beach FL	272.5-190-242.5
90 KG CLASS							
S	322.5	Carlough Bill	61	USA	3/30/2019	St Charles IL	
B	245	Carlough Bill	61	USA	6/10/2018	Lisle IL	
D	287.5	McCauley, Larry	27-93	USA	00/00/1986		
T	805	Carlough Bill	61	USA	6/10/2018	Lisle IL	320-245-240
100 KG CLASS							
S	400	Barnes Asa	64	USA	12/5/2021	Chandler AZ	
B	270	Barnes Asa	64	USA	6/12/2021	Fort Lauderdale FL	
D	305	Givens Jr., Floyd	51	USA	1/17/2009	Bay City	
T	920	Barnes Asa	64	USA	12/5/2021	Chandler AZ	400-262.5-257.5
110 KG CLASS							
S	370	Mistic, Larry	56	USA	6/2/2013	Baton Rouge, LA	
B	287.5	Taylor Mike	62	USA	12/14/2019	Inver Grove Heights MN	
D	320	Roberts Pat	57	USA	11/11/2012	Las Vegas NV	
T	955	Taylor Mike	62	USA	12/14/2019	Inver Grove Heights MN	355-287.5-312.5
125 KG CLASS							
S	415	Tillman Edwin Karl	63	USA	12/15/2018	Columbia SC	
B	287.5	Fahy Thomas	67	USA	10/24/2020	Lombard IL	
D	320	Tillman Edwin Karl	63	USA	12/15/2018	Columbia SC	
T	1015	Tillman Edwin Karl	63	USA	12/15/2018	Columbia SC	415-280-320
140 KG CLASS							
S	410	Petrino Anthony	59	USA	5/29/2016	Orlando FL	4th
B	322.5	Petrino Anthony	59	USA	11/11/2016	Baton Rouge LA	
D	315	Damminga Gregg	62	USA	3/25/2017	Council Bluffs IA	
T	957.5	Petrino Anthony	59	USA	11/11/2016	Baton Rouge LA	367.5-322.5-267.5
140+ KG CLASS							
S	410	Petrino Anthony	59	USA	11/13/2014	West Palm Beach FL	
B	340	Petrino Anthony	59	USA	11/13/2014	West Palm Beach FL	
D	282.5	Petrino Anthony	59	USA	6/1/2014	Waxahachie TX	
T	1025	Petrino Anthony	59	USA	11/13/2014	West Palm Beach FL	410-340-275

Men's Master 60-64 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS							
S							
B							
D							
T							
56 KG. CLASS							
S							
B							
D							
T							
60 KG CLASS							
S	155	Kawasaki, Nori	28	USA	10/23/1993	Macon	
B	105	Kawasaki, Nori	28	USA	10/23/1993	Macon	
D	177.5	Kawasaki, Nori	28	USA	10/23/1993	Macon	
T	437.5	Kawasaki, Nori	28	USA	10/23/1993	Macon	155-105-177.5
67.5 KG CLASS							
S	227.5	Whitney, Dean	44	USA	0/0/2005		
B	117.5	Whitney, Dean	44	USA	0/0/2005		
D	235	Whitney, Dean	44	USA	0/0/2005		
T	580	Whitney, Dean	44	USA	0/0/2005		227.5-117.5-235
75 KG CLASS							
S	240	Flores, Rich	37	USA	5/20/2000	Aurora	
B	131.5	Giller		USA			
D	247.5	Nickele, Joseph	45	USA	11/21/2008	West Palm Beach	
T	595	Flores, Rich	37	USA	5/20/2000	Aurora	240-117.5-237.5
82.5 KG CLASS							
S	277.5	McNeil Tom	56	USA	12/20/2020	Lombard IL	
B	160	Baker, LB	37	USA			
D	257.5	McNeil Tom	56	USA	12/20/2020	Lombard IL	
T	660	McNeil Tom	56	USA	12/20/2020	Lombard IL	277.5-125-257.5
90 KG CLASS							
S	327.5	Frantz, Ernie	34	USA	6/30/1996	Pensacola	

B	215	Blackmon, Ron	46	USA	1/15/2011	Pelion, SC	
D	291	Gaynor, Bob	46	USA	5/4/2008	Baton Rouge	
T	740	Frantz, Ernie	34	USA	6/30/1996	Pensacola	327.5-140-272.5
100 KG CLASS							
S	372.5	Frantz, Ernie	34	USA	11/11/1995	Chicago	
B	227.5	Breaux, Vince	45	USA	8/29/2009	Humble, TX	
D	300	Frantz, Ernie	34	USA	6/4/1995	Rosemont	
T	807.5	Frantz, Ernie	34	USA	6/4/1995	Rosemont	340-167.5-300
110 KG CLASS							
S	345	Varela, Dan	49	USA	3/20/2010	Fresno, Ca	
B	240	Mistic Larry	56	USA	11/11/2016	Baton Rouge LA	
D	285	Sandberg, Larry	40	USA	11/28/2003	Calgary	
T	842.5	Wood John	53	USA	3/23/2013	Rosemount MN	330-237.5-275
125 KG CLASS							
S	365	Petrino Anthony	59	USA	6/15/2019	Grand Rapids MI	
B	295	Petrino Anthony	59	USA	6/15/2019	Grand Rapids MI	
D	287.5	Zimmerman Edward	59	USA	7/31/2021	Lombard IL	
T	910	Petrino Anthony	59	USA	6/15/2019	Grand Rapids MI	365-295-250
140 KG CLASS							
S	352.5	Meek, Brian	46	USA	5/15/2006	Saco	
B	240	Meek, Brian	46	USA	5/15/2006	Saco	
D	272.5	Meek, Brian	46	USA	5/15/2006	Saco	
T	865	Meek, Brian	46	USA	5/15/2006	Saco	352.5-240-272.5
140+ KG CLASS							
S	202.5	Mackenzie, Donald	40	USA	5/20/2001	Bath	
B	167.5	Mackenzie, Donald	40	USA	5/20/2001	Bath	
D	220.5	Mackenzie, Donald	40	USA	5/20/2001	Bath	
T	590.5	Mackenzie, Donald	40	USA	5/20/2001	Bath	202.5-167.5-220.5

Men's Master 65-69 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS							
S							
B							
D							
T							
56 KG. CLASS							
S	55	Morabito, Salvatore	41	USA	6/11/2010	Mosonmagyarrovar, Hungary	
B	62.5	Morabito, Salvatore	41	USA	6/11/2010	Mosonmagyarrovar, Hungary	
D	140	Morabito, Salvatore	41	USA	6/11/2010	Mosonmagyarrovar, Hungary	4th
T	252.5	Morabito, Salvatore	41	USA	6/11/2010	Mosonmagyarrovar, Hungary	55-62.5-135
60 KG CLASS							
S	152.5	Kawasaki, Nori	28	USA	11/4/1994	Columbus	
B	100	Kawasaki, Nori	28	USA	11/4/1994	Columbus	
D	182.5	Kawasaki, Nori	28	USA	11/4/1994	Columbus	
T	435	Kawasaki, Nori	28	USA	11/4/1994	Columbus	152.5-100-182.5
67.5 KG CLASS							
S	220	Whitney, Dean	44	USA	5/28/2011	New Port Richey, FL	
B	112.5	Richey, Frank	30	USA	5/20/2000	Aurora	
D	220	Whitney, Dean	44	USA	5/9/2010	West Palm Beach, FL	
T	535	Whitney, Dean	44	USA	5/9/2010	West Palm Beach, FL	215-100-220
75 KG CLASS							
S	255	McElroy Sean	57	USA	11/18/2023	Concord NH	
B	150	Player, Bill		USA	0/0/2004		
D	242.5	Flores, Rich	38	USA	5/5/2007	Saco	
T	597.5	Flores, Rich	38	USA	10/14/2004	Fresno	237.5-120-240
82.5 KG CLASS							
S	277.5	McNeil Thomas	56	USA	4/22/2023	Toledo OH	
B	147.5	Player, Bill		USA	6/18/2005	Fresno	
D	255	McNeil Thomas	56	USA	4/22/2023	Toledo OH	
T	650	McNeil Thomas	56	USA	4/22/2023	Toledo OH	277.5-117.5-255
90 KG CLASS							
S	280	Steck Michael	56	USA	6/3/2022	Lombard IL	
B	176.5	McCauley, Larry	27	USA	6/6/1993	Batavia	
D	254	McCauley, Larry	27	USA	6/6/1993	Batavia	
T	648	McCauley, Larry	27	USA	6/6/1993	Batavia	217.5-176.5-254
100 KG CLASS							
S	272.5	Frantz, Ernie	34	USA	5/23/1999	Fresno	
B	212.5	Breaux, Vince	45	USA	10/23/2010	The Colony, TX	
D	257.5	Lancaster, Terry	42	USA	10/30/2007	Togliatti	

T	697.5	Frantz, Ernie	34	USA	5/23/1999	Fresno	272.5-170-255
110 KG CLASS							
S	250	Austin, Richard	31	USA	5/3/1998	Daytona	
B	197.5	Anderson, Ernie	33	USA	11/20/1999	Calgary	
D	232.5	Sheehan Timothy	52	USA	10/24/2020	Lombard IL	
T	637.5	Lancaster, Terry	42	USA	3/16/2008	Gadsden	220-190-227.5
125 KG CLASS							
S	227.5	Mattei John	53	USA	12/15/2018	Columbia SC	
B	137.5	Mattei John	53	USA	12/15/2018	Columbia SC	
D	217.5	Mattei John	53	USA	12/15/2018	Columbia SC	
T	582.5	Mattei John	53	USA	12/15/2018	Columbia SC	227.5-137.5-217.5
140 KG CLASS							
S	70	Reph, Dan	42	USA	5/6/2007	Saco	
B	70	Reph, Dan	42	USA	5/6/2007	Saco	
D	230	Reph, Dan	42	USA	5/6/2007	Saco	
T	370	Reph, Dan	42	USA	5/6/2007	Saco	70-70-230
140+ KG CLASS							
S	145	Mackenzie, Donald	40	USA	5/6/087	Saco	
B	155	Mackenzie, Donald	40	USA	5/6/2007	Saco	
D	187.5	Mackenzie, Donald	40	USA	5/6/2007	Saco	
T	487.5	Mackenzie, Donald	40	USA	5/6/2007	Saco	145-155-187.5

Men's Master 70-74 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS							
S							
B							
D							
T							
56 KG. CLASS							
S							
B							
D							
T							
60 KG CLASS							
S	147.5	Kawasaki, Nori	28	USA	5/21/1999	Fresno	
B	106.5	Kawasaki, Nori	28	USA	11/10/2000	Las Vegas	
D	184	Kawasaki, Nori	28	USA	11/10/2000	Las Vegas	
T	427.5	Kawasaki, Nori	28	USA	11/10/2000	Las Vegas	140-106.5-184
67.5 KG CLASS							
S	200	Whitney Dean	44	USA	12/3/2016	New Port Richey FL	
B	127.5	Richey, Frank	30	USA	5/15/2005	Round Rock	4th
D	200	Whitney Dean	44	USA	12/3/2016	New Port Richey FL	
T	485	Whitney Dean	44	USA	12/3/2016	New Port Richey FL	200-85-200
75 KG CLASS							
S	207.5	Flores, Rich	38	USA	5/3/2009	Baton Rouge	
B	135.5	Giller, Richard	27	USA	5/3/1998	Daytona	4th
D	217.5	Flores, Rich	38	USA	11/21/2008	West Palm Beach	
T	517.5	Flores, Rich	38	USA	11/21/2008	West Palm Beach	205-95-217.5
82.5 KG CLASS							
S	227.5	Edwards, Ron	38	USA	5/3/2009	Baton Rouge	
B	152.5	Edwards, Ron	38	USA	5/14/2011	Ft Worth, TX	
D	228	Edwards, Ron	38	USA	5/3/2009	Baton Rouge	
T	597.5	Edwards, Ron	38	USA	5/3/2009	Baton Rouge	227.5-142.5-227.5
90 KG CLASS							
S	230	Edwards, Ron	38	USA	5/9/2010	West Palm Beach, FL	
B	160	Sisk, Tom	36	USA	2/13/2010	Kennesaw, GA	
D	217.5	Richards, Mac	22	USA	11/4/1999	Columbus	
T	597.5	Edwards, Ron	38	USA	5/9/2010	West Palm Beach, FL	230-155-212.5
100 KG CLASS							
S	212.5	Ellis, James	38	USA	7/18/2010	West Palm Beach, FL	
B	160	Breaux Vince	45	USA	3/16/2019	Baton Rouge LA	
D	227.5	Miller, Joe	29	USA	0/0/2000		
T	562.5	Ellis, James	38	USA	7/18/2010	West Palm Beach, FL	212.5-122.5-227.5
110 KG CLASS							
S	240	Austin, Richard	21	USA	5/20/2001	Bath	
B	182.5	Austin, Richard	21	USA	11/5/2005	Bangor	
D	230	Stupp, Howard		USA			
T	602.5	Austin, Richard	21	USA	5/20/2001	Bath	240-152.5-210

125 KG CLASS							
S	242.5	Sandberg, Skip	40	USA	5/9/2010	West Palm Beach, FL	
B	200	Sandberg, Skip	40	USA	5/9/2010	West Palm Beach, FL	
D	250	Sandberg, Skip	40	USA	5/9/2010	West Palm Beach, FL	
T	692.5	Sandberg, Skip	40	USA	5/9/2010	West Palm Beach, FL	242.5-200-250

140 KG CLASS

S
B
D
T

140+ KG CLASS

S
B
D
T

Men's Master 75-79 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
52 KG. CLASS							
S							
B							
D							
T							
56 KG. CLASS							
S							
B							
D							
T							
60 KG CLASS							
S	137.5	Kawasaki, Nori	28	USA	2003		
B	102.5	Kawasaki, Nori	28	USA	2003		
D	185	Kawasaki, Nori	28	USA	2003		
T	425	Kawasaki, Nori	28	USA	2003		
67.5 KG CLASS							
S							
B							
D							
T							
75 KG CLASS							
S	160	Flores Rich	38	USA	11/13/2014	West Palm Beach FL	
B	100	Martin, Garry	29	USA	10/14/2004	Fresno	
D	192.5	Martin, Garry	29	USA	10/14/2004	Fresno	4th
T	430	Martin, Garry	29	USA	10/14/2004	Fresno	147.5-100-182.5
82.5 KG CLASS							
S	142.5	McCulloch, Eugene	30	USA	11/19/2005	Lake City	
B	97.5	McCulloch, Eugene	30	USA	11/19/2005	Lake City	
D	160	McCulloch, Eugene	30	USA	11/19/2005	Lake City	
T	400	McCulloch, Eugene	30	USA	11/19/2005	Lake City	142.5-97.5-160
90 KG CLASS							
S	155	Bennett Pete	38	USA	5/16/2015	Westbrook ME	
B	120	Wilson Pete	36	USA	3/15/2014	Fresno CA	
D	185	Bennett Pete	38	USA	5/16/2015	Westbrook ME	
T	432.5	Wilson Pete	36	USA	3/15/2014	Fresno CA	152.5-120-160
100 KG CLASS							
S	165	Wilson Pete	36	USA	11/16/2013	Buellton CA	
B	125	Wilson Pete	36	USA	11/16/2013	Buellton CA	
D	190	Branham, Mack	31	USA	11/10/2007	Columbia	
T	427.5	Wilson Pete	36	USA	11/16/2013	Buellton CA	165-125-137.5
110 KG CLASS							
S	227.5	Austin, Richard	31	USA	5/14/2006	Saco	
B	162.5	Austin, Richard	31	USA	11/2/2006	Lake George	
D	162.5	Austin, Richard	31	USA	11/2/2006	Lake George	
T	552.5	Austin, Richard	31	USA	11/2/2006	Lake George	227.5-162.5-162.5
125 KG CLASS							
S							
B							
D							
T							
140 KG CLASS							
S							
B							

D
T

140+ KG CLASS

S
B
D
T

Men's Master 80+ APF Records
Record Name

DOB NAT Date of Record Location Lifts to achieve total

52 KG. CLASS

S
B
D
T

56 KG. CLASS

S
B
D
T

60 KG CLASS

S
B
D
T

67.5 KG CLASS

S
B
D
T

120	Anderson Kirbry	36	USA	6/10/2018	Lisle IL	
75	Anderson Kirbry	36	USA	6/10/2018	Lisle IL	
110	Anderson Kirbry	36	USA	6/10/2018	Lisle IL	
305	Anderson Kirbry	36	USA	6/10/2018	Lisle IL	120-75-110

75 KG CLASS

S
B
D
T

95	Upton, John	23	USA	6/7/2003	Los Angeles	
105	Upton, John	23	USA	6/7/2003	Los Angeles	
137.5	Upton, John	23	USA	6/7/2003	Los Angeles	
337.5	Upton, John	23	USA	6/7/2003	Los Angeles	95-105-137.5

82.5 KG CLASS

S
B
D
T

137.5	Edwards Ron	38	USA	11/10/2018	Orlando FL	4th
102.5	Edwards Ron	38	USA	11/10/2018	Orlando FL	4th
142.5	Edwards Ron	38	USA	11/10/2018	Orlando FL	4th
355	Edwards Ron	38	USA	11/10/2018	Orlando FL	125-92.5-137.5

90 KG CLASS

S
B
D
T

137.5	Bennett Pete	38	USA	5/12/2018		
92.5	Bennett Pete	38	USA	5/12/2018		
170	Bennett Pete	38	USA	5/12/2018		
400	Bennett Pete	38	USA	5/12/2018	137.5-92.5-170	

100 KG CLASS

S
B
D
T

110 KG CLASS

S
B
D
T

125 KG CLASS

S
B
D
T

140 KG CLASS

S
B
D
T

140+ KG CLASS

S
B
D

T

Women's Master 40-44 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44 KG. CLASS							
S	157.5	Mistic Cindy	71	USA	11/16/2014	West Palm Beach FL	
B	80	Leverett, Ann	54	USA	7/4/1998	North Brook	
D	145	Leverett, Ann	54	USA	7/4/1998	North Brook	
T	352.5	Leverett, Ann	54	USA	7/4/1998	North Brook	127.5-80-145
48 KG. CLASS							
S	207.5	Neely Cosette	78	USA	10/28/2019	St Charles IL	
B	145	Neely Cosette	78	USA	10/28/2019	St Charles IL	
D	167.5	Neely Cosette	78	USA	4/14/2019	Cincinnati OH	
T	510	Neely Cosette	78	USA	6/14/2019	Grand Rapids MI	205-142.5-162.5
52 KG CLASS							
S	217.5	Kirkland, Margaret	63	USA	6/16/2007	Daytona Beach	
B	102.5	Kirkland, Margaret	63	USA	6/16/2007	Daytona Beach	
D	192.5	Kirkland, Margaret	63	USA	6/16/2007	Daytona Beach	
T	512.5	Kirkland, Margaret	63	USA	6/16/2007	Daytona Beach	217.5-102.5-192.5
56 KG CLASS							
S	220.5	Kirkland, Margaret	63	USA	5/30/2008	Omaha	
B	115.5	Kirkland, Margaret	62	USA	5/30/2008	Omaha	
D	202.5	Kirkland, Margaret	63	USA	2/23/2008	Orlando	
T	535	Kirkland, Margaret	63	USA	2/23/2008	Orlando	217.5-115-202.5
60 KG CLASS							
S	220	Kirkland, Margaret	63	USA	12/1/2007	Jacksonville	
B	155	James Kathleen	78	USA	8/21/2021	Fort Lauderdale FL	
D	202.5	Kirkland, Margaret	63	USA	12/1/2007	Jacksonville	
T	547.5	James Kathleen	78	USA	8/21/2021	Fort Lauderdale FL	207.5-155-185
67.5 KG CLASS							
S	272.5	Hartnett, Shannon	64	USA	3/21/2009	Elkhorn	
B	137.5	Hartnett, Shannon	64	USA	11/20/2008	West Palm Beach	
D	245	Hartnett, Shannon	64	USA	6/16/2007	Daytona Beach	
T	642.5	Hartnett, Shannon	64	USA	11/20/2008	West Palm Beach	265-137.5-240
75 KG CLASS							
S	272.5	Hartnett, Shannon	64	USA	5/30/2008	Omaha	
B	175	Erney, Debra	54	USA	10/27/1995	Columbus	
D	243	Hartnett, Shannon	64	USA	5/30/2008	Omaha	
T	642.5	Hartnett, Shannon	64	USA	5/30/2008	Omaha	272.5-127.5-242.5
82.5 KG CLASS							
S	285	Ford, Krista	66	USA	6/11/2011	Sun Prairie, WI	4th
B	157.5	Rivieccio, Annie	62	USA	6/7/2003	Los Angeles	
D	220	Ford, Krista	66	USA	6/16/2007	Daytona Beach	
T	617.5	Rivieccio, Annie	62	USA	6/7/2003	Los Angeles	245-157.5-215
90 KG CLASS							
S	270	Gimmell Jennifer	81	USA	4/10/2022	Cincinnati OH	
B	172.5	Gimmell Jennifer	81	USA	4/10/2022	Cincinnati OH	
D	220	Widdis, Deb	60	USA	9/10/2005	Dubuque	
T	652.5	Gimmell Jennifer	81	USA	4/10/2022	Cincinnati OH	270-172.5-210
100 KG. CLASS							
S							
B							
D							
T							
110 KG. CLASS							
S	310	Bielomyza Katrina	79		6/5/2022	Lombard IL	
B	212.5	Bielomyza Katrina	79		6/5/2022	Lombard IL	
D	205	Bielomyza Katrina	79		6/5/2022	Lombard IL	
T	727.5	Bielomyza Katrina	79		6/5/2022	Lombard IL	310-212.5-205
110+ KG. CLASS							
S	275	Gimmell Jennifer	81	USA	11/6/2022	Orlando FL	
B	182.5	Gimmell Jennifer	81	USA	11/6/2022	Orlando FL	
D	230	Schiff Sara	75	USA	12/10/2016	Murray UT	
T	662.5	Gimmell Jennifer	81	USA	11/6/2022	Orlando FL	275-182.5-205

Women's Master 45-49 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44 KG. CLASS							
S	83.5	Newman		USA			
B	52	Newman		USA			
D	92	Newman		USA			
T	227.5	Newman		USA			
48 KG. CLASS							
S	175	Hickman Dawn	68	USA	11/16/2014	West Palm Beach FL	
B	100	Hickman Dawn	68	USA	11/16/2014	West Palm Beach FL	
D	150	Hickman Dawn	68	USA	11/16/2014	West Palm Beach FL	4th
T	420	Hickman Dawn	68	USA	11/16/2014	West Palm Beach FL	175-100-145
52 KG CLASS							
S	235	Kirkland, Margaret	63	USA	12/5/2009	Jacksonville, FL	
B	105	Kirkland, Margaret	63	USA	12/5/2009	Jacksonville, FL	
D	180	Kirkland, Margaret	63	USA	12/5/2009	Jacksonville, FL	
T	520	Kirkland, Margaret	63	USA	12/5/2009	Jacksonville, FL	235-105-180
56 KG CLASS							
S	220	Kirkland, Margaret	63	USA	11/20/2008	West Palm Beach	
B	115	Kirkland, Margaret	63	USA	11/20/2008	West Palm Beach	
D	205	Kirkland, Margaret	63	USA	11/20/2008	West Palm Beach	
T	540	Kirkland, Margaret	63	USA	11/20/2008	West Palm Beach	220-115-205
60 KG CLASS							
S	252.5	Avigliano, Nance	56	USA	8/25/2002	Red Deer	
B	120	Kozle Amy	73	USA	4/14/2019	Cincinnati OH	
D	210	Avigliano, Nance	56	USA	8/25/2002	Red Deer	
T	560	Avigliano, Nance	56	USA	8/25/2002	Red Deer	
67.5 KG CLASS							
S	275	Patrick Tracey	70	USA	10/28/2019	St Charles IL	
B	160	Patrick Tracey	70	USA	10/28/2019	St Charles IL	
D	230	Dangerfield, Nancy	56	USA	6/14/2002	York	
T	617.5	Patrick Tracey	70	USA	10/28/2019	St Charles IL	275-160-182.5
75 KG CLASS							
S	320	West Rheta	74	USA	6/14/2019	Grand Rapids MI	
B	185	West Rheta	74	USA	6/14/2019	Grand Rapids MI	4th
D	235	Dodd, Laura	47	USA	11/7/1992	Stone	
T	705	West Rheta	74	USA	6/14/2019	Grand Rapids MI	320-182.5-202.5
82.5 KG CLASS							
S	325	Mendelson Shawna	72	USA	11/11/2018	Orlando FL	
B	217.5	Roberts Rebecca	77	USA	10/28/2023	Inver Grove Heights MN	
D	272.5	Roberts Rebecca	77	USA	10/28/2023	Inver Grove Heights MN	
T	780	Roberts Rebecca	77	USA	10/28/2023	Inver Grove Heights MN	290-217.5-272.5
90 KG CLASS							
S	280	Ford Krista	66	USA	11/9/2012	Las Vegas NV	
B	120	Ford Krista	66	USA	11/9/2012	Las Vegas NV	
D	237.5	Clodfelter, Cheryl	62	USA	2/23/2008	Orlando	
T	610	Ford Krista	66	USA	11/9/2012	Las Vegas NV	280-120-210
100 KG CLASS							
S							
B							
D							
T							
110 KG CLASS							
S							
B							
D							
T							
110+ KG CLASS							
S	275	Jackson Jessie	76	USA	10/22/2022	Hansen MA	
B	137.5	Jackson Jessie	76	USA	10/22/2022	Hansen MA	
D	237.5	Jackson Jessie	76	USA	10/22/2022	Hansen MA	
T	650	Jackson Jessie	76	USA	10/22/2022	Hansen MA	260-120-225

Women's Master 50-54 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44 KG. CLASS							
S	67.5	Rodefer, Jo	50	USA	5/19/2001	Bath	4th
B	47.5	Rodefer, Jo	50	USA	5/20/2000	Aurora	
D	100	Rodefer, Jo	50	USA	5/20/2000	Aurora	
T	212.5	Rodefer, Jo	50	USA	5/20/2000	Aurora	65-47.5-100

48 KG. CLASS							
S	180	Hickman Dawn	68	USA	12/14/2019	Inver Grove Heights MN	
B	95	Hickman Dawn	68	USA	12/14/2019	Inver Grove Heights MN	
D	157.5	Hickman Dawn	68	USA	12/14/2019	Inver Grove Heights MN	
T	432.5	Hickman Dawn	68	USA	12/14/2019	Inver Grove Heights MN	180-95-157.5
52 KG CLASS							
S	107.5	Vallejo Alexandra	65	USA	4/2/2016	Sycamore IL	
B	62.5	Vallejo Alexandra	65	USA	4/2/2016	Sycamore IL	
D	127.5	Brigham, Chris		USA	0/0/2002		
T	292.5	Vallejo Alexandra	65	USA	4/2/2016	Sycamore IL	107.5-62.5-122.5
56 KG CLASS							
S	200	Kirkland Margaret	63	USA	10/17/2015	Oviedo FL	
B	115	Grundy Elizabeth	64	USA	6/15/2017	Jacksonville FL	
D	197	Frantz, Diane	37	USA	10/17/1987	Victoria	
T	487.5	Kirkland Margaret	63	USA	11/16/2014	West Palm Beach FL	190-112.5-185
60 KG CLASS							
S	205	Grundy Elizabeth	64	USA	11/11/2018	Orlando FL	
B	115	Grundy Elizabeth	64	USA	11/11/2018	Orlando FL	
D	181	Frantz, Diane	37	USA	11/13/1988	Victoria	
T	487.5	Grundy Elizabeth	64	USA	11/11/2018	Orlando FL	205-115-167.5
67.5 KG CLASS							
S	250	Damminga, Debbie	61	USA	5/28/2016	Orlando FL	
B	132.5	Silbert, Lyn	56	USA	6/2/2006	Las Vegas	
D	222.5	Damminga, Debbie	61	USA	5/28/2016	Orlando FL	
T	582.5	Damminga, Debbie	61	USA	5/28/2016	Orlando FL	250-110-222.5
75 KG CLASS							
S	240	Damminga Debbie	61	USA	7/25/2015	Fargo ND	
B	130	Fahy Lisa Ann	67	USA	10/24/2020	Lombard IL	
D	230	Damminga Debbie	61	USA	7/25/2015	Fargo ND	
T	555	Damminga Debbie	61	USA	7/25/2015	Fargo ND	240-85-230
82.5 KG CLASS							
S	272.5	Vandeweghe, Stephanie	61	USA	11/9/2012	Las Vegas NV	
B	160	Vandeweghe, Stephanie	61	USA	6/2/2012	Myrtle Beach, SC	
D	220	Boshoven, Lynne	57	USA	5/26/2012	Baton Rouge, LA	
T	627.5	Vandeweghe, Stephanie	61	USA	11/9/2012	Las Vegas NV	272.5-160-195
90 KG CLASS							
S	140	Sternberg, Maris	48	USA	0/0/2000		
B	85	Glitt, Joellen		USA	0/0/1998		
D	157.5	Glitt, Joellen		USA	0/0/1998		
T	380	Glitt, Joellen		USA	0/0/1998		
100 KG. CLASS							
S							
B							
D							
T							
110 KG. CLASS							
S	250	Read Teri	72		3/12/2022	Murray UT	
B	132.5	Read Teri	72		3/12/2022	Murray UT	
D	197.5	Read Teri	72		3/12/2022	Murray UT	
T	580	Read Teri	72		3/12/2022	Murray UT	250-132.5-197.5
110+ KG CLASS							
S	175	Sternberg, Maris	48	USA	0/0/2004		
B	122.5	Thoms, Sidney		USA	0/0/2004		
D	137.5	Sternberg, Maris	48	USA	0/0/2003		
T	422.5	Sternberg, Maris	48	USA	0/0/2003		

Women's Master 55-59 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44 KG. CLASS							
S	95	Alimososa, Donna	51	USA	12/9/2007	Westbrook	
B	47.5	Alimososa, Donna	51	USA	12/9/2007	Westbrook	
D	115	Alimososa, Donna	51	USA	12/9/2007	Westbrook	
T	257.5	Alimososa, Donna	51	USA	12/9/2007	Westbrook	95-47.5-115
48 KG. CLASS							
S	112.5	Barnes, Linda	49	USA	6/2/2006	Las Vegas	
B	80	Barnes, Linda	49	USA	6/2/2006	Las Vegas	
D	120	Barnes, Linda	49	USA	6/2/2006	Las Vegas	

T	312.5	Barnes, Linda	49	USA	6/2/2006	Las Vegas	112.5-80-120
52 KG CLASS							
S	120	Clough, Joann	47	USA	5/13/2006	Saco	
B	70	Brigham, Chris	48	USA	9/24/2005	Las Vegas	
D	145	Clough, Joann	47	USA	11/2/2006	Lake George	
T	317.5	Clough, Joann	47	USA	11/2/2006	Lake George	117.5-55-145
56 KG CLASS							
S	177.5	Denmon Lee	63	USA	12/15/2018	Orange TX	
B	85	Denmon Lee	63	USA	12/15/2018	Orange TX	
D	157.5	Denmon Lee	63	USA	12/15/2018	Orange TX	
T	420	Denmon Lee	63	USA	12/15/2018	Orange TX	177.5-85-157.5
60 KG CLASS							
S	152.5	Carlsson, Rita	52	USA	6/5/2010	Chicago, IL	
B	63	Bishoff Terry	59	USA	11/16/2014	West Palm Beach FL	
D	160	Carlsson, Rita	52	USA	6/5/2010	Chicago, IL	
T	367.5	Carlsson, Rita	52	USA	6/5/2010	Chicago, IL	152.5-55-160
67.5 KG CLASS							
S	242.5	Damminga Debbie	61	USA	11/11/2016	Baton Rouge LA	
B	115.5	Damminga Debbie	61	USA	6/15/2017	Jacksonville FL	
D	235	Damminga Debbie	61	USA	6/15/2017	Jacksonville FL	4th
T	577.5	Damminga Debbie	61	USA	6/15/2017	Jacksonville FL	230-115-232.5
75 KG CLASS							
S	285	Damminga Debbie	61	USA	10/28/2019	St Charles IL	
B	130	Damminga Debbie	61	USA	6/14/2019	Grand Rapids MI	
D	255	Damminga Debbie	61	USA	6/14/2019	Grand Rapids MI	4th
T	660	Damminga Debbie	61	USA	6/14/2019	Grand Rapids MI	280-130-250
82.5 KG CLASS							
S	267.5	Damminga Debbie	61	USA	11/11/2018	Orlando FL	
B	137.5	Fahy Lisa	67	USA	7/1/2023	Salt Lake City UT	
D	242.5	Damminga Debbie	61	USA	11/11/2018	Orlando FL	
T	635	Damminga Debbie	61	USA	11/11/2018	Orlando FL	267.5-125-242.5
90 KG CLASS							
S	227.5	Ford Krista	66	USA	7/1/2023	Salt Lake City UT	
B	92.5	Smith, M		USA	7/22/1990	Charleston	
D	185	Ford Krista	66	USA	7/1/2023	Salt Lake City UT	
T	437.5	Ford Krista	66	USA	7/1/2023	Salt Lake City UT	227.5-25-185
100 KG. CLASS							
S							
B							
D							
T							
110 KG. CLASS							
S							
B							
D							
T							
110+ KG CLASS							
S	230	Zah Denee	65	USA	12/3/2022	Fresno CA	
B	137.5	Zah Denee	65	USA	12/3/2022	Fresno CA	
D	192.5	Sternberg, Maris	48	USA	11/28/2003	Calgary	
T	542.5	Zah Denee	65	USA	12/3/2022	Fresno CA	230-137.5-175

Women's Master 60-64 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44 KG. CLASS							
S							
B							
D							
T							
48 KG. CLASS							
S							
B							
D							
T							
52 KG CLASS							
S	115	Clough, JoAnn	47	USA	11/20/2008	West Palm Beach	
B	60	Clough, JoAnn	47	USA	11/20/2008	West Palm Beach	

D	137.5	Clough, JoAnn	47	USA	11/20/2008	West Palm Beach	115-60-137.5
T	312.5	Clough, JoAnn	47	USA	11/20/2008	West Palm Beach	115-60-137.5
56	KG CLASS						
S							
B							
D							
T							
60	KG CLASS						
S	192.5	Carlsson Rita	52	USA	6/4/2016	Omaha NE	
B	57.5	Carlsson Rita	52	USA	2/6/2016	Chamberlain SD	
D	160	Carlsson Rita	52	USA	2/6/2016	Chamberlain SD	
T	407.5	Carlsson Rita	52	USA	6/4/2016	Omaha NE	192.5-55-160
67.5	KG CLASS						
S	195	Carlsson Rita	52	USA	4/11/2015	Omaha NE	
B	75	Stabile Jane	52	USA	3/11/2017	Westbrook ME	
D	190	Stabile Jane	52	USA	3/11/2017	Westbrook ME	
T	435	Carlsson Rita	52	USA	4/11/2015	Omaha NE	195-71-170
75	KG CLASS						
S	255	Damminga Debbie	61	USA	8/21/2021	Fort Lauderdale FL	
B	95	Stabile Jane	52	USA	5/18/2013	Dearborn MI	
D	227.5	Damminga Debbie	61	USA	8/21/2021	Fort Lauderdale FL	
T	542.5	Damminga Debbie	61	USA	8/21/2021	Fort Lauderdale FL	255-60-227.5
82.5	KG CLASS						
S	272.5	Damminga Debbie	61	USA	10/3/2021	Lombard IL	
B	60	Damminga Debbie	61	USA	10/3/2021	Lombard IL	
D	227.5	Damminga Debbie	61	USA	10/3/2021	Lombard IL	
T	560	Damminga Debbie	61	USA	10/3/2021	Lombard IL	272.5-60-227.5
90	KG CLASS						
S	125	Stockton-Ross, Hope	45	USA	4/1/2006	Houston	
B	60	Stockton-Ross, Hope	45	USA	4/1/2006	Houston	
D	125	Stockton-Ross, Hope	45	USA	4/1/2006	Houston	
T	310	Stockton-Ross, Hope	45	USA	4/1/2006	Houston	125-60-125
100	KG. CLASS						
S							
B							
D							
T							
110	KG. CLASS						
S							
B							
D							
T							
110+	KG CLASS						
S	137.5	Sternberg, Maris	48	USA	3/15/2009	Willowbrook	
B	70	Sternberg, Maris	48	USA	3/15/2009	Willowbrook	
D	97.5	Sternberg, Maris	48	USA	3/15/2009	Willowbrook	
T	305	Sternberg, Maris	48	USA	3/15/2009	Willowbrook	137.5-70-97.5

Women's Master 65-69 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44	KG. CLASS						
S							
B							
D							
T							
48	KG. CLASS						
S							
B							
D							
T							
52	KG CLASS						
S							
B							
D							
T							
56	KG CLASS						
S	87.5	Braun Carolyn	57	USA	3/9/2024	Westbrook ME	

B	55	Braun Carolyn	57	USA	3/9/2024	Westbrook ME	
D	105	Braun Carolyn	57	USA	3/9/2024	Westbrook ME	
T	247.5	Braun Carolyn	57	USA	3/9/2024	Westbrook ME	87.5-55-105
60 KG CLASS							
S	192.5	Carlsson Rita	52	USA	6/8/2018	Lisle IL	
B	57.5	Carlsson Rita	52	USA	6/8/2018	Lisle IL	
D	170.5	Carlsson Rita	52	USA	11/10/2018	Orlando FL	
T	420	Carlsson Rita	52	USA	6/8/2018	Lisle IL	192.5-57.5-170
67.5 KG CLASS							
S	187.5	Carlsson Rita	52	USA	9/21/2019	Chamberlain SD	
B	62.5	Clark, Susan	38	USA	11/2/2005	Helsinki	
D	162.5	Carlsson Rita	52	USA	10/24/2020	Lombard IL	
T	402.5	Carlsson Rita	52	USA	9/21/2019	Chamberlain SD	187.5-55-160
75 KG CLASS							
S							
B							
D							
T							
82.5 KG CLASS							
S	85	Rawe, Dorothy	38	USA	5/14/2005	Round Rock	
B	50	Rawe, Dorothy	38	USA	5/14/2005	Round Rock	
D	100	Rawe, Dorothy	38	USA	5/14/2005	Round Rock	
T	235	Rawe, Dorothy	38	USA	5/14/2005	Round Rock	85-50-100
90 KG CLASS							
S	167.5	Langdon, Nora	42	USA	4/16/2010	Detroit, MI	
B	80	Langdon, Nora	42	USA	4/16/2010	Detroit, MI	
D	170	Langdon, Nora	42	USA	4/16/2010	Detroit, MI	
T	417.5	Langdon, Nora	42	USA	4/16/2010	Detroit, MI	167.5-80-170

100 KG. CLASS

S
B
D
T

110 KG. CLASS

S
B
D
T

110+ KG CLASS

S
B
D
T

Women's Master 70-74 APF Records

	Record	Name	DOB	NAT	Date of Record	Location	Lifts to achieve total
44 KG. CLASS							
S							
B							
D							
T							
48 KG. CLASS							
S							
B							
D							
T							
52 KG CLASS							
S							
B							
D							
T							
56 KG CLASS							
S	75	Clark, Sylvia	37	USA	11/20/2008	West Palm Beach	
B	52.5	Clark, Sylvia	37	USA	11/20/2008	West Palm Beach	
D	95	Clark, Sylvia	37	USA	11/20/2008	West Palm Beach	
T	222.5	Clark, Sylvia	37	USA	11/20/2008	West Palm Beach	75-52.5-95

60 KG CLASS

S	182.5	Carlsson Rita	52	USA	11/12/2022	Invergrove Heights MN	
B	52.5	Carlsson Rita	52	USA	11/12/2022	Invergrove Heights MN	
D	155	Carlsson Rita	52	USA	11/12/2022	Invergrove Heights MN	
T	390	Carlsson Rita	52	USA	11/12/2022	Invergrove Heights MN	182.5-52.5-155
67.5 KG CLASS							
S	82.5	Clark, Sue	38	USA	4/24/2010	Austin, TX	
B	55	Clark, Sue	38	USA	4/24/2010	Austin, TX	
D	125	Clark, Sue	38	USA	4/24/2010	Austin, TX	
T	262.5	Clark, Sue	38	USA	4/24/2010	Austin, TX	82.5-55-125
75 KG CLASS							
S	62.5	Comber, Arlene	30	USA	5/18/2001	Bath	
B	32.5	Comber, Arlene	30	USA	5/18/2001	Bath	
D	75	Comber, Arlene	30	USA	5/18/2001	Bath	
T	170	Comber, Arlene	30	USA	5/18/2001	Bath	62.5-32.5-75
82.5 KG CLASS							
S	62.5	Ramsrud, Arline	30	USA	11/14/2000	Las Vegas	
B	45	Ramsrud, Arline	30	USA	11/14/2000	Las Vegas	
D	117.5	Ramsrud, Arline	30	USA	11/14/2000	Las Vegas	
T	225	Ramsrud, Arline	30	USA	11/14/2000	Las Vegas	62.5-45-117.5
90 KG CLASS							
S	182.5	Langdon Nora	42	USA	6/8/2014	Grand Rapids MI	
B	80	Langdon Nora	42	USA	11/9/2012	Las Vegas NV	4th
D	165	Langdon Nora	42	USA	11/9/2012	Las Vegas NV	
T	420	Langdon Nora	42	USA	6/8/2014	Grand Rapids MI	182.5-77.5-160
100 KG. CLASS							
S							
B							
D							
T							
110 KG. CLASS							
S							
B							
D							
T							
110+ KG CLASS							
S							
B							
D							
T							